

Bilaga 1 Exkluderade översikter

Översikter	Exklusionsorsak
Aguilar-Yamuza B, Trenados Y, Herruzo C, Pino MJ, Herruzo J. A systematic review of treatment for impulsivity and compulsivity. <i>Frontiers in Psychiatry</i> . 2024;15. Available from: https://doi.org/10.3389/fpsy.2024.1430409	Fel indikation
Akçayir M, Nicoll F, Baxter DG. Emerging Gambling Problems and Suggested Interventions: A Systematic Review of Empirical Research. <i>Journal of Gambling Studies</i> . 2023;39(2):857-82. Available from: https://doi.org/10.1007/s10899-022-10122-w	Fel intervention
Anderson AC, Youssef GJ, Robinson AH, Lubman DI, Verdejo-Garcia A. Cognitive boosting interventions for impulsivity in addiction: A systematic review and meta-analysis of cognitive training, remediation and pharmacological enhancement. <i>Addiction</i> . 2021;116(12):3304-19. Available from: https://doi.org/10.1111/add.15469	Fel population
Andersson G, Rozental A, Shafran R, Carlbring P. Long-term effects of internet-supported cognitive behaviour therapy. <i>Expert Review of Neurotherapeutics</i> . 2018;18(1):21-8. Available from: https://doi.org/10.1080/14737175.2018.1400381	Fel studiedesign
Augner C, Vlasak T, Aichhorn W, Barth A. Psychological online interventions for problem gambling and gambling disorder – A meta-analytic approach. <i>Journal of Psychiatric Research</i> . 2022;151:86-94. Available from: https://doi.org/10.1016/j.jpsychires.2022.04.006	Fel intervention
Blank L, Baxter S, Buckley-Woods HB, Goyder E. Interventions to reduce the public health burden of gambling-related harms: a mapping review. <i>The Lancet Public Health</i> . 2021;6(1):e50-e63. Available from: https://doi.org/10.1016/S2468-2667(20)30230-9	Fel studiedesign
Boumparis N, Haugorcid S, Abend S, Billieux J, Riper H, Schaub MP. Internet-based interventions for behavioral addictions: A systematic review. <i>Journal of Behavioral Addictions</i> . 2022;11(3):620-42. Available from: https://doi.org/10.1556/2006.2022.00054	Fel population

<p>Brandtner A, Antons S, King DL, Potenza MN, Tang YY, Blycker GR, et al. A Preregistered, Systematic Review Considering Mindfulness-Based Interventions and Neurofeedback for Targeting Affective and Cognitive Processes in Behavioral Addictions. <i>Clinical Psychology: Science and Practice</i>. 2022;29(4):379-92. Available from: https://doi.org/10.1037/cps0000075</p>	Fel population
<p>Challet-Bouju G, Bruneau M, Victorri-Vigneau C, Grall-Bronnec M. Cognitive remediation interventions for gambling disorder: A systematic review. <i>Frontiers in Psychology</i>. 2017;8(DEC). Available from: https://doi.org/10.3389/fpsyg.2017.01961</p>	Fel intervention
<p>Chebli JL, Blaszczynski A, Gainsbury SM. Internet-Based Interventions for Addictive Behaviours: A Systematic Review. <i>Journal of gambling studies</i>. 2016;32(4):1279-304.</p>	Fel population
<p>Choi SW, Shin YC, Kim DJ, Choi JS, Kim S, Kim SH, et al. Treatment modalities for patients with gambling disorder. <i>Annals of General Psychiatry</i>. 2017;16(1). Available from: https://doi.org/10.1186/s12991-017-0146-2</p>	Fel studiedesign
<p>Chrétien M, Giroux I, Goulet A, Jacques C, Bouchard S. Cognitive restructuring of gambling-related thoughts: A systematic review. <i>Addictive Behaviors</i>. 2017;75:108-21. Available from: https://doi.org/10.1016/j.addbeh.2017.07.001</p>	Fel population
<p>Chrétien S, Giroux I, Smith I, Jacques C, Ferland F, Sévigny S, et al. Emotional Regulation in Substance-Related and Addictive Disorders Treatment: A Systematic Review. <i>Journal of gambling studies</i>. 2025;41(2):353-448. Available from: https://doi.org/10.1007/s10899-024-10366-8</p>	Fel intervention
<p>Diclemente CC, Corno CM, Graydon MM, Wiprovnick AE, Knoblach DJ. Motivational interviewing, enhancement, and brief interventions over the last decade: A review of reviews of efficacy and effectiveness. <i>Psychology of Addictive Behaviors</i>. 2017;31(8):862-87. Available from: https://doi.org/10.1037/adb0000318</p>	Fel indikation
<p>Drawson AS, Tanner J, Mushquash CJ, Mushquash AR, Mazmanian D. The Use of Protective Behavioural Strategies in Gambling: a Systematic Review. <i>International Journal of Mental Health and Addiction</i>. 2017;15(6):1302-19. Available from: https://doi.org/10.1007/s11469-017-9754-y</p>	Fel intervention
<p>Echeburúa E, Amor PJ, Gómez M. Current psychological therapeutic approaches for gambling disorder with psychiatric comorbidities: A narrative review. <i>Salud Mental</i>. 2017;40(6):299-305. Available from: https://doi.org/10.17711/SM.0185-3325.2017.038</p>	Fel studiedesign

