



Appendix 4

1 (23)

Development of a Core Outcome Set (COS) for treatment of depression during or after pregnancy (antenatal and postpartum depression), report 314 (2020)

Appendix 4 Included studies

Included studies

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
The University of Hong Kong, Kwong Wah Hospital, Hospital Authority Hong Kong. Pilot Study on the Use of Acupuncture for Postpartum Depression. 2011, https://ClinicalTrials.gov/show/NCT01178008 .	Completed	RCT-protocol	Postnatal depression	Acupuncture	Acupuncture
Stanford University, Agency for Healthcare Research Quality. Acupuncture and Massage for Depression During Pregnancy. 2008, https://ClinicalTrials.gov/show/NCT00186654 .	Completed	RCT-protocol	Antenatal depression	Acupuncture versus massage	Acupuncture
Isrctn. Can electroacupuncture improve symptoms of mild to moderate postnatal depression?; 2019 http://www.who.int/trialsearch/Trial2.aspx?TrialID=ISRCTN49447857 .	Ongoing	RCT-protocol	Postnatal depression	Electroacupuncture	Acupuncture
Li W, Yin P, Lao L, Xu S. Effectiveness of Acupuncture Used for the Management of Postpartum Depression: A Systematic Review and Meta-Analysis. <i>Biomed Res Int</i> 2019;2019:6597503.	2019	Systematic review-published	Postnatal depression	Acupuncture	Acupuncture
Tong P, Dong LP, Yang Y, Shi YH, Sun T, Bo P. Traditional Chinese acupuncture and postpartum depression: A systematic review and meta-analysis. <i>J Chin Med Assoc</i> 2019;82:719-26.	2019	Systematic review-published	Postnatal depression	Acupuncture	Acupuncture
Yang L, Di YM, Shergis JL, Li Y, Zhang AL, Lu C, et al. A systematic review of acupuncture and Chinese herbal medicine for postpartum depression. <i>Complement Ther Clin Pract</i> 2018;33:85-92.	2018	Systematic review-published	Postnatal depression	Acupuncture and chinese herbal medicine	Acupuncture
Komori A, Arthur D, Radford S, Tan HY, Zheng L, An M, et al. Acupuncture versus antidepressants in the management of postpartum depression: A systematic review. <i>Br J Midwifery</i> 2018;26:670-81.	2018	Systematic review-published	Postnatal depression	Acupuncture versus antidepressants	Acupuncture
Nct. Tracking Depression Symptoms with a Health Chatbot. https://clinicaltrials.gov/show/NCT03990389 2019.	Recruiting	RCT-protocol	Postnatal depression	Chabot Care Group	Care management/organisation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
University of Washington, Ochin Inc, Oregon Social Learning Centre, University of Pennsylvania, Washington University School of Medicine, National Institute of Mental Health, et al. Remote Supervision for Implementing Collaborative Care for Perinatal Depression. 2020; https://ClinicalTrials.gov/show/NCT02976025	Recruiting	RCT-protocol	Antenatal depression	Longitudinal Remote Consultation or collaborative care	Care management/organisation
Women's College Hospital, Canadian Institutes of Health Research. PDA for Antidepressant Use in Pregnancy. 2022; https://ClinicalTrials.gov/show/NCT03632863	Recruiting	RCT-protocol	Antenatal depression	Electronic Patient Decision Aid	Care management/organisation
King's College London, University of Toronto. Patient Decision Aid for Antidepressant Use in Pregnancy. 2017; https://ClinicalTrials.gov/show/NCT02492009	Completed	RCT-protocol	Antenatal depression	Electronic patient decision aid for antidepressant use in pregnancy	Care management/organisation
University of Pittsburgh, National Institute of Mental Health. Identification and Therapy of Postpartum Depression. 2012; https://ClinicalTrials.gov/show/NCT00282776	Completed	RCT-protocol	Postnatal depression	Care Management	Care management/organisation
Lancaster General Hospital University of Pennsylvania, Robert Wood Johnson Foundation. Care Managers for Perinatal Depression (CMPD). 2013; https://ClinicalTrials.gov/show/NCT00282776	Completed	RCT-protocol	Antenatal depression	Care manager	Care management/organisation
University of Sao Paulo General Hospital, Conselho Nacional de Desenvolvimento Científico e Tecnológico. Efficacy of a Program for the Management of Depression in Pregnant Women in Primary Care in São Paulo, Brazil. 2013; https://ClinicalTrials.gov/show/NCT01719289	Unknown	RCT-protocol	Antenatal depression	Depression management program delivered by nurse assistants	Care management/organisation
Boston Medical Center, Patient-Centered Outcomes Research Institute, Boston University. Improving Outcomes for Low-Income Mothers with Depression. 2020; https://ClinicalTrials.gov/show/NCT03221556	Enrolling by invitation	RCT-protocol	Postnatal depression	Engagement-Focused Care Coordination intervention versus Problem Solving Education intervention	Care management/organisation
Hantsoo L, Criniti S, Khan A, Moseley M, Kincler N, Faherty LJ, et al. A Mobile Application for Monitoring and	2018	RCT-published	Antenatal depression	A mobile mood tracking and alert mobile application	Care management/organisation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Management of Depressed Mood in a Vulnerable Pregnant Population. Psychiatr Serv 2018;69:104-7.					
