



## Bilaga 3. Exkluderade studier (tabell med de studier som granskats och uppgift om exklusionskäl)

Reference	Reason for exclusion
Adina J, Morawska A, Mitchell AE, McBryde M. Effect of parenting interventions on perinatal depression and implications for infant developmental outcomes: A systematic review and meta-analysis. <i>Clinical Child and Family Psychology Review</i> . 2022;25(2):316-38. Available from: <a href="https://doi.org/10.1007/s10567-021-00371-3">https://doi.org/10.1007/s10567-021-00371-3</a> .	Wrong population
Ali-Saleh Darawshy N, Gewirtz A, Marsalis S. Psychological intervention and prevention programs for child and adolescent exposure to community violence: A systematic review. <i>Clinical Child and Family Psychology Review</i> . 2020;23(3):365-78. Available from: <a href="https://doi.org/10.1007/s10567-020-00315-3">https://doi.org/10.1007/s10567-020-00315-3</a> .	Wrong population
Aljaberi MA, Alsalahi A, Juni MH, Noman S, Al-Tammemi AB, Hamat RA. Efficacy of Interventional Programs in Reducing Acculturative Stress and Enhancing Adjustment of International Students to the New Host Educational Environment: A Systematic Review and Meta-Analysis. <i>Int J Environ Res Public Health</i> . 2021;18(15). Available from: <a href="https://doi.org/10.3390/ijerph18157765">https://doi.org/10.3390/ijerph18157765</a> .	Wrong population
Allen B. Child-Parent Relationship Therapy for Externalizing Problems: A Meta-analysis and Methodological Critique. <i>Evidence-Based Practice in Child &amp; Adolescent Mental Health</i> . 2020;5(4):426-36. Available from: <a href="https://doi.org/10.1080/23794925.2020.1784054">https://doi.org/10.1080/23794925.2020.1784054</a> .	Wrong population
Alneyadi M, Drissi N, Almeqbaali M, Ouhbi S. Biofeedback-Based Connected Mental Health Interventions for Anxiety: Systematic Literature Review. <i>JMIR Mhealth Uhealth</i> . 2021;9(4):e26038. Available from: <a href="https://doi.org/10.2196/26038">https://doi.org/10.2196/26038</a> .	Wrong population
Alves AR, Dias R, Neiva HP, Marinho DA, Marques MC, Sousa AC, et al. High-Intensity Interval Training upon Cognitive and Psychological Outcomes in Youth: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2021;18(10). Available from: <a href="https://doi.org/10.3390/ijerph18105344">https://doi.org/10.3390/ijerph18105344</a> .	Wrong population

Reference	Reason for exclusion
<p>Andermo S, Hallgren M, Nguyen T-T-D, Jonsson S, Petersen S, Friberg M, et al. School-related physical activity interventions and mental health among children: a systematic review and meta-analysis. <i>Sports Medicine - Open</i>. 2020;6(1):1-27. Available from: <a href="https://doi.org/10.1186/s40798-020-00254-x">https://doi.org/10.1186/s40798-020-00254-x</a>.</p>	Wrong setting
<p>Archer S, Cheung NHY, Williams I, Darzi A. The impact of digital health interventions on the psychological outcomes of patients and families receiving paediatric palliative care: A systematic review and narrative synthesis. <i>Palliative Medicine</i>. 2021;35(10):2017-23. Available from: <a href="https://doi.org/https://dx.doi.org/10.1177/02692163211026523">https://doi.org/https://dx.doi.org/10.1177/02692163211026523</a>.</p>	Wrong population
<p>Arenas DL, Viduani A, Araujo RB. Therapeutic Use of Role-Playing Game (RPG) in Mental Health: A Scoping Review. <i>Simulation &amp; Gaming</i>. 2022;53(3):285-311. Available from: <a href="https://doi.org/10.1177/10468781211073720">https://doi.org/10.1177/10468781211073720</a>.</p>	Not a Systematic Review
<p>Arnardóttir A, Skarphedinsson G. Comparative effectiveness of cognitive behavioral treatment, serotonin, and serotonin noradrenaline reuptake inhibitors for anxiety in children and adolescents: a network meta-analysis. <i>Nord J Psychiatry</i>. 2023;77(2):118-26. Available from: <a href="https://doi.org/10.1080/08039488.2022.2069858">https://doi.org/10.1080/08039488.2022.2069858</a>.</p>	Wrong intervention
<p>Arns M, Clark CR, Trullinger M, deBeus R, Mack M, Aniftos M. Neurofeedback and Attention-Deficit/Hyperactivity-Disorder (ADHD) in Children: Rating the Evidence and Proposed Guidelines. <i>Applied Psychophysiology Biofeedback</i>. 2020;45(2):39-48. Available from: <a href="https://doi.org/10.1007/s10484-020-09455-2">https://doi.org/10.1007/s10484-020-09455-2</a>.</p>	Wrong outcomes
<p>Arundell LL, Barnett P, Buckman JEJ, Saunders R, Pilling S. The effectiveness of adapted psychological interventions for people from ethnic minority groups: A systematic review and conceptual typology. <i>Clinical Psychology Review</i>. 2021;88. Available from: <a href="https://doi.org/10.1016/j.cpr.2021.102063">https://doi.org/10.1016/j.cpr.2021.102063</a>.</p>	Wrong population

