

Bilaga 2 Exkluderade studier och studier med hög risk för snedvridning

SBU Utvärderar: Förlossningsrädsla, depression och ångest under graviditet

Rapport nr 322

Appendix 2 Excluded studies and studies with high risk of bias

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This list consists of articles not included in SBU's report. It has two parts:

Excluded studies

This part consists of articles considered relevant in terms of abstract, but the full-text articles were considered to be irrelevant to the research question and other inclusion criteria, after assessment.

Studies with high risk of bias

This part consists of articles that were relevant in terms of abstract and full-text, but after quality assessment considered to be studies with high risk of bias.

Excluded studies

Reference	Main reason for exclusion
Airo R, Korja R, Saisto T, Rouhe H, Muotka J, Salmela-Aro K. Changes in emotions and personal goals in primiparous pregnant women during group intervention for fear of childbirth. <i>Journal of Reproductive and Infant Psychology</i> 2018.	Not relevant study design
Akbarzadeh, M., A. Dokuhaki, A. Joker, N. Pishva and N. Zare (2016). "Teaching attachment behaviors to pregnant women: a randomized controlled trial of effects on infant mental health from birth to the age of three months." 1(3): 175-183.	Not relevant outcome
Akbarzadeh, M., B. Rafiee, N. Asadi and N. Zare (2016). "Comparative effect of attachment and relaxation training on perception of fetal movement and mother's anxiety in primiparous women: a randomized controlled study." 11(2): 62-68.	Not relevant population
Alex R. Kelman ¹ , Benjamin S. Evare ¹ , Alinne Z. Barrera, Ricardo F. Muñoz, Paul Gilbert. A proof-of-concept pilot randomized comparative trial of brief Internet-based compassionate mind training and cognitivebehavioral therapy for perinatal and intending to become pregnant women. <i>Clin Psychol Psychother.</i> 2018;25:608–619.	Not relevant population
Alexander, K. (2018). "The Effect of a Mindfulness Intervention on the Depression Symptoms of Mothers in Treatment for an Opioid Use Disorder." 1-1.	Not relevant population
Alipour, M., L. Ghahremani, S. Amooee and S. Keshavarzi (2017). "The effectiveness of relaxation techniques on depression, anxiety and stress in pregnant women: based on self-efficacy theory." 22(3): 20-30.	Not relevant study design
Amiri P, Mirghafourvand M, Esmaeilpour K, Kamalifard M, Ivanbagha R. The effect of distraction techniques on pain and stress during labor: a randomized controlled clinical trial. <i>BMC Pregnancy & Childbirth</i> 2019;19:534.	Not relevant population
Ammerman RT, Putnam FW, Altaye M, Stevens J, Teeters AR, Van Ginkel JB. A clinical trial of in-home CBT for depressed mothers in home visitation. <i>Behaviour Therapy.</i> 2013a; 44:359-72	Not relevant population
Ammerman, R. T., P. J. Mallow, J. A. Rizzo, F. W. Putnam and J. B. Van Ginkel (2017). "Cost-effectiveness of In-Home Cognitive Behavioral Therapy for low-income depressed mothers participating in early childhood prevention programs." 1: 475-482.	Not relevant population
Andaroon N, Kordi M, Kimiaei SA, Esmaeily H. The effect of individual counseling program by a midwife on fear of childbirth in primiparous women. <i>Journal of Education & Health Promotion</i> 2017;6:97.	Not relevant population
Andaroon, N., M. Kordi, S. A. Kimiaee and H. Esmaily (2018). "Effect of individual counseling program by a midwife on anxiety during pregnancy in nulliparous women." 20(12): 86-95.	Not relevant study design
Anton, R. and D. David (2015). "A randomized clinical trial of a new preventive rational emotive and behavioral therapeutical program of prepartum and postpartum emotional distress." 15(1): 3-15.	Not relevant population
Areskog B, Kjessler B, Uddenberg N. Identification of women with significant fear of childbirth during late pregnancy. <i>Gynecologic & Obstetric Investigation.</i> 1982;13(2):98-107.	Not relevant reference test