<p>Fiskaali A, Stenbro AW, Marcussen T, Trøllund Rask MT. Preventive Interventions and Harm Reduction in Online and Electronic Gambling: A Systematic Review. <i>Journal of Gambling Studies</i>. 2023;39(2):883-911. Available from: https://doi.org/10.1007/s10899-022-10126-6</p>	Fel intervention
<p>Frisone F, Settineri S, Sicari F, Merlo EM. Gambling in adolescence: a narrative review of the last 20 years. <i>Journal of Addictive Diseases</i>. 2020;438-57. Available from: https://doi.org/10.1080/10550887.2020.1782557</p>	Fel intervention
<p>Giménez-Lozano JMG, Morales-Rodríguez FMM. Systematic Review: Preventive Intervention to Curb the Youth Online Gambling Problem. <i>Sustainability (Switzerland)</i>. 2022;14(11). Available from: https://doi.org/10.3390/su14116402</p>	Fel population
<p>Grande-Gosende A, López-Núñez C, García-Fernández G, Derevensky J, Fernández Hermida JR. Systematic Review of Preventive Programs for Reducing Problem Gambling Behaviors Among Young Adults. <i>Journal of Gambling Studies</i>. 2020;36(1). Available from: https://doi.org/10.1007/s10899-019-09866-9</p>	Fel intervention
<p>Humphreys G, Evans R, Makin H, Cooke R, Jones A. Identification of behavior change techniques from successful web-based interventions targeting alcohol consumption, binge eating, and gambling: Systematic review. <i>Journal of Medical Internet Research</i>. 2021;23(2). Available from: https://doi.org/10.2196/22694</p>	Fel intervention
<p>Iannazzo LH, Hayden MJ, Lawrence NS, Kakoschke N, Hughes LK, Van Egmond K, et al. Inhibitory control training to reduce appetitive behaviour: a meta-analytic investigation of effectiveness, potential moderators, and underlying mechanisms of change. <i>Health psychology review</i>. 2025;19(1):66-96. Available from: https://doi.org/10.1080/17437199.2024.2410018</p>	Fel indikation
<p>Kapukotuwa S, González-Alvarez A, Kraus SW, Sharma M. Betting on the Future: A Systematic Review of Modern Gambling Interventions for College Students. <i>Journal of Gambling Studies</i>. 2025. Available from: https://doi.org/10.1007/s10899-025-10421-y</p>	Fel intervention
<p>Kourgiantakis T, Ashcroft R, Mohamud F, Fearing G, Sanders J. Family-focused practices in addictions: A scoping review. <i>Journal of Social Work Practice in the Addictions</i>. 2021;21(1):18-53. Available from: https://doi.org/10.1080/1533256X.2020.1870287</p>	Fel utfallsmått
<p>Langener S, Vandernagel J, van Manen J, Markus W, Dijkstra B, Defuentes-merillas L, et al. Clinical relevance of immersive virtual reality in the assessment and treatment of addictive disorders: A systematic review and future perspective. <i>Journal of Clinical</i></p>	Fel intervention

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Luquiens A, Miranda R, Benyamina A, Carre A, Aubin HJ. Cognitive training: A new avenue in gambling disorder management? <i>Neuroscience and Biobehavioral Reviews</i> . 2019;106:227-33. Available from: https://doi.org/10.1016/j.neubiorev.2018.10.011	Fel intervention
Marchica LA, Derevensky J. Examining personalized feedback interventions for gambling disorders: A systematic review. <i>Journal of Behavioral Addictions</i> . 2016;5(1):1-10. Available from: https://doi.org/10.1556/2006.5.2016.006	Fel intervention
Marionneau V, Ruohio H, Karlsson N. Gambling harm prevention and harm reduction in online environments: a call for action. <i>Harm Reduction Journal</i> . 2023;20(1). Available from: https://doi.org/10.1186/s12954-023-00828-4	Fel setting
Matheson FI, Hamilton-Wright S, Kryszajtys DT, Wiese JL, Cadel L, Ziegler C, et al. The use of self-management strategies for problem gambling: A scoping review. <i>BMC Public Health</i> . 2019;19(1). Available from: https://doi.org/10.1186/s12889-019-6755-8	Fel intervention
Maynard BR, Wilson AN, Labuziński E, Whiting SW. Mindfulness-Based Approaches in the Treatment of Disordered Gambling: A Systematic Review and Meta-Analysis. <i>Research on Social Work Practice</i> . 2018;28(3):348-62. Available from: https://doi.org/10.1177/1049731515606977	Sökning innan 2015
McMahon N, Thomson K, Kaner E, Bamba C. Effects of prevention and harm reduction interventions on gambling behaviours and gambling related harm: An umbrella review. <i>Addictive Behaviors</i> . 2019;90:380-8. Available from: https://doi.org/10.1016/j.addbeh.2018.11.048	Fel intervention
Merkouris SS, Thomas S, Browning CJ, Dowling NA. Predictors of outcomes of psychological treatments for disordered gambling: A systematic review. <i>Clinical Psychology Review</i> . 2016;48:7-31. Available from: https://doi.org/10.1016/j.cpr.2016.06.004	Fel intervention
Monreal-Bartolomé A, Barceló-Soler A, García-Campayo J, Bartolomé-Moreno C, Cortés-Montávez P, Acon E, et al. Preventive Gambling Programs for Adolescents and Young Adults: A Systematic Review. <i>International Journal of Environmental</i>	Fel intervention

