



## Bilaga till rapport

1 (1)

SBU Utvärderar: Förlossningsrädsla,  
depression och ångest under  
graviditet, rapport nr 322 (2021)

### Appendix 1 Search strategy

## Bilaga 1 Sökstrategi

### Treatment fear of birth

Cinahl via EBSCO 4 September 2020

Title: Fear of Childbirth – Therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. (MH "Vaginal Birth After Cesarean") OR (MH "Vaginal Birth") OR (MH "Breech Delivery") OR (MH "Delivery, Obstetric") OR (MH "Labor") OR (MH "Term Birth") OR (MH "Childbirth, Premature") OR (MH "Childbirth") OR (MH "Labor Pain") OR (MH "Pregnancy, High Risk") OR (MH "Pregnancy, Multiple") OR (MH "Pregnancy, Quadruplet") OR (MH "Pregnancy, Quintuplet") OR (MH "Pregnancy, Triplet") OR (MH "Pregnancy, Twin") OR (MH "Superfetation") OR (MH "Pregnancy, Unplanned") OR (MH "Pregnancy, Unwanted") OR (MH "Pregnancy") OR (MH "Expectant Mothers") OR (MH "Primiparas")	214,235
2. (MH "Fear") OR (MH "Fear (NANDA)") OR (MH "Fear (Saba CCC)") OR (MH "Phobic Disorders") OR (MH "Catastrophization") OR (MH "Anxiety")	56,083
3. TI (fear* or phobi* or anxi*)	33,272
4. TX (to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*)	88
5. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	915
6. 1 AND (2 OR 3)	3,281
7. 4-6 (OR)	3,771
<b>Intervention: Therapy</b>	
8. (MH "Psychotherapy+") OR (MH "Behavior Modification+") OR (MH "Behavior Therapy+") OR (MH "Cognitive Therapy+") OR (MH "Desensitization, Psychologic+") OR (MH "Relaxation Techniques+") OR (MH "Hypnosis") OR (MH "Pet Therapy+") OR (MH "Psychotherapeutic Processes+") OR (MH "Transference (Psychology)+") OR (MH "Socioenvironmental Therapy+") OR (MH "Psychotherapy, Group") OR (MH "Psychodrama+") OR (MH "Support, Psychosocial")	192,327
9. (MH "Counseling Service (Saba CCC)") OR (MH "Stress Control (Saba CCC)") OR (MH "Coping Support (Saba CCC)") OR (MH "Coping Component (Saba CCC)") OR (MH "Saba Clinical Care Nursing Interventions") OR (MH "Counseling (Iowa NIC)") OR (MH "Counseling") OR (MH "Anticipatory Guidance") OR (MH "Motivational Interviewing")	33,290
10. (MH "Childbirth Education") OR (MH "Patient Education") OR (MH "Prepared Childbirth") OR (MH "Prenatal Care") OR (MH "Prenatal Care (Iowa NIC)") OR (MH "Midwifery+") OR (MH "Midwifery Service+") OR (MH "Midwives+")	117,198
11. (MH "Doulas") OR (MH "Labor Support") OR (MH "Obstetric Care") OR (MH "Intrapartum Care") OR (MH "Perinatal Nursing") OR (MH "Obstetric Nursing")	14,522
12. (MH "Nursing Care Plans") OR (MH "Patient Care Plans+") OR (MH "Continuity of Patient Care")	25,525
13. (MH "Therapeutic Exercise") OR (MH "Breathing Exercises+") OR (MH "Aerobic Exercises+") OR (MH "Manual Therapy") OR (MH "Massage+") OR (MH "Hydrotherapy+") OR (MH "Physical Therapy") OR (MH "Animal Physical Therapy") OR (MH "Bathing and Baths") OR (MH "Alternative Therapies+") OR (MH "Bioenergy Therapies+") OR (MH "Bioelectromagnetic Applications+") OR (MH "Auriculotherapy+") OR (MH "Acupuncture+") OR (MH "Yoga") OR (MH "Mind Body Techniques+") OR (MH "Hypnosis+") OR (MH "Relaxation Techniques+")	335,839
14. (MH "Cesarean Section, Elective")	257
15. TI ( intervent* or therap* or program* or train* or educat* or treat* or care or support* or counsel* briefing or psychotherap* or haptotherap* or "body awareness" or PLISSIT or "motivational interview*" or "acceptance and commitment" or "cognitive behav*" or CBT or mindfulness or MBSR or EMDR or "eye movement desensitization and reprocessing" or	2,785,783

psychosocial or psychodynamic\* or interpersonal or "applied behavior analysis" or feedback or biofeedback or aromatherap\* or desensitizati\* or chronotherap\* or bibliotherap\* or imagery or suggestion or "transactional analysis" or abreaction or conversation or psychoeducat\* or yoga or acup\* or massag\* or meditat\* or mind-body or hypno\* ) OR TI ( ((complementary or alternative) NEAR1 (medicine)) ) OR TI (tension NEAR2 "trauma releas\*") OR TI ( ((birth\* or childbirth\* or prenatal or "pre natal" or antenatal or "ante natal" or parent\*) NEAR3 (class\* or course\*)) ) OR TI ( ((elective or demand\* or request\*) NEAR2 (c#esarean or surg\* or sectio\*)) ) OR TI ( caseload or doula\* ) OR TI ( ((birth or childbirth or labo#r) NEAR1 (coach\*)) ) OR TI ( ((birth or childbirth or labo#r) NEAR2 (plan\*)) ) OR TI ( ((continuity) NEAR4 (care\* or midwif\*)) ) OR TI "decision aid" OR AB ( intervent\* or therap\* or program\* or train\* or educat\* or treat\* or care or support\* or counsel\* briefing or psychotherap\* or haptotherap\* or "body awareness" or PLISSIT or "motivational interview\*" or "acceptance and commitment" or "cognitive behav\*" or CBT or mindfulness or MBSR or EMDR or "eye movement desensitization and reprocessing" or psychosocial or psychodynamic\* or interpersonal or "applied behavior analysis" or feedback or biofeedback or aromatherap\* or desensitizati\* or chronotherap\* or bibliotherap\* or imagery or suggestion or "transactional analysis" or abreaction or conversation or psychoeducat\* or yoga or acup\* or massag\* or meditat\* or mind-body or hypno\* ) OR AB ( ((complementary or alternative) NEAR1 (medicine)) ) OR AB (tension NEAR2 "trauma releas\*") OR AB ( ((birth\* or childbirth\* or prenatal or "pre natal" or antenatal or "ante natal" or parent\*) NEAR3 (class\* or course\*)) ) OR AB ( ((elective or demand\* or request\*) NEAR2 (c#esarean or surg\* or sectio\*)) ) OR AB ( caseload or doula\* ) OR AB ( ((birth or childbirth or labo#r) NEAR1 (coach\*)) ) OR AB ( ((birth or childbirth or labo#r) NEAR2 (plan\*)) ) OR AB ( ((continuity) NEAR4 (care\* or midwif\*)) ) OR AB "decision aid"

16.	8- 15 (OR)	3,049,766
<b>Limits: language</b>		
17.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
18.	7 AND 16 AND 17	2,518

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ “ = Citation Marks; searches for an exact phrase

## Cochrane Library via Wiley 4 September 2020 (CDSR, Protocols & CENTRAL)

### Title: Fear of Childbirth – Therapy (SBU Utvärderar)

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	MeSH descriptor: [Pregnant Women] explode all trees and with qualifier(s): [psychology - PX]	166
2.	MeSH descriptor: [Delivery, Obstetric] explode all trees and with qualifier(s): [psychology - PX]	100
3.	MeSH descriptor: [Pregnancy] explode all trees and with qualifier(s): [psychology - PX]	235
4.	MeSH descriptor: [Parturition] explode all trees and with qualifier(s): [psychology - PX]	69
5.	1-4 (OR)	447
6.	MeSH descriptor: [Fear] explode all trees	1481
7.	MeSH descriptor: [Phobic Disorders] explode all trees	1340
8.	(fear* OR phobi*):ti,ab,kw	11254
9.	6-8 (OR)	11372

10.	5 AND 9	42
11.	((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal) NEAR/3 (fear* or phobi*)):ti,ab,kw OR (((pre or ante or peri) NEXT/1 (natal)) NEAR/3 (fear* or phobi*)):ti,ab,kw	184
12.	(to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*):ti,ab,kw	3
<b>Combined sets</b>		
13.	10-12 (OR)	200 CDSR/6 Protocols /1 Central/ 193

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review

Protocols= Protocols for Cochrane Reviews

CENTRAL = Cochrane Central Register of Controlled Trials, “trials”

#### Embase via Elsevier 4 September 2020

#### Title: Fear of Childbirth – Therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. 'fear of childbirth'/exp	207
2. to?ophobi*:ab,ti,kw OR parturiphobi*:ab,ti,kw OR lockiophobi*:ab,ti,kw OR maieusiophobi*:ab,ti,kw	72
3. ((childbirth* OR birth* OR delivery OR pregnan* OR labo\$?r OR nullipar* OR obstetric* OR parturit* OR childbearing OR prenatal OR primipar* OR antenatal OR perinatal) NEAR/3 (fear* OR phobi*)):ti,ab,kw	1,538
4. (('pre natal' OR 'ante natal' OR 'peri natal') NEAR/3 (fear* OR phobi*)):ab,kw,ti	1
5. 1-4 (OR)	1,588
<b>Intervention: Therapy</b>	
6. 'psychotherapy'/exp OR 'counseling'/exp OR 'patient education'/exp OR 'patient care planning'/exp OR 'patient care'/de OR 'decision support system'/exp OR 'doula'/exp OR 'midwife'/exp OR 'prenatal care'/de OR 'kinesiotherapy'/exp OR 'acupuncture'/exp OR 'alternative medicine'/exp OR 'meditation'/exp OR 'massage'/exp OR ('cesarean section'/exp AND 'elective surgery'/exp)	1,078,701
7. intervent*:ti,ab OR therap*:ti,ab OR program*:ti,ab OR train*:ti,ab OR educat*:ti,ab OR treat*:ti,ab OR care:ti,ab OR support*:ti,ab OR counsel*:ti,ab OR briefing:ti,ab OR psychotherap*:ti,ab OR haptotherap*:ti,ab OR 'body awareness':ti,ab OR plissit:ti,ab OR 'motivational interview*':ti,ab OR 'acceptance and commitment':ti,ab OR 'cognitive behav*':ti,ab OR cbt:ti,ab OR mindfulness:ti,ab OR mbsr:ti,ab OR emdr:ti,ab OR 'eye movement desensitization and reprocessing':ti,ab OR psychosocial:ti,ab OR psychodynamic*:ti,ab OR interpersonal:ti,ab OR 'applied behavior analysis':ti,ab OR feedback:ti,ab OR biofeedback:ti,ab OR aromatherap*:ti,ab OR desensitizati*:ti,ab OR chronotherap*:ti,ab OR bibliotherap*:ti,ab OR imagery:ti,ab OR suggestion:ti,ab OR 'transactional analysis':ti,ab OR abreaction:ti,ab OR conversation:ti,ab OR psychoeducat*:ti,ab OR yoga:ti,ab OR acup*:ti,ab OR massag*:ti,ab OR meditat*:ti,ab OR	13,705,242

