

Bilaga 2 Risk för bias-bedömning

Tabell 1 Risk för bias-bedömning.			
Studie	Titel	Publiceringsår	Övergripande bedömning
Davis et al. [1]	Mitigating Gambling-Related Harms in Children and Young People: A Scoping Review of Interventions	2025	Låg
Eriksen et al. [2]	Psychological intervention for gambling disorder: A systematic review and meta-analysis	2023	Låg
López-Guerrero et al. [3]	A Critical Review and Meta-Analysis of Interventions to Reduce Compulsivity in Behavioral Addictions and Related Conditions	2025	Låg
Pfund et al. [4]	Effects of Cognitive Behavioral Techniques for Gambling on Recovery Defined by Gambling, Psychological Functioning, and Quality of Life: A Systematic Review and Meta-Analysis	2023	Låg
Pfund et al. [5]	Cognitive-behavioral treatment for gambling harm: Umbrella review and meta-analysis	2023	Låg
Pfund et al. [6]	Effect of cognitive-behavioral techniques for problem gambling and gambling disorder: A systematic review and meta-analysis	2023	Låg
Sagoe et al. [7]	Internet-based treatment of gambling problems: A systematic review and meta-analysis of randomized controlled trials	2021	Låg
Whiteside et al. [8]	Intervening in Indigenous Gambling: A Systematic Review of the Literature	2020	Låg

Bergeron et al. [9]	Exposure Therapy for Gambling Disorder: Systematic Review and Meta-analysis	2022	Måttlig
Davidson et al. [10]	Safeguarding Children and Young People from Gambling Harms: A Scoping Review of the Grey Literature	2025	Måttlig
DiNicola et al. [11]	Pharmacological and Psychosocial Treatment of Adults With Gambling Disorder: A Meta-Review	2020	Måttlig
Forman et al. [12]	Motivational-Interviewing-Informed Interventions for Problem Gambling and Gambling Disorder: A Systematic Review and Meta-Analysis	2025	Måttlig
Free et al. [13]	Does cognitive-behavioral treatment affect putative mechanisms of change among individuals with problem gambling? A systematic review and exploratory meta-analysis	2024	Måttlig
Harrer et al. [14]	Effectiveness of Psychotherapy: Synthesis of a “Meta-Analytic Research Domain” Across World Regions and 12 Mental Health Problems	2025	Måttlig
Higueruela-Ahijado et al. [15]	Efficacy of cognitive-behavioral therapy in improving the quality of life of people with compulsive gambling, a systematic review	2023	Måttlig
Leurent et al. [16]	Efficacy of 12-step mutual-help groups other than Alcoholics Anonymous: a systematic review and meta-analysis	2024	Måttlig
Pfund et al. [17]	Is more better? A meta-analysis of dose and efficacy in face-to-face psychological treatments for problem and disordered gambling	2020	Måttlig
Schuler et al. [18]	Gamblers Anonymous as a Recovery Pathway: A Scoping Review	2016	Måttlig
Segura et al. [19]	A Meta-Review to Guide Military Screening and Treatment of Gambling Problems	2024	Måttlig

Matheson et al. [20]	Prevention and treatment of problem gambling among older adults: A scoping review	2018	Hög
Moreira et al. [21]	A Systematic Review on Intervention Treatment in Pathological Gambling	2024	Hög
Petry et al. [22]	A systematic review of treatments for problem gambling	2017	Hög
Quilty et al. [23]	Brief interventions for problem gambling: A meta-analysis	2019	Hög
Ribeiro et al. [24]	Non-pharmacological treatment of gambling disorder: a systematic review of randomized controlled trials	2021	Hög
Van der Maas et al. [25]	Internet-based interventions for problem gambling: Scoping review	2019	Hög
Yarbakhsh et al. [26]	Screening and Treatment for Co-occurring Gambling and Substance Use: A Scoping Review	2023	Hög
Giroux et al. [27]	Online and mobile interventions for problem gambling, alcohol, and drugs: A systematic review	2017	Oklar
Goslar et al. [28]	Efficacy of face-to-face versus self-guided treatments for disordered gambling: A meta-analysis	2017	Oklar
Hitch et al. [29]	Acceptance and commitment therapy for co-occurring gambling disorder and posttraumatic stress disorder in veterans: a narrative review	2023	Oklar

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