Vigod SN, Hussain-Shamsy N, Stewart DE, Grigoriadis S, Metcalfe K, Oberlander TF, et al. A patient decision aid for antidepressant use in pregnancy: pilot randomized controlled trial. J Affect Disord 2019;251:91-9.	2019	RCT-published	Antenatal depression	Patient decision aid for antidepressant use	Care management/organisation
Moore Simas TA, Flynn MP, Kroll-Desrosiers AR, Carvalho SM, Levin LL, Biebel K, et al. A Systematic Review of Integrated Care Interventions Addressing Perinatal Depression Care in Ambulatory Obstetric Care Settings. Clin Obstet Gynecol 2018;61:573-90.	2018	Systematic review-published	Both	Integrated Care Intervention	Care management/organisation
Royal College of Music, Chelsea, Westminster NHS. Foundation Trust, Imperial College London. The Impact of Creative Interventions on Symptoms of Postnatal Depression. 2016; https://ClinicalTrials.gov/show/NCT02526407	Completed	RCT-protocol	Postnatal depression	Music	Complementary medicine
Fancourt D, Perkins R. Effect of singing interventions on symptoms of postnatal depression: Three-arm randomised controlled trial. Br J Psychiatry 2018;212:119-21.	2018	RCT-published	Postnatal depression	Group singing workshops versus group play workshops	Complementary medicine
Zemestani M, Fazeli Nikoo Z. Effectiveness of mindfulness-based cognitive therapy for comorbid depression and anxiety in pregnancy: a randomized controlled trial. Arch Womens Ment Health 2020;23:207-14.	2019	RCT-published	Antenatal depression	Mindfulness-based cognitive therapy	Complementary medicine
ChiCtr. A semi-randomized controlled trial for mindfulness music therapy in perinatal depression. http://www.who.int/trialssearch/Trial2.aspx?TrialID=ChiCTR1800020101 2018.	Recruiting	RCT-published	Both	Mindfulness-based music therapy	Complementary medicine
Yang M, Jia G, Sun S, Ye C, Zhang R, Yu X. Effects of an Online Mindfulness Intervention Focusing on Attention Monitoring and Acceptance in Pregnant Women: a Randomized Controlled Trial. J Midwifery Womens Health 2019;64:68-77.	2019	RCT-published	Antenatal depression	Online Mindfulness	Complementary medicine

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Perkins R, Yorke S, Fancourt D. How group singing facilitates recovery from the symptoms of postnatal depression: a comparative qualitative study. <i>BMC psychology</i> 2018;6:41.	2018	RCT-published	Postnatal depression	Singing and play	Complementary medicine
Smith CA, Shewamene Z, Galbally M, Schmie V, Dahlen H. The effect of complementary medicines and therapies on maternal anxiety and depression in pregnancy: A systematic review and meta-analysis. <i>J Affect Disord</i> 2019;245:428-39.	2019	Systematic review-published	Antenatal depression	Complementary medicine	Complementary medicine
McCloskey RJ, Reno R. Complementary health approaches for postpartum depression: A systematic review. <i>Soc Work Ment Health</i> 2019;17:106-28.	2018	Systematic review-published	Postnatal depression	Complementary health approaches	Complementary medicine
Lawson Health Research Institute. Adjunctive Use of Celecoxib in the Treatment of Bipolar Postpartum Depression. 2019; https://ClinicalTrials.gov/show/NCT02726659	Recruiting	RCT-protocol	Postnatal depression	Celecoxib add-on treatment	Drug
Women, Infants Hospital of Rhode Island, National Institute of Mental Health. Effectiveness of Sertraline Alone and Interpersonal Psychotherapy Alone in Treating Women with Postpartum Depression. 2014; https://ClinicalTrials.gov/show/NCT00602355	Completed	RCT-protocol	Postnatal depression	Antidepressant medication alone and interpersonal psychotherapy alone	Drug
Nct. A Study to Assess the Safety and Efficacy of Brexanolone in the Treatment of Adolescent Female Subjects with Postpartum Depression. https://clinicaltrials.gov/show/NCT03665038 2018.	Recruiting	RCT-protocol	Both	Brexanolone	Drug
University of Melbourne, Pfizer. A Randomised Trial of Sertraline, Cognitive Behaviour Therapy & Combined Therapy for Postnatal Depression. 2005; https://ClinicalTrials.gov/show/NCT02122393	Completed	RCT-protocol	Postnatal depression	Cognitive Behaviour Therapy or sertraline or combination	Drug
Irct20130418013058N. The effect of crocin and sertraline in mild to moderate postpartum depression. http://www.who.int/trialsearch/Trial2.aspx?TrialID=IRCT20130418013058N11 2018.	Recruiting	RCT-protocol	Postnatal depression	Crocine and sertraline	Drug

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Irct20130826014477N. Comparison between the effectiveness of Crocus sativus and Crocin in the treatment of patients with major postpartum depression under common medical care. http://www.who.int/trialsearch/Trial2.aspx?TrialID=IRCT20130826014477N5 2018.	Recruiting	RCT-protocol	Postnatal depression	Crocus sativus and Crocin	Drug
Peking University First Hospital. Low-dose Ketamine and Postpartum Depression in Parturients with Prenatal Depression. 2018; https://ClinicalTrials.gov/show/NCT03336541 .	Completed	RCT-protocol	Antenatal depression	Ketamine	Drug
Northwestern University. Postpartum Depression: Transdermal Estradiol Versus Sertraline. 2013; https://ClinicalTrials.gov/show/NCT00744328	Terminated (Recruitment Issues)	RCT-protocol	Postnatal depression	Estrogen patches	Drug
National Institute of Mental Health, National Institutes of Health Clinical Center. Clinical Trial of Estrogen for Postpartum Depression. 2016; https://ClinicalTrials.gov/show/NCT00059228	Terminated	RCT-protocol	Postnatal depression	Estrogen treatment	Drug
Marinus Pharmaceuticals. A Clinical Trial of Intravenous Ganaxolone in Women with Postpartum Depression. 2019; https://ClinicalTrials.gov/show/NCT03460756	Active, not recruiting	RCT-protocol	Both	Ganaxolone	Drug
Nct. Low-dose Ketamine and Postpartum Depression in Parturients with Prenatal Depression. https://clinicaltrials.gov/show/NCT03927378 2019.	Not yet recruiting	RCT-protocol	Antenatal depression	Ketamine	Drug
Nct. Efficacy and Tolerability of Sub-Anesthetic Ketamine In Postpartum Depression. https://clinicaltrials.gov/show/NCT04011592 2019.	Recruiting	RCT-protocol	Postnatal depression	Ketamine	Drug
Nct. A Clinical Trial of Oral Ganaxolone in Women with Postpartum Depression. https://clinicaltrials.gov/show/NCT03460756 2018.	Active, not recruiting	RCT-protocol	Postnatal depression	Oral Administration of Ganaxolone	Drug
Sage Therapeutics. A Study to Evaluate SAGE-217 in Subjects with Severe Postpartum Depression. 2018; https://ClinicalTrials.gov/show/NCT02978326	Completed	RCT-protocol	Postnatal depression	SAGE-217	Drug