'mind body':ti,ab OR hypno\*:ti,ab OR ((complementary OR alternative) NEAR/2 medicine):ti,ab OR (tension NEAR/3 'trauma releas\*'):ab,ti OR ((birth\* OR childbirth\* OR prenatal OR 'pre natal' OR antenatal OR 'ante natal' OR parent\*) NEAR/4 (class\* OR course\*)):ab,ti OR ((elective OR demand\* OR request\*) NEAR/3 (c\$esarean OR surg\* OR sectio\*)):ab,ti OR caseload:ab,ti OR doula\*:ab,ti OR ((birth OR childbirth OR labo\$R) NEAR/2 coach\*):ab,ti OR ((birth OR childbirth OR labo\$R) NEAR/3 plan\*):ab,ti OR (continuity NEAR/4 (care\* OR midwif\*)):ab,ti OR 'decision aid\*':ab,ti

8.	6 OR 7	13,990,681
<b>Limits: language, human studies</b>		
9.	([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	
10.	('animal'/exp OR 'animal experiment'/exp) NOT ('human'/exp OR 'human experiment'/exp)	5,660,890
<b>Combined sets</b>		
11.	(5 AND 8 AND 9) NOT 10	1,125

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the Emtree controlled vocabulary  
 /exp= Includes terms found below this term in the Emtree hierarchy  
 /mj = Major Topic  
 :ab = Abstract  
 :au = Author  
 :ti = Article Title  
 :ti:ab = Title or abstract  
 \* = Truncation  
 " " = Citation Marks; searches for an exact phrase

#### Medline via OvidSP 4 September 2020

#### Title: Fear of Childbirth – Therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. exp Delivery, Obstetric/px [Psychology] OR Pregnant Women/px [Psychology] OR Pregnancy/px [Psychology] OR exp Parturition/px [Psychology]	8546
2. Anxiety/ OR exp Fear/ OR Phobic Disorders/	116773
3. (fear* or phobi* or anxi*).ti.	78502
4. (to#ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*).af.	45
5. ((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) adj1 natal)) adj3 (fear* or phobi*)).af.	2095
6. 1 AND (2 OR 3)	1099
7. 4-6 (OR)	2718
<b>Intervention: Therapy</b>	
8. exp Psychotherapy/ or exp Counseling/ or exp Patient Education as Topic/ or Education/ or Patient Care Planning/ or Continuity of Patient Care/ or Health Plan Implementation/ or Health Planning/ or Decision Support Techniques/ or Doulas/ or Midwifery/ or Prenatal Care/ or exp exercise movement techniques/ or exp acupuncture therapy/ or exp mind-body therapies/ or meditation/ or yoga/ or Massage/ or (exp Cesarean Section/px [Psychology] AND Elective Surgical Procedures/px [Psychology])	516148
9. intervent* or therap* or program* or train* or educat* or treat* or care or support* or counsel* or briefing or psychotherap* or haptotherap* or "body awareness" or PLISSIT or "motivational interview*" or "acceptance and commitment" or "cognitive behav*" or CBT or mindfulness or MBSR or EMDR or "eye movement desensitization and reprocessing" or psychosocial or psychodynamic* or interpersonal or "applied behavior analysis" or feedback or biofeedback or aromatherap* or desensitizati* or chronotherap* or bibliotherap* or imagery or suggestion or "transactional analysis" or abreaction or conversation or psychoeducat* or yoga or acup* or massag* or meditat* or mind-body or hypno* or ((complementary or alternative) ADJ1 (medicine)) or (tension adj2 "trauma releas*") or ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or	10440831

parent\*) adj3 (class\* or course\*) or ((elective or demand\* or request\*) adj2 (c?esarean or surg\* or sectio\*)) or caseload or doula\* or ((birth or childbirth or labo?r) adj1 (coach\*)) or ((birth or childbirth or labo?r) adj2 (plan\*)) or ((continuity) adj4 (care\* or midwif\*)) or decision aid\*.ti,ab,kf.

10.	8 OR 9	10582581
<b>Limits: language</b>		
11.	(danish or english or norwegian or swedish)	
<b>Combined sets</b>		
12.	7 AND 10 AND 11	1744

The search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab,ti. = Abstract or title

.af.= All fields

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

\* = Focus (if found in front of a MeSH-term)

\* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

## PsycInfo via EBSCO 4 September 2020

### Title: Fear of Childbirth – Therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. DE "Birth" OR DE "Birth Weight" OR DE "Caesarean Birth" OR DE "Labor (Childbirth)" OR DE "Natural Childbirth" OR DE "Premature Birth" OR DE "Pregnancy" OR DE "Adolescent Pregnancy" OR DE "Pregnancy Outcomes" OR DE "Primipara"	59,224
2. DE "Phobias" OR DE "Fear" OR DE "Panic"	33,814
3. TI (fear* or phobi*)	21,952
4. TI ( (to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* ) OR AB ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* )	23
5. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	648
6. 1 AND (2 OR 3)	513
7. 4-6 (OR)	957
<b>Intervention: Therapy</b>	
8. DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Affirmative Therapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Child Psychotherapy" OR DE "Client Centered Therapy" OR DE "Conversion Therapy" OR DE "Couples Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Feminist Therapy" OR DE "Gestalt Therapy" OR DE "Group Psychotherapy" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Hypnotherapy" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Interpersonal Psychotherapy" OR DE "Logotherapy" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Psychotherapeutic Techniques" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE	547,282

"Relationship Therapy" OR DE "Solution Focused Therapy" OR DE "Strategic Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis" OR DE "Treatment" OR DE "Horticulture Therapy" OR DE "Human Potential Movement" OR DE "Integrated Services" OR DE "Intervention" OR DE "Psychoeducation" OR DE "Self-Help Techniques" OR DE "Treatment Planning" OR DE "Adventure Therapy" OR DE "Alternative Medicine" OR DE "Anxiety Management" OR DE "Behavior Modification" OR DE "Bibliotherapy" OR DE "Cognitive Behavior Therapy" OR DE "Cognitive Techniques" OR DE "Computer Assisted Therapy" OR DE "Counseling" OR DE "Creative Arts Therapy" OR DE "Cross Cultural Treatment" OR DE "Hydrotherapy" OR DE "Language Therapy" OR DE "Milieu Therapy" OR DE "Mind Body Therapy" OR DE "Mindfulness-Based Interventions" OR DE "Movement Therapy" OR DE "Multimodal Treatment Approach" OR DE "Multisystemic Therapy" OR DE "Personal Therapy" OR DE "Psychotherapy" OR DE "Relaxation Therapy" OR DE "Sex Therapy" OR DE "Speech Therapy" OR DE "Symptoms Based Treatment" OR DE "Therapeutic Processes" OR DE "Video-Based Interventions" OR DE "Intervention" OR DE "Cognitive Behavior Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Processing Therapy" OR DE "Prolonged Exposure Therapy" OR DE "Cognitive Techniques" OR DE "Cognitive Restructuring" OR DE "Cognitive Therapy" OR DE "Self-Instructional Training" OR DE "Client Education" OR DE "Psychoeducation" OR DE "Childbirth Training" OR DE "Counseling" OR DE "Psychotherapeutic Counseling" OR DE "Continuum of Care" OR DE "Midwifery" DE "Prenatal Care" OR DE "Treatment Planning" OR DE "Decision Making" OR DE "Biofeedback" OR DE "Biofeedback Training" OR DE "Behavior Therapy" OR DE "Aversion Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Systematic Desensitization Therapy" OR DE "Alternative Medicine" OR DE "Acupuncture" OR DE "Aromatherapy" OR DE "Hypnotherapy" OR DE "Age Regression (Hypnotic)" OR DE "Ericksonian Psychotherapy" OR DE "Posthypnotic Suggestions" OR DE "Massage" OR DE "Mind Body Therapy" OR DE "Meditation" OR DE "Mindfulness" OR DE "Psychotherapeutic Techniques" OR DE "Active Listening" OR DE "Animal Assisted Therapy" OR DE "Autogenic Training" OR DE "Brief Relational Therapy" OR DE "Centering" OR DE "Cotherapy" OR DE "Dream Analysis" OR DE "Empty Chair Technique" OR DE "Ericksonian Psychotherapy" OR DE "Free Association" OR DE "Guided Imagery" OR DE "Life Review" OR DE "Mirroring" OR DE "Morita Therapy" OR DE "Motivational Interviewing" OR DE "Mutual Storytelling Technique" OR DE "Network Therapy" OR DE "Paradoxical Techniques" OR DE "Psychodrama" OR DE "Caesarean Birth"

