Bilaga till rapport

Stöd till ensamkommande barn och unga – effekter, erfarenheter och upplevelser Rapport nr 294 (2018)

Bilaga 1 Tabellverk av ingående kvalitativa studier/Appendix 1 Included studies with qualitative design

Table 1. Included studies with qualitative design.

First author	Aim and method	Population	All first level	Overall assessment of
Year		Setting	themes	methodological limitation
Reference				
Country				
Bates et al	Questions: What were the successes and	Participants: 33	1. Overall	Moderate
2005	challenges with the placements?	Sex: 28 males, 5 females	adjustment	
[1]	How could youth, foster parents and case	Age: Minor youth	2. School	Participant sampling is not
USA	workers have been better prepared?	Origin: Sudan	3. Family	clearly described.
	What are the implications for policy and	Setting: Foster care and	Relations	
Sudanese Refugee	practice?	supervised independent	4. Characteristics	No ethical reasoning.
Youth in Foster		living.	of successful	
Care: The "Lost	The team conducted 5 youth focus groups. The		placements.	Data collection and analysis
Boys" in America	sessions were video and audiotaped. Transcripts	Additional information:		is partly unclear.
	were initially analyzed for themes of resilience	Males in foster homes; (2)		
	and copied by an investigator and 3 assistants (2	minor males in supervised		No reasoning about
	Kenyan and 1 other international). Each reviewer	independent living (receiving		researcher preunderstanding.
	independently identified themes, which were	casework and assistance but		
	then discussed with evidence.	living in apartments); and (3)		
		females living in foster		
	Overlapping themes were given higher priority	homes.		
	for discussion and recording. Three investigators			
	then reviewed these themes again to achieve			
	consensus on key ones. Investigators analysed			
	the transcripts again to focus on family relations.			
Chase	Aim: Considers how young people seeking	Participants: 54	Trauma and its	Moderate
2013	asylum alone in the UK conceptualised	unaccompanied children and	destabilising	
[2]	wellbeing.	young people	impact on self.	Participant sampling is not
UK		Sex: 29 females (girls and		clearly described.
	An inductive methodology based on the	young women), 25 males	Lack of status, loss	
Security and	grounded theory approach was adopted. The	(boys and young men)	of identity.	No reasoning about
subjective	young people were encouraged to talk openly	Age: 11–23 years		researcher preunderstanding.
wellbeing: the	about their lives and wellbeing in an integrated	Origin: 18 different countries	Mental health and	
experiences of	way, focusing on the life events and		insecurity.	

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unaccompanied	circumstances they considered most relevant.	Setting: Accommodated och		
young people	They were asked to think about 2 broad	previously accommodated by	Order, routine and	
seeking asylum in	questions: (i) the things that had made them feel	local authorities in London.	security.	
the UK	happy since arriving in the UK and (ii) the things			
	that had made them feel sad or created	Additional information:	Re-emergence of	
	difficulties for them. A topic guide was used to	seeking asylum and	insecurity.	
	draw out key aspects of young people's lives and	accommodated (or previously		
	experiences and helped to ensure that	accommodated) by local		
	comparative data were generated. The interviews	authorities in London.		
	were carried out between January and July 2007.			
Connolly	The article: First, it turns to that neglected	Participants: 29	Young people's	Moderate
2015	dimension of children's rights within the context	Sex: 20 males, 9 females	experiences at the	
[3]	of forced migration and to an in-depth	Age: 12–21 years	police station.	Participant sampling is not
UK	understanding of the mechanics of rights rather	Origin: Somalia, Democratic		clearly described.
	than making use of children's rights as surface	Republic of Congo, Sierra	Ports of entry:	
Seeing the	rhetorical devices. Secondly, this understanding	Leone, Sudan, Iraq, Iran,	Intersection places	Data analysis is partly
relationship	of how children's rights are or are not	Zimbabwe, Nigeria, Ivory	between safety and	unclear.
between the uncrc	encountered throughout the asylum process,	Coast, Palestine, Uganda,	danger.	
and the asylum	from application to resolution, is shown through	Cameroon, Vietnam, Pakistan		No reasoning about
system through	the eyes of unaccompanied asylum seeking	and Afghanistan were	The 'home' office:	researcher preunderstanding.
the eyes of	themselves.	represented, the last of these	Yet another place	
unaccompanied		being the largest group. (Most	of paradoxes.	This is a part of the authors
asylum seeking	Purposive sampling. The stories that young	girls had travelled from		dissertation.
children and	people told were transcribed verbatim and	African countries and boys	The	
young people	analysed using qsr Nvivo 7. Thematic analysis	from Afghanistan)	phenomenology of	
	followed taxonomies of the different types of	Setting: Private foster care.	waiting.	
	'truths' that emerge through narratives and the			
	interviews were initially coded according to	Additional information: They	The unbelievable	
	historical truths, that is descriptions that give	were unaccompanied asylum-	and unbelieving	
	context to a particular place or event, such as the	seeking from across 4 local	home office.	
	who, what or where of things; "psychological	authority areas in England.		
	truths", the inner reality of things and what was			
	felt to be real; and "narrative truths",			
	explanations that pertain to the contingencies of			
	telling. Once the data was organised around			