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Sage Therapeutics. A Study to Evaluate SAGE-547 in Patients with Severe Postpartum Depression. 2016; https://ClinicalTrials.gov/show/NCT02614547	Completed	RCT-protocol	Postnatal depression	SAGE-547	Drug
Sage Therapeutics. A Study to Evaluate Efficacy and Safety of SAGE-547 in Participants with Severe Postpartum Depression (547-PPD-202B). 2017; https://ClinicalTrials.gov/show/NCT02942004	Completed	RCT-protocol	Postnatal depression	SAGE-547 Injection infused intravenously	Drug
Sage Therapeutics. A Study to Evaluate Safety and Efficacy of SAGE-547 in Participants with Moderate Postpartum Depression (547-PPD-202C). 2017; https://ClinicalTrials.gov/show/NCT02942017	Completed	RCT-protocol	Postnatal depression	SAGE-547 Injection infused intravenously	Drug
Heinonen E, Szymanska-Von Schultz B, Kaldo V, Nasiell J, Andersson E, Bergmark M, et al. MAGDALENA: study protocol of a randomised, placebo-controlled trial on cognitive development at 2 years of age in children exposed to SSRI in utero. <i>BMJ open</i> 2018;8.	2018	RCT-protocol	Antenatal depression	Sertraline combined with a 12-week period of ICBT	Drug
O'Hara MW, Pearlstein T, Stuart S, Long JD, Mills JA, Zlotnick C. A placebo controlled treatment trial of sertraline and interpersonal psychotherapy for postpartum depression. <i>J Affect Disord</i> 2019;245:524-32.	2019	RCT-published	Postnatal depression	Sertraline and clinical management or clinical management and pill-placebo or Interpersonal Psychotherapy	Drug
Li HJ, Martinez PE, Li X, Schenkel LA, Nieman LK, Rubinow DR, et al. Transdermal estradiol for postpartum depression: results from a pilot randomized, double-blind, placebo-controlled study. <i>Arch Womens Ment Health</i> 2019. https://doi.org/10.1007/s00737-019-00991-3	2019	RCT-published	Postnatal depression	Transdermal estradiol	Drug
Prady SL, Hanlon I, Fraser LK, Mikocka-Walus A. A systematic review of maternal antidepressant use in pregnancy and short- and long-term offspring's outcomes. <i>Arch Womens Ment Health</i> 2018;21:127-40.	2018	Systematic review-published	Antenatal depression	Antidepressant	Drug
Mitchell J, Goodman J. Comparative effects of antidepressant medications and untreated major	2018	Systematic review-published	Antenatal depression	Antidepressant medications	Drug

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
depression on pregnancy outcomes: a systematic review. Arch Womens Ment Health 2018;21:505-16.					
Powell JG, Garland S, Preston K, Piszczatoski C. Brexanolone (Zulresso): Finally, an FDA-Approved Treatment for Postpartum Depression. Ann Pharmacother 2019;1060028019873320.	2019	Systematic review-published	Postnatal depression	Brexanolone	Drug
Zheng W, Cai DB, Zheng W, Sim K, Ungvari GS, Peng XJ, et al. Brexanolone for postpartum depression: A meta-analysis of randomized controlled studies. Psychiatry Res 2019;279:83-89.	2019	Systematic review-published	Postnatal depression	Brexanolone infusion	Drug
De Cagna F, Fusar-Poli L, Damiani S, Rocchetti M, Giovanna G, Mori A, et al. The Role of Intranasal Oxytocin in Anxiety and Depressive Disorders: A Systematic Review of Randomized Controlled Trials. Clin Psychopharmacol Neurosci 2019;17:1-11.	2019	Systematic review-published	Both	Intranasal Oxytocin	Drug
Guan H-B, Wei Y, Wang L-L, Qiao C, Liu C-X. Prenatal Selective Serotonin Reuptake Inhibitor Use and Associated Risk for Gestational Hypertension and Preeclampsia: A Meta-Analysis of Cohort Studies. J Womens Health (Larchmt) 2018;27:791-800.	2018	Systematic review-published	Antenatal depression	Selective Serotonin Reuptake Inhibitor	Drug
Zhao X, Liu Q, Cao S, Pang J, Zhang H, Feng T, et al. A meta-analysis of selective serotonin reuptake inhibitors (SSRIs) use during prenatal depression and risk of low birth weight and small for gestational age. J Affect Disord 2018;241:563-70.	2018	Systematic review-published	Antenatal depression	Selective serotonin reuptake inhibitors	Drug
McGill University, Fonds de la Recherche en Santé du Québec. Study of Home-Based Exercise to Alleviate Postpartum Depression. 2006; https://ClinicalTrials.gov/show/NCT00384943	Completed	RCT-protocol	Postnatal depression	Moderate-intensity Exercise	Excercise
Nct. The Effect of an Exercise Program in Reducing the Severity of Postpartum Depression in Women. https://clinicaltrials.gov/show/NCT04043533 2019.	Completed	RCT-protocol	Postnatal depression	Exercises	Excercise

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
University of Iowa. Efficacy of Yoga for Postpartum Depression. 2012; https://ClinicalTrials.gov/show/NCT02213601	Completed	RCT-protocol	Postnatal depression	Yoga	Excercise
Pritchett RV, Daley AJ, Jolly K. Does aerobic exercise reduce postpartum depressive symptoms? A systematic review and meta-analysis. MIDIRS Midwifery Digest 2018;28:78-86.	2018	Systematic review-published	Postnatal depression	Aerobic exercise	Excercise
Carter T, Bastounis A, Guo B, Jane Morrell C. The effectiveness of exercise-based interventions for preventing or treating postpartum depression: a systematic review and meta-analysis. Arch Womens Ment Health 2019;22:37-53.	2019	Systematic review-published	Postnatal depression	Exercise	Excercise
Ng QX, Venkatanarayanan N, Loke W, Yeo WS, Lim DY, Chan HW, et al. A meta-analysis of the effectiveness of yoga-based interventions for maternal depression during pregnancy. Complement Ther Clin Pract 2019;34:8-12.	2019	Systematic review-published	Antenatal depression	Yoga-based interventions	Excercise
Rhode Island Hospital, The Depressive, Bipolar Disorder Alternative Treatment Foundation, National Institute of Mental Health. Integrated Chronotherapy for Perinatal Depression. 2019; https://ClinicalTrials.gov/show/NCT02053649	Completed	RCT-protocol	Antenatal depression	Triple Chronotherapy	Other
University of Michigan. Sleep-Disordered Breathing and PAP in Perinatal Depression. 2020; https://ClinicalTrials.gov/show/NCT02507297	Recruiting	RCT-protocol	Antenatal depression	Positive airway pressure (PAP)	Other
Thorsteinsson EB, Loi NM, Farr K. Changes in stigma and help-seeking in relation to postpartum depression: non-clinical parenting intervention sample. Peerj 2018;2018:e5893.	2018	RCT-published	Postnatal depression	Video documentary or factsheet related to PPD	Other
University of California Los Angeles, University of California San Francisco. CALM for Pregnant and Post-Partum Women. 2020; https://ClinicalTrials.gov/show/NCT03351465	2020, Withdrawn (Trial was suspended due unanticipated	RCT-protocol	Both	Coordinated Anxiety Learning and Management	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
	funding issues.)				