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- |    |   |           |
|----|---|-----------|
| 9. | <p>TI ( intervent* or therap* or program* or train* or educat* or treat* or care or support* or counsel* briefing or psychotherap* or haptotherap* or "body awareness" or PLISSIT or "motivational interview*" or "acceptance and commitment" or "cognitive behav*" or CBT or mindfulness or MBSR or EMDR or "eye movement desensitization and reprocessing" or psychosocial or psychodynamic* or interpersonal or "applied behavior analysis" or feedback or biofeedback or aromatherap* or desensitizati* or chronotherap* or bibliotherap* or imagery or suggestion or "transactional analysis" or abreaction or conversation or psychoeducat* or yoga or acup* or massag* or meditat* or mind-body or hypno* ) OR TI ( ((complementary or alternative) NEAR1 (medicine)) ) OR TI (tension NEAR2 "trauma releas*") OR TI ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent*) NEAR3 (class* or course*)) ) OR TI ( ((elective or demand* or request*) NEAR2 (c#esarean or surg* or sectio*)) ) OR TI ( caseload or doula* ) OR TI ( ((birth or childbirth or labo#r) NEAR1 (coach*)) ) OR TI ( ((birth or childbirth or labo#r) NEAR2 (plan*)) ) OR TI ( ((continuity) NEAR4 (care* or midwif*)) ) OR TI "decision aid" OR AB ( intervent* or therap* or program* or train* or educat* or treat* or care or support* or counsel* briefing or psychotherap* or haptotherap* or "body awareness" or PLISSIT or "motivational interview*" or "acceptance and commitment" or "cognitive behav*" or CBT or mindfulness or MBSR or EMDR or "eye movement desensitization and reprocessing" or psychosocial or psychodynamic* or interpersonal or "applied behavior analysis" or feedback or biofeedback or aromatherap* or desensitizati* or chronotherap* or bibliotherap* or imagery or suggestion or "transactional analysis" or abreaction or conversation or psychoeducat* or yoga or acup* or massag* or meditat* or mind-body or hypno* ) OR AB ( ((complementary or alternative) NEAR1 (medicine)) ) OR AB (tension NEAR2 "trauma releas*") OR AB ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent*) NEAR3 (class* or course*)) ) OR AB ( ((elective or demand* or request*) NEAR2 (c#esarean or surg* or sectio*)) ) OR AB ( caseload or doula* ) OR AB ( ((birth or childbirth or labo#r) NEAR1 (coach*)) ) OR AB ( ((birth or childbirth or</p> | 2,481,876 |
|----|---|-----------|
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labo#r) NEAR2 (plan\*)) ) OR AB ( ((continuity) NEAR4 (care\* or midwif\*)) ) OR AB "decision aid"

10.	8 OR 9	2,577,509
<b>Limits: language</b>		
11.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
12.	7 AND 10 AND 11	590

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

" " = Citation Marks; searches for an exact phrase

## Identification fear of birth

Medline via OvidSP 31 August 2020

Title: Fear of Childbirth – Fear of Birth Scale (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. exp Delivery, Obstetric/px [Psychology] OR Pregnant Women/px [Psychology] OR Pregnancy/px [Psychology] OR exp Parturition/px [Psychology]	8532
2. exp Fear/ OR Phobic Disorders/	41563
3. (fear* or phobi*).ti.	22536
4. (to#ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*).af.	45
5. ((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) adj1 natal)) adj3 (fear* or phobi*).af.	2096
6. 1 AND (2 OR 3)	480
7. 4-6 (OR)	2115
<b>Index test: Fear of Birth Scale</b>	
8. exp "Surveys and Questionnaires"/ OR exp Psychometrics/	1081218
9. (VAS or "visual analog*" or scale* or questionnaire* or instrument* or survey* or tool* or FOBS or assess* or evalu* or measur* or psychometric* or characteristic* or criteria*).ab,kf,ti.	9936246
10. (fear of birth scale OR Wijma or WDEQ* or W-DEQ*).ab,kf,ti.	211
11. 8 OR 9	10214403
<b>Study type: systematic reviews/meta analysis, diagnostic studies</b>	
12. (meta analysis or "systematic review")	
13. exp "Sensitivity and Specificity"/	586125
14. (sensitivity or specificity or accurac* or auroc or "roc curve" or "area under curve" or (predictive and value*) or "likelihood ratio*" or ((pre-test or pretest) adj probability) or "post-test probability").ab,kf,ti.	12015961
15. 13 OR 14	12114742
<b>Limits: Language</b>	
16. (danish or english or norwegian or swedish)	
<b>Combined sets</b>	
17. 7 AND 11	1164
18. 10 OR 17	1236
19. 12 AND 16 AND 18	26



The search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab,ti. = Abstract or title

.af.= All fields

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

\* = Focus (if found in front of a MeSH-term)

\* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

## Cinahl via EBSCO 2 September 2020

### Title: Fear of Childbirth – Fear of Birth Scale (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. (MH "Fear") OR (MH "Fear (NANDA)") OR (MH "Fear (Saba CCC)") OR (MH "Phobic Disorders")	14,962
2. (MH "Delivery, Obstetric/PF") OR (MH "Childbirth/PF") OR (MH "Term Birth/PF") OR (MH "Vaginal Birth/PF") OR (MH "Vaginal Birth After Cesarean/PF") OR (MH "Labor/PF") OR (MH "Parity/PF") OR (MH "Pregnancy, Multiple+/PF") OR (MH "Pregnancy Trimesters/PF") OR (MH "Pregnancy/PF") OR (MH "Labor Pain/PF") OR (MH "Expectant Mothers/PF")	5,550
3. TI ( fear* OR phobi* ) OR AB ( fear* OR phobi* )	36,999
4. (1 OR 3) AND 2	585
5. TI ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* ) OR AB ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* )	29
6. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	739
7. 4-6 (OR)	1,181
<b>Index test: Fear of Birth Scale</b>	
8. (MH "Questionnaires") OR (MH "Open-Ended Questionnaires") OR (MH "Structured Questionnaires") OR (MH "Scales") OR (MH "Visual Analog Scaling")	671,533
9. TI ( VAS OR "visual analog*" OR scale* or questionnaire* or instrument* or survey* or tool* or FOBS) OR AB ( VAS OR "visual analog*" OR scale* or questionnaire* or instrument* or survey* or tool* or FOBS)	781,255
10. 8 OR 9	1,137,330
11. TI ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* ) OR AB ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* )	103
<b>Limits: language</b>	
12. Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>	
13. ((7 AND 10) OR 11) AND 12	488

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author  
 DE = Term from the thesaurus  
 MM = Major Concept  
 TI = Title  
 TX = All Text. Performs a keyword search of all the database's searchable fields  
 ZC = Methodology Index  
 \* = Truncation  
 " " = Citation Marks; searches for an exact phrase

**Cochrane Library via Wiley 2 September 2020 (CDSR, Protocols & CENTRAL)**  
**Title: Fear of Childbirth – Fear of Birth Scale (SBU Utvärderar)**

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	MeSH descriptor: [Pregnant Women] explode all trees and with qualifier(s): [psychology - PX]	166
2.	MeSH descriptor: [Delivery, Obstetric] explode all trees and with qualifier(s): [psychology - PX]	100
3.	MeSH descriptor: [Pregnancy] explode all trees and with qualifier(s): [psychology - PX]	236
4.	MeSH descriptor: [Parturition] explode all trees and with qualifier(s): [psychology - PX]	69
5.	1-4 (OR)	447
6.	MeSH descriptor: [Fear] explode all trees	1481
7.	MeSH descriptor: [Phobic Disorders] explode all trees	1340
8.	(fear* OR phobi*):ti,ab,kw	11254
9.	6-8 (OR)	11372
10.	5 AND 9	42
11.	((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal) NEAR/3 (fear* or phobi*):ti,ab,kw OR (((pre or ante or peri) NEXT/1 (natal)) NEAR/3 (fear* or phobi*):ti,ab,kw	184
12.	(to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*):ti,ab,kw	3
13.	10-12 (OR )	186
<b>Index test: Fear of Birth Scale</b>		
14.	("fear of birth scale" OR Wijma or WDEQ* or W-DEQ*):ti,ab,kw	62
<b>Combined sets</b>		
15.	13 OR 14	CDSR/6 Protocols /1 Central/ 201

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author  
 MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy  
 this term only = Does not include terms found below this term in the MeSH hierarchy  
 :ti = title  
 :ab = abstract  
 :kw = keyword  
 \* = Truncation  
 " " = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review  
 Protocols= Protocols for Cochrane Reviews  
 CENTRAL = Cochrane Central Register of Controlled Trials, "trials"

Embase via Elsevier 31 August 2020

Title: Fear of Childbirth – Fear of Birth Scale (SBU Utvärderar)

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	'fear of childbirth'/exp	207
2.	'fear'/de OR 'phobia'/de	75,438
3.	fear*:ab,kw,ti OR phobi*:ab,kw,ti	125,932
4.	'childbirth'/de OR 'labor'/de OR 'labor pain'/exp OR 'pregnancy'/exp OR 'pregnant woman'/exp OR 'parity'/exp OR 'obstetric delivery'/de OR 'home delivery'/exp OR 'instrumental delivery'/exp OR 'natural childbirth'/exp OR 'vaginal birth after cesarean'/exp OR 'vaginal delivery'/exp	927,226
5.	(2 OR 3) AND 4	5,732
6.	to?ophobi*:ab,ti,kw OR parturiphobi*:ab,ti,kw OR lockiophobi*:ab,ti,kw OR maieusiophobi*:ab,ti,kw	72
7.	((childbirth* OR birth* OR delivery OR pregnan* OR labo\$R OR nullipar* OR obstetric* OR parturit* OR childbearing OR prenatal OR primipar* OR antenatal OR perinatal) NEAR/3 (fear* OR phobi*)):ti,kw	506
8.	(('pre natal' OR 'ante natal' OR 'peri natal') NEAR/3 (fear* OR phobi*)):ab,kw,ti	1
9.	1 OR 5 OR 6 OR 7 OR 8	5,806
<b>Index test: Fear of Birth Scale</b>		
10.	'wijma delivery expectancy questionnaire'/exp OR 'questionnaire'/de OR 'structured questionnaire'/exp OR 'visual analog scale'/exp OR 'survey'/exp OR 'surveys'/exp OR 'psychometry'/de	848,001
11.	vas:ab,kw,ti OR 'visual analog*':ab,kw,ti OR scale*:ab,kw,ti OR questionnaire*:ab,kw,ti OR instrument*:ab,kw,ti OR survey*:ab,kw,ti OR tool*:ab,kw,ti OR fobs:ab,kw,ti	3,435,843
12.	10 OR 11	3,599,765
13.	'fear of birth scale':ab,kw,ti OR wijma:ab,kw,ti OR wdeq*:ab,kw,ti OR 'w deq*':ab,kw,ti OR wdeeq*:ab,kw,ti OR 'w deeq*':ab,kw,ti	189
<b>Study types: systematic reviews/meta-analysis, diagnostic studies</b>		
14.	'systematic review'/de	257,836
15.	'meta analysis'/de	192,214
16.	[cochrane review]/lim	21,590
17.	(systematic* NEXT/3 (review* OR overview)):ti,ab OR (systematic* NEXT/3 bibliographic*):ti,ab OR (systematic* NEXT/3 literature):ti,ab OR (meta-analy* OR metaanaly*):ti,ab	375,222
18.	14-17 (OR)	471,387
19.	'sensitivity and specificity'/exp OR 'predictive value'/exp OR 'receiver operating characteristic'/exp OR 'diagnostic accuracy'/exp OR 'accuracy'/exp OR 'likelihood ratio'/exp	866,178
20.	sensitivity:ab,kw,ti OR specificity:ab,kw,ti OR accurac*:ab,kw,ti OR auROC:ab,kw,ti OR 'roc curve':ab,kw,ti OR 'area under curve':ab,kw,ti OR 'predictive value*':ab,kw,ti OR 'likelihood ratio*':ab,kw,ti OR 'pre-test probability':ab,kw,ti OR 'pretest probability':ab,kw,ti OR 'post-test probability':ab,kw,ti OR identif*:ab,kw,ti OR score*:ab,kw,ti OR detect*:ab,kw,ti OR diagnos*:ab,kw,ti	10,826,628
21.	19 OR 20	10,997,246
<b>Limits:</b>		
22.	([article]/lim OR [article in press]/lim OR [erratum]/lim OR [letter]/lim OR [note]/lim OR [review]/lim	30,770,105
23.	([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	
<b>Combined sets</b>		
24.	9 AND 12	2,147
25.	13 OR 24	2,171
26.	18 AND 23 AND 25	63
27.	21 AND 22 AND 23 AND 25	689