	these taxonomies, it was further analysed			
	thematically through a process of open coding.			
Connolly 2014 [4] UK 'For a while out	This article focuses on the intersection of various issues and highlights what unaccompanied asylum-seeking children with experience of private foster care have said about each one. Purposive sampling. The stories that young	Participants: 29 Sex: 20 males, 9 females Age: 12–21 years Origin: Somalia, Democratic Republic of Congo, Sierra Leone, Sudan, Iraq, Iran,	Children entering the UK. Children's day-to-day experiences.	Moderate Participant sampling is not clearly described. Data collection, researcher
of orbit': listening to what unaccompanied asylum seeking/refugee children in the UK say about their rights and experiences in private foster care	people told were transcribed verbatim and analysed using qsr Nvivo 7. Thematic analysis followed taxonomies of the different types of 'truths' that emerge through narratives and the interviews were initially coded according to historical truths, that is descriptions that give context to a particular place or event, such as the who, what or where of things; "psychological truths", the inner reality of things and what was felt to be real; and "narrative truths", explanations that pertain to the contingencies of telling. Once the data was organised around these taxonomies, it was further analysed thematically through a process of open coding.	Zimbabwe, Nigeria, Ivory Coast, Palestine, Uganda, Cameroon, Vietnam, Pakistan and Afghanistan were represented, the last of these being the largest group. (Most girls had travelled from African countries and boys from Afghanistan) Setting: Private foster care. Additional information: They were unaccompanied asylum- seeking from across 4 local		preunderstanding and data analysis is partly unclear. This is a part of the authors dissertation.
Devenney	Aim: Explore how unaccompanied young people	authority areas in England. Participants: 18	Coherent	Moderate
2017	(UYP) create biographical narratives of their	Sex: 15 males, 3 females	narratives of past,	Woderate
[5] UK	past, present, and future as they prepare to leave care, suggesting that UYP who have settled immigration status create coherent biographical	Age: 17–23 years Origin: A variety of countries, with the largest	present, and future.	Participant sampling is not clearly described.
Pathway planning with unaccompanied	narratives that reconcile the past with a positive imagined future.	numbers originating from Afghanistan and Eritrea Setting: One local authority	Unimaginable futures, unimaginable	Data collection and data analysis is partly unclear.
young people leaving care: Biographical narratives of past,	The interviews were designed using visual methods. The findings presented here are drawn largely from a section of the interview that involved participants in creating a "time tree," an	area. Additional information: UYP who have sought asylum	pasts: disrupted biographical narratives.	No reasoning about researcher preunderstanding.

present, and	alternative to traditional time lining methods	alone in the UK without a		
future	designed to capture the dynamic and temporal	parent or guardian.		
	aspects of transition. Participants were provided			
	with a diagram of a tree in which the roots and			
	the trunk represented the past and present, whilst			
	the branches represented the multiple possible			
	futures the young person might imagine. The			
	creation of the time tree provided the basis for			
	the interview conversation. The interview and			
	visual data were analysed concurrently using a			
	narrative approach. Data on the individual level			
	were analysed initially, directed towards extra-			
	polating key themes within the individual's			
	narrative. Analysis was then undertaken across			
	the data set to create a thematic analysis across			
	participants with a particular focus on			
	understanding the effect of time across the life			
	course. The sample has been drawn from one			
	local authority area in northern England.			
Goodman	Aim: To explore how unaccompanied minor	Participants: 14	Collectivity and	High
2004	refugee youths, who grew up amidst violence	Sex: All males	the communal self:	
[6]	and loss, coped with trauma and hardships in	Age: 16–18 years	"What is	Minor uncertainties about
USA	their lives. Specific aims were to identify	Origin: Dinka tribe in Sudan	happening, is not	participant sampling.
	strategies the refugee youth used to cope and to	Setting: Private homes with	happening to me	
Coping with	examine the effectiveness of those strategies.	foster families or in a small	alone".	
trauma and		group home.		
hardship among	Interviews were conducted in English using an		Suppression and	
unaccompanied	unstructured interview guide consisting of broad,	Additional information:	distraction:	
refugee youths	open-ended questions designed to elicit each	Refugee youths from Sudan	"Thinking a lot	
from Sudan	adolescent's story. I began each interview with	who had been living in the	can give you	
	the following statement:	United States for 6 to 12	trouble".	
	I'd like to start by asking you to tell me in your	months. Recruited through a		
	own words the story of your life. And I want you	Boston area refugee	Making meaning:	
	to tell me about your life as if it's a story with a	resettlement agency. At the	"If god wishes,	
	beginning, and amiddle, and then how things	time of the study, all		

	will look in the future for you. There's no right	participants were living either	maybe I will be	
	or wrong way to tell the story. Just tell me in a	in private homes with foster	alive".	
	way that's most comfortable for you.	families or in a small group		
		home.	Emerging from	
	I also conducted participant observation of the		hopelessness to	
	unaccompanied refugee youths previous to and		hope: "Now we	
	over the course of this study, during both formal		feel like people -	
	and informal gatherings, to inform contextual		we have hope for	
	understanding of		the future".	
	the findings. Participant observation included			
	volunteer work with resettling Sudanese refugees			
	and facilitating a support group for Sudanese			
	refugee youths. A case-centered, comparative,			
	narrative approach to data collection and			
	analysis of interview data. analyzed narrative			
	data using descriptive narrative techniques. The			
	narratives were analyzed with regard to content,			
	theme, and structure, which helped me to			
	interpret them in more complex ways. I paid			
	attention to how things were said, including the			
	linguistic devices the participants used to convey			
	what they wanted to convey, as well as to what			
	was said. Coherence between these two areas			
	strengthened the interpretation of the refugees'			
	stories. I analyzed narratives individually and			
	compared them to each other, resulting in a			
	description of individual life stories as they			
	related to the larger social group and its			
	sociocultural context.			
Groark et al	1. To gain an in-depth understanding of the	Participants: 6	Loss	Moderate
2011	experience of being a young person who is	Sex: 4 males, 2 female		
[7]	unaccompanied and seeking asylum in the UK.	Age: 16–18 years	Negotiating a new	Minor uncertainties about
UK	2. To gain an understanding of how past and	Origin: Africa (5), Asia (1)	way of life.	participant sampling.
	present life experiences impact on these young	Setting: Cared for under		
	people's psychological well-being.	sections 17 or 20 of the		

Understanding	3. To explore the psychological processes these	Children Act, living in inner	Experience of	Data collection is partly
the experiences	young people use to manage or cope with the	city borough.	distress.	unclear.
and emotional	difficulties they experience.			
needs of		Additional information:	Process of	No reasoning about
unaccompanied	The semi-structured interview was developed	Participants had been in the	adjustment.	researcher preunderstanding.
asylumseeking	following a review of the literature and	UK between 6 months and 1		
adolescents in the	discussion with professionals working in the	year (mean length of stay 9		
UK	field and with one young asylum seeker to	months). 4 lived in shared		
	develop the interview in a contextually relevant	accommodation; 3 sharing a		
	way. Open-ended questions were used in the	room with another person, 2		
	interview to elicit a wide range of experiences.	participants lived in their own		
		flats. 5 participants were		
	The research study employed Interpretative	single and 1 had a partner and		
	Phenomenological Analysis (IPA), a qualitative	a young child. 4 participants		
	methodology that aims to capture the quality of	had been granted leave to		
	an individual's experience and gain some	remain for a set time period. 1		
	understanding of the meanings held by the	participant was waiting to		
	participant. It was hoped that this would lead to a	hear about a Home Office		
	wider exploration of young asylum seekers'	asylum appeal. 1 participant's		
	experiences, and an in-depth understanding of	asylum additional information		
	phenomena involved in their psychological well-	was unknown.		
	being and adaptation. IPA involves an analytic			
	process from which understandings about	All participants reported		
	internal cognition are deduced by the researcher	having attended school prior		
	from the verbal reports of participants. This is	to coming to the UK although		
	accomplished through encouraging the	this had been disrupted. 5 of		
	participant to discuss their view of the topic	the 6 participants attended		
	under investigation in their own words. The	college at the time of the		
	researcher engages with the participant's account	interview.		
	of their experiences, identifying prominent			
	themes from what they have said and grouping			
	these themes into meaningful clusters in an			
	attempt to "unravel" the meanings contained in			
	them.			