Reference	Reason for exclusion
<p>Ashdown-Franks G, Firth J, Carney R, Carvalho AF, Hallgren M, Koyanagi A, et al. Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. <i>Sports Med.</i> 2020;50(1):151-70. Available from: <a href="https://doi.org/https://dx.doi.org/10.1007/s40279-019-01187-6">https://doi.org/https://dx.doi.org/10.1007/s40279-019-01187-6</a>.</p>	Wrong indication
<p>Bai Z, Luo S, Zhang L, Wu S, Chi I. Acceptance and Commitment Therapy (ACT) to reduce depression: A systematic review and meta-analysis. <i>Journal of Affective Disorders.</i> 2020;260:728-37. Available from: <a href="https://doi.org/10.1016/j.jad.2019.09.040">https://doi.org/10.1016/j.jad.2019.09.040</a>.</p>	Wrong population
<p>Ballard SC, Bender SL. A systematic review of social, emotional, and behavioral interventions and outcomes for students in alternative education. <i>Preventing School Failure.</i> 2021:1-14. Available from: <a href="https://doi.org/10.1080/1045988x.2021.1980850">https://doi.org/10.1080/1045988x.2021.1980850</a>.</p>	Wrong population
<p>Banwell E, Humphrey N, Qualter P. Delivering and implementing child and adolescent mental health training for mental health and allied professionals: a systematic review and qualitative meta-aggregation. <i>BMC Medical Education.</i> 2021;21(1):103. Available from: <a href="https://doi.org/10.1186/s12909-021-02530-0">https://doi.org/10.1186/s12909-021-02530-0</a>.</p>	Wrong study design
<p>Baourda VC, Brouzos A, Mavridis D, Vassilopoulos SP, Vatkali E, Boumpouli C. Group psychoeducation for anxiety symptoms in youth: Systematic review and meta-analysis. <i>Journal for Specialists in Group Work.</i> 2022;47(1):22-42. Available from: <a href="https://doi.org/10.1080/01933922.2021.1950881">https://doi.org/10.1080/01933922.2021.1950881</a>.</p>	Wrong study design
<p>Barahona-Fuentes G, Huerta Ojeda Á, Chirisa-Ríos L. Effects of Training with Different Modes of Strength Intervention on Psychosocial Disorders in Adolescents: A Systematic Review and Meta-Analysis. <i>Int J Environ Res Public Health.</i> 2021;18(18). Available from: <a href="https://doi.org/10.3390/ijerph18189477">https://doi.org/10.3390/ijerph18189477</a>.</p>	Wrong population

Reference	Reason for exclusion
<p>Barbui C, Purgato M, Abdulmalik J, Acarturk C, Eaton J, Gastaldon C, et al. Efficacy of psychosocial interventions for mental health outcomes in low-income and middle-income countries: an umbrella review. <i>The lancet Psychiatry</i>. 2020;7(2):162-72. Available from: <a href="https://doi.org/https://dx.doi.org/10.1016/S2215-0366(19)30511-5">https://doi.org/https://dx.doi.org/10.1016/S2215-0366(19)30511-5</a>.</p>	<p>Not a Systematic Review</p>
<p>Barnett P, Arundell LL, Saunders R, Matthews H, Pilling S. The efficacy of psychological interventions for the prevention and treatment of mental health disorders in university students: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i>. 2021;280:381-406. Available from: <a href="https://doi.org/10.1016/j.jad.2020.10.060">https://doi.org/10.1016/j.jad.2020.10.060</a>.</p>	<p>Wrong population</p>
<p>Bastola MM, Locatis C, Maisiak R, Fontelo P. The Effectiveness of Mobile Phone-Based Text Messaging to Intervene with Problem Drinking in Youth and Younger Adult Population: A Meta-Analysis. <i>Telemedicine journal and e-health : the official journal of the American Telemedicine Association</i>. 2020;26(3):270-7. Available from: <a href="https://doi.org/https://dx.doi.org/10.1089/tmj.2018.0307">https://doi.org/https://dx.doi.org/10.1089/tmj.2018.0307</a>.</p>	<p>Wrong population</p>
<p>Baudinet J, Simic M. Adolescent Eating Disorder Day Programme Treatment Models and Outcomes: A Systematic Scoping Review. <i>Front Psychiatry</i>. 2021;12:652604. Available from: <a href="https://doi.org/10.3389/fpsy.2021.652604">https://doi.org/10.3389/fpsy.2021.652604</a>.</p>	<p>Wrong indication</p>
<p>Beelmann A, Arnold LS, Schulz S. Buffering negative effects of immigration on cognitive, social, and educational development: A multinational meta-analysis of child and adolescent prevention programmes. <i>International journal of psychology : Journal international de psychologie</i>. 2021;56(3):478-90. Available from: <a href="https://doi.org/https://dx.doi.org/10.1002/ijop.12725">https://doi.org/https://dx.doi.org/10.1002/ijop.12725</a>.</p>	<p>Wrong population</p>