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the Emtree controlled vocabulary  
 /exp= Includes terms found below this term in the Emtree hierarchy  
 /mj = Major Topic  
 :ab = Abstract  
 :au = Author  
 :ti = Article Title  
 :ti:ab = Title or abstract  
 \* = Truncation  
 " " = Citation Marks; searches for an exact phrase

## PsycINFO via EBSCO 31 August 2020

### Title: Fear of Childbirth – Fear of Birth Scale (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. DE "Birth" OR DE "Birth Weight" OR DE "Caesarean Birth" OR DE "Labor (Childbirth)" OR DE "Natural Childbirth" OR DE "Premature Birth" OR DE "Pregnancy" OR DE "Adolescent Pregnancy" OR DE "Pregnancy Outcomes" OR DE "Primipara"	59,177
2. DE "Phobias" OR DE "Fear" OR DE "Panic"	33,791
3. TI (fear* or phobi*)	21,924
4. TI ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* ) OR AB ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* )	23
5. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	647
6. 1 AND (2 OR 3)	512
7. 4-6 (OR)	955
<b>Index test: Fear of Birth Scale</b>	
8. DE "Surveys" OR DE "Questionnaires" OR DE "Psychometrics"	114,568
9. TI ( VAS OR "visual analog*" OR scale* or questionnaire* or instrument* or survey* or tool* or FOBS or assess* or evalu* or measur* or psychometric* or characteristic* or criteria* ) OR AB ( VAS OR "visual analog*" OR scale* or questionnaire* or instrument* or survey* or tool* or FOBS or assess* or evalu* or measur* or psychometric* or characteristic* or criteria* )	2,216,699
10. 8 OR 9	2,224,506
11. TI ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* ) OR AB ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* ) OR TM ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* ) OR KW ( "fear of birth scale" OR Wijma or WDEQ* or W-DEQ* or WDE/EQ* or W-DE/EQ* )	105
<b>Study types: Systematic reviews, meta analysis</b>	
12. ( DE "Meta Analysis" OR ZC "systematic review" OR ZC "meta analysis" OR DE "Systematic Review" ) OR ( TX (systematic* N3 review*) OR TX (metaanaly* OR meta-analy* OR "meta analy*" ) ) OR ( TX ((systematic* n3 bibliographic*) OR (systematic* n3 literature) OR (comprehensive* n3 literature) OR (comprehensive* n3 bibliographic*) OR (integrative n3 review) OR (information n2 synthesis) OR (data n2 synthesis) OR (data n2 extract*)) OR JN ("Cochrane Database of Systematic Reviews") )	78,438
<b>Study types: diagnostic studies</b>	
13. sensitiv* or specificity or accurac* or auroc or "roc curve" or "area under curve" or diagnos* or identif* or (predictive AND value*) or score* or detect* or analys* or examin* or diagnos* or likelihood ratio* or ((pre-test or pretest) ADJ probability) or post-test probability	2,659,239
<b>Limits: language</b>	
14. Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>	
15. ((7 AND 10) OR 11) AND 12 AND 14	14

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

## Health economy fear of birth

Cinahl via EBSCO 5 November 2020

Title: Fear of Childbirth – Economic Evaluations (SBU Utvärderar)

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. (MH "Vaginal Birth After Cesarean") OR (MH "Vaginal Birth") OR (MH "Breech Delivery") OR (MH "Delivery, Obstetric") OR (MH "Labor") OR (MH "Term Birth") OR (MH "Childbirth, Premature") OR (MH "Childbirth") OR (MH "Labor Pain") OR (MH "Pregnancy, High Risk") OR (MH "Pregnancy, Multiple") OR (MH "Pregnancy, Quadruplet") OR (MH "Pregnancy, Quintuplet") OR (MH "Pregnancy, Triplet") OR (MH "Pregnancy, Twin") OR (MH "Superfetation") OR (MH "Pregnancy, Unplanned") OR (MH "Pregnancy, Unwanted") OR (MH "Pregnancy") OR (MH "Expectant Mothers") OR (MH "Primiparas")	216,590
2. (MH "Fear") OR (MH "Fear (NANDA)") OR (MH "Fear (Saba CCC)") OR (MH "Phobic Disorders") OR (MH "Catastrophization") OR (MH "Anxiety")	57,300
3. TI (fear* or phobi* or anxi*)	33,819
4. TX (to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*)	89
5. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	935
6. 1 AND (2 OR 3)	3,350
7. 4-6 (OR)	3,848
<b>Health economic aspects</b>	
8. (MH "Economics+") OR (MH "Health Resource Allocation") OR (MH "Health Resource Utilization")	852,808
9. TI ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* ) OR AB ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* )	240,615
10. TI ( expenditure* NOT energy ) OR AB ( expenditure* NOT energy )	12,441
11. TI ( ((value N1 money) OR budget*) ) OR AB ( ((value N1 money) OR budget*) )	14,021
12. 8-11 (OR)	996,324
<b>Limits: language</b>	
13. Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>	
14. 7 AND 12 AND 13	659

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus  
MM = Major Concept  
TI = Title  
TX = All Text. Performs a keyword search of all the database's searchable fields  
ZC = Methodology Index  
\* = Truncation  
" " = Citation Marks; searches for an exact phrase

**Cochrane Library via Wiley 29 October 2020 (CDSR, Protocols & CENTRAL)**  
**Title: Fear of Childbirth – economic evaluations (SBU Utvärderar)**

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	MeSH descriptor: [Pregnant Women] explode all trees and with qualifier(s): [psychology - PX]	170
2.	MeSH descriptor: [Delivery, Obstetric] explode all trees and with qualifier(s): [psychology - PX]	102
3.	MeSH descriptor: [Pregnancy] explode all trees and with qualifier(s): [psychology - PX]	238
4.	MeSH descriptor: [Parturition] explode all trees and with qualifier(s): [psychology - PX]	69
5.	1-4 (OR)	455
6.	MeSH descriptor: [Fear] explode all trees	1490
7.	MeSH descriptor: [Phobic Disorders] explode all trees	1344
8.	(fear* OR phobi*):ti,ab,kw	11335
9.	6-8 (OR)	11453
10.	5 AND 9	42
11.	((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal) NEAR/3 (fear* or phobi*):ti,ab,kw OR ((pre or ante or peri) NEXT/1 (natal)) NEAR/3 (fear* or phobi*):ti,ab,kw	185
12.	(to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*):ti,ab,kw	3
13.	10-12 (OR )	200
<b>Combined sets</b>		
14.	13	CDSR/6 Protocols /1 Central/ 193

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author  
MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy  
this term only = Does not include terms found below this term in the MeSH hierarchy  
:ti = title  
:ab = abstract  
:kw = keyword  
\* = Truncation  
" " = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review  
Protocols= Protocols for Cochrane Reviews  
CENTRAL = Cochrane Central Register of Controlled Trials, "trials"

**DARE, NHS EED, HTA Database via CRD 29 October 2020**  
**Title: Fear of Childbirth – economic evaluations (SBU Utvärderar)**

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	MeSH DESCRIPTOR delivery, obstetric EXPLODE ALL TREES WITH QUALIFIER PX IN DARE,NHSEED,HTA	7
2.	MeSH DESCRIPTOR pregnant women EXPLODE ALL TREES WITH QUALIFIER PX IN DARE,NHSEED,HTA	11
3.	MeSH DESCRIPTOR pregnancy EXPLODE ALL TREES WITH QUALIFIER PX IN DARE,NHSEED,HTA	17
4.	MeSH DESCRIPTOR parturition EXPLODE ALL TREES WITH QUALIFIER PX IN DARE,NHSEED,HTA	4
5.	1-4 (OR)	30
6.	MeSH DESCRIPTOR anxiety IN DARE,NHSEED,HTA	308
7.	MeSH DESCRIPTOR fear EXPLODE ALL TREES IN DARE,NHSEED,HTA	36
8.	MeSH DESCRIPTOR phobic disorders EXPLODE ALL TREES IN DARE,NHSEED,HTA	47
9.	(fear* or phobi* or anxi*):TI IN DARE, NHSEED, HTA	398
10.	6-9 (OR)	603
11.	(tocophobi* or tokophobi* or parturiphobi* or lockiophobi* or maieusiophobi*) IN DARE, NHSEED, HTA	1
12.	((childbirth* or birth* or delivery or pregnan* or labor or labour or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal) NEAR3 (fear* or phobi*)) IN DARE, NHSEED, HTA	1
13.	(("pre natal" or "ante natal" or "peri natal") NEAR3 (fear* or phobi*)) IN DARE, NHSEED, HTA	0
14.	(5 AND 10) OR 11 OR 12 OR 13	4
<b>Combined sets</b>		
15.	(5 AND 10) OR 11 OR 12 OR 13	4

The search result, usually found at the end of the documentation, forms the list of abstracts.