Kaukko et al 2017 [8] Finland and Sweden Belonging and participation in liminality: Unaccompanied children in Finland and Sweden	Aim: To investigate the participation of unaccompanied asylumseeking and refugee children in their living units in Finland and Sweden, paying attention to how they position themselves in terms of age, gender and status and how they view their participation in relation to a sense of belonging. The Finnish study was a participatory action research project. After the project, semistructured, thematic interviews were undertaken focusing on themes such as participation and children's rights. A participatory data analysis with all the girls was performed. The study explores unaccompanied asylum-seeking girls' perspectives on children's participation during the asylum process in Finland. The Swedish study was based on qualitative interviews that were thematic and focused on different aspects of the participants' everyday lives, social relationships and sense of belonging. The study focuses on unaccompanied refugee children and youngsters' negotiations of belonging in Sweden.	Participants: 11 Sex: 9 females, 2 males Age: 16–19 Origin: No information Setting: Group homes for unaccompanied children or had recently moved to more independent living units with some degree of assistance from care workers. Additional information: Participants had been granted residency in Sweden. Data from the respective studies is not presented here.	Age, (in)dependence and status. Positionings of age and (in)dependence. Gender and belonging – The living unit as a gendered place.	Participant sampling, data collection and data analysis is not clearly described. The ethical reasoning and the reasoning about researcher preunderstanding is not clearly presented. This is a part of the authors disstertations.
Kohli et al 2010 [9]	Aim: Attempt to develop a framework of understanding that children seeking asylum and their foster families can use as they look for	Participants: 30 Sex: No information Age: 12–21 years	Food and survival Food and asylum Food as the first	Moderate Participant sampling and
UK Food and its meaning for	safety, belonging and sanctuary within the UK. The process of data collection was iterative, with several meetings with each young person. Initial	Setting: 4 Children's Services Departments in England.	refuge Feeling found and reclaimed	data analysis is partly unclear.

asylum seeking children and young people in foster care	engagements focussed on building trust and companionship, with subsequent encounters allowing the young person to reflect on, among other aspects of resettlement, their experiences of food. All tapes were transcribed, and data analysed using qualitative data analysis software.	Origin: Afghanistan but also from other countries where conflict and disorder have long prevailed. These included particular conflict zones in the Middle East, the Eastern Horn of Africa and	Reinforced replacement Morsels of freedom	Ethical reasoning and researcher preunderstanding is not clearly presented. This is a part of the authors disstertations.
		West and Southern Africa. Additional information: The majority had experienced long journeys brokered by agents, a few had been trafficked and others had been brought to the country under private fostering		
T 1	A: T : 4 1	arrangements.	37 4	N. 1
Luster et al	Aim: Examine the adaptation of the youths 7	Participants: 18	Youths	Moderate
2010	years after initial resettlement when most had	Sex: 6 males, 2 females	perspectives of	No othical massacine
[10]	become adults and some were beginning to form	Age: 18–26 years (mean = 22	sucess:	No ethical reasoning.
USA	their own families. In addition, we examine	years; $SD = 2.31$)	Youths	
	factors that contributed to individual differences	Origin: Sudan	perspectives on	No resoning of researcher
Successful	in adjustment among Sudanese unaccompanied	Setting: Living in foster	differences in	preunderstanding.
adaptation among	minors from both the youths' and the foster	families after living in peer	adaption	
Sudanese	parents' perspectives.	groups in the camps.	- Individual	
unaccompanied		A 1111	attributes	
minors:	In-depth interviews with youths and foster	Additional information: At	- Relationships	
Perspectives of	parents regarding factors that contributed to	the time of the interviews, all	- Resources and	
youth and foster	successful adaption. After all the responses to	but 4 of the youths were	opportunities	
parents	key research questions were transcribed, 3	enrolled in school or had	- Culture	
	members of the research team conducted	completed at least 1 degree. 4	- Alcohol use or	
	thematic analysis. A 3-step coding procedure	of the youths were parents	avoidance.	
	was used: open, axial and selective coding.	themselves, including both		
	First, 3 authors did 'open coding,' an 'open'	females.		
	process in that the researchers fracture the data			

			T	T
	into discrete units of analysis, assign initial			
	labels or codes and note themes emerging from			
	the data, without making any prior assumptions			
	about what may be discovered. Next, the			
	researchers conducted 'axial coding,' i.e.			
	grouping the codes and concepts into higher			
	level conceptual categories, which deepens the			
	theoretical framework underpinning the analysis			
	Finally, we conducted 'selective coding,' a			
	process in which the researchers integrate the			
	categories to form a theoretical structure of the			
	analysis through making comparisons and			
	contrasts and then selecting the stories that best			
	illustrate the lived experiences of the			
	participants. The coders then held a meeting with			
	the larger team to discuss the key stories told by			
	the participants and the most effective ways to			
	represent these stories. As a check on the			
	trustworthiness of the data, a draft of the			
	manuscript was reviewed by 2 foster parents and			
	2 of the youths who participated in the study and			
	by the supervisor of the unaccompanied refugee			
	minor program at the resettlement agency. All of			
	these reviewers confirmed that the findings and			
	our interpretation of the findings were consistent			
	with their experiences and observations.			
Luster et al	The study goal was to describe the Sudanese	Participants: 18	Relationships with	Moderate
2009	minors' experiences living in foster care families	Sex: 16 males, 2 females	the foster parents	
[11]	in the United States based on their accounts of	Age: 18–26 years (mean = 22	while living in the	Selection bias among
USA	their experiences and relationships and their	years; $SD = 2.31$)	foster home.	participants.
	interpretation of those experiences.	Origin: Sudan		
The Experiences		Setting: Foster care.	Having parental	No ethical reasoning.
of Sudanese	Semistructured interviews that took about 2	_	authority figures	
Unaccompanied	hours were audiotaped and transcribed. A	Additional information:	after living in peer	
	phenomenological approach was used.		groups.	