Armstrong K, Edwards H. The effects of exercise and social support on mothers reporting depressive symptoms: a pilot randomized controlled trial. <i>International Journal of Mental Health Nursing</i> . 2003;12:130-138.	Not relevant population
Armstrong KL, Fraser JA, Dadds MR, Morris J. A randomized, controlled trial of nurse home visiting to vulnerable families with newborns. <i>Journal of Paediatric Child Health</i> . 1999;35:237-244.	Not relevant population
Armstrong KL, Fraser JA, Dadds MR, Morris J. Promoting secure attachment, maternal mood and child health in a vulnerable population: a randomized controlled trial. <i>Journal of Paediatric Child Health</i> . 2000;36:555-562.	Not relevant population
Asghari, E., M. Faramarzi and A. K. Mohammadi (2016). "The Effect of Cognitive Behavioural Therapy on Anxiety, Depression and Stress in Women with Preeclampsia." 1(11): Qc04-qc07.	Not relevant population
Aslami, E. M., A. P. Alipour, F. S. M. Najib and A. P. Aghayosefi (2017). "A Comparative Study of Mindfulness Efficiency Based on Islamic-Spiritual Schemes and Group Cognitive Behavioral Therapy on Reduction of Anxiety and Depression in Pregnant Women." 1(2): 144-152.	Not relevant outcome
Austin M-P, Frilingos M, Lumley J, Hadzi-Pavlovic D, Roncolato W, Acland S, et al. Brief antenatal cognitive behaviour therapy group intervention for the prevention of postnatal depression and anxiety: a randomised controlled trial. <i>Journal of Affective Disorders</i> . 2008;105:35-44.	Not relevant population
Ayers S. Fear of childbirth, postnatal post-traumatic stress disorder and midwifery care. <i>Midwifery</i> 2014;30:145-8.	Not relevant study design
Baas MA, Stramrood CA, Dijkman LM, de Jongh A, van Pampus MG. The OptiMUM-study: EMDR therapy in pregnant women with posttraumatic stress disorder after previous childbirth and pregnant women with fear of childbirth: design of a multicentre randomized controlled trial. <i>European Journal of Psychotraumatology</i> 2017;8:1293315.	Not relevant study design
Bak B, Mastalerz M. Effectiveness of childbirth classes in reducing anxiety before birth depending on age and education. <i>Medical Studies/Studia Medyczne</i> 2016;32:10-17.	Not relevant population
Barber CC, Clark M, Williams S, Isler RB. Relaxation and mindfulness to manage stress in pregnancy: initial studies of a computerised self-help programme. <i>MIDIRS Midwifery Digest</i> 2013;23:449-454.	Not relevant study design
Bayrampour N, Nourizadeh R, Mirghafourvand M, Mehrabi E, Mousavi S. Psychometric properties of the pregnancy-related anxiety questionnaire-revised2 among Iranian women. <i>Crescent journal of medical and biological sciences</i> 2019;6:369-374.	Not relevant reference test
Beattie, J., H. Hall, M. A. Biro, C. East and R. Lau (2017). "Effects of mindfulness on maternal stress, depressive symptoms and awareness of present moment experience: A pilot randomised trial." 1: 174-183.	Not relevant population
Beattie, J., H. Hall, M. Biro, R. Lau and C. East (2015). "The effects of mindfulness training compared to pregnancy support on maternal stress and depression: a pilot randomised trial." 51: 25-	Not relevant outcome