## Embbase via Elsevier 29 October 2020

### Title: Fear of Childbirth – economic evaluations (SBU Utvärderar)

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	'fear of childbirth'/exp	220
2.	to?ophobi*:ab,ti,kw OR parturiphobi*:ab,ti,kw OR lockiophobi*:ab,ti,kw OR maieusiophobi*:ab,ti,kw	74
3.	((childbirth* OR birth* OR delivery OR pregnan* OR labo\$ŕ OR nullipar* OR obstetric* OR parturit* OR childbearing OR prenatal OR primipar* OR antenatal OR perinatal) NEAR/3 (fear* OR phobi*)):ti,ab,kw	1,574
4.	(("pre natal" OR "ante natal" OR "peri natal") NEAR/3 (fear* OR phobi*)):ab,kw,ti	1
5.	1-4 (OR)	1,627
<b>Health economic aspects</b>		
6.	('health economics'/de OR 'economic evaluation'/exp OR 'health care cost'/exp OR 'pharmacoeconomics'/exp OR econom*:ab,ti OR cost:ab,ti OR costs:ab,ti OR costly:ab,ti OR costing:ab,ti OR price:ab,ti OR prices:ab,ti OR pricing:ab,ti OR pharmacoeconomic*:ab,ti OR (expenditure*:ti,ab NOT energy:ti,ab) OR ((value NEXT/2 money):ab,ti) OR budget*:ab,ti) NOT (((metabolic NEXT/2 cost):ab,ti) OR (((energy OR oxygen) NEXT/2 cost):ab,ti) OR ((energy OR oxygen) NEAR/2 expenditure):ab,ti))	1,471,124
<b>Limits: language</b>		
7.	([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	
<b>Combined sets</b>		
8.	5 AND 6 AND 7	125

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the Emtree controlled vocabulary  
 /exp= Includes terms found below this term in the Emtree hierarchy  
 /mj = Major Topic  
 :ab = Abstract  
 :au = Author  
 :ti = Article Title  
 :ti:ab = Title or abstract  
 \* = Truncation  
 " " = Citation Marks; searches for an exact phrase

**International HTA Database via INAHTA 29 October 2020**  
**Title: Fear of Childbirth – economic evaluations (SBU Utvärderar)**

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	"Delivery, Obstetric"[mhe]	32
2.	"Pregnant Women"[mh]	9
3.	"Pregnancy"[mh]	268
4.	"Parturition"[mhe]	11
5.	1-4 (OR)	288
6.	"Anxiety"[mh]	43
7.	"Fear"[mhe]	5
8.	"Phobic Disorders"[mhe]	2
9.	(fear* OR phobi*)[title]	2
10.	6-9 (OR)	46
11.	5 AND 10	2
12.	(tocophobi* or tokophobi* or parturiphobi* or lockiophobi* or maieusiophobi*)	0
13.	"fear of childbirth" or "fear of birth" or "fear of delivery" or "fear of pregnancy" or "fear of labor" or "fear of labour" or "fear of obstetric" or "fear of parturition" or "fear of childbearing" or "prenatal fear" or "childbirth fear" or "birth fear" or "labor fear" or "labour fear" or "antenatal fear" or "perinatal fear" or "childbirth phobia" or "birth phobia" or "delivery phobia" or "pregnancy phobia" or "labor phobia" or "labour phobia"	0
<b>Combined sets</b>		
14.	11-13 (OR)	2

The search result, usually found at the end of the documentation, forms the list of abstracts.

**Medline via OvidSP 29 October 2020**  
**Title: Fear of Childbirth – economic evaluations (SBU Utvärderar)**

Search terms		Items found
<b>Population: Fear of childbirth</b>		
1.	exp Delivery, Obstetric/px [Psychology] OR Pregnant Women/px [Psychology] OR Pregnancy/px [Psychology] OR exp Parturition/px [Psychology]	8677
2.	Anxiety/ OR exp Fear/ OR Phobic Disorders/	117998
3.	(fear* or phobi* or anxi*).ti.	79307
4.	(to#ophobi* or parturiphobi* or lockiophobi* or maieusiophobi*).af.	48
5.	((childbirth* or birth* or delivery or pregnan* or labo?r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) adj1 natal)) adj3 (fear* or phobi*)).af.	2117
6.	1 AND (2 OR 3)	1123
7.	4-6 (OR)	2758



**Health economic aspects (filter: NHS EED<sup>1</sup>)**

8.	(economics/ OR exp "costs and cost analysis"/ OR economics, dental/ OR exp "economics, hospital"/ OR economics, medical/ OR economics, nursing/ OR economics, pharmaceutical/ OR (economic\$ or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic\$.ti,ab. OR (expenditure\$ not energy).ti,ab OR (value adj1 money).ti,ab. OR budget\$.ti,ab.) NOT (((energy or oxygen) adj cost).ti,ab. OR (metabolic adj cost).ti,ab. OR ((energy or oxygen) adj expenditure).ti,ab.) NOT (letter.pt or historical article.pt.)	939829
<b>Limits: language</b>		
9.	(danish or english or norwegian or swedish)	
<b>Combined sets</b>		
<b>10.</b>	<b>7 AND 8 AND 9</b>	<b>137</b>

The search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab,ti. = Abstract or title

.af.= All fields

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

\* = Focus (if found in front of a MeSH-term)

\* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

**PsycInfo via EBSCO 29 October 2020****Title: Title: Fear of Childbirth – Economic evaluations (SBU Utvärderar)**

Search terms	Items found
<b>Population: Fear of childbirth</b>	
1. DE "Birth" OR DE "Birth Weight" OR DE "Caesarean Birth" OR DE "Labor (Childbirth)" OR DE "Natural Childbirth" OR DE "Premature Birth" OR DE "Pregnancy" OR DE "Adolescent Pregnancy" OR DE "Pregnancy Outcomes" OR DE "Primipara"	59,594
2. DE "Phobias" OR DE "Fear" OR DE "Panic"	34,012
3. TI (fear* or phobi*)	22,078
4. TI ( (to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* ) OR AB ( to?ophobi* or parturiphobi* or lockiophobi* or maieusiophobi* )	23
5. TI ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) ) OR AB ( ((childbirth* or birth* or delivery or pregnan* or labo#r or nullipar* or obstetric* or parturit* or childbearing or prenatal or primipar* or antenatal or perinatal or ((pre or ante or peri) N1 natal)) N3 (fear* or phobi*)) )	655
6. 1 AND (2 OR 3)	515
7. 4-6 (OR)	965
<b>Health economic aspects</b>	
8. DE "Economics" OR DE "Behavioral Economics" OR DE "Economic Development" OR DE "Economic Security" OR DE "Economy" OR DE "Evolutionary Economics" OR DE "Finance" OR DE "Health Care Economics" OR DE "Human Capital" OR DE "Income (Economic)" OR DE "Insurance" OR DE "Neuroeconomics" OR DE "Pharmacoeconomics" OR DE "Supply and Demand"	45,437
9. (DE "Costs and Cost Analysis" OR DE "Budgets" OR DE "Cost Containment" OR DE "Health Care Costs" OR DE "Money")	33,356

<sup>1</sup> <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>

10.	( TI ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* ) OR AB ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* ) ) OR ( TI ( expenditure* NOT energy ) OR AB ( expenditure* NOT energy ) ) OR ( TI ( ((value N1 money) OR budget* ) ) OR AB ( ((value N1 money) OR budget* ) ) )	228,541
11.	8-10 (OR)	249,083
<b>Limits: language</b>		
12.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
13.	7 AND 11 AND 12	34

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

## Depression and anxiety during pregnancy

Cinahl via EBSCO 15 September 2020

Title: Mild to moderate depression or anxiety during pregnancy – therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. (MH "Dysthymic Disorder") OR (MH "Depression") OR (MH "Depression, Reactive") OR (MH "Seasonal Affective Disorder") OR (MH "Anxiety") OR (MH "Catastrophization") OR (MH "Generalized Anxiety Disorder") OR (MH "Phobic Disorders") OR (MH "Social Anxiety Disorders") OR (MH "Belonephobia") OR (MH "Obsessive-Compulsive Disorder") OR (MH "Panic Disorder") OR (MH "Agoraphobia") OR (MH "Anxiety Disorders") OR (MH "Anxiety (NANDA)") OR (MH "Anxiety (Saba CCC)")	144,161
2. ( TI ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* ) OR AB ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* ) ) OR ( TI ( (fear* or phobi*) N3 (social or blood or inject* or needle*) ) OR AB ( (social or blood or inject* or needle*) N3 (fear* or phobi*) ) )	194,674
3. 1 OR 2	232,826
<b>Population: Pregnancy</b>	
4. (MH "Pregnancy") OR (MH "Pregnancy Complications") OR (MH "Pregnancy in Adolescence+") OR (MH "Pregnancy, Multiple+") OR (MH "Pregnancy Trimesters+") OR (MH "Pregnancy, Unplanned") OR (MH "Pregnancy, Unwanted") OR (MH "Pregnancy (Omaha)") OR (MH "Expectant Mothers")	202,974
5. ( TI ( antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*" ) OR ( AB ( antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*" ) )	172,189
6. 4 OR 5	262,033
<b>Intervention: Psychoeducation, counseling, psychotherapy/psychologic therapy (including CBT, IPT, short term-PDT)</b>	
7. (MH "Patient Education")	65,971
8. (MH "Motivational Interviewing") OR (MH "Counseling") OR (MH "Prenatal Care") OR (MH "Prepregnancy Care")	50,513

9.	(MH "Psychotherapy, Psychodynamic") OR (MH "Psychotherapy, Group") OR (MH "Psychotherapy, Brief") OR (MH "Psychotherapy") OR (MH "Behavior Modification") OR (MH "Assertiveness Training") OR (MH "Behavior Contracting") OR (MH "Mindfulness") OR (MH "Acceptance and Commitment Therapy") OR (MH "Cognitive Therapy") OR (MH "Dialectical Behavior Therapy") OR (MH "Biofeedback") OR (MH "Applied Behavior Analysis") OR (MH "Cognitive Remediation") OR (MH "Hypnosis") OR (MH "Posthypnotic Suggestion") OR (MH "Guided Imagery")	59,457
10.	TI ( psychoeducat* or "psycho educat*" ) OR TI ( (educat* N1 (intervent* or program* ) ) OR TI ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent* ) N3 (class* or course* ) ) OR AB ( psychoeducat* or "psycho educat*" ) OR AB ( (educat* N1 (intervent* or program* ) ) OR AB ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent* ) N3 (class* or course* ) ) )	47,133
11.	TI ( counsel* or psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or "motivational interview*" or anger management therap* or gestalt therapy or "applied behavior analysis" or "aversive therap*" or conversation or biofeedback or feedback ) OR TI ( (cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) N2 (therap* or treat* or intervent* or techniq* or approach* or psychotherap* ) OR TI ( (cognitiv* or dialectic* ) N1 (behav* ) ) OR AB ( counsel* or psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or "motivational interview*" or anger management therap* or gestalt therapy or "applied behavior analysis" or "aversive therap*" or conversation or biofeedback or feedback ) OR AB ( (cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) N2 (therap* or treat* or intervent* or techniq* or approach* or psychotherap* ) ) OR AB ( (cognitiv* or dialectic* ) N1 (behav* ) )	176,569
12.	7-11 (OR)	332,246
<b>Limits: language</b>		
13.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
14.	3 AND 6 AND 12 AND 13	2,526

The search result, usually found at the end of the documentation, forms the list of abstracts.