Reference	Reason for exclusion
<p>Bendall S, Eastwood O, Cox G, Farrelly-Rosch A, Nicoll H, Peters W, et al. A Systematic Review and Synthesis of Trauma-Informed Care Within Outpatient and Counseling Health Settings for Young People. <i>Child Maltreatment</i>. 2021;26(3):313-24. Available from: <a href="https://doi.org/https://dx.doi.org/10.1177/1077559520927468">https://doi.org/https://dx.doi.org/10.1177/1077559520927468</a>.</p>	Not a Systematic Review
<p>Berkanish P, Pan S, Viola A, Rademaker Q, Devine KA. Technology-Based Peer Support Interventions for Adolescents with Chronic Illness: A Systematic Review. <i>Journal of Clinical Psychology in Medical Settings</i>. 2022. Available from: <a href="https://doi.org/https://dx.doi.org/10.1007/s10880-022-09853-0">https://doi.org/https://dx.doi.org/10.1007/s10880-022-09853-0</a>.</p>	Wrong population
<p>Bochicchio L, Reeder K, Ivanoff A, Pope H, Stefancic A. Psychotherapeutic interventions for LGBTQ + youth: a systematic review. <i>Journal of LGBT Youth</i>. 2022;19(2):152-79. Available from: <a href="https://doi.org/10.1080/19361653.2020.1766393">https://doi.org/10.1080/19361653.2020.1766393</a>.</p>	Wrong study design
<p>Boelens M, Smit MS, Raat H, Bramer WM, Jansen W. Impact of organized activities on mental health in children and adolescents: An umbrella review. <i>Prev Med Rep</i>. 2022;25:101687. Available from: <a href="https://doi.org/https://dx.doi.org/10.1016/j.pmedr.2021.101687">https://doi.org/https://dx.doi.org/10.1016/j.pmedr.2021.101687</a>.</p>	Wrong study design
<p>Boldrini T, Ghiandoni V, Mancinelli E, Salcuni S, Solmi M. Systematic review and meta-analysis: Psychosocial treatments for disruptive behavior symptoms and disorders in adolescence. <i>Journal of the American Academy of Child &amp; Adolescent Psychiatry</i>. 2022. Available from: <a href="https://doi.org/10.1016/j.jaac.2022.05.002">https://doi.org/10.1016/j.jaac.2022.05.002</a>.</p>	Wrong population
<p>Boldt K, Coenen M, Movsisyan A, Voss S, Rehfuess E, Kunzler AM, et al. Interventions to Ameliorate the Psychosocial Effects of the COVID-19 Pandemic on Children-A Systematic Review. <i>Int J Environ Res Public Health</i>. 2021;18(5). Available from: <a href="https://doi.org/10.3390/ijerph18052361">https://doi.org/10.3390/ijerph18052361</a>.</p>	Wrong indication

Reference	Reason for exclusion
<p>Bonardi O, Wang Y, Li K, Jiang X, Krishnan A, He C, et al. Effects of COVID-19 Mental Health Interventions Among Children, Adolescents, and Adults Not Quarantined or Undergoing Treatment Due to COVID-19 Infection: A Systematic Review of Randomised Controlled Trials. <i>Canadian Journal of Psychiatry</i>. 2022;67(5):336-50. Available from: <a href="https://doi.org/10.1177/07067437211070648">https://doi.org/10.1177/07067437211070648</a>.</p>	Wrong population
<p>Bond SJ, Parikh N, Majmudar S, Pin S, Wang C, Willis L, et al. A Systematic Review of the Scope of Study of mHealth Interventions for Wellness and Related Challenges in Pediatric and Young Adult Populations. <i>Adolesc Health Med Ther</i>. 2022;13:23-38. Available from: <a href="https://doi.org/10.2147/ahmt.S342811">https://doi.org/10.2147/ahmt.S342811</a>.</p>	Wrong study design
<p>Borland RL, Cameron LA, Tonge BJ, Gray KM. Effects of physical activity on behaviour and emotional problems, mental health and psychosocial well-being in children and adolescents with intellectual disability: A systematic review. <i>J Appl Res Intellect Disabil</i>. 2022;35(2):399-420. Available from: <a href="https://doi.org/https://dx.doi.org/10.1111/jar.12961">https://doi.org/https://dx.doi.org/10.1111/jar.12961</a>.</p>	Wrong population
<p>Bortoncello CF, Cardoso NdO, Salvador EZ, de Avila RC, Machado WdL, Ferrao YA. Efficacy of group cognitive-behavioral therapy in adolescents with obsessive compulsive disorder: a systematic review and meta-analysis. <i>Revista brasileira de psiquiatria (Sao Paulo, Brazil : 1999)</i>. 2022. Available from: <a href="https://doi.org/https://dx.doi.org/10.47626/1516-4446-2021-2264">https://doi.org/https://dx.doi.org/10.47626/1516-4446-2021-2264</a>.</p>	Wrong population
<p>Bourchtein E, Langberg JM, Eadeh HM. A Review of Pediatric Nonpharmacological Sleep Interventions: Effects on Sleep, Secondary Outcomes, and Populations With Co-occurring Mental Health Conditions. <i>Behavior Therapy</i>. 2020;51(1):27-41. Available from: <a href="https://doi.org/10.1016/j.beth.2019.04.006">https://doi.org/10.1016/j.beth.2019.04.006</a>.</p>	Wrong population