Beijers, C., T. Verbeek, M. G. Van Pampus, J. L. Meijer, H. Burger and C. L. H. Bockting (2015). "Cognitive behavioral therapy for treatment of antenatal anxiety and depressive symptoms: a randomized controlled trial." 18(2): 373-.	Not relevant study design
Bernard RS, Williams SE, Storfer-Isser A, Rhine W, Horwitz SM, Koopman C, et al. Brief cognitive-behavioral intervention for maternal depression and trauma in the neonatal intensive care unit: a pilot study. <i>Journal of Traumatic Stress</i> . 2011;24:230-234.	Not relevant population
Bhadran D, Prabhu AV, Juliet LA. Effectiveness of prenatal classes during third trimester to reduce anxiety level and to improve birth-preparedness among primigravid women. <i>Indian Journal of Public Health Research and Development</i> 2019;10:414-418.	Not relevant population
Bhat, A., N. K. Grote, J. Russo, M. J. Lohr, H. Jung, C. E. Rouse, E. C. Howell, J. L. Melville, K. Carson and W. Katon (2017). "Collaborative care for perinatal depression among socioeconomically disadvantaged women: Adverse neonatal birth events and treatment response." 68(1): 17-24.	Not relevant outcome
Bowen, A., M. Baetz, L. Schwartz, L. Balbuena and N. Muhajarine (2014). "Antenatal group therapy improves worry and depression symptoms." 1(3): 226-231.	Not relevant population
Brixval CS, Axelsen SF, Thygesen LC, Due P, Koushede V. Antenatal education in small classes may increase childbirth self-efficacy: Results from a Danish randomised trial. <i>Sexual & reproductive healthcare : official journal of the Swedish Association of Midwives</i> 2016;10:32-34.	Not relevant population
Brodrick A. Too afraid to push: dealing with fear of childbirth. <i>Practising Midwife</i> 2014;17:15-7.	Not relevant population
Brugha TS, Morrell CJ, Slade P, Walters SJ. Universal prevention of depression in women postnatally: cluster randomized trial evidence in primary care. <i>Psychological Medicine</i> . 2011;41:739-748.	Not relevant population
Brugha, T. S., J. Smith, J. Austin, J. Bankart, M. Patterson, C. Lovett, Z. Morgan, C. J. Morrell and P. Slade (2016). "Can community midwives prevent antenatal depression? An external pilot study to test the feasibility of a cluster randomized controlled universal prevention trial." 46(2): 345-356.	Not relevant population
Burger, H., T. Verbeek, J. Meijer, C. Beijers, B. Mol, J. Ormel, M. van Pampus and C. Bockting (2019). "80: effects of cognitive behavioural therapy for antenatal anxiety and depression on mother and offspring." 220(1): S65-.	Not relevant study design
Buultjens, M., G. Murphy, J. Milgrom, A. Taket and D. Poinen (2018). "Supporting the transition to parenthood: Development of a group health-promoting programme." 26(6): 387-397.	Not relevant population
C. Jane Morrell, Tom Ricketts, Keith Tudor, Chris Williams, Joe Curran and Michael Barkham. Training health visitors in cognitive behavioural and person-centred approaches for depression in postnatal women as part of a cluster randomised trial and economic evaluation in primary care: the PoNDER trial. <i>Primary Health Care Research & Development</i> 2011; 12: 11–20. doi:10.1017/S1463423610000344.	Not relevant population

Caldera D, Burrell L, Rodriguez K, Crowne SS, Rohde C, Duggan A. Impact of a statewide home visiting program on parenting and on child health and development. <i>Child Abuse and Neglect</i> . 2007;31:829-852.	Not relevant population
Carissoli, C., D. Villani, D. Gasparri and G. Riva (2017). "Enhancing psychological wellbeing of women approaching the childbirth: A controlled study with a mobile application." 15: 45-50.	Not relevant population
Chan CY, Lee AM, Koh YW, Tang CSK. Validation of the chinese version of the pregnancy-related anxiety questionnaire-revised (praq-r) and its distinction from general anxiety and depression in pregnant women. <i>Journal of Psychosomatic Obstetrics & Gynecology</i> . 2019.	Not relevant reference test
Chan, K. L., W. C. Leung, A. Tiwari, K. L. Or and P. Ip (2019). "Using Smartphone-Based Psychoeducation to Reduce Postnatal Depression Among First-Time Mothers: Randomized Controlled Trial." 1(5): e12794.	Not relevant outcome
Cho HJ, Kwon JH, Lee JJ. Antenatal cognitive-behavioral therapy for prevention of postpartum depression: a pilot study. <i>Yonsei Medical Journal</i> . 2008;49:553-562.	Not relevant population
Cooper PJ, Murray L, Wilson A, Romaniuk H. Controlled trial of the shortand long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. <i>British Journal of Psychiatry</i> . 2003;182:412-419.	Not relevant population
Cote-Arsenault, D., K. Schwartz, H. Krowchuk and T. P. McCoy (2014). "Evidence-based intervention with women pregnant after perinatal loss." 39(3): 177-186; quiz 187-178.	Not relevant population
Dauber, S., T. John, A. Hogue, J. Nugent and G. Hernandez (2017). "Development and implementation of a screen-and-refer approach to addressing maternal depression, substance use, and intimate partner violence in home visiting clients." 81: 157-167.	Not relevant population
Dennis C-L, Hodnett E, Reisman HM, Kenton L, Weston J, Zupancic J, et al. Effect of peer support on prevention of postnatal depression among high risk women: multisite randomised controlled trial. <i>BMJ</i> . 2009;338:a3064.	Not relevant population
Di Venanzio, C., F. Pacitti, M. C. Rossetti, V. Santarelli, E. Gregori, A. D'Alfonso, G. Carta and A. Rossi (2017). "Perinatal depression screening and early treatment." 23(3): 99-104.	Not relevant outcome
Dimidjian, S., S. H. Goodman, J. N. Felder, R. Gallop, A. P. Brown and A. Beck (2016). "Staying well during pregnancy and the postpartum: A pilot randomized trial of mindfulness-based cognitive therapy for the prevention of depressive relapse/recurrence." 1(2): 134-145.	Not relevant population
Downe S, Finlayson K, Melvin C, Spiby H, Ali S, Diggle P, et al. Self-hypnosis for intrapartum pain management in pregnant nulliparous women: a randomised controlled trial of clinical effectiveness. <i>BJOG: An International Journal of Obstetrics & Gynaecology</i> 2015;122:1226-34.	Not relevant population
Du, X., S. P. Ruan and J. F. Zhu (2014). "Influence of group psychological intervention on anxiety, depression and pregnancy outcomes in primiparous women." 22(14): 2069-2072.	Not relevant study design