Minors in Foster		Refugees who had been		
Care	The first 3 authors coded all of the transcripts	placed through a foster care	Conflicts,	
	independently. The following data analysis steps	program for unaccompanied	concerns, and	
	were followed:	minors in the United States.	misunder-	
	(a) The 3 coders read all the transcripts and		standings.	
	gained a general sense of the interviews;	7 years after settlement.		
	(b) Next, natural meaning units (i.e., portions of		Changing foster	
	the text that are judged to relate to an identifiable		homes.	
	theme) were delineated from each interview			
	transcript, coded, and transformed into themes.		Current	
	The meaning units were then coded as "parents		relationships with	
	telling youth what to do" and "conforming to		foster parents.	
	household rules";			
	(c) These codes, along with other related codes,			
	were then transformed or grouped into a theme,			
36 1 1 1	like "parental authority".	D 15	771 1	N 1
Majumder et al	Aim: To appreciate the views and perceptions	Participants: 15	Theme 1:	Moderate
2015	that unaccompanied minors hold about mental health and services.	Sex: 14 males, 1 female	Descriptions of	No seconing of secondary
[12] UK	nearm and services.	Age: 15–18 years	mental health.	No resoning of researcher
UK	Face-to-face semi-structured interviews were	Origin: Afghanistan, Iran, Somalia and Eritrea	Theme 2:	preunderstanding.
'This doctor, I not	audiorecorded to allow an exploration of issues	Setting: A specialist child and	Mental health	
trust him, I'm not	from the participant's perspective.	adolescent mental health	associated with	
safe': The	from the participant's perspective.	service (CAMHS) for	asylum-seeking/	
perceptions of	Data were transcribed verbatim and	'looked-after' children.	refugee status.	
mental health and	independently coded to improve reliability.	100ked utter emitaten.	Torugee status.	
services by	Categories were examined systematically to	Additional information: The	Theme 3:	
unaccompanied	identify core issues to address the aims of the	adolescents and their carers	Experiences of	
refugee	research.	were referred to a specialist	using services.	
adolescents		child and adolescent mental		
	Data were analysed using thematic analysis,	health service (CAMHS) for	Theme 4:	
	allowing meaning to be drawn from data through	'looked-after' children	Opinions of	
	the emergence of patterns.	following problems	treatments.	
		encountered at 'home' or		
		school. Depression, PTSD,		

		self harm and other diagnoses.		
Malmsten	Down and House and a single and a single	ŭ	"It is so all that was	Moderate
	Purpose: How unaccompanied minors perceive	Participants: 11	"It is good that we	Woderate
2014	the time they spend in transitional houses in	Sex: All males	have something to	
[13]	Malmö in southern Sweden.	Age: 14–17 years	do" – children's	No resoning of researcher
Sweden		Origin: Afghanistan (9),	voices	preunderstanding.
	The interviews were semi-structured and focused	Somalia (2)		
Unaccompanied	on the following themes: Living conditions,	Setting: Transitional houses	The local context.	
children living in	network and social community, activities and	and permanent residences.	The social context.	
transitional	leisure, wellbeing and care and understanding of		The legal context.	
houses – voices	the asylum process. The interviews took between	Additional information: 8		
from Sweden	38 minutes and 1 h and 41 minutes and were	boys living in transitional		
	recorded and transcribed. The empirical data	houses and 3 boys living in		
	were thereafter categorized in accordance with	permanent residences. The		
	the outline of the study as stated above: the local,	first group had been living in		
	social and legal context, and in some cases	transitional houses between		
	divided into subcategories within each context.	3–12 months, the latter		
	Theme's that were reoccurring or seemed to be	between 6 weeks and 6		
	of special interest for the children were	months and they had been in		
	identified. Thereafter the analysis is based on the	Sweden approximately 2		
	empirical data and findings from other studies	years.		
	about unaccompanied minors and discussed in	years.		
	relation to theoretical concepts such as			
	salutogenesis and sense of coherence.			
Mels et al	Aim: To explore how unaccompanied asylum-	Participants: 15	Social support in	Moderate
2008	seeking children in Belgium perceive different	Sex: All males	the asylum centre.	Woderate
			the asylum centre.	No massaring of massarahan
[14]	kinds of social support provided by a variety of	Age: 15–18 years (mean =	Casial assessed in	No resoning of researcher
Belgium	actors, and what this implies for both buffering	16.3, SD = 1.22	Social support in	preunderstanding.
G . 1	and main effects of social support.	Origin: Afghanistan (3),	school.	N 4: 1
Social support in		Pakistan (2), Burundi (2), 1		No ethical reasoning.
unaccompanied	Semi-structured in-depth interview.	boy from respectively	Social support in	
asylum-seeking		Mongolia, Syria, Albania,	leisure time.	
boys: A case	After literally transcribing the interviews, the	Tibet and Iraq		
study	qualitative data were coded into themes and			
	ordered in a coding framework by the researcher,			

Ní Raghallaigh 2011 [15] Ireland Religion in the lives of unaccompanied minors: An available and compelling coping resource	assisted by a colleague. Data were assigned to the framework using WinMAX98, a qualitative software package with the aim to 'identify patterns in social regularities and to understand them in the sense of controlled Fremdverstehen (understanding the other)' Aim: To address the way in which unaccompanied minors living in the Republic of Ireland use religious coping methods. Semi-structured interviews. Open, axial and selective coding was used to analyse the transcribed interview data. These codes were attached to lengthy paragraphs and dialogues rather than to specific words or phrases. This ensured that the voices of the participants were privileged. Through this process, diverse narratives were identified. These included narratives about religion and religious	Setting: Moderate-sized rural asylum centre organized by the Red Cross. Additional information: A mean of 326 days (SD = 233.72, range 73–745) since their arrival in Belgium. All boys were unaccompanied at arrival in Belgium, except 1. They lived at a moderate-sized rural asylum centre organized by the Red Cross. Participants: 32 Sex: 14 males, 18 females Age: 14–19 years Origin: 13 countries in Africa (30), Asia (1), and Europe (1) Setting: A hostel where the unaccompanied minors live.	Social support provided by the family. Social support and psychological well-being. Religious coping: 'relatively available'. Religious coping: 'Relatively compelling'.	Moderate Participant sampling is not clearly described. Data collection and data analysis is partly unclear. Limited ethical reasoning. No resoning of researcher preunderstanding.
Ní Raghallaigh et al 2015 [16] England and Ireland	coping. Aim: Examine experiences of young people placed with at least one foster carer from the same country of origin and/or religion as well as those placed 'crossculturally'. The article is based on two studies, and Sirreyhe interviewed in both studies.	The Irish study Participants: 21 Sex: 13 males, 8 females Age: 11–19 years (mean 15,8)	Young people's perceptions on the importance of culture Communication and language.	Moderate Data collection and data analysis is partly unclear. No resoning of researcher preunderstanding.