Reference	Reason for exclusion
<p>Bourke M, Patten RK, Dash S, Pascoe M, Craike M, Firth J, et al. The Effect of Interventions That Target Multiple Modifiable Health Behaviors on Symptoms of Anxiety and Depression in Young People: A Meta-Analysis of Randomized Controlled Trials. <i>J Adolesc Health</i>. 2022;70(2):208-19. Available from: <a href="https://doi.org/https://dx.doi.org/10.1016/j.jadohealth.2021.08.005">https://doi.org/https://dx.doi.org/10.1016/j.jadohealth.2021.08.005</a>.</p>	Wrong population
<p>Bourke-Taylor HM, Lee DCA, Tirlea L, Joyce K, Morgan P, Haines TP. Interventions to Improve the Mental Health of Mothers of Children with a Disability: Systematic Review, Meta-analysis and Description of Interventions. <i>Journal of Autism and Developmental Disorders</i>. 2021;51(10):3690-706. Available from: <a href="https://doi.org/10.1007/s10803-020-04826-4">https://doi.org/10.1007/s10803-020-04826-4</a>.</p>	Wrong population
<p>Braitto I, Rudd T, Buyuktasgin D, Ahmed M, Glancy C, Mulligan A. Review: systematic review of effectiveness of art psychotherapy in children with mental health disorders. <i>Irish Journal of Medical Science</i>. 2022;191(3):1369-83. Available from: <a href="https://doi.org/10.1007/s11845-021-02688-y">https://doi.org/10.1007/s11845-021-02688-y</a>.</p>	Wrong population
<p>Bray I, Reece R, Sinnott D, Martin F, Hayward R. Exploring the role of exposure to green and blue spaces in preventing anxiety and depression among young people aged 14–24 years living in urban settings: A systematic review and conceptual framework. <i>Environ Res</i>. 2022;214. Available from: <a href="https://doi.org/10.1016/j.envres.2022.114081">https://doi.org/10.1016/j.envres.2022.114081</a>.</p>	Wrong study design
<p>Brigden A, Anderson E, Linney C, Morris R, Parslow R, Serafimova T, et al. Digital Behavior Change Interventions for Younger Children With Chronic Health Conditions: Systematic Review. <i>J Med Internet Res</i>. 2020;22(7):e16924. Available from: <a href="https://doi.org/10.2196/16924">https://doi.org/10.2196/16924</a>.</p>	Wrong population



Reference	Reason for exclusion
<p>Brooks R, Bannigan K. Occupational therapy interventions in child and adolescent mental health to increase participation: A mixed methods systematic review. <i>British Journal of Occupational Therapy</i>. 2021;84(8):474-87. Available from: <a href="https://doi.org/10.1177/03080226211008718">https://doi.org/10.1177/03080226211008718</a>.</p>	Wrong outcomes
<p>Bruner MW, McLaren CD, Sutcliffe JT, Gardner LA, Lubans DR, Smith JJ, et al. The effect of sport-based interventions on positive youth development: A systematic review and meta-analysis. <i>International Review of Sport and Exercise Psychology</i>. 2021. Available from: <a href="https://doi.org/10.1080/1750984X.2021.1875496">https://doi.org/10.1080/1750984X.2021.1875496</a>.</p>	Wrong population
<p>Buerger A, Vloet TD, Haber L, Geissler JM. Third-wave interventions for eating disorders in adolescence - systematic review with meta-analysis. <i>Borderline Personal Disord Emot Dysregul</i>. 2021;8(1):20. Available from: <a href="https://doi.org/10.1186/s40479-021-00158-6">https://doi.org/10.1186/s40479-021-00158-6</a>.</p>	Wrong population
<p>Burke KM, Raley SK, Shogren KA, Hagiwara M, Mumbardó-Adam C, Uyanik H, et al. A Meta-Analysis of Interventions to Promote Self-Determination for Students With Disabilities. <i>Remedial &amp; Special Education</i>. 2020;41(3):176-88. Available from: <a href="https://doi.org/10.1177/0741932518802274">https://doi.org/10.1177/0741932518802274</a>.</p>	Wrong population
<p>Büscher R, Torok M, Terhorst Y, Sander L. Internet-Based Cognitive Behavioral Therapy to Reduce Suicidal Ideation: A Systematic Review and Meta-analysis. <i>JAMA Netw Open</i>. 2020;3(4):e203933. Available from: <a href="https://doi.org/10.1001/jamanetworkopen.2020.3933">https://doi.org/10.1001/jamanetworkopen.2020.3933</a>.</p>	Wrong population
<p>Bustamante EE, Balbim GM, Ramer JD, Santiago-Rodríguez ME, DuBois DL, Brunskill A, et al. Diverse multi-week physical activity programs reduce ADHD symptoms: A systematic review and meta-analysis. <i>Psychol Sport Exerc</i>. 2022;63. Available from: <a href="https://doi.org/10.1016/j.psychsport.2022.102268">https://doi.org/10.1016/j.psychsport.2022.102268</a>.</p>	Wrong setting

Reference	Reason for exclusion
Butler S, Sculley D, Santos D, Fellas A, Gironès X, Singh-Grewal D, et al. Effectiveness of eHealth and mHealth Interventions Supporting Children and Young People Living With Juvenile Idiopathic Arthritis: Systematic Review and Meta-analysis. <i>J Med Internet Res</i> . 2022;24(2):e30457. Available from: <a href="https://doi.org/10.2196/30457">https://doi.org/10.2196/30457</a> .	Wrong intervention
Buttazzoni A, Brar K, Minaker L. Smartphone-Based Interventions and Internalizing Disorders in Youth: Systematic Review and Meta-analysis. <i>J Med Internet Res</i> . 2021;23(1):e16490. Available from: <a href="https://doi.org/10.2196/16490">https://doi.org/10.2196/16490</a> .	Wrong study design
Byrne G, Murphy S, Connon G. Mentalization-based treatments with children and families: A systematic review of the literature. <i>Clinical Child Psychology and Psychiatry</i> . 2020;25(4):1022-48. Available from: <a href="https://doi.org/10.1177/1359104520920689">https://doi.org/10.1177/1359104520920689</a> .	Wrong population
Byrne G. A systematic review of treatment interventions for individuals with intellectual disability and trauma symptoms: A review of the recent literature. <i>Trauma, Violence, &amp; Abuse</i> . 2022;23(2):541-54. Available from: <a href="https://doi.org/10.1177/1524838020960219">https://doi.org/10.1177/1524838020960219</a> .	Wrong population
Cadenas-Sanchez C, Mena-Molina A, Torres-Lopez LV, Migueles JH, Rodriguez-Ayllon M, Lubans DR, et al. Healthier Minds in Fitter Bodies: A Systematic Review and Meta-Analysis of the Association between Physical Fitness and Mental Health in Youth. <i>Sports Med</i> . 2021;51(12):2571-605. Available from: <a href="https://doi.org/https://dx.doi.org/10.1007/s40279-021-01520-y">https://doi.org/https://dx.doi.org/10.1007/s40279-021-01520-y</a> .	Wrong study design
Cahill SM, Egan BE, Seber J. Activity- and Occupation-Based Interventions to Support Mental Health, Positive Behavior, and Social Participation for Children and Youth: A Systematic Review. <i>American Journal of Occupational Therapy</i> . 2020;74(2):1-28. Available from: <a href="https://doi.org/10.5014/ajot.2020.038687">https://doi.org/10.5014/ajot.2020.038687</a> .	Wrong population