Dugravier R, Tubach F, Saias T, Guedeney N, Pasquet B, Purper-Ouakil D, et al. Impact of a manualized multifocal perinatal home-visiting program using psychologists on postnatal depression: the CAPEDP randomized controlled trial. <i>PLoS ONE</i> . 2013;8:e72216.	Not relevant population
Duncan LG, Cohn MA, Chao MT, Cook JG, Riccobono J, Bardacke N. Benefits of preparing for childbirth with mindfulness training: a randomized controlled trial with active comparison. <i>BMC Pregnancy & Childbirth</i> 2017;17:140.	Not relevant population
Duncan, L. G., M. A. Cohn, M. T. Chao, J. G. Cook, J. Riccobono and N. Bardacke (2017). "Benefits of preparing for childbirth with mindfulness training: a randomized controlled trial with active comparison." 1(1): 140.	Not relevant population
Ekrami, F., S. Mohammad-Alizadeh Charandabi, J. Babapour Kheiroddin and M. Mirghafourvand (2019). "The Effect of Counselling on Depression and Anxiety of Women with Unplanned Pregnancy: A Randomized Controlled Trial." 1(6): 1047-1056.	Not relevant population
El-Mohandes AAE, Kiely M, Joseph JG, Subramanian S, Johnson AA, Blake SM, et al. An intervention to improve postpartum outcomes in African-American mothers: a randomized controlled trial. <i>Obstetrics and Gynecology</i> . 2008;112: 611-620.	Not relevant outcome
Ertekin Pinar, S., O. Duran Aksoy, G. Daglar, Z. B. Yurtsal and B. Cesur (2018). "Effect of stress management training on depression, stress and coping strategies in pregnant women: a randomised controlled trial." 39(3): 203-210.	Not relevant population
Evans, A. P. B., S. H. Goodman, S. Dimidjian and R. Gallop (2019). "The role of engagement in mindfulness-based cognitive therapy for the prevention of depressive relapse/recurrence in perinatal women."	Not relevant population
Evans, E. C., N. L. Deutsch, E. Drake and L. Bullock (2017). "Nurse-Patient Interaction as a Treatment for Antepartum Depression: A Mixed-Methods Analysis [Formula: see text]." 1(5): 347-359.	Not relevant intervention
Evans, E. C., N. L. Deutsch, E. Drake and L. Bullock (2017). "Nurse-patient interaction as a treatment for antepartum depression: A mixed-methods analysis." 23(5): 347-359.	Not relevant population
Fairbrother N, Thordarson DS, Stoll K. Fine tuning fear of childbirth: the relationship between Childbirth Fear Questionnaire subscales and demographic and reproductive variables. <i>Journal of Reproductive and Infant Psychology</i> . 2018;36(1):15-29.	Not relevant reference test
Fathi-Ashtiani, A., A. Ahmadi, B. Ghobari-Bonab, M. P. Azizi and S. M. Saheb-Alzamani (2015). "Randomized Trial of Psychological Interventions to Preventing Postpartum Depression among Iranian First-time Mothers." 1: 109.	Not relevant outcome
Feeley N, Zerkowitz P, Shrier I, Stremmer R, Westreich R, Dunkley D, et al. Follow-up of the cues and care trial: mother and infant outcomes at 6 months. <i>Journal of Early Intervention</i> . 2012;34:65-81.	Not relevant population
Feinberg, M. E., M. E. Roettger, D. E. Jones, I. M. Paul and M. L. Kan (2015). "Effects of a psychosocial couple-based prevention program on adverse birth outcomes." 1(1): 102-111.	Not relevant outcome