Nct. The Parenting with Depression Study. https://clinicaltrials.gov/show/NCT04045132 2019.	Recruiting	RCT-protocol	Postnatal depression	The Parenting with Depression Study compared with mood gym	Psychotherapy/ psychoeducation
University of Calgary, Alberta Health Services. Video-Feedback Interaction Guidance for Improving Interactions Between Depressed Mothers and Their Infants ("VID-KIDS"). 2020; https://ClinicalTrials.gov/show/NCT03052374	Recruiting	RCT-protocol	Postnatal depression	Video-Feedback Interaction Guidance (VID-KIDS) Intervention Program	Psychotherapy/ psychoeducation
Boyd RC, Price J, Mogul M, Yates T, Guevara JP. Pilot RCT of a social media parenting intervention for postpartum mothers with depression symptoms. <i>J Reprod Infant Psychol</i> 2018;37:290-301.	2018	RCT-protocol	Postnatal depression	Adapted parenting intervention delivered via social media (Facebook)	Psychotherapy/ psychoeducation
Isrctn. Responding to the challenge of depression among pregnant adolescents. http://www.who.int/trialsearch/Trial2.aspx?TrialID=ISRCTN16775958 2019.	Ongoing	RCT-protocol	Antenatal depression	Behavioural activation and problem-solving treatment	Psychotherapy/ psychoeducation
University of Washington, National Institute of Mental Health. MOMCare: Culturally Relevant Washington Treatment Services for Perinatal Depression. 2014; https://ClinicalTrials.gov/show/NCT01045655	Completed	RCT-protocol	Antenatal depression	MOMcare	Psychotherapy/ psychoeducation
Nct. Responsive eHealth Intervention for Perinatal Depression in Healthcare Settings. https://clinicaltrials.gov/show/NCT03995316 2019.	Active, not recruiting	RCT-protocol	Both	MomMoodBooster program	Psychotherapy/ psychoeducation
Women's College Hospital, Centre for Addiction, Mental Health, Sunnybrook Health Sciences Centre, University of Toronto. Mother Matters Online Postpartum Support. 2017; https://ClinicalTrials.gov/show/NCT02953626	Completed	RCT-protocol	Postnatal depression	Mother Matters Online Postpartum Support Group	Psychotherapy/ psychoeducation
Children's Hospital of Philadelphia, The Oscar G. Elsa S. Mayer Family Foundation, University of Pennsylvania. Social Media Intervention for Postpartum Depression. 2017; https://ClinicalTrials.gov/show/NCT02355067	Completed	RCT-protocol	Postnatal depression	Parent coaching program: social media and traditional in-person group formats	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Jprn Umin. Behavioral activation therapy program via smartphone for postnatal mothers and babies. http://www.who.int/trialsearch/Trial2.aspx?TrialID=JPRN-UMIN000036864 2019.	2019	RCT-protocol	Postnatal depression	Behavioral activation therapy program via smartphone	Psychotherapy/ psychoeducation
ChiCtr. Construction and validation of a mobile App-based Thinking Healthy intervention for postpartum depression women in China: a randomized controlled trial. http://www.who.int/trialsearch/Trial2.aspx?TrialID=ChiCTR1900021329 2019.	Pending	RCT-protocol	Postnatal depression	Mobile App-based Thinking Healthy	Psychotherapy/ psychoeducation
Pakistan Institute of Living, Learning. Development and Assessment of a Mobile Phone Based Intervention to Reduce Maternal Depression and Improve Child Health. 2019; https://ClinicalTrials.gov/show/NCT02526355	Completed	RCT-protocol	Postnatal depression	Mobile based Intervention (Learning Through Play Plus) comprised of both LTP and CBT	Psychotherapy/ psychoeducation
Sun M, Tang S, Chen J, Li Y, Bai W, Plummer V, et al. A study protocol of mobile phone app-based cognitive behaviour training for the prevention of postpartum depression among high-risk mothers. BMC public health 2019;19:710.	2019	RCT-protocol	Postnatal depression	Mobile phone app based cognitive behaviour training	Psychotherapy/ psychoeducation
Women's College Hospital, Sinai Health System. Virtual Psychiatric Care for Perinatal Depression. 2018; https://ClinicalTrials.gov/show/NCT03291600In;	Completed	RCT-protocol	Both	Virtual Psychiatric Care	Psychotherapy/ psychoeducation
Pakistan Institute of Living, Learning. Change Your Life with Seven Sheets of Paper. 2016; https://ClinicalTrials.gov/show/NCT02532504	Completed	RCT-protocol	Postnatal depression	CBT based intervention called "Change your life with 7 Sheets of paper"	Psychotherapy/ psychoeducation
Irct20180823040855N. The Effectiveness of Self-Care-Based Cognitive Behavioral Therapy on Depression. http://www.who.int/trialsearch/Trial2.aspx?TrialID=IRCT20180823040855N1 2018.	Recruiting Complete	RCT-protocol	Antenatal depression	Cognitive-behavioral group therapy	Psychotherapy/ psychoeducation
University of North Carolina Chapel Hill, The Foundation of Hope for Research, Treatment of Mental Illness. Partner-Assisted Interpersonal Psychotherapy or Antidepressant Medication for Antenatal Depression. 2013; https://ClinicalTrials.gov/show/NCT01732055	Terminated (Study ended because recruitment goals unmet)	RCT-protocol	Antenatal depression	Partner-Assisted Interpersonal Psychotherapy	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
	and further funding unlikely				
Spaulding Rehabilitation Hospital, Robert Wood Johnson Foundation. Mother-Infant Intervention for Postpartum Depression and Associated Mother-Infant Relationship Dysfunction. 2012; https://ClinicalTrials.gov/show/NCT02057627	Completed	RCT-protocol	Postnatal depression	Perinatal Dyadic Psychotherapy	Psychotherapy/psychoeducation