Reference	Reason for exclusion
Cai Q, Chan ACY, Lee S-K, Marsalis S, Gewirtz AH. Effectiveness of generationpmto to promote parenting and child adjustment: A meta-analytic review. <i>Clinical Child and Family Psychology Review</i> . 2022. Available from: <a href="https://doi.org/10.1007/s10567-022-00400-9">https://doi.org/10.1007/s10567-022-00400-9</a> .	Wrong population
Caldwell, Deborah M.; Davies, Sarah R.; Hetrick, Sarah E.; Palmer, Jennifer C.; Caro, Paola; López-López, José A.; Gunnell, David; Kidger, Judi; Thomas, James; French, Clare; Stockings, Emily; Campbell, Rona; Welton, Nicky J.	Not a Systematic Review
Calvo N, Garcia-Gonzalez S, Perez-Galbarro C, Regales-Peco C, Lugo-Marin J, Ramos-Quiroga J-A, et al. Psychotherapeutic interventions specifically developed for NSSI in adolescence: A systematic review. <i>European neuropsychopharmacology : the journal of the European College of Neuropsychopharmacology</i> . 2022;58:86-98. Available from: <a href="https://doi.org/https://dx.doi.org/10.1016/j.euroneuro.2022.02.009">https://doi.org/https://dx.doi.org/10.1016/j.euroneuro.2022.02.009</a> .	Wrong comparator
Camden C, Pratte G, Fallon F, Couture M, Berbari J, Tousignant M. Diversity of practices in telerehabilitation for children with disabilities and effective intervention characteristics: Results from a systematic review. <i>Disability and Rehabilitation: An International, Multidisciplinary Journal</i> . 2020;42(24):3424-36. Available from: <a href="https://doi.org/10.1080/09638288.2019.1595750">https://doi.org/10.1080/09638288.2019.1595750</a> .	Wrong population
Cameron LA, Phillips K, Melvin GA, Hastings RP, Gray KM. Psychological interventions for depression in children and young people with an intellectual disability and/or autism: Systematic review. <i>British Journal of Psychiatry</i> . 2021;218(6):305-14. Available from: <a href="https://doi.org/10.1192/bjp.2020.226">https://doi.org/10.1192/bjp.2020.226</a> .	Wrong population