Felder, J. N., D. Roubinov, N. R. Bush, K. Coleman-Phox, C. Vieten, B. Laraia, N. E. Adler and E. Epel (2018). "Effect of prenatal mindfulness training on depressive symptom severity through 18-months postpartum: A latent profile analysis." 1(7): 1117-1125.	Not relevant population
Felder, J. N., Z. Segal, A. Beck, N. E. Sherwood, S. H. Goodman, J. Boggs, E. Lemon and S. Dimidjian (2017). "An open trial of web-based mindfulness-based cognitive therapy for perinatal women at risk for depressive relapse." 24(1): 26-37.	Not relevant control group
Feth, L. (2017). "Postpartum Depression Educational Intervention." 1-1.	Not relevant study design
Field T, Diego M, Delgado J, Medina L. Peer support and interpersonal psychotherapy groups experienced decreased prenatal depression, anxiety and cortisol. Early Human Development 2013;89:621-624.	Not relevant population
Field T, Diego M, Delgado J, Medina L. Tai chi/yoga reduces prenatal depression, anxiety and sleep disturbances. Complementary Therapies in Clinical Practice 2013;19:6-10.	Not relevant population
Field, T., M. Diego, J. Delgado and L. Medina (2013). "Yoga and social support reduce prenatal depression, anxiety and cortisol." 17(4): 397-403.	Not relevant intervention
Flameno, A. and G. Urizar (2019). "Impact of a prenatal stress management intervention on infant cortisol and the moderating effect of mother's pregnancy anxiety." 81(4): A1-A2.	Not relevant study design
Fonseca, A., F. Monteiro, S. Alves, R. Gorayeb and M. C. Canavarro (2019). "Be a mom, a web-based intervention to prevent postpartum depression: The enhancement of self-regulatory skills and its association with postpartum depressive symptoms." 10: 265.	Not relevant population
Fontein-Kuipers, Y., M. Ausems, R. Vries and M. Nieuwenhuijze (2016). "The effect of Wazzup Mama?! An antenatal intervention to prevent or reduce maternal distress in pregnancy." 19(5): 779-788.	Not relevant population
Ford, E., J. Shakespeare, F. Elias and S. Ayers (2017). "Recognition and management of perinatal depression and anxiety by general practitioners: a systematic review. [Review]." 1(1): 11-19.	Not relevant population
Fuhr, D. C., B. Weobong, A. Lazarus, F. Vanobberghen, H. A. Weiss, D. R. Singla, H. Tabana, E. Afonso, A. De Sa, E. D'Souza, A. Joshi, P. Korgaonkar, R. Krishna, L. N. Price, A. Rahman and V. Patel (2019). "Delivering the Thinking Healthy Programme for perinatal depression through peers: An individually randomised controlled trial in India." 6(2): 115-127.	Not relevant outcome
Gao L-L, Chan SW-C, Li X, Chen S, Hao Y. Evaluation of an interpersonalpsychotherapy- oriented childbirth education programme for Chinese firsttime childbearing women: a randomised controlled trial. International Journal of Nursing Studies. 2010;47:1208-1216.	Not relevant population
Gaudernack LC, Egeland T, Voldner N. Knowing the midwife before delivery reduces the prevalence of caesarean section on demand in a group of second time mothers with a complicated first delivery. Nordic Journal of Nursing Research 2016;36:44-50.	Not relevant population
George, C. (2019). "Effectiveness of a group intervention led by lay health workers in reducing the incidence of postpartum depression in South India." 1: 101864.	Not relevant outcome