Research and Public Health. 2023;20(6). Available from: https://doi.org/10.3390/ijerph20064691	
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Peter SC, Brett EI, Suda MT, Leavens ELS, Miller MB, Leffingwell TR, et al. A Meta-analysis of Brief Personalized Feedback Interventions for Problematic Gambling. Journal of Gambling Studies. 2019;35(2):447-64. Available from: https://doi.org/10.1007/s10899-018-09818-9	Fel intervention
Pfund RA, Peter SC, McAfee NW, Ginley MK, Whelan JP, Meyers AW. Dropout from face-to-face, multi-session psychological treatments for problem and disordered gambling: A systematic review and meta-analysis. Psychology of Addictive Behaviors. 2021. Available from: https://doi.org/10.1037/adb0000710	Fel utfallsmått
Pfund RA, Whelan JP, Peter SC, Meyers AW. Can a motivational letter increase attendance to psychological treatment for gambling disorder? Psychological Services. 2020;17(1):102-9. Available from: https://doi.org/10.1037/ser0000291	Fel studiedesign
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Segawa T, Baudry T, Bourla A, Blanc JV, Peretti CS, Mouchabac S, et al. Virtual Reality (VR) in Assessment and Treatment of Addictive Disorders: A Systematic Review. <i>Frontiers in Neuroscience</i> . 2020;13. Available from: https://doi.org/10.3389/fnins.2019.01409	Fel indikation
Skinner WJW, Littman-Sharp N, Leslie J, Ferentzy P, Zaheer S, Quosai TS, et al. Best practices for the treatment of older adult problem gamblers. <i>Journal of Gambling Issues</i> . 2018;2018(39 Special Issue):166-203. Available from: https://doi.org/10.4309/jgi.2018.39.6	Sökning innan 2015
Smith NDL, Jones GM, Lucia MB. Telehealth treatment for gambling disorder in the COVID-19 era: Seismic shifts and silver linings. <i>Current Opinion in Psychiatry</i> . 2022;35(4):265-9. Available from: https://doi.org/10.1097/YCO.0000000000000799	Fel studiedesign
St Quinton T, Morris B, Pickering D, Smith DM. Behavior Change Techniques and Delivery Modes in Interventions Targeting Adolescent Gambling: A Systematic Review. <i>Journal of Gambling Studies</i> . 2022;38(4):1503-28. Available from: https://doi.org/10.1007/s10899-022-10108-8	Fel intervention
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Udeanu A, García-Fernández G, Krotter A, García-Aller J, Solís-García P, Gómez Sánchez L. Substance Use and Problem Gambling	Fel intervention

<p>Interventions for People With Intellectual Disability: A Systematic Review. <i>Journal of Intellectual Disability Research</i>. 2025. Available from: https://doi.org/10.1111/jir.70007</p>	
<p>Velasco V, Scattola P, Gavazzeni L, Marchesi L, Nita IE, Giudici G. Prevention and harm reduction interventions for adult gambling at the local level: An umbrella review of empirical evidence. <i>International Journal of Environmental Research and Public Health</i>. 2021;18(18). Available from: https://doi.org/10.3390/ijerph18189484</p>	Fel intervention
<p>Wiebe A, Kannen K, Selaskowski B, Mehren A, Thöne AK, Pramme L, et al. Virtual reality in the diagnostic and therapy for mental disorders: A systematic review. <i>Clinical Psychology Review</i>. 2022;98. Available from: https://doi.org/10.1016/j.cpr.2022.102213</p>	Fel indikation
<p>Yakovenko I, Quigley L, Hemmelgarn BR, Hodgins DC, Ronksley P. The efficacy of motivational interviewing for disordered gambling: Systematic review and meta-analysis. <i>Addictive Behaviors</i>. 2015;43:72-82. Available from: https://doi.org/10.1016/j.addbeh.2014.12.011</p>	Sökning innan 2015