Reference	Reason for exclusion
<p>Campisi SC, Krause KR, Chan BWC, Courtney DB, Bennett K, Korczak DJ, et al. Eating, sleeping and moving recommendations in clinical practice guidelines for paediatric depression: umbrella review. <i>BJPsych open</i>. 2021 2021/10//; 7(6): p. e185. Available from:  <a href="http://europepmc.org/abstract/MED/34607616">http://europepmc.org/abstract/MED/34607616</a>  <a href="https://doi.org/10.1192/bjo.2021.1020">https://doi.org/10.1192/bjo.2021.1020</a>  <a href="https://europepmc.org/articles/PMC8503910">https://europepmc.org/articles/PMC8503910</a>  <a href="https://europepmc.org/articles/PMC8503910?pdf=render">https://europepmc.org/articles/PMC8503910?pdf=render</a>.</p>	Wrong outcomes
<p>Caperchione C, Diamond S, English M, Wallace L. The impact of physical activity and sport programs on mental, social and emotional wellbeing of young Aboriginal and Torres Strait Islander people: A systematic review. <i>Journal of Science &amp; Medicine in Sport</i>. 2021. p. S67-S. Available from:  <a href="https://doi.org/10.1016/j.jsams.2021.09.167">https://doi.org/10.1016/j.jsams.2021.09.167</a>.</p>	Conference abstract
<p>Cardy JL, Waite P, Cocks F, Creswell C. A systematic review of parental involvement in cognitive behavioural therapy for adolescent anxiety disorders. <i>Clinical Child and Family Psychology Review</i>. 2020;23(4):483-509. Available from:  <a href="https://doi.org/10.1007/s10567-020-00324-2">https://doi.org/10.1007/s10567-020-00324-2</a>.</p>	Wrong study design
<p>Carlucci L, Saggino A, Balsamo M. On the efficacy of the unified protocol for transdiagnostic treatment of emotional disorders: A systematic review and meta-analysis. <i>Clinical Psychology Review</i>. 2021;87. Available from:  <a href="https://doi.org/10.1016/j.cpr.2021.101999">https://doi.org/10.1016/j.cpr.2021.101999</a>.</p>	Wrong population
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<p>Hale GE, Colquhoun L, Lancaster D, Lewis N, Tyson PJ. Physical activity interventions for the mental health of children: A systematic review. <i>Child Care Health Dev</i>. 2022;22:22. Available from: <a href="https://doi.org/https://dx.doi.org/10.1111/ch.13048">https://doi.org/https://dx.doi.org/10.1111/ch.13048</a>.</p>	Wrong population
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<p>Jacob CM, Hardy-Johnson PL, Inskip HM, Morris T, Parsons CM, Barrett M, et al. A systematic review and meta-analysis of school-based interventions with health education to reduce body mass index in adolescents aged 10 to 19 years. <i>International Journal of Behavioral Nutrition and Physical Activity</i>. 2021;18(1):1. Available from: <a href="https://doi.org/10.1186/s12966-020-01065-9">https://doi.org/10.1186/s12966-020-01065-9</a>.</p>	Wrong indication
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Kaptan SK, Dursun BO, Knowles M, Husain N, Varese F. Group eye movement desensitization and reprocessing interventions in adults and children: A systematic review of randomized and nonrandomized trials. <i>Clinical Psychology &amp; Psychotherapy</i> . 2021;28(4):784-806. Available from: <a href="https://doi.org/https://dx.doi.org/10.1002/cpp.2549">https://doi.org/https://dx.doi.org/10.1002/cpp.2549</a> .	Wrong population
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<p>Kip A, Priebe S, Holling H, Morina N. Psychological interventions for posttraumatic stress disorder and depression in refugees: A meta-analysis of randomized controlled trials. <i>Clinical Psychology &amp; Psychotherapy</i>. 2020. Available from: <a href="https://doi.org/10.1002/cpp.2446">https://doi.org/10.1002/cpp.2446</a>.</p>	Wrong population
<p>Kirk S, Ogata B, Wichert E, Handu D, Rozga M. Treatment of Pediatric Overweight and Obesity: Position of the Academy of Nutrition and Dietetics Based on an Umbrella Review of Systematic Reviews. <i>Journal of the Academy of Nutrition and Dietetics</i>. 2022;122(4):848-61. Available from: <a href="https://doi.org/https://dx.doi.org/10.1016/j.jand.2022.01.008">https://doi.org/https://dx.doi.org/10.1016/j.jand.2022.01.008</a>.</p>	Wrong indication
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<p>Kodsi A, Bullock B, Kennedy GA, Tirlea L. Psychological Interventions to Improve Sleep in Young Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Behavioral Sleep Medicine. 2022;20(1):125-42. Available from:  <a href="https://doi.org/https://dx.doi.org/10.1080/15402002.2021.1876062">https://doi.org/https://dx.doi.org/10.1080/15402002.2021.1876062</a>.</p>	Wrong population
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Lan M, Law N, Pan Q. Effectiveness of anti-cyberbullying educational programs: A socio-ecologically grounded systematic review and meta-analysis. <i>Computers in Human Behavior</i> . 2022;130:N.PAG-N.PAG. Available from: <a href="https://doi.org/10.1016/j.chb.2022.107200">https://doi.org/10.1016/j.chb.2022.107200</a> .	Wrong outcomes
Lanier P, Jensen T, Bryant K, Chung G, Rose R, Smith Q, et al. A systematic review of the effectiveness of children's behavioral health interventions in psychiatric residential treatment facilities. <i>Children and Youth Services Review</i> . 2020;113. Available from: <a href="https://doi.org/10.1016/j.chilyouth.2020.104951">https://doi.org/10.1016/j.chilyouth.2020.104951</a> .	Wrong population
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<p>Leahy AA, Mavilidi MF, Smith JJ, Hillman CH, Eather N, Barker D, et al. Review of High-Intensity Interval Training for Cognitive and Mental Health in Youth. <i>Med Sci Sports Exerc</i>. 2020;52(10):2224-34. Available from: <a href="https://doi.org/https://dx.doi.org/10.1249/MSS.0000000000002359">https://doi.org/https://dx.doi.org/10.1249/MSS.0000000000002359</a>.</p>	Wrong population
<p>Lee IS, Kim E. Effects of parenting education programs for refugee and migrant parents: a systematic review and meta-analysis. <i>Child Health Nurs Res</i>. 2022;28(1):23-40. Available from: <a href="https://doi.org/10.4094/chnr.2022.28.1.23">https://doi.org/10.4094/chnr.2022.28.1.23</a>.</p>	Wrong outcomes
<p>Lee RLT, Lane S, Brown G, Leung C, Kwok SWH, Chan SWC. Systematic review of the impact of unstructured play interventions to improve young children's physical, social, and emotional wellbeing. <i>Nursing &amp; Health Sciences</i>. 2020;22(2):184-96. Available from: <a href="https://doi.org/10.1111/nhs.12732">https://doi.org/10.1111/nhs.12732</a>.</p>	Wrong population
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<p>Leech T, Dorstyn D, Taylor A, Li W. Mental health apps for adolescents and young adults: A systematic review of randomised controlled trials. <i>Children and Youth Services Review</i>. 2021;127. Available from: <a href="https://doi.org/10.1016/j.chilyouth.2021.106073">https://doi.org/10.1016/j.chilyouth.2021.106073</a>.</p>	Wrong population