Ghasemi, F., N. Bolbol-Haghighi, Z. Mottaghi, S. R. Hosseini and A. Khosravi (2018). "The effect of group counseling with cognitive-behavioral approach on self-efficacy of pregnant women's choice of vaginal delivery." 12(3).	Not relevant population
Gokce Isbir G, Inci F, Onal H, Yildiz PD. The effects of antenatal education on fear of childbirth, maternal self-efficacy and post-traumatic stress disorder (PTSD) symptoms following childbirth: an experimental study. Applied Nursing Research 2016;32:227-232.	Not relevant population
Goodman, J. H., A. Guarino, K. Chenausky, L. Klein, J. Prager, R. Petersen, A. Forget and M. Freeman (2014). "CALM Pregnancy: results of a pilot study of mindfulness-based cognitive therapy for perinatal anxiety." 1(5): 373-387.	Not relevant control group
Gourounti K, Kouklaki E, Lykeridou K. Validation of the Childbirth Attitudes Questionnaire in Greek and psychosocial characteristics of pregnant women with fear of childbirth. Women & Birth: Journal of the Australian College of Midwives. 2015;28(3):e44-51.	Not relevant reference test
Green S, Haber E, Frey B, McCabe R. Cognitive-behavioral group treatment for perinatal anxiety: a pilot study. Archives of Women's Mental Health 2015;18:631-638.	Not relevant population
Green, S. M., E. Donegan, R. E. McCabe, D. L. Streiner, A. Agako and B. N. Frey (2020). "Cognitive behavioral therapy for perinatal anxiety: A randomized controlled trial." 1: 4867419898528.	Not relevant population
Grote, N. K., G. E. Simon, J. Russo, M. J. Lohr, K. Carson and W. Katon (2017). "Incremental Benefit-Cost of MOMCare: Collaborative Care for Perinatal Depression Among Economically Disadvantaged Women." 1(11): 1164-1171.	Not relevant outcome
Guardino CM, Dunkel Schetter C, Bower JE, Lu MC, Smalley SL. Randomised controlled pilot trial of mindfulness training for stress reduction during pregnancy. Psychology & Health 2014;29:334-49.	Not relevant population
Guedeney A, Wendland J, Dugravier R, Saias T, Tubach F, Welniarz B, et al. Impact of a randomized home-visiting trial on infant social withdrawal in the CAPEDP prevention study. Infant Mental Health Journal. 2013;34:594-601.	Not relevant population
Guo, L., J. Zhang, L. Mu and Z. Ye (2020). "Preventing Postpartum Depression With Mindful Self-Compassion Intervention: A Randomized Control Study." 1(2): 101-107.	Not relevant outcome
Gureje, O., B. D. Oladeji, A. A. Montgomery, R. Araya, T. Bello, D. Chisholm, D. Groleau, L. J. Kirmayer, L. Kola, L. B. Olley, W. Tan and P. Zekowitz (2019). "High- versus low-intensity interventions for perinatal depression delivered by non-specialist primary maternal care providers in Nigeria: cluster randomised controlled trial (the EXPONATE trial)." 1(3): 528-535.	Not relevant outcome
Guszkowska M, Langwald M, Sempolska K. Influence of a relaxation session and an exercise class on emotional states in pregnant women. Journal of Reproductive & Infant Psychology 2013;31:121-133.	Not relevant population
Guszkowska M. The effect of exercise and childbirth classes on fear of childbirth and locus of labor pain control. Anxiety, Stress & Coping: An International Journal 2014;27:176-189.	Not relevant population