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AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

## Cochrane Library via Wiley 15 September 2020 (CDSR, Protocols & CENTRAL)

### Title: Mild to moderate depression or anxiety during pregnancy – therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. [mh ^Depression]	12063
2. [mh ^"Depressive Disorder"]	7795
3. [mh ^"Depressive Disorder, Major"]	4883
4. [mh ^"Dysthymic Disorder"]	178
5. [mh ^"Seasonal Affective Disorder"]	174
6. [mh ^Anxiety]	7339
7. [mh ^Catastrophization]	159
8. [mh ^"Anxiety Disorders"]	3704
9. [mh ^Agoraphobia]	428
10. [mh ^"Obsessive-Compulsive Disorder"]	1016
11. [mh ^"Panic Disorder"]	937

12.	[mh ^"Phobic Disorders"]	1158
13.	[mh ^"Phobia, Social"]	197
14.	(anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or "agoraphobi*" or "catastrophizat*" or "seasonal affective disord*" or "dysthym*" or "social phobia" or ((fear* or phobi*) NEAR/3 (injection* or needle* or blood*)))	114638
15.	1-14 (OR)	110122
<b>Population: Pregnancy</b>		
16.	[mh Pregnancy]	21748
17.	[mh "Pregnancy in adolescence"]	184
18.	[mh ^"Pregnancy, High-Risk"]	173
19.	[mh "Pregnancy, Multiple"]	247
20.	[mh "Pregnancy, Unplanned"]	79
21.	[mh "Pregnancy, Unwanted"]	42
22.	[mh "Pregnancy Complications"]	11654
23.	[mh "Pregnant Women"]	258
24.	[mh "Pregnancy Trimesters"]	1722
25.	((antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*")):ti,ab,kw.	70072
26.	16-25 (OR)	71887
<b>Intervention: Counseling</b>		
27.	[mh ^"Counseling"]	4146
28.	counsel*	22461
29.	27 or 28	22461
<b>Intervention: Psychoeducation</b>		
30.	[mh ^"Patient Education as Topic"]	8764
31.	[mh ^"Prenatal Education"]	40
32.	psychoeducat* or psycho NEXT educat*):ti,ab,kw OR ((educat* NEAR/1 intervent* or (educat* NEAR/1 program*) or ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent*) NEAR/3 (class* or course*))) :ti,ab,kw (Word variations have been searched)	18895
33.	30-32 (OR)	25525
<b>Intervention: Psychotherapy/psychologic therapy (including CBT, IPT, short term-PDT)</b>		
34.	[mh Psychotherapy]	23560
35.	(psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or motivational NEXT interview* or "anger management" NEXT therap* or "gestalt therapy" or "applied behavior analysis" or aversive NEXT therap* or conversation or biofeedback or feedback):ti,ab,kw OR (((cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) NEAR/2 (therap* or treat* or intervent* or techniq* or approach*)):ti,ab,kw OR (((cognitiv* or dialectic*) NEAR/1 behav*)):ti,ab,kw	107204
36.	34 OR 35	110041
<b>Combined sets</b>		
37.	15 AND 26 AND (29 OR 33 OR 36)	CDSR/91 Protocols/ 1 Central/16 57

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

\* = Truncation

“ “ = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review  
 Protocols= protocols for Cochrane reviews  
 CENTRAL = Cochrane Central Register of Controlled Trials, "trials"

Embase via Elsevier 14 September 2020

Title: Mild to moderate depression or anxiety during pregnancy – therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. 'depression'/mj OR 'perinatal depression'/mj OR 'antenatal depression'/exp/mj OR 'dysthymia'/exp/mj OR 'endogenous depression'/exp/mj OR 'major depression'/exp/mj OR 'masked depression'/exp/mj OR 'melancholia'/exp/mj OR 'minor depression'/exp/mj OR 'organic depression'/exp/mj OR 'reactive depression'/exp/mj OR 'recurrent brief depression'/exp/mj OR 'seasonal affective disorder'/exp/mj OR 'subsyndromal depression'/exp/mj OR 'catastrophizing'/exp/mj OR 'distress syndrome'/exp/mj OR 'generalized anxiety disorder'/exp/mj OR 'mixed anxiety and depression'/exp/mj OR 'obsessive compulsive disorder'/exp/mj OR 'panic'/exp/mj OR 'phobia'/mj OR 'agoraphobia'/exp/mj OR 'blood-injection-injury phobia'/exp/mj OR 'social phobia'/exp/mj OR 'anxiety'/mj OR 'anxiety disorder'/mj	284,879
2. anxiety:ab,ti OR depression:ab,ti OR depressive:ab,ti OR 'obsessive compulsive':ab,ti OR 'panic disorder*':ab,ti OR agoraphobi*':ab,ti OR catastrophizat*':ab,ti OR 'seasonal affective disord*':ab,ti OR dysthym*':ab,ti OR 'social phobia':ab,ti OR (((fear* OR phobi*) NEAR/3 (injection* OR needle* OR blood*)):ab,ti)	684,705
3. 1 OR 2	739,396
<b>Population: Pregnancy</b>	
4. 'pregnancy'/mj OR 'first trimester pregnancy'/exp/mj OR 'adolescent pregnancy'/exp/mj OR 'multiple pregnancy'/exp/mj OR 'second trimester pregnancy'/exp/mj OR 'third trimester pregnancy'/exp/mj OR 'unplanned pregnancy'/exp/mj OR 'unwanted pregnancy'/exp/mj OR 'pregnancy complication'/mj OR 'expectant mother'/exp/mj OR 'pregnant woman'/exp/mj	268,354
5. antenatal:ti OR 'ante natal':ti OR prenatal:ti OR 'pre natal':ti OR perinatal:ti OR 'peri natal':ti OR pregnan*':ti OR trimester*':ti OR nullipar*':ti OR childbear*':ti OR 'mid-pregnan*':ti	392,722
6. 4 OR 5	469,687
<b>Intervention: Psychoeducation, counseling, psychotherapy/psychologic therapy (including CBT, IPT, short term-PDT)</b>	
7. 'patient education'/exp OR 'counseling'/de OR 'directive counseling'/exp OR 'e-counseling'/exp OR 'motivational interviewing'/exp OR 'patient guidance'/exp OR 'psychotherapy'/de OR 'assertive training'/exp OR 'behavior contracting'/exp OR 'behavior modification'/exp OR 'behavior therapy'/exp OR 'client centered therapy'/exp OR 'cognitive behavioral therapy'/exp OR 'cognitive therapy'/exp OR 'emotion-focused therapy'/exp OR 'gestalt therapy'/exp OR 'group therapy'/exp OR 'guided imagery'/exp OR 'hypnosis'/exp OR 'interpersonal psychotherapy'/exp OR 'mentalization-based treatment'/exp OR 'mindfulness'/exp OR 'narrative therapy'/exp OR 'psychodynamic psychotherapy'/exp OR 'rational emotive behavior therapy'/exp OR 'short term psychotherapy'/exp OR 'sociotherapy'/exp OR 'validation therapy'/exp OR 'perinatal care'/de	410,913
8. psychoeducat*':ti,ab OR 'psycho educat*':ti,ab	10,118
9. ((educat* NEAR/1 (intervent* OR program*)):ti,ab) OR (((birth* OR childbirth* OR prenatal OR 'pre natal' OR antenatal OR 'ante natal' OR parent*) NEAR/3 (class* OR course*)):ti,ab)	82,093
10. counsel*':ti,ab OR psychotherap*':ti,ab OR mindfulness:ti,ab OR psychodynamic*':ti,ab OR 'acceptance and commitment':ti,ab OR 'motivational interview*':ti,ab OR 'anger management therap*':ti,ab OR 'gestalt therapy':ti,ab OR 'applied behavior analysis':ti,ab OR 'aversive therap*':ti,ab OR conversation:ti,ab OR biofeedback:ti,ab OR feedback:ti,ab	438,662
11. (((cognitiv* OR behav* OR psycholog* OR interpersonal* OR hypno* OR narrative) NEAR/2 (therap* OR treat* OR intervent* OR techniq* OR approach* OR psychotherap*)):ti,ab) OR (((cognitiv* OR dialectic*) NEAR/1 behav*):ti,ab)	132,194
12. 7-11 (OR)	861,463

**Limits: publication type, language**

13.	[article]/lim OR [article in press]/lim OR [erratum]/lim OR [letter]/lim OR [note]/lim OR [review]/lim	
14.	[danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim	
<b>Combined sets</b>		
<b>15.</b>	<b>3 AND 6 AND 12 AND 13 AND 14</b>	<b>1,518</b>

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the EMTREE controlled vocabulary

/exp= Includes terms found below this term in the EMTREE hierarchy

/mj = Major Topic

:ab = Abstract

:au = Author

:ti = Article Title

:ti:ab = Title or abstract

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

**Medline via OvidSP 14 September 2020****Title: Mild to moderate depression or anxiety during pregnancy – therapy (SBU Utvärderar)**