		Ta	T	
The negotiation of	<u>The Irish study</u> : Face-to-face interviews.	Origin: Nigeria (10), Eastern		
culture in foster	Interviews were digitally recorded, transcribed	Africa (6), Middle Africa (2),	Food.	
care placements	and analysed thematically using the NVivo	Southern Africa (1), Asia (2)		
for separated	software package.	Setting: Foster care.		
refugee and				
asylum seeking	The English study: Interviews and focus groups.	Additional information: 18		
young people in	Digitally recorded, transcribed and analyzed	were currently living in foster		
Ireland and	using the software package MAXQDA.	care and had been in their		
England		current placements between 4		
		months and 6 years. 3 had		
		previously lived in foster care		
		and reflected back on their		
		experiences. All had been		
		living in Ireland for 6 months		
		or longer at the time of		
		interview. 2 young people		
		had been granted refugee		
		status at the time of		
		interview; the remainder were		
		at various stages of the		
		asylum determination		
		I		
		procedure.		
		The Fuell destants		
		The English study:		
		Participants: 21		
		Sex: Males		
		Age:13–18 years		
		Origin: 7 countries including		
		Afghanistan		
		Setting: Foster care.		
		3 focus groups:		
		Participants: 19		
		Sex: 2 male groups, 1 female		
		Age: 15–19 years		

Oppedal et al 2017 [17] Norway Vocational identity development among unaccompanied refugee minors	Aim: To examine vocational identity developmental processes underlying the educational choices of unaccompanied minors who have received asylum and residence in Norway. Phase 1: 1. Do demographic factors, pre-migration trauma, and post-resettlement acculturation and mental health predict variation in their educational aspirations? Phase 2: 2. To what extent do unaccompanied refugees engage in identity forming processes of exploring and committing to vocational possibilities, values and roles? Are they active partners, resulting in moratorium or achieved vocational identity statuses, or do they tend to follow the advice of perceived significant others, resulting in a high prevalence of foreclosed identity statuses? Does the high level of mental health problems contribute to disinterested and	Origin: 7 countries including Afghanistan. Additional information: Been in England for 10 months to 5 years. 4 had refugee status, the others had a temporary leave to remain. Participants: 30 Sex: 26 males, 4 females Age: 17–26 years (mean = 20.15, SD = 2.21) Origin: Afghanistan (46.7%), Sri Lanka (13.3%), Somalia (10%), and Iraq (10%), while 20% came from 4 other countries Setting: At time of arrival, institutions/group homes and some foster care. Additional information: Average length of stay in Norway of 4.30 years (SD = 1.19), range 2–11 years.	Significant others The family The friends Other significant adults. Core themes, and contextual barriers emerging from the ISIs Age, time and economy Mental health Transnational life Realistic assessment of contextual barriers.	Moderate Participant selection and data collection is partly unclear. No ethical reasoning. No resoning of researcher preunderstanding.
	identity statuses? Does the high level of mental			

	3. What common core themes and common barriers related to structural, economic, social, and cultural factors underlie the vocational identity formation process of unaccompanied refugees? Recorded semi-structured interviews to distinguish issues impacting the vocational identity formation processes. The analyses of the interviews also involved meaning categorization analysis by which the interviews were coded into categories, identifying recurring themes, patterns and variations within the data set in relation to the study questions. Using QSR International's NVivo 10 Software and categorization techniques, a number of broad categories of events impacting vocational identity decisions were identified, and all data fragments that were related to each category were rearranged into new data sets. In this way, long sentences and narratives reflecting the minors' experiences and perspectives were reduced and structured into categories such as "education in the country of origin", "discrimination," and "significant others in Norway" that could be linked with scientific theory in the field . These categories appear as main themes in the results from Phase 2 of this investigation.			
Pastoor 2015 [18]	Aim: To explore whether school – an institution that educates young refugees on how to become competent participants in society – may have a	Participants: 40 Sex: 32 males, 8 females Age: 16–23 years	School as an arena for socialisation.	Moderate Participant selection is not
Norway	role 'beyond education', that is to say, a mediational role in supporting the psychosocial transitions the refugees face upon resettlement.	Origin: Afghanistan (24), Somalia (6), Eritrea (2), Ethiopia (2), Iraq (2), Iran (1),	School as an arena for integration.	clearly described. No ethical reasoning.

The mediational	The school study involved ethnographically	Chechnya (1), Nigeria (1) and	School as a	No resoning of researcher
role of schools in	oriented case studies in 5 schools. The present	Zimbabwe (1)	salutogenic arena.	preunderstanding.
supporting	article particularly focuses on the psychosocial	Setting: Schools/classroom.	C	
psychosocial	role of school, beyond its educational role. The			
transitions among	school dataset consisted of audio recorded	Additional information:		
unaccompanied	interviews with refugee students and school staff	Refugee students who had		
young refugees	conducted during fieldwork in 4 'lower	been granted residence and		
upon resettlement	secondary schools' (i.e. grades 8–10 of the	were resettled in a Norwegian		
in Norway	compulsory school programme) and 1 ordinary	municipality. All were under		
	upper secondary school, as well as field notes.	18 years upon arrival in		
	•	Norway. 26 attended the		
	The school dataset consisted of audio recorded	compulsory school		
	interviews with refugee students and school staff	programme available to		
	conducted during fieldwork in 4 'lower	newly resettled refugees,		
	secondary schools' (i.e. grades 8–10 of the	while the remaining 14		
	compulsory school programme) and 1 ordinary	attended upper secondary		
	upper secondary school, as well as field notes.	school.		
	The different kinds of data allow for			
	triangulation between data sources, which	The same population as in the		
	facilitate a deeper and broader understanding of	study of Pastoor 2017 [19].		
	the topic under study and enhance the reliability			
	and validity of the collected data and analysis.			
	The researcher visited the school several times,			
	so the teachers, the students and the researcher			
	could become acquainted. Subsequently, the			
	students who were identified as unaccompanied			
	refugees were invited to take part in the study.			
	Food interview transposint first and -1			
	Each interview transcript was first coded			
	'vertically', focusing on one interview at a time, to identify tentative units of meaning. Then they			
	,			
	were coded 'horizontally' (across interviews),			
	which brought about broader analytical			
	categories. Psychosocial categories identified as			