Nct. 1-Day CBT Workshops for PPD. https://clinicaltrials.gov/show/NCT03654261 2018.	Recruiting	RCT-protocol	Postnatal depression	1-Day CBT Workshop	Psychotherapy/psychoeducation
Nct. Efficacy of Brief Acceptance and Commitment Therapy (ACT) for Perinatal Depression. https://clinicaltrials.gov/show/NCT03837392 2019.	Recruiting	RCT-protocol	Postnatal depression	Acceptance and Commitment Therapy	Psychotherapy/psychoeducation
I. W. K. Health Centre, Canadian Institutes of Health Research. Mom: Managing Our Mood, Part of The Family Help Program. 2010; https://ClinicalTrials.gov/show/NCT00795652	Completed	RCT-protocol	Postnatal depression	MOM: Managing Our Mood Program: Distance Treatment for postpartum depression	Psychotherapy/psychoeducation
Drexel University. Multidisciplinary Model of Nurse Midwife. 2014; https://ClinicalTrials.gov/show/NCT01935375	Completed	RCT-protocol	Postnatal depression	CNM Interpersonal Psychotherapy	Psychotherapy/psychoeducation
Emory University. Dialectical Behavior Therapy for Pregnant Women. 2020; https://ClinicalTrials.gov/show/NCT03938350	Recruiting	RCT-protocol	Antenatal depression	Dialectical Behavior Therapy (DBT) Skills Training	Psychotherapy/psychoeducation
The University of Hong Kong. Effect of a Telephone-based Intervention on Postnatal Depression. 2014; https://ClinicalTrials.gov/show/NCT01507649	Completed	RCT-protocol	Postnatal depression	Telephone-based cognitive-behavioral intervention	Psychotherapy/psychoeducation
Kaiser Permanente, National Institute of Mental Health, HealthPartners Institute. Behavioral Activation for Perinatal Depression. 2014; https://ClinicalTrials.gov/show/NCT01401231	Completed	RCT-protocol	Antenatal depression	Brief behavioral activation psychotherapy	Psychotherapy/psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Ministry of Health Malaysia. Behavioural Interventions for Postnatal Depression: a RCT Study. 2018; https://ClinicalTrials.gov/show/NCT03196726	Completed	RCT-protocol	Postnatal depression	Brief Cognitive Behavioral Therapy	Psychotherapy/ psychoeducation
University of Pittsburgh, National Institute of Mental Health. Evaluating the Effectiveness of Brief Interpersonal Psychotherapy for Pregnant Women with Depression. 2007; https://ClinicalTrials.gov/show/NCT00292903	Completed	RCT-protocol	Antenatal depression	Brief interpersonal psychotherapy	Psychotherapy/ psychoeducation
University of Melbourne, Beyondblue. Three Model Care Pathways for Postnatal Depression. 2007; https://ClinicalTrials.gov/show/NCT01002027	Completed	RCT-protocol	Postnatal depression	CBT by trained nurse or CBT by psychologist or TAU	Psychotherapy/ psychoeducation
University of Iowa, National Institute of Mental Health. Clinician Managed Interpersonal Psychotherapy. 2007; https://ClinicalTrials.gov/show/NCT00043602	Completed	RCT-protocol	Postnatal depression	Clinician-Managed Interpersonal Psychotherapy (CM-IPT)	Psychotherapy/ psychoeducation
McMaster University. 1-Day CBT Workshops for PPD. 2020; https://ClinicalTrials.gov/show/NCT03654261	Recruiting	RCT-protocol	Postnatal depression	Cognitive Behavioural Therapy	Psychotherapy/ psychoeducation
McMaster University, Kids Can Fly Brantford. Peer Administered CBT for PPD. 2019; https://ClinicalTrials.gov/show/NCT03285139	Recruiting	RCT-protocol	Postnatal depression	Cognitive Behavioural Therapy	Psychotherapy/ psychoeducation
Irct20171017036845N. Cognitive Behavioral Therapy. http://www.who.int/trialsearch/Trial2.aspx?TrialID=IRCT20171017036845N1 2018.	Recruiting Complete	RCT-protocol	Postnatal depression	Computerized Cognitive behavioral therapy	Psychotherapy/ psychoeducation
Irct20180108038265N. Effectiveness of Dialectical Behavioral Therapy to Postpartum Depression. http://www.who.int/trialsearch/Trial2.aspx?TrialID=IRCT20180108038265N1 2018.	Recruiting	RCT-protocol	Postnatal depression	Consultation (dialectical behavioral therapy)	Psychotherapy/ psychoeducation
Washington University School of Medicine, National Institute of Mental Health. Mommy-Baby Treatment for Perinatal Depression. 2017; https://ClinicalTrials.gov/show/NCT01744041	Completed	RCT-protocol	Antenatal depression	Dyadic Interpersonal Psychotherapy	Psychotherapy/ psychoeducation
Tel-Aviv Sourasky Medical Center. Oxytocin and Dyadic Psychotherapy in the Treatment of Post Partum Depression. 2016; https://ClinicalTrials.gov/show/NCT02191423 .	Unknown	RCT-protocol	Postnatal depression	Dyadic psychotherapy and oxytocin or Dyadic psychotherapy and placebo	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
McMaster University, Niagara Region Public Health. Group CBT for PPD in the Public Health Setting. 2019; https://ClinicalTrials.gov/show/NCT03039530	Recruiting	RCT-protocol	Postnatal depression	Group Cognitive Behavioral Therapy	Psychotherapy/psychoeducation
New York State Psychiatric Institute, National Institute of Mental Health. Effectiveness of Group Interpersonal Psychotherapy in Treating Women with Prenatal Depression. 2009; https://ClinicalTrials.gov/show/NCT00633178	Completed	RCT-protocol	Antenatal depression	Group interpersonal psychotherapy	Psychotherapy/psychoeducation
Lancashire Care NHS Foundation Trust, University of Manchester. Exploratory Trial of a Group Psychological Intervention for Postnatal Depression in British Mother's of South Asian Origin. 2013; https://ClinicalTrials.gov/show/NCT01838889	Completed	RCT-protocol	Postnatal depression	Group psychological intervention	Psychotherapy/psychoeducation