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. Depression/ or depressive disorder/ or depressive disorder, major/ or dysthymic disorder/ or seasonal affective disorder/ or anxiety/ or catastrophization/ or anxiety disorders/ or agoraphobia/ or obsessive-compulsive disorder/ or panic disorder/ or phobic disorders/ or phobia, social/	317382
2. (anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* or "social phobia" or ((fear* or phobi*) adj3 (injection* or needle* or blood*))).ab,ti.	496610
3. 1 OR 2	582685
<b>Population: Pregnancy</b>	
4. pregnancy/ or pregnancy in adolescence/ or pregnancy, high-risk/ or pregnancy, multiple/ or pregnancy, unplanned/ or pregnancy, unwanted/ or Pregnancy Complications/ or Pregnant Women/ or exp Pregnancy Trimesters/	880506
5. (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*").ab,ti.	637300
6. 4 OR 5	1065845
<b>Intervention: Psychoeducation</b>	
7. patient education as topic/ or prenatal education/	85653
8. (psychoeducat* or "psycho educat*" or (educat* adj1 intervent*) or (educat* adj1 program*) or ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent*) adj3 (class* or course*))).ab,ti.	66868
9. 7 OR 8	141087
<b>Intervention: Counseling</b>	
10. counseling/ or exp directive counseling/ or distance counseling/	40048
11. counsel*	109668
12. 10 OR 11	127611
<b>Intervention: Psychotherapy/psychologic therapy (including CBT, IPT, short term-PDT)</b>	
13. psychotherapy/ or behavior therapy/ or anger management therapy/ or applied behavior analysis/ or biofeedback, psychology/ or cognitive behavioral therapy/ or "acceptance and commitment therapy"/ or mindfulness/ or dialectical behavior therapy/ or emotion-focused therapy/ or person-centered psychotherapy/ or psychotherapy, brief/ or psychotherapy, psychodynamic/ or psychotherapy, group/ or exp feedback, psychological/ or exp biofeedback, psychology/ or feedback, sensory/ or gestalt therapy/ or exp hypnosis/ or	144811

	imagery, psychotherapy/ or interpersonal psychotherapy/ or narrative therapy/ or psychotherapy, multiple/ or psychotherapy, rational-emotive/	
14.	(psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or "motivational interview*" or "anger management therap*" or "gestalt therapy" or "applied behavior analysis" or "aversive therap*" or conversation or biofeedback or feedback).ab,ti. or ((cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) adj2 (therap* or treat* or intervent* or techniq* or approach*)).ab,ti. or ((cognitiv* or dialectic*) adj1 behav*).ab,ti.	292245
15.	13 OR 14	368323
<b>Limits: language, human studies</b>		
16.	(danish or english or norwegian or swedish)	
17.	exp Animals/ NOT Humans/	4733443
<b>Combined sets</b>		
18.	3 AND 6 AND (9 OR 12 OR 15)	3044
19.	<b>(18 AND 16) NOT 17</b>	<b>2732</b>

The search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab,ti. = Abstract or title

.af.= All fields

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

\* = Focus (if found in front of a MeSH-term)

\* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

## PsycInfo via EBSCO 15 September 2020

### Title: Mild to moderate depression or anxiety during pregnancy – therapy (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. (((((((DE "Depression (Emotion)") OR (DE "Internalizing Symptoms") OR (DE "Major Depression") OR (DE "Dysthymic Disorder") OR (DE "Endogenous Depression") OR (DE "Reactive Depression") OR (DE "Recurrent Depression") OR (DE "Treatment Resistant Depression") OR (DE "Cyclothymic Disorder"))	153,918
2. (((DE "Anxiety") OR (DE "Generalized Anxiety Disorder") OR (DE "Social Anxiety")) OR (DE "Anxiety Disorders" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias")) OR (DE "Social Phobia")	133,732
3. (((DE "Seasonal Affective Disorder") OR (DE "Catastrophizing") OR (DE "Agoraphobia")) OR (DE "Obsessive Compulsive Disorder"))	19,731
4. ((DE "Fear" OR DE "Phobias") AND (DE "Injections" OR DE "Blood"))	322
5. TI ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym*) OR AB ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym*)	444,225
6. TI ((fear* or phobi*) N3 (social or blood or inject* or needle*)) OR AB ((social or blood or inject* or needle*) N3 (fear* or phobi*))	8,589
7. 1-6 (OR)	469,019
<b>Population: Pregnancy</b>	
8. DE "Pregnancy" OR DE "Adolescent Pregnancy" OR DE "Primipara" OR DE "Expectant Mothers"	47,890

9.	( TI (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*") ) OR ( AB (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*") )	66,644
10.	8 OR 9	79,348
<b>Intervention: Psychoeducation, counseling, psychotherapy/psychologic therapy (including CBT, IPT, short term-PDT)</b>		
11.	DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Affirmative Therapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Child Psychotherapy" OR DE "Client Centered Therapy" OR DE "Conversion Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Gestalt Therapy" OR DE "Group Psychotherapy" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Hypnotherapy" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Interpersonal Psychotherapy" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Psychotherapeutic Techniques" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Solution Focused Therapy" OR DE "Strategic Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis" OR DE "Cognitive Techniques" OR DE "Cognitive Restructuring" OR DE "Self-Instructional Training"	186,374
12.	DE "Cognitive Behavior Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Processing Therapy" OR DE "Prolonged Exposure Therapy" OR DE "Behavior Therapy" OR DE "Aversion Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Anxiety Management" OR DE "Cognitive Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Counseling" OR DE "Community Counseling" OR DE "Cross Cultural Counseling" OR DE "Educational Counseling" OR DE "Group Counseling" OR DE "Microcounseling" OR DE "Multicultural Counseling" OR DE "Peer Counseling" OR DE "Psychotherapeutic Counseling" OR DE "Rehabilitation Counseling" OR DE "Client Education" OR DE "Psychoeducation"	114,545
13.	TI ( psychoeducat* or "psycho educat*" ) OR TI ( (educat* N1 (intervent* or program* ) ) OR TI ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent* ) N3 (class* or course* ) ) ) OR AB ( psychoeducat* or "psycho educat*" ) OR AB ( (educat* N1 (intervent* or program* ) ) OR AB ( ((birth* or childbirth* or prenatal or "pre natal" or antenatal or "ante natal" or parent* ) N3 (class* or course* ) ) )	56,432
14.	TI ( counsel* or psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or "motivational interview*" or anger management therap* or gestalt therapy or "applied behavior analysis" or "aversive therap*" or conversation or biofeedback or feedback ) OR TI ( (cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) N2 (therap* or treat* or intervent* or techniq* or approach* or psychotherap*) ) OR TI ( (cognitiv* or dialectic*) N1 (behav*) ) OR AB ( counsel* or psychotherap* or mindfulness or psychodynamic* or "acceptance and commitment" or "motivational interview*" or anger management therap* or gestalt therapy or "applied behavior analysis" or "aversive therap*" or conversation or biofeedback or feedback ) OR AB ( (cognitiv* or behav* or psycholog* or interpersonal* or hypno* or narrative) N2 (therap* or treat* or intervent* or techniq* or approach* or psychotherap*) ) OR AB ( (cognitiv* or dialectic*) N1 (behav*) )	469,600
15.	11-14 (OR)	624,825
<b>Limits: language</b>		
16.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
17.	7 AND 10 AND 15 AND 16	1,916

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept





TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

Cochrane Library via Wiley 17 November 2020 (CDSR, Protocols, CENTRAL)

Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. [mh ^Depression]	12232
2. [mh ^"Depressive Disorder"]	7847
3. [mh ^"Depressive Disorder, Major"]	4935
4. [mh ^"Dysthymic Disorder"]	178
5. [mh ^"Seasonal Affective Disorder"]	174
6. [mh ^Anxiety]	7427
7. [mh ^Catastrophization]	164
8. [mh ^"Anxiety Disorders"]	3742
9. [mh ^Agoraphobia]	433
10. [mh ^"Obsessive-Compulsive Disorder"]	1023
11. [mh ^"Panic Disorder"]	946
12. [mh ^"Phobic Disorders"]	1163
13. [mh ^"Phobia, Social"]	205
14. (anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* or "social phobia" or ((fear* or phobi*) NEAR/3 (injection* or needle* or blood*)))	116707
15. 1-14 (OR)	112160
<b>Population: Pregnancy</b>	
16. [mh Pregnancy]	21918
17. [mh "Pregnancy in adolescence"]	189
18. [mh ^"Pregnancy, High-Risk"]	173
19. [mh "Pregnancy, Multiple"]	248
20. [mh "Pregnancy, Unplanned"]	83
21. [mh "Pregnancy, Unwanted"]	43
22. [mh "Pregnancy Complications"]	11775
23. [mh "Pregnant Women"]	268
24. [mh "Pregnancy Trimesters"]	1728
25. ((antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*")):ti,ab,kw.	71527
26. 16-25 (OR)	73374
<b>Health economic aspects</b>	
27. [mh ^Economics]	40
28. [mh "Costs and Cost Analysis"]	10515
29. [mh "Economics, Dental"]	6
30. [mh "Economics, Hospital"]	716
31. [mh "Economics, Medical"]	62
32. [mh "Economics, Nursing"]	12
33. [mh "Economics, Pharmaceutical"]	65
34. (economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic*):ti,ab,kw OR ((expenditure* NOT energy):ti,ab,kw OR ((value NEAR/1 money) OR budget*):ti,ab,kw	81471
35. 27-34 (OR)	81481
<b>Combined sets</b>	
36. 15 AND 26 AND 35	CDSR/98

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review

Protocols= protocols for Cochrane reviews

CENTRAL = Cochrane Central Register of Controlled Trials, “trials”

### CRD Database (DARE, HTA, NHS EED) via CRD 17 November 2020

#### Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. MeSH DESCRIPTOR depression EXPLODE ALL TREES IN DARE,NHSEED,HTA	639
2. MeSH DESCRIPTOR depressive disorder EXPLODE ALL TREES IN DARE,NHSEED,HTA	1030
3. MeSH DESCRIPTOR anxiety EXPLODE ALL TREES IN DARE,NHSEED,HTA	314
4. MeSH DESCRIPTOR anxiety disorders EXPLODE ALL TREES IN DARE,NHSEED,HTA	380
5. (anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* or "social phobia" OR "fear of injection*" or "fear of needle*" or "fear of blood*" or "injection phobi*" or "needle phobi*" or "blood phobi*") IN DARE, NHSEED, HTA	3782
6. 1-5 (OR)	3794
<b>Population: Pregnancy</b>	
7. MeSH DESCRIPTOR pregnancy EXPLODE ALL TREES IN DARE,NHSEED,HTA	2574
8. MeSH DESCRIPTOR Pregnancy Complications EXPLODE ALL TREES IN DARE,NHSEED,HTA	1431
9. MeSH DESCRIPTOR Pregnancy Trimesters EXPLODE ALL TREES IN DARE,NHSEED,HTA	164
10. MeSH DESCRIPTOR Pregnant Women EXPLODE ALL TREES IN DARE,NHSEED,HTA	31
11. (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*") IN DARE, NHSEED, HTA	4752
12. 7-11 (OR)	4883
<b>Combined sets</b>	
13. 6 AND 12	294

The search result, usually found at the end of the documentation, forms the list of abstracts.