	having an impact on school functioning were, for instance, 'loss and separation', 'psychological and traumatic stress', and 'need for guidance and support'. However, the themes or patterns discerned did not simply emerge; they were actively discovered. The categories identified were related to the model of critical psychosocial transitions faced during resettlement, an analytical framework developed by the author during the research project. The 'critical transitions model consists of the following theoretical constructs: socialisation, integration and rehabilitation			
Pastoor 2017	Aim: Exploring the out-of-school learning contexts unaccompanied young refugees	Participants: 40 Sex: 32 males, 8 females	Living in a group home.	Moderate
[19]	participate in upon resettlement, gives rise to the	Age: 16–23 years	nome.	Participant selection not
Norway	following research question: How may diverse	Origin: Afghanistan (24),	Working part-time.	clearly described.
Tioiway	learning contexts – in and outside of school –	Somalia (6), Eritrea (2),	morking part-time.	cicarry described.
Reconceptualising	promote young refugees' opportunities for	Ethiopia (2), Iraq (2), Iran (1),	Involvement in	Data collection is partly
refugee	meaningful learning and social inclusion?	Chechnya (1), Nigeria (1) and	NGOs.	unclear. A more detailed
education:		Zimbabwe (1)		presentation is found in
exploring the	The study adopted a qualitative,	Setting: schools/classroom.	Participation in	Pastoor 2015 but is not
diverse learning	ethnographically oriented, case study design,		sports.	referred to.
contexts of	based on interviews and participant observation	Additional information: All	_	
unaccompanied	in schools and residential care facilities for	were under 18 years upon		No ethical reasoning.
young refugees	unaccompanied young refugees (group homes	arrival in Norway. Refugee		
upon resettlement	and semi-dependent accommodation) in 3	students who had been		
	municipalities. 5 schools participated; 4 of them	granted residence and were		
	offered the adapted compulsory school	resettled in a Norwegian		
	programme, while 1 was an upper secondary	municipality.		
	school. The present study drew chiefly on the			
	transcribed interviews with the young refugees	The same population as in the		
	and social workers in the residential care	study of Pastoor 2015 [18]		
	facilities, while the field notes are used as			

	supplementary information. The initial analysis of the collected data involved recurrent reading of the transcripts to become familiar with their content as well as making annotations of emerging topics. Then, all the interviews were coded to identify tentative units of meaning. Subsequently, noteworthy broader patterns of meaning and themes emerging from the data-set were identified. The potential themes were then reviewed in relation to the aim of this study, that is to say, exploring the diverse learning contexts of unaccompanied young refugees – in and out of school – with a particular focus on learning contexts beyond school.			
Qin et al 2015	The current study seeks to clarify these issues (i.e. the transition into a Western culture where a	Participants: 19	Staying connected to home and	Moderate
[20]	``	Sex: 17 males, 2 females		No ethical reasoning.
USA	protracted period of emerging adulthood is developmentally normative) by examining the	Age:18–26 years (mean = 22 years; SD = 2.31)	preserving the culture:	No etifical feasoffing.
USA	adaptation patterns of unaccompanied Sudanese	Origin: Dinka, the largest	"remembering	No resoning of researcher
"My culture helps	refugees who were resettled in the United States	ethnic group in Sudan (18)	where we came	preunderstanding.
me make good	during adolescence and emerging adulthood after	and 1 from another smaller	from". Making	preunderstanding.
decisions":	experiencing protracted periods of physical and	tribe.	good choices.	
Cultural	psychological trauma as children and		8000 01101000.	
adaptation of	adolescents.	Setting: Foster care.	Not becoming too	
Sudanese Refugee	Data for this article were drawn from in-depth		Americanised.	
Emerging Adults	interviews with Sudanese emerging adults. We	Additional information:		
	conducted semi-structured interviews with the	At the time of resettlement,	Accomodation.	
	emerging adults, which took approximately 2	the mean age of the youths		
	hours to complete. The interviews focused on	was 15 years (SD = 2.3), the	Cultural	
	their adaptation and adjustment in the United	youngest child was 11.	appropriation.	
	States, their experiences in foster care, and their	At the time of the interviews,		
	identity. Data for this article were drawn mainly	12 were enrolled in college, 2		
	from the first section, which asked the	had graduated from 4-year		

			T	T
	participants about their general adaptation,	universities, 1 had obtained a		
	challenges, educational experiences, and future	training certificate from a		
	goals. More specifically, we asked the	community college, and 4		
	participants what helped them in their	were not currently enrolled		
	adjustment and why some of the Sudanese	but planned to return to		
	emerging adults seemed to be adjusting well	school. 4 were parents		
	while others were experiencing more challenges.	themselves, including both		
		females.		
	Analysis: The phenomenological inquiry			
	approach, which focuses on understanding and			
	describing the human experience in the contexts	The same population as in the		
	of families, communities, and cultures. The	studies of Rana and Luster.		
	authors followed the steps of phenomenological			
	inquiry.			
Rana et al	Aim: To explore the factors associated with	Participants: 19	Goals of youth.	Moderate
2011	educational resilience among unaccompanied	Sex: 17 males, 2 females		
[21]	Sudanese refuge who experienced extreme	Age: 18–26 years (mean = 22	Educational	Participant selection bias.
USA	trauma and chronic adversity prior placement in	years; $SD = 2.3$)	attainment.	articipant selection stas.
CSIL	American foster families in 2000–2001.	Origin: Dinka, the largest	attaniment.	No ethical reasoning.
Factors related to	Timetream roster ramines in 2000-2001.	ethnic group in Sudan (18)	Risk factors in	Two current reasoning.
educational	The data for this article were drawn from the	Setting: Foster care.	USA.	No resoning of researcher
resilience among	section that focused on the youths' educational	Setting, 1 oster care.	05/1.	preunderstanding.
unaccompanied	experiences in the United States. The	The same population as the	Protective factors	preunderstanding.
Sudanese minors	semistructured interviews took approximately 2	studies of Qin and Luster.	in USA.	
Sudanese minors		studies of Qili and Luster.	III USA.	
	hours.	Additional information:		
	The transcribed interviews were coded			
		Interviews are made 7 years		
	thematically. A 3 step coding procedure was	after resettlement. At the time		
	used: open, axial and selective coding. First, the	of resettlement, the mean age		
	3 authors did open coding, an "open" process in	of the youths was 15 years		
	that the researchers broke data apart and outlined	(SD = 2.3), the youngest child		
	concepts to stand for blocks of raw data. Next,	was 11.		
	the researchers conducted axial coding, that is,			
	the researchers grouped the codes and concepts			
	into higher level conceptual categories that			