Karolinska Institutet. ICBT for Antenatal Depression. 2016; https://ClinicalTrials.gov/show/NCT02366429	Completed	RCT-protocol	Antenatal depression	Internet-delivered Cognitive Behavioral Therapy	Psychotherapy/psychoeducation
Nct. Examining the Effectiveness of Transdiagnostic, Internet-Delivered Cognitive Behaviour Therapy in New Mothers Experiencing Anxiety and Depression. https://clinicaltrials.gov/show/NCT04012580 2019.	Recruiting	RCT-protocol	Postnatal depression	Internet-Delivered Cognitive Behaviour Therapy	Psychotherapy/psychoeducation
Pakistan Institute of Living, Learning. Interpersonal Psychotherapy for Maternal Depression. 2015; https://ClinicalTrials.gov/show/NCT02310529	Completed	RCT-protocol	Postnatal depression	Interpersonal Psychotherapy	Psychotherapy/psychoeducation
University of Illinois at Urbana-Champaign, National Institute of Mental Health, University of Denver. Reducing Fetal Exposure to Maternal Depression to Improve Infant Risk Mechanisms. 2020; https://ClinicalTrials.gov/show/NCT03011801	Recruiting	RCT-protocol	Antenatal depression	Interpersonal Therapy	Psychotherapy/psychoeducation
University of Wisconsin Madison, National Institute of Mental Health. Group Therapy for Postpartum Depression. 2008; https://ClinicalTrials.gov/show/NCT00051246	Completed	RCT-protocol	Postnatal depression	Mother-Infant Group Psychotherapy	Psychotherapy/psychoeducation
Pakistan Institute of Living, Learning, Dow University of Health Sciences, University of Manchester. Randomised	Completed	RCT-protocol	Postnatal depression	Multimodal Psychosocial Intervention	Psychotherapy/psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Control Trial of a Complex Intervention for Postnatal Depression. 2010; https://ClinicalTrials.gov/show/NCT01309516					
Imperial College London. Keeping Well:Online Cognitive Behavioral Therapy (CBT) for Pregnant Women with Depressive Symptoms. 2021; https://ClinicalTrials.gov/show/NCT01909167	Not yet recruiting	RCT-protocol	Antenatal depression	Online Cognitive Behavioral Therapy (CBT)	Psychotherapy/psychoeducation
University of Massachusetts Worcester, Centers for Disease Control, Prevention. PRogram In Support of Moms: An Innovative Stepped-Care Approach for Obstetrics and Gynecology Clinics. 2021; https://ClinicalTrials.gov/show/NCT02760004	Recruiting	RCT-protocol	Both	PRogram In Support of Moms (PRISM) or Enhanced Usual Care group (Access to MCPAP for Moms)	Psychotherapy/psychoeducation
Ctri. Education programme for mothers on depression after delivery. http://www.who.int/trialsearch/Trial2.aspx?TrialID=CTRI/2019/02/017418 2019.	Not Yet Recruiting	RCT-protocol	Antenatal depression	Psychosocial Education programme	Psychotherapy/psychoeducation
Tel-Aviv Sourasky Medical Center. Treatment of Postpartum Depression with Psychotherapy and Add-on Sertraline. 2010; https://ClinicalTrials.gov/show/NCT01028482	Completed	RCT-protocol	Postnatal depression	Psychotherapy + active sertraline	Psychotherapy/psychoeducation
Lopez M, Baylor College of Medicine. Maternal Mental Health. 2020; https://ClinicalTrials.gov/show/NCT03777046	Recruiting	RCT-protocol	Postnatal depression	Social work consult and treatment with psychology therapy	Psychotherapy/psychoeducation
Nct. Implementation of Prevention and Intervention of Maternal Perinatal Depression to Strengthen Maternal and Child Health. https://clinicaltrials.gov/show/NCT04069091 2019.	Not yet recruiting	RCT-protocol	Both	Standard antenatal care and the 'Enjoy your Bump' online self-help intervention employing elements of cognitive behavioral therapy (CBT)	Psychotherapy/psychoeducation
Isrctn. Comparing low intensity talking therapies for antenatal depression: a feasibility trial. http://www.who.int/trialsearch/Trial2.aspx?TrialID=ISRCTN11513120 2019.	Ongoing	RCT-protocol	Antenatal depression	Talking therapy (Interpersonal Counselling (IPC) or brief Cognitive Behavioural Therapy (CBT))	Psychotherapy/psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Nct. Telehealth Group Intervention for Perinatal Depressive Symptoms. https://clinicaltrials.gov/show/NCT03932760 2019.	Recruiting	RCT-protocol	Both	Telehealth group intervention	Psychotherapy/ psychoeducation
Nct. Effectiveness of a Telephone Based Learning Through Play (LTP) Plus Interpersonal Psychotherapy (IPT) for Depressed Mothers. https://clinicaltrials.gov/show/NCT03430622 2018.	Active, not recruiting	RCT-protocol	Postnatal depression	Telephone Delivered Learning Through Play (LTP) Plus Interpersonal Psychotherapy (IPT)	Psychotherapy/ psychoeducation
Pactr. Pilot evaluation of a telephone-based psychosocial intervention package for perinatal depression in Nigeria. http://www.who.int/trialsearch/Trial2.aspx?TrialID=PACTR201901780867535 2019.	Recruiting	RCT-protocol	Antenatal depression	Telephone-based psychosocial intervention	Psychotherapy/ psychoeducation
Fondo Nacional de Desarrollo Científico y Tecnológico Chile. Treatment of Postnatal Depression for Low-Income Mothers in Primary Care in Santiago, Chile. 2007; https://ClinicalTrials.gov/show/NCT00518830	Completed	RCT-protocol	Postnatal depression	The multi-component intervention involved a psychoeducational group, treatment adherence support, and pharmacotherapy if needed. Data were analysed on an intention-to-treat basis	Psychotherapy/ psychoeducation
Moore Simas TA, Brenckle L, Sankaran P, Masters GA, Person S, Weinreb L, et al. The PROgram In Support of Moms (PRISM): study protocol for a cluster randomized controlled trial of two active interventions addressing perinatal depression in obstetric settings. <i>BMC Pregnancy Childbirth</i> 2019;19:256.	2019	RCT-protocol	Both	The PROgram In Support of Moms	Psychotherapy/ psychoeducation