[MeSH] = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

[MeSH:NoExp] = Does not include terms found below this term in the MeSH hierarchy

[MAJR] = MeSH Major Topic

[TIAB] = Title or abstract

[TI] = Title

[AU] = Author

[OT]= Other term

[TW] = Text Word

Systematic[SB] = Filter for retrieving systematic reviews

\* = Truncation

Embase via Elsevier 11 November 2020

Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. 'depression'/mj OR 'perinatal depression'/mj OR 'antenatal depression'/exp/mj OR 'dysthymia'/exp/mj OR 'endogenous depression'/exp/mj OR 'major depression'/exp/mj OR 'masked depression'/exp/mj OR 'melancholia'/exp/mj OR 'minor depression'/exp/mj OR 'organic depression'/exp/mj OR 'reactive depression'/exp/mj OR 'recurrent brief depression'/exp/mj OR 'seasonal affective disorder'/exp/mj OR 'subsyndromal depression'/exp/mj OR 'catastrophizing'/exp/mj OR 'distress syndrome'/exp/mj OR 'generalized anxiety disorder'/exp/mj OR 'mixed anxiety and depression'/exp/mj OR 'obsessive compulsive disorder'/exp/mj OR 'panic'/exp/mj OR 'phobia'/mj OR 'agoraphobia'/exp/mj OR 'blood-injection-injury phobia'/exp/mj OR 'social phobia'/exp/mj OR 'anxiety'/mj OR 'anxiety disorder'/mj	287,616
2. anxiety:ab,ti OR depression:ab,ti OR depressive:ab,ti OR 'obsessive compulsive':ab,ti OR 'panic disorder*':ab,ti OR agoraphobi*':ab,ti OR catastrophizat*':ab,ti OR 'seasonal affective disord*':ab,ti OR dysthym*':ab,ti OR 'social phobia':ab,ti OR (((fear* OR phobi*) NEAR/3 (injection* OR needle* OR blood*)):ab,ti)	694,517
3. 1 OR 2	749,514
<b>Population: Pregnancy</b>	
4. 'pregnancy'/mj OR 'first trimester pregnancy'/exp/mj OR 'adolescent pregnancy'/exp/mj OR 'multiple pregnancy'/exp/mj OR 'second trimester pregnancy'/exp/mj OR 'third trimester pregnancy'/exp/mj OR 'unplanned pregnancy'/exp/mj OR 'unwanted pregnancy'/exp/mj OR 'pregnancy complication'/mj OR 'expectant mother'/exp/mj OR 'pregnant woman'/exp/mj	270,412
5. antenatal:ti OR 'ante natal':ti OR prenatal:ti OR 'pre natal':ti OR perinatal:ti OR 'peri natal':ti OR pregnan*':ti OR trimester*':ti OR nullipar*':ti OR childbear*':ti OR 'mid-pregnan*':ti	396,564
6. 4 OR 5	473,782
<b>Health economic aspects</b>	
7. ('health economics'/de OR 'economic evaluation'/exp OR 'health care cost'/exp OR 'pharmacoeconomics'/exp OR econom*':ab,ti OR cost:ab,ti OR costs:ab,ti OR costly:ab,ti OR costing:ab,ti OR price:ab,ti OR prices:ab,ti OR pricing:ab,ti OR pharmacoeconomic*':ab,ti OR (expenditure*':ti,ab NOT energy:ti,ab) OR ((value NEXT/2 money):ab,ti) OR budget*':ab,ti) NOT (((metabolic NEXT/2 cost):ab,ti) OR (((energy OR oxygen) NEXT/2 cost):ab,ti) OR (((energy OR oxygen) NEAR/2 expenditure):ab,ti))	1,475,415
<b>Limits: publication type, language</b>	
8. [danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim	
<b>Combined sets</b>	
9. 3 AND 6 AND 7 AND 8	694

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the EMTREE controlled vocabulary

/exp= Includes terms found below this term in the EMTREE hierarchy

/mj = Major Topic

:ab = Abstract

:au = Author

:ti = Article Title

:ti:ab = Title or abstract

\* = Truncation

“ ” = Citation Marks; searches for an exact phrase

HTA Database via INAHTA 17 november 2020

**Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)**

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. "Depression"[mhe]	70
2. "Depressive Disorder"[mhe]	76
3. "Anxiety"[mhe]	48
4. "Anxiety Disorders"[mhe]	31
5. (anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* or "social phobia" ) OR ("fear of injection*" or "fear of needle*" or "fear of blood*" or "injection phobi*" or "needle phobi*" or "blood phobi*")	422
6. 1-5 (OR)	434
<b>Population: Pregnancy</b>	
7. "Pregnancy"[mhe]	813
8. "Pregnancy Complications"[mhe]	641
9. "Pregnancy Trimesters"[mhe]	16
10. "Pregnant Women"[mhe]	9
11. (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*")	454
12. 7-11 (OR)	1059
<b>Combined sets</b>	
13. 6 AND 12	36

The search result, usually found at the end of the documentation, forms the list of abstracts.

[mhe] = MeSH Heading, exploded

\* = Truncation

**Medline via OvidSP 11 November 2020**

**Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)**

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. Depression/ or depressive disorder/ or depressive disorder, major/ or dysthymic disorder/ or seasonal affective disorder/ or anxiety/ or catastrophization/ or anxiety disorders/ or agoraphobia/ or obsessive-compulsive disorder/ or panic disorder/ or phobic disorders/ or phobia, social/	304995
2. (anxiety or depression or depressive or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym* or "social phobia" or ((fear* or phobi*) adj3 (injection* or needle* or blood*))).ab,ti.	502215
3. 1 OR 2	574406
<b>Population: Pregnancy</b>	
4. pregnancy/ or pregnancy in adolescence/ or pregnancy, high-risk/ or pregnancy, multiple/ or pregnancy, unplanned/ or pregnancy, unwanted/ or Pregnancy Complications/ or Pregnant Women/ or exp Pregnancy Trimesters/	884670
5. (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*").ab,ti.	642435
6. 4 OR 5	1072189
<b>Health economic aspects (filter: NHS EED<sup>2</sup>)</b>	
7. (economics/ OR exp "costs and cost analysis"/ OR economics, dental/ OR exp "economics, hospital"/ OR economics, medical/ OR economics, nursing/ OR economics, pharmaceutical/ OR (economic\$ or cost or costs or costly or costing or price or prices or pricing or	943589

<sup>2</sup> <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>

pharmacoeconomic\$.ti,ab. OR (expenditure\$ not energy).ti,ab OR (value adj1 money).ti,ab. OR budget\$.ti,ab.) NOT (((energy or oxygen) adj cost).ti,ab. OR (metabolic adj cost).ti,ab. OR ((energy or oxygen) adj expenditure).ti,ab.) NOT (letter.pt or historical article.pt.)

Limits: language		
8.	(danish or english or norwegian or swedish)	
Combined sets		
9.	3 AND 6 AND 7 AND 8	1047

The search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract  
.ab,ti. = Abstract or title  
.af.= All fields  
Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy  
.sh.= Term from the Medline controlled vocabulary  
.ti. = Title  
/= Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy  
\* = Focus (if found in front of a MeSH-term)  
\* or \$= Truncation (if found at the end of a free text term)  
.mp=text, heading word, subject area node, title

### PsycInfo via EBSCO 11 November 2020

#### Title: Mild to moderate depression or anxiety during pregnancy – economic evaluations (SBU Utvärderar)

Search terms	Items found
<b>Population: Mild to moderate depression or anxiety</b>	
1. (((((((DE "Depression (Emotion)") OR (DE "Internalizing Symptoms") OR (DE "Major Depression") OR (DE "Dysthymic Disorder") OR (DE "Endogenous Depression") OR (DE "Reactive Depression") OR (DE "Recurrent Depression") OR (DE "Treatment Resistant Depression") OR (DE "Cyclothymic Disorder"))	155,205
2. (((DE "Anxiety") OR (DE "Generalized Anxiety Disorder") OR (DE "Social Anxiety")) OR (DE "Anxiety Disorders" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias")) OR (DE "Social Phobia")	135,049
3. (((DE "Seasonal Affective Disorder") OR (DE "Catastrophizing") OR (DE "Agoraphobia")) OR (DE "Obsessive Compulsive Disorder"))	19,869
4. ((DE "Fear" OR DE "Phobias") AND (DE "Injections" OR DE "Blood"))	324
5. TI ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym*) OR AB ( anxi* or depress* or "obsessive compulsive" or "panic disorder*" or agoraphobi* or catastrophizat* or "seasonal affective disord*" or dysthym*)	447,596
6. TI ((fear* or phobi*) N3 (social or blood or inject* or needle*)) OR AB ((social or blood or inject* or needle*) N3 (fear* or phobi*))	8,645
7. 1-6 (OR)	472,569
<b>Population: Pregnancy</b>	
8. DE "Pregnancy" OR DE "Adolescent Pregnancy" OR DE "Primipara" OR DE "Expectant Mothers"	48,344
9. ( TI (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*") ) OR ( AB (antenatal or "ante natal" or prenatal or "pre natal" or perinatal or "peri natal" or pregnan* or trimester* or nullipar* or childbear* or "mid-pregnan*") )	67,264
10. 8 OR 9	80,035

<b>Health economic aspects</b>		
11.	DE "Economics" OR DE "Behavioral Economics" OR DE "Economic Development" OR DE "Economic Security" OR DE "Economy" OR DE "Evolutionary Economics" OR DE "Finance" OR DE "Health Care Economics" OR DE "Human Capital" OR DE "Income (Economic)" OR DE "Insurance" OR DE "Neuroeconomics" OR DE "Pharmacoeconomics" OR DE "Supply and Demand"	45,543
12.	(DE "Costs and Cost Analysis" OR DE "Budgets" OR DE "Cost Containment" OR DE "Health Care Costs" OR DE "Money")	33,419
13.	( TI ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* ) OR AB ( economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* ) ) OR ( TI ( expenditure* NOT energy ) OR AB ( expenditure* NOT energy ) ) OR ( TI ( ((value N1 money) OR budget* ) ) OR AB ( ((value N1 money) OR budget* ) ) )	229,011
14.	11-13 (OR)	249,596
<b>Limits: language</b>		
15.	Limiters - Language: Danish, English, Norwegian, Swedish	
<b>Combined sets</b>		
16.	7 AND 10 AND 14 AND 15	505

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

\* = Truncation

“ “ = Citation Marks; searches for an exact phrase