Sinha et al 2008 [22] UK 'I had to cry': exploring sexual health with young separated asylum seekers in East London	deepened the theoretical framework underpinning the analysis. Finally, they conducted selective coding, a process in which the researchers integrated the categories to form a theoretical structure of the analysis through making comparisons and contrasts and then selecting the stories that best illustrated the lived experiences of the participants. To support the achievement of positive sexual health for this group within a hostile social and political environment. Methods 8 one to one interviews and 4 small focus groups with 2–3 participants. All data were recorded and transcribed by ourselves. We listened to the recordings and then examined transcriptions to increase the reliability and validity of our data. We used the framework approach for data analysis involving preliminary readings of the data to familiarise and immerse ourselves in it. Then, a framework of key	Participants: 17 Sex: 8 males, 9 females Age: 15–18 years Origin: Burundi (1), Congo (7), Ethiopia (1), Guinea (1), Jamaica (1), Kosovo (1), Nigeria (1), Sierra Leone (1), Somalia (1), Vietnam (2) Setting: Cared for by social services and 2 who were not.	Sex and relationships. Sex education and knowledge. Sexual exploitation. Accessing sexual healthcare.	Moderate Participant selection is not clearly described. No resoning of researcher preunderstanding.
	examined transcriptions to increase the reliability and validity of our data. We used the framework approach for data analysis involving preliminary readings of the data to familiarise and immerse ourselves in it. Then, a framework of key patterns and themes that related to our research questions and aims for both young people and			
	professionals was identified. This allowed us to identify similarities and differences in responses between them. We used these themes and subcategories to code the data and then analysed them by looking at each code and the responses grouped under it. Part of this process involved researchers independently coding some of the same transcripts.			

Sirriyeh	The aims of this study were to	Participants: 21	3 models of	Moderate
2013	• Describe the fostering experiences of young	Sex and age: (Case study with	relationships in	
[23]	people and foster carers	males aged 13–18 years and	foster care.	Participant selection, data
UK	• Identify specific features of the fostering task	had been in the UK for		collection and data analysis
	in the broad resettlement needs of young people	between 10 months and 5	Developing	is partly unclear.
Hosting	• Assess the support provided to young people	years), 19 participants (2	relationships.	
strangers:	and preparation, training and support of foster	male groups and 1 female	_	No ethical reasoning.
hospitality and	carers	group aged 15–20)		
family practices	Identify factors that facilitated or constrained	Origin: Afghanistan (14) and		No resoning of researcher
in fostering	the making of placements.	other countries (6.		preunderstanding.
unaccompanied		Setting: Foster care.		
refugee young	Case study interviews and 3 young people's			
people	focus groups.	The same population as in the study of Ní Raghallaigh		
	Interviews and focus groups were digitally			
	recorded, transcribed and analysed using the			
	software package MAXQDA (VERBI GmbH,			
	Berlin, Germany).			
Spiteri	Aim: To focus on the experience of	Participants: 12	"Who am I?"	Moderate
2012	unaccompanied minor asylum seekers who	Sex: All males		
[24]	recently travelled to Malta and who aspired to	Age: 16–17 years	"Where am I	No ethical reasoning.
Malta	journey on from there to mainland Europe. It is a	Origin: Ethiopia, Somalia and	going?"	
	phenomenological study of people who are on	Nigeria		No resoning of researcher
The evolving	the move and in transition.	Setting: Residents of Dar ix-		pre understanding.
identities of		Xemx, a hostel.		
unaccompanied	In-depth interviews were recorded using a tape-			
young male	recorder and was subsequently transcribed. The			
asylum seekers in	analysis combines grounded theory and			
Malta	discourse analysis to explore how language			
	served to frame these young people's ideas of			
	themselves, their travels, and their lives.			
Sutton et al	Aim: To explore the process of positive change	Participants: 8	Search for	Moderate
2006	and post-traumatic growth within a sample of 8	Sex: 1 male, 7 females	meaning.	
[25]	unaccompanied minors living in UK.	Age: 16–20 years		Participant selection
UK	Semistructured interviews that lasted	Origin: No information		somewhat biased.

	approximately 40 minutes were recorded and	Setting: Looked after by	Dislocation and	
A qualitative	transcribed.	social services.	loss.	No ethical reasoning.
study exploring				
refugee minors	Interpretative phenomenological analysis was	Additional information: 5	Social support.	
personal accounts	used. This involves a 4-stage process of analysis.	were Christian, and 3 were	A .: :.	
of post-traumatic	1 The Control of	Muslim.	Activity.	
growth and	1 The first author engaged in a process of		Dalinian	
positive change processes in	reading and rereading the interview transcript, jotting down notes in the left hand margin		Religion.	
adapting to life in	concerning initial thoughts and observations in		Positive changes	
UK	response to what was read.		in self perception.	
UK	2 The emerging themes were given titles, written		in sen perception.	
	in the right-hand margin of the transcript, which		Desire to live a	
	reflected her interpretation of the essential		purposive life.	
	quality of the participant's expressed meaning.		purposite inte	
	3 The emergent theme titles were then listed on a			
	separate piece of paper and examined to see if			
	any of the themes were connected or related to			
	each other. Some themes were clustered together			
	to capture a specific category of meaning. These			
	superordinate themes were then given a separate			
	label.			
	4 The themes and superordinate themes, together			
	with the location of relevant quotes, were then			
	summarised in a table. Tracing back each theme			
	and superordinate theme to the relevant quote			
	ensures that the data are grounded in the			
	participant's account.			
Söderqvist	Aim: To examine unaccompanied minors'	Participants: 11	(a) Cultural	Moderate
2014	experiences of leaving care, and to explore the	Sex: All males	baggage;	N
[26]	experience in relation to perceptions about	Age: 18–22 years	(b) Isolation;	No resoning of researcher
Sweden	ethnicity and culture within a transnational	Setting: One residential care	(c) On the go;	preunderstanding.
	space.	unit	(d) Just an	
	In particular, we want to answer:	Origin: The majority of the respondents' origin was	ordinary life.	
	in particular, we want to answer.	respondents origin was		