University of Liverpool, National Institute of Mental Health, London School of Hygiene, Tropical Medicine. Thinking Healthy Program - Peer Delivered (Pakistan). 2016; https://ClinicalTrials.gov/show/NCT02111915	Unknown	RCT-protocol	Antenatal depression	Thinking Healthy Program - Peer Delivered	Psychotherapy/ psychoeducation
Loughnan SA, Newby JM, Haskelberg H, Mahoney A, Kladnitski N, Smith J, et al. Internet-based cognitive behavioural therapy (iCBT) for perinatal anxiety and	2018	RCT-protocol	Both	Two brief, Internet-delivered cognitive behavioural therapy interventions—MUMentum	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
depression versus treatment as usual: study protocol for two randomised controlled trials. <i>Trials</i> 2018;19:56.				Pregnancy and MUMentum Postnatal	
Zhao Y, Munro-Kramer ML, Shi S, Wang J, Zhao Q. Effects of antenatal depression screening and intervention among Chinese high-risk pregnant women with medically defined complications: a randomized controlled trial. <i>Early Interv Psychiatry</i> 2019;13:1090-8.	2018	RCT-published	Antenatal depression	Antenatal depression screening and intervention	Psychotherapy/psychoeducation
Fuhr DC, Weobong B, Lazarus A, Vanobberghen F, Weiss HA, Singla DR, et al. Delivering the Thinking Healthy Programme for perinatal depression through peers: An individually randomised controlled trial in India. <i>Lancet Psychiatry</i> 2019;6:115-27.	2019	RCT-published	Both	The Thinking Healthy Programme	Psychotherapy/psychoeducation
Loughnan SA, Butler C, Sie AA, Grierson AB, Chen AZ, Hobbs MJ, et al. A randomised controlled trial of 'MUMentum postnatal': Internet-delivered cognitive behavioural therapy for anxiety and depression in postpartum women. <i>Behav Res Ther</i> 2019;116:94-103.	2019	RCT-published	Postnatal depression	'MUMentum postnatal': Internet-delivered cognitive behavioural therapy	Psychotherapy/psychoeducation
Ericksen J, Loughlin E, Holt C, Rose N, Hartley E, Buultjens M, et al. A therapeutic playgroup for depressed mothers and their infants: Feasibility study and pilot randomized trial of community hugs. <i>Infant Ment Health J</i> 2018;39:396-409.	2018	RCT-published	Postnatal depression	10-session mother–infant therapeutic playgroup—Community HUGS (CHUGS)—which combines cognitive and experiential components through psychoeducation, play, music, and movement	Psychotherapy/psychoeducation
Bleker LS, Milgrom J, Sexton-Oates A, Roseboom TJ, Gemmill AW, Holt CJ, et al. Exploring the effect of antenatal depression treatment on children's epigenetic profiles: findings from a pilot randomized controlled trial. <i>Clin Epigenetics</i> 2019;11:18.	2019	RCT-published	Antenatal depression	Cognitive behavioral therapy (CBT)	Psychotherapy/psychoeducation
Parry BL, Meliska CJ, Lopez AM, Sorenson DL, Martinez LF, Orff HJ, et al. Early versus late wake therapy improves mood more in antepartum versus postpartum depression	2019	RCT-published	Both	Early vs late wake therapy	Psychotherapy/psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
by differentially altering melatonin-sleep timing disturbances. <i>J Affect Disord</i> 2019;245:608-16.					
Loughnan SA, Sie A, Hobbs MJ, Joubert AE, Smith J, Haskelberg H, et al. A randomized controlled trial of 'MUMentum Pregnancy': Internet-delivered cognitive behavioral therapy program for antenatal anxiety and depression. <i>J Affect Disord</i> 2019;243:381-90.	2019	RCT-published	Antenatal depression	MUMentum Pregnancy': Internet-delivered cognitive behavioral therapy program	Psychotherapy/ psychoeducation
Yang R, Vigod SN, Hensel JM. Optional Web-Based Videoconferencing Added to Office-Based Care for Women Receiving Psychotherapy During the Postpartum Period: Pilot Randomized Controlled Trial. <i>J Med Internet Res</i> 2019;21:e13172.	2019	RCT-published	Postnatal depression	Optional Web-Based Videoconferencing Added to Office-Based Care for Women Receiving Psychotherapy	Psychotherapy/ psychoeducation
Stein A, Netsi E, Lawrence PJ, Granger C, Kempton C, Craske MG, et al. Mitigating the effect of persistent postnatal depression on child outcomes through an intervention to treat depression and improve parenting: A randomised controlled trial. <i>Lancet Psychiatry</i> 2018;5:134-44.	2018	RCT-published	Postnatal depression	Parenting video-feedback therapy (VFT) intervention versus a control treatment of progressive muscle relaxation (PMR), both added to cognitive behavioural therapy	Psychotherapy/ psychoeducation
Byatt N, Moore Simas TA, Biebel K, Sankaran P, Pbert L, Weinreb L, et al. PProgram In Support of Moms (PRISM): a pilot group randomized controlled trial of two approaches to improving depression among perinatal women. <i>J Psychosom Obstet Gynaecol</i> 2018;39:297-306.	2018	RCT-published	Antenatal depression	PProgram In Support of Moms	Psychotherapy/ psychoeducation
Steardo L, Caivano V, Sampogna G, Di Cerbo A, Fico G, Zinno F, et al. Psychoeducational intervention for perinatal depression: study protocol of a randomized controlled trial. <i>Front Psychiatry</i> 2019;10:55.	2019	RCT-published	Antenatal depression	Psychoeducational Intervention	Psychotherapy/ psychoeducation