Guszkowska, M., M. Langwald and K. Sempolska (2015). "Does physical exercise help maintain mental health during pregnancy? A comparison of changes in mental health in participants of physical exercise classes and childbirth classes." 1(1): 30-36.	Not relevant population
Guth, S., S. Wood, M. Ivanova and J. J. Hudziak (2017). "Mindfulness training in pregnancy, and postpartum internalizing symptoms." 56(10): S180-.	Not relevant study design
H Rouhe, K Salmela-A, R Toivanen, M Tokola, E Halmesma, T Saistoa. Obstetric outcome after intervention for severe fear of childbirth in nulliparous women – randomised trial. BJORG. 2013.	Not relevant population
H. A. O'Mahen, D. A. Richards, J. Woodford, E. Wilkinson, J. McGinley, R. S. Taylor and F. C. Warren. Netmums: a phase II randomized controlled trial of a guided Internet behavioural activation treatment for postpartum depression. Psychological Medicine. 2014;44:1675–1689. doi:10.1017/S0033291713002092.	Not relevant population
Haapio S, Kaunonen M, Arffman M, Astedt-Kurki P. Effects of extended childbirth education by midwives on the childbirth fear of first-time mothers: an RCT. Scandinavian Journal of Caring Sciences 2017;31:293-301.	Not relevant population
Haga SM, Drozd F, Lisøy C, Wentzel-Larsen T, Slinning K (2019). Mamma Mia – A randomized controlled trial of an internet-based intervention for perinatal depression. Psychological Medicine 49, 1850–1858. https://doi.org/10.1017/S0033291718002544	Not relevant population
Hagan R, Evans SF, Pope S. Preventing postnatal depression in mothers of very preterm infants: a randomised controlled trial. BJOG. 2004;111:641-647.	Not relevant population
Hajmohamadi, N., F. Ghalichi, F. Bakhtari Aghdam and H. Matlabi (2018). "The "Cooperative-Supportive" Intervention for Improving Mental Health Status among Pregnant Women." 1(2): 101-106.	Not relevant population
Hall HG, Beattie J, Lau R, East C, Anne Biro M. Mindfulness and perinatal mental health: A systematic review. Women & Birth: Journal of the Australian College of Midwives 2016;29:62-71.	Not relevant study design
Hans, S. L., R. C. Edwards and Y. Zhang (2018). "Randomized Controlled Trial of Doula-Home-Visiting Services: Impact on Maternal and Infant Health." 1: 105-113.	Not relevant population
Hassanzadeh R, Abbas-Alizadeh F, Meedy S, Mohammad-Alizadeh-Charandabi S, Mirghafourvand M. Assessment of childbirth preparation classes: a parallel convergent mixed study. Reproductive Health 2019;16:160.	Not relevant study design
Hayden T, Perantie DC, Nix BD, Barnes LD, Mostello DJ, Holcomb WL, et al. Treating prepartum depression to improve infant developmental outcomes: a study of diabetes in pregnancy. Journal of Clinical Psychology in Medical Settings. 2012;19:285-292.	Not relevant population
Hildingsson I, Rubertsson C, Karlstrom A, Haines H. Exploring the Fear of Birth Scale in a mixed population of women of childbearing age-A Swedish pilot study. Women & Birth: Journal of the Australian College of Midwives. 2018;31(5):407-13.	Not relevant reference test

Hoda Zaraj. Reducing Anxiety of Pregnant Women with a History of Pregnancy Loss-A Randomize Clinical Trial. <i>Current Women s Health Reviews</i> . 2020 16(2):160-166. 10.2174/1573404816666200206105120.	Not relevant population
Holt, C., J. Milgrom and A. W. Gemmill (2017). "Improving help-seeking for postnatal depression and anxiety: a cluster randomised controlled trial of motivational interviewing." 1(6): 791-801.	Not relevant population
Honey KL, Bennett P, Morgan M. A brief psycho-educational group intervention for postnatal depression. <i>British Journal of Clinical Psychology</i> . 2002;41:405-409.	Not relevant population
Hosseinian, S., E. Shahtaheri, M. Ebrahimi, A. Mahdavi and M. A. Sepahvandi (2016). "Effectiveness of mindfulness-based cognitive therapy and metacognition therapy on reduction of symptoms of depression, core self-evaluation and emotion regulation difficulties in pregnant women with depression." 32: 2033-2037.	Not relevant population
Huizink AC, Mulder EJ, Robles de Medina PG, Visser GH, Buitelaar JK. Is pregnancy anxiety a distinctive syndrome? <i>Early Human Development</i> . 2004;79(2):81-91.	Not relevant reference test
Hutton EK, Hall W. Psychoeducation for pregnant women with fear of childbirth increases rates of spontaneous vaginal delivery, reduces caesarean rates and improves delivery experience. <i>Evidence-Based Nursing</i> 2014;17:105.	Not relevant study design
Iniesta-Sepúlveda, M. and E. A. Storch (2017). "Cognitive-behavioral therapy as an effective, safe, and acceptable intervention for OCD during pregnancy." 39(1): 84-84.	Not relevant study design
Irmak Vural P, Aslan E. Emotional freedom techniques and breathing awareness to reduce childbirth fear: A randomized controlled study. <i>Complementary Therapies in Clinical Practice</i> 2019;35:224-231.	Not relevant population
İsbir GG, Serçekus P. The Effects of Intrapartum Supportive Care on Fear of Delivery and Labor Outcomes: A Single-Blind Randomized Controlled Trial. <i>Journal of Nursing Research</i> 2017;25:112-119.	Not relevant population
İsbir, G. G. and P. Serçekuş (2017). "The Effects of Intrapartum Supportive Care on Fear of Delivery and Labor Outcomes: a Single-Blind Randomized Controlled Trial." 25(2): 112-119.	Not relevant population
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