Leaving care with "cultural baggage": The development of an identity within a transnational space	(a) How unaccompanied minors define their identities throughout the process of transition from care; and (b) How unaccompanied minors perceive the meaning of their ethnic minority backgrounds in relation to the transition into adulthood after leaving care. Interviews were carried out. An interview guide was prepared and the participants were asked to reflect on the themes presented. The interviews	Afghanistan, but some also came from Kurdistan and Iraq. Additional information: All had been issued permanent residency and been in Sweden for 3 to 5 years at the time of the interview. They had experienced leaving care after being received in a Swedish		
	lasted 60–90 minutes, were taped and transcribed verbatim. Both the manifest and the latent content of the interviews have been considered	municipality as unaccompanied minors.		
	through a process of condensing meaning units into codes, and transferring the codes into			
	categories that after further analysis were developed into certain themes.			
Thommessen et al	How do unaccompanied refugee minors	Participants: 6	1. From danger to	Moderate
2015	experience arriving to the Swedish host-society	Sex: All males	safety	
[27]	and what do they find particularly helpful and	Age: 18–19 years	2. Living in limbo	Some gaps in method
Sweden	challenging after their arrival?	Setting: A refugee center	3. Guidance and	discussion.
Europei an f	Dood on individual comistant attended internal	Origin: Afghanistan.	social support	No reconing of recognition
Experiences of arriving to	Based on individual semistructured interviews, an interpretative phenomenological analysis was	Additional information had	4. Striving to fit in and move	No resoning of researcher preunderstanding.
Sweden as an	carried out to explore the perceived risks and	been granted refugee status,	forwards.	preunderstanding.
unaccompanied	protective factors during the first months and	and had arrived to Sweden as	TOT WAIGS.	
asylum-seeking	years in the host-society	unaccompanied minors		
minor from		between the ages of 15 and 16		
Afghanistan: An		years.		
interpretative				
phenomenological				
analysis				

Wernesjö	Aim: Explore how unaccompanied young	Participants: 9	Everyday life in	Moderate
2015	refugees living in a rural village in Sweden make	Sex: 7 males, 2 females	Barnsele –	
[28]	sense of home and belonging.	Age: 16–19 years	peaceful and	Data analysis partly unclear.
Sweden	<i>5 5</i>	Setting: A rural group home	boring.	No ethical reasoning.
	The interviews were thematic, and they focused	Origin: Afghanistan (5),		
Landing in a	on the participants' everyday lives and social	Somalia (4).	Living outside the	No resoning of researcher
rural village:	relationships. The analysis is inspired by Back's	, ,	'normal'	preunderstanding.
home and	(2007) conceptualisation of 'sociological	Additional information:	childhood –	
belonging from	listening' that links the experiences of	Participants had been in	contrasting the	
the perspectives	individuals to larger social and political	Sweden between 1–2.5 years.	group home with	
of unaccompanied	processes and that avoids reducing the		living in a family.	
young refugees	complexities of the social world to simplified			
	images (p.15, 23). My approach to the analysis		Friendships and	
	was abductive, and informed by what Lundström		conditional	
	(2007, 51) describes as 'theoretically charged		belonging in	
	empirics' and 'empirically charged theory' (my		Barnsele.	
	translation), meaning that the empirical material			
	has been analysed with a theoretical framework			
	that both informed the analysis of the empirical			
	material and evolved during the course of			
	analysis.			
Vervliet et al	Aim: Shedding light on unaccompanied refugee	Participants: 20	Facing	Moderate
2014	mothers perspectives and acknowledging the	Sex: All female	constrained/	
[29]	complexity of their lived experiences.	Age: 15–23 years (mean =	constraining daily	Participant selection is not
Belgium		18.10 years)	living conditions.	clearly described.
	In a first step, in-depth thematic analysis of the	Setting: Asylum center, youth		
	mothers' narratives reveals several central	care, and living alone	Experiencing	No ethical reasoning.
	themes. Second, we adopt intersectionality as an	Origin: 12 different countries,	emotional	
	analytical perspective and confront these themes	mostly Africa (17).	difficulties.	No resoning of researcher
That I live, that's	with the 4 social categories ('refugee',	A 111.		preunderstanding.
because of her':	'adolescent', 'unaccompanied' and 'mother')	Additional information:	Creating	
Intersectionality	that are frequently used in research and	Unaccompanied refugee	connectedness.	
as framework for	migration policies concerning the target group.	mothers with 17 children		
unaccompanied		were born in Belgium (out of		
refugee mothers		21), aged 1–57 months. 10		

7	1 1 1 1 1 0	Б	
Interviews were transcribed literally and	participants had applied for	Experiencing	
analysed thematically, together with the	asylum under the Geneva	motherhood as a	
interviewer's personal notes, using the	Refugee Convention, 6 had	turning point.	
qualitative software package for text analyst	is temporary residence permits,		
WinMAX98. The authors first created a tree	2 had applied for		
structure of codes based on the interview	regularisation of their		
scheme. Second, further codes were added by	based undocumented situation and 2		
on a first in-depth reading of all interviews.	mothers had no valid		
	residence documents. 11		
Third, all data were allocated to this tree	mothers currently lived in an		
structure by connecting its codes to text	asylum centre, 3 in a		
fragments. If new relevant codes came up d	uring specialised youth care centre		
this process, they were added to the tree stru	icture for unaccompanied refugee		
and a revision of all interviews was execute	d. minors and 6 lived on their		
Fourth, based on these results, the codes we	re own.		
regrouped into 4 central themes. Finally, the	ese		
results were confronted with the pre-defined	d		
social categories.			

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