STATENS BEREDNING FÖR
MEDICINSK OCH SOCIAL
UTVÄRDERING

Bilaga till rapport

Kunskapsläget avseende ortorexia nervosa /
Current state of knowledge regarding
Orthorexia Nervosa, rapport 410 (2026)

Appendix 1, Search strategies

If all or a substantive part of the search strategies below are reused in another publication, please cite this report!

Database: PsycInfo
Interface: EBSCO
Date of search: 13 November 2025

Search terms		Items found
Population: XX		
1.	SU "Orthorexia"	366
2.	XB (orthorex*) OR KW (orthorex*)	410
3.	XB ((compuls* OR fixat* OR obsess*) N3 (healthy OR pure OR purity OR unhealthy) N3 (diet* OR eat* OR food)) OR KW ((compuls* OR fixat* OR obsess*) N3 (healthy OR pure OR purity OR unhealthy) N3 (diet* OR eat* OR food*))	110
4.	XB (orto-r OR orto-11 OR orto-15 OR pl-dos OR ton-17) OR KW (orto-r OR orto-11 OR orto-15 OR pl-dos OR ton-17) OR TM (orto-r OR orto-11 OR orto-15 OR pl-dos OR ton-17)	119
5.	*1 OR 2 OR 3 OR 4*	*416*
Final result		
6.		**416**

The final search result, usually found at the end of the documentation, forms the list of abstracts.

XB = Title and Abstract; **SU** = Searches for a part of or an entire subject heading; **TM** = Tests & Measures; ***** = Truncation; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

Database: Cochrane Library

Interface: Wiley

Date of search: 13 November 2025

Search terms	Items found
Population: XX	
1. MeSH descriptor: [Orthorexia Nervosa] this term only	2
2. (orthorex*):ti,ab,kw	10
3. ((compuls* OR fixat* OR obsess*) NEAR/3 (healthy OR pure OR purity OR unhealthy) NEAR/3 (diet* OR eat* OR food*)):ti,ab,kw	3
4. (orto-r OR orto-11 OR orto-15 OR pl-dos OR ton-17):ti,ab,kw	2
5. *1 OR 2 OR 3 OR 4*	*10*
Final result	
6.	**10**

The final search result, usually found at the end of the documentation, forms the list of abstracts.

MeSH descriptor = Term from the Medline controlled vocabular; **:ti** = Title; **:ab** = Abstract; **:kw** = Keyword; ***** = Truncation; **" "** = Quotation marks; searches for an exact phrase; **NEAR/n** = Retrieves terms that are within 'n' words of each other in either direction

Database: Embase

Interface: embase.com

Date of search: 13 November 2025

		Search terms	Items found
Population: XX			
	1.	'orthorexia'/de	559
	2.	orthorex*:ti,ab,kw	688
	3.	((compuls* OR fixat* OR obsess*) NEAR/3 (healthy OR pure OR purity OR unhealthy) NEAR/3 (diet* OR eat* OR food*)):ti,ab,kw	*172*
	4.	'orto r':ti,ab,kw 'orto 11':ti,ab,kw OR 'orto 15':ti,ab,kw OR 'pl-dos':ti,ab,kw OR 'ton-17':ti,ab,kw	178
	5.	*1 OR 2 OR 3 OR 4*	*735*
Final result			
	6.		**735**

The final search result, usually found at the end of the documentation, forms the list of abstracts.

/de = Term from the Emtree controlled vocabulary; **/exp** = Includes terms found below this term in the Emtree hierarchy; **:ab** = Abstract; **:kw** = Author keyword ; **:ti** = Article Title; ***** = Truncation; **' '** = Quotation marks; searches for an exact phrase; **NEAR/n** = Retrieves terms that are within "n" words of each other in either direction

Database: Medline

Interface: OvidSP

Date of search: 13 November 2025

Note:

Search terms	Items found
Population: XX	
1. Orthorexia Nervosa/	126
2. orthorex*.ti,ab,kf,bt.	602
3. ((compuls* or fixat* or obsess*) adj3 (healthy or pure or purity or unhealthy) adj3 (diet* or eat* or food*)).ti,ab,kf,bt.	129
4. (orto-r or orto-11 or orto-15 or pl-dos or ton-17).ti,ab,kf,bt.	193
5. *1 or 2 or 3 or 4*	*610*
Final result	
6.	**610**

The final search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. = Abstract; **.bt.** = Book title; **.kf.** = Author keyword; **.ti.** = Title; **/** = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy; ***** = Truncation (if found at the end of a free text term); **adjn** = Adjacency operator that retrieve records containing terms (in any order) within a specified number (n) of words

Database: Scopus

Interface: scopus.com

Date of search: 13 November 2025

Search terms	Items found
Population: XX	
1. TITLE-ABS-KEY (orthorex*)	842
2. TITLE-ABS-KEY ((compuls* OR fixat* OR obsess*) W/3 (healthy OR pure OR purity OR unhealthy) W/3 (diet* OR eat* OR food*))	208
3. TITLE-ABS-KEY (orto-r OR orto-11 OR orto-15 OR pl-dos OR ton-17)	274
4. *1 OR 2 OR 3*	*898*
Final result	
5.	**898**

The final search result, usually found at the end of the documentation, forms the list of abstracts.

TITLE-ABS-KEY = Title, abstract or keywords; **W/n =** "Within", i.e. the terms in the search must be within a specified number of terms (n) in any order; ***** = Truncation