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<p>Lehtimaki S, Martic J, Wahl B, Foster KT, Schwalbe N. Evidence on Digital Mental Health Interventions for Adolescents and Young People: Systematic Overview. <i>JMIR Ment Health</i>. 2021;8(4):e25847. Available from: <a href="https://doi.org/10.2196/25847">https://doi.org/10.2196/25847</a>.</p>	Not a Systematic Review
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<p>Li J, Liang J-h, Li J-y, Qian S, Jia R-x, Wang Y-q, et al. Optimal approaches for preventing depressive symptoms in children and adolescents based on the psychosocial interventions: A Bayesian Network Meta-Analysis. <i>Journal of Affective Disorders</i>. 2021;280(Part A):364-72. Available from: <a href="https://doi.org/10.1016/j.jad.2020.11.023">https://doi.org/10.1016/j.jad.2020.11.023</a>.</p>	Wrong outcomes
<p>Li M, Bai F, Yao L, Qin Y, Chen K, Xin T, et al. Economic Evaluation of Cognitive Behavioral Therapy for Depression: A Systematic Review. <i>Value in Health</i>. 2022;25(6):1030-41. Available from: <a href="https://doi.org/10.1016/j.jval.2021.11.1379">https://doi.org/10.1016/j.jval.2021.11.1379</a>.</p>	Wrong outcomes
<p>Li M, Wang Q, Shen J. The Impact of Physical Activity on Mental Health during COVID-19 Pandemic in China: A Systematic Review. <i>Int J Environ Res Public Health</i>. 2022;19(11). Available from: <a href="https://doi.org/10.3390/ijerph19116584">https://doi.org/10.3390/ijerph19116584</a>.</p>	Wrong study design



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Liang X, Li R, Wong SHS, Sum RKW, Wang P, Yang B, et al. The Effects of Exercise Interventions on Executive Functions in Children and Adolescents with Autism Spectrum Disorder: A Systematic Review and Meta-analysis. <i>Sports Med</i> . 2022;52(1):75-88. Available from: <a href="https://doi.org/https://dx.doi.org/10.1007/s40279-021-01545-3">https://doi.org/https://dx.doi.org/10.1007/s40279-021-01545-3</a> .	Wrong population
Lin L-Y, Lin L-H, Tzeng G-L, Huang Y-H, Tai J-F, Chen Y-L, et al. Effects of mindfulness-based therapy for cancer patients: A systematic review and meta-analysis. <i>Journal of Clinical Psychology in Medical Settings</i> . 2022. Available from: <a href="https://doi.org/10.1007/s10880-022-09862-z">https://doi.org/10.1007/s10880-022-09862-z</a> .	Wrong population
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<p>Liu Q, Hsieh W-Y, Chen G. A systematic review and meta-analysis of parent-mediated intervention for children and adolescents with autism spectrum disorder in mainland China, Hong Kong, and Taiwan. <i>Autism</i>. 2020;24(8):1960-79. Available from: <a href="https://doi.org/10.1177/1362361320943380">https://doi.org/10.1177/1362361320943380</a>.</p>	Wrong population
<p>Liu X, Li R, Cui J, Liu F, Smith L, Chen X, et al. The Effects of Tai Chi and Qigong Exercise on Psychological Status in Adolescents: A Systematic Review and Meta-Analysis. <i>Front Psychol</i>. 2021;12:746975. Available from: <a href="https://doi.org/10.3389/fpsyg.2021.746975">https://doi.org/10.3389/fpsyg.2021.746975</a>.</p>	Wrong population
<p>Lomax J, Meyrick J. Systematic Review: Effectiveness of psychosocial interventions on wellbeing outcomes for adolescent or adult victim/survivors of recent rape or sexual assault. <i>Journal of Health Psychology</i>. 2022;27(2):305-31. Available from: <a href="https://doi.org/https://dx.doi.org/10.1177/1359105320950799">https://doi.org/https://dx.doi.org/10.1177/1359105320950799</a>.</p>	Wrong population
<p>Loon AWG, Creemers HE, Okorn A, Vogelaar S, Miers AC, Saab N, et al. The effects of school-based interventions on physiological stress in adolescents: A meta-analysis. <i>Stress and Health: Journal of the International Society for the Investigation of Stress</i>. 2021. Available from: <a href="https://doi.org/10.1002/smi.3081">https://doi.org/10.1002/smi.3081</a>.</p>	Wrong population
<p>Lorenc T, Lester S, Sutcliffe K, Stansfield C, Thomas J. Interventions to support people exposed to adverse childhood experiences: systematic review of systematic reviews. <i>BMC Public Health</i>. 2020;20(1):657. Available from: <a href="https://doi.org/10.1186/s12889-020-08789-0">https://doi.org/10.1186/s12889-020-08789-0</a>.</p>	Wrong study design

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<p>Ma L, Huang C, Tao R, Cui Z, Schluter P. Meta-analytic review of online guided self-help interventions for depressive symptoms among college students. <i>Internet Interventions</i>. 2021;25. Available from: <a href="https://doi.org/10.1016/j.invent.2021.100427">https://doi.org/10.1016/j.invent.2021.100427</a>.</p>	Wrong population
<p>Ma L, Huang C, Cui Z. A meta-analysis of cognitive-behavioral therapy for depressive symptoms among college students, alone and in comparison with other interventions. <i>Journal of Behavioral and Cognitive Therapy</i>. 2020;30(2):127-39. Available from: <a href="https://doi.org/10.1016/j.jbct.2020.03.008">https://doi.org/10.1016/j.jbct.2020.03.008</a>.</p>	Wrong population
<p>Ma L, Zhang Y, Huang C, Cui Z. Resilience-oriented cognitive behavioral interventions for depressive symptoms in children and adolescents: A meta-analytic review. <i>Journal of Affective Disorders</i>. 2020;270:150-64. Available from: <a href="https://doi.org/10.1016/j.jad.2020.03.051">https://doi.org/10.1016/j.jad.2020.03.051</a>.</p>	Wrong population
<p>Ma R, Mann F, Wang J, Lloyd-Evans B, Terhune J, Al-Shihabi A, et al. The effectiveness of interventions for reducing subjective and objective social isolation among people with mental health problems: a systematic review. <i>Social Psychiatry and Psychiatric Epidemiology</i>. 2020;55(7):839-76. Available from: <a href="https://doi.org/https://dx.doi.org/10.1007/s00127-019-01800-z">https://doi.org/https://dx.doi.org/10.1007/s00127-019-01800-z</a>.</p>	Wrong population
<p>Mado FG, Sirajuddin S, Muis M, Maria IL, Darmawansyah D, Arifin MA. Intervention empowerment of families in preventing and controlling overweight and obesity in children: A systematic review. <i>Journal of Public Health Research</i>. 2021;10(2). Available from: <a href="https://doi.org/10.4081/jphr.2021.2185">https://doi.org/10.4081/jphr.2021.2185</a>.</p>	Wrong population

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<p>Truong K, Park S, Tsiros MD, Milne N. Physiotherapy and related management for childhood obesity: A systematic scoping review. <i>PLoS ONE</i>. 2021;16(6):e0252572. Available from: <a href="https://doi.org/10.1371/journal.pone.0252572">https://doi.org/10.1371/journal.pone.0252572</a>.</p>	Wrong population
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<p>Wang X, Zhao J, Huang S, Chen S, Zhou T, Li Q, et al. Cognitive behavioral therapy for autism spectrum disorders: A systematic review. <i>Pediatrics</i>. 2021;147(5). Available from: <a href="https://doi.org/10.1542/peds.2020-049880">https://doi.org/10.1542/peds.2020-049880</a>.</p>	<p>Wrong intervention</p>
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Wu Q, Zhu Y, Ogonnaya I, Zhang S, Wu S. Parenting intervention outcomes for kinship caregivers and child: A systematic review. <i>Child Abuse &amp; Neglect</i> . 2020;106. Available from: <a href="https://doi.org/10.1016/j.chiabu.2020.104524">https://doi.org/10.1016/j.chiabu.2020.104524</a> .	Wrong population



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<p>Xiang Y, Cuijpers P, Teng T, Li X, Fan L, Liu X, et al. Comparative short-term efficacy and acceptability of a combination of pharmacotherapy and psychotherapy for depressive disorder in children and adolescents: a systematic review and meta-analysis. <i>BMC Psychiatry</i>. 2022;22(1):139. Available from: <a href="https://doi.org/10.1186/s12888-022-03760-2">https://doi.org/10.1186/s12888-022-03760-2</a>.</p>	Wrong intervention
<p>Xian-Yu C-Y, Deng N-J, Zhang J, Li H-Y, Gao T-Y, Zhang C, et al. Cognitive behavioral therapy for children and adolescents with post-traumatic stress disorder: Meta-analysis. <i>Journal of Affective Disorders</i>. 2022;308:502-11. Available from: <a href="https://doi.org/10.1016/j.jad.2022.04.111">https://doi.org/10.1016/j.jad.2022.04.111</a>.</p>	Wrong population
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<p>Xin R, Fitzpatrick OM, Ho Lam Lai P, Weisz JR, Price MA. A Systematic Narrative Review of Cognitive-behavioral Therapies with Asian American Youth. <i>Evidence-Based Practice in Child and Adolescent Mental Health</i>. 2022;7(2):198-212. Available from: <a href="https://doi.org/10.1080/23794925.2022.2042872">https://doi.org/10.1080/23794925.2022.2042872</a>.</p>	Not a Systematic Review

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<p>Yan T, Chan CWH, Chow KM, Zheng W, Sun M. A systematic review of the effects of character strengths-based intervention on the psychological well-being of patients suffering from chronic illnesses. <i>Journal of Advanced Nursing</i>. 2020;76(7):1567-80. Available from: <a href="https://doi.org/10.1111/jan.14356">https://doi.org/10.1111/jan.14356</a>.</p>	Wrong population
<p>Yang W, Liang X, Sit CH. Physical activity and mental health in children and adolescents with intellectual disabilities: a meta-analysis using the RE-AIM framework. <i>Int J Behav Nutr Phys Act</i>. 2022;19(1):80. Available from: <a href="https://doi.org/10.1186/s12966-022-01312-1">https://doi.org/10.1186/s12966-022-01312-1</a>.</p>	Wrong population
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<p>Yau KW, Tang TS, Görges M, Pinkney S, Kim AD, Kalia A, et al. Effectiveness of Mobile Apps in Promoting Healthy Behavior Changes and Preventing Obesity in Children: Systematic Review. <i>JMIR Pediatr Parent</i>. 2022;5(1):e34967. Available from: <a href="https://doi.org/10.2196/34967">https://doi.org/10.2196/34967</a>.</p>	Wrong outcomes

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<p>Zhou X, Teng T, Zhang Y, Del Giovane C, Furukawa TA, Weisz JR, et al. Comparative efficacy and acceptability of antidepressants, psychotherapies, and their combination for acute treatment of children and adolescents with depressive disorder: A systematic review and network meta-analysis. <i>The Lancet Psychiatry</i>. 2020;7(7):581-601. Available from: <a href="https://doi.org/10.1016/S2215-0366(20)30137-1">https://doi.org/10.1016/S2215-0366(20)30137-1</a>.</p>	<p>Wrong population</p>
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