Sikander S, Ahmad I, Atif N, Zaidi A, Vanobberghen F, Weiss HA, et al. Delivering the Thinking Healthy Programme for perinatal depression through volunteer peers: A cluster randomised controlled trial in Pakistan. <i>Lancet Psychiatry</i> 2019;6:128-39.	2019	RCT-published	Postnatal depression	The Thinking Healthy Programme	Psychotherapy/ psychoeducation

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Stamou G, Garcia-Palacios A, Botella C. Cognitive-Behavioural therapy and interpersonal psychotherapy for the treatment of post-natal depression: a narrative review. <i>BMC Psychol</i> 2018;6:28.	2018	Systematic review-published	Postnatal depression	CBT psychological treatments	Psychotherapy/psychoeducation
Huang L, Zhao Y, Qiang C, Fan B. Is cognitive behavioral therapy a better choice for women with postnatal depression? A systematic review and meta-analysis. <i>PLoS one</i> 2018;13:e0205243.	2018	Systematic review-published	Postnatal depression	Cognitive behavioral therapy	Psychotherapy/psychoeducation
Cluxton-Keller F, Bruce ML. Clinical effectiveness of family therapeutic interventions in the prevention and treatment of perinatal depression: A systematic review and meta-analysis. <i>PLoS One</i> 2018;13:e0198730.	2018	Systematic review-published	Both	Family therapeutic interventions	Psychotherapy/psychoeducation
Gillis BD, Parish AL. Group-based interventions for postpartum depression: An integrative review and conceptual model. <i>Arch Psychiatr Nurs</i> 2019;33:290-98.	2019	Systematic review-published	Postnatal depression	Group-based therapy and social support interventions	Psychotherapy/psychoeducation
Loughnan SA, Joubert AE, Grierson A, Andrews G, Newby JM. Internet-delivered psychological interventions for clinical anxiety and depression in perinatal women: a systematic review and meta-analysis. <i>Arch Womens Ment Health</i> 2019.	2019	Systematic review-published	Both	Internet-delivered psychological interventions	Psychotherapy/psychoeducation
Sokol LE. A systematic review and meta-analysis of interpersonal psychotherapy for perinatal women. <i>J Affect Disord</i> 2018;232:316-28.	2018	Systematic review-published	Both	Interpersonal psychotherapy	Psychotherapy/psychoeducation
University of Sao Paulo General Hospital. Repetitive Transcranial Magnetic Stimulation in Postpartum Depression. 2008; https://ClinicalTrials.gov/show/NCT01452321	Completed	RCT-protocol	Postnatal depression	Repetitive transcranial magnetic stimulation	rTMS or tDCS
Vigod S, Murphy K, Dennis C, Oberlander T, Ray J, Daskalakis Z, et al. Transcranial direct current stimulation (tDCS) for depression in pregnancy: a pilot randomized controlled trial. <i>Brain stimulation</i> 2019;12:420-.	2019	RCT-protocol	Antenatal depression	Transcranial direct current stimulation	rTMS or tDCS

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Women's College Hospital, Mount Sinai Hospital Canada, Centre for Addiction, Mental Health. Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy: A Pilot Study. 2017; https://ClinicalTrials.gov/show/NCT02116127	Completed	RCT-protocol	Antenatal depression	Transcranial Direct Current Stimulation	rTMS or tDCS
Kim DR, Wang E, McGeehan B, Snell J, Ewing G, Iannelli C, et al. Randomized controlled trial of transcranial magnetic stimulation in pregnant women with major depressive disorder. <i>Brain stimulation</i> 2019;12:96-102.	2019	RCT-published	Antenatal depression	Transcranial magnetic stimulation	rTMS or tDCS
Cole J, Bright K, Gagnon L, McGirr A. A systematic review of the safety and effectiveness of repetitive transcranial magnetic stimulation in the treatment of peripartum depression. <i>J Psychiatr Res</i> 2019;115:142-50.	2019	Systematic review-published	Both	Repetitive transcranial magnetic stimulation	rTMS or tDCS
Ganho-Avila A, Poleszczyk A, Mohamed MMA, Osorio A. Efficacy of rTMS in decreasing postnatal depression symptoms: A systematic review. <i>Psychiatry Res</i> 2019;279:315-22.	2019	Systematic review-published	Postnatal depression	Repetitive transcranial magnetic stimulation	rTMS or tDCS
Tokyo Medical University, China Medical University Taiwan, Japan Society for the Promotion of Science, University of Toyama, Chiba University, National Center for Child Health Development. The Synchronized Trial on Expectant Mothers with Depressive Symptoms by Omega-3 PUFAs (SYNCHRO). 2017; https://ClinicalTrials.gov/show/NCT02166424	Completed	RCT-protocol	Antenatal depression	Omega-3 polyunsaturated fatty acids	Supplements
Browne PD, Bolte A, Claassen E, de Weerth C. Probiotics in pregnancy: protocol of a double-blind randomized controlled pilot trial for pregnant women with depression and anxiety (PIP pilot trial). <i>Trials</i> 2019;20:440.	2019	RCT-protocol	Antenatal depression	Probiotics.	Supplements
University of Arizona, National Institute of Mental Health. Use of Omega-3 Fatty Acids for Perinatal Depression. 2006; https://ClinicalTrials.gov/show/NCT00402389	Completed	RCT-protocol	Both	Supportive psychotherapy and Omega-3 Fatty Acids (EPA plus DHA) or Supportive psychotherapy and placebo	Supplements

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Nishi D, Su K-P, Usuda K, Pei-Chen Chang J, Chiang Y-J, Chen H-T, et al. The Efficacy of Omega-3 Fatty Acids for Depressive Symptoms among Pregnant Women in Japan and Taiwan: A Randomized, Double-Blind, Placebo-Controlled Trial (SYNCHRO; NCT01948596). <i>Psychother Psychosom</i> 2019;88:122-4.	2019	RCT-published	Antenatal depression	Omega-3 Fatty Acids	Supplements
Nishi D, Su KP, Usuda K, Chang J-C, Hamazaki K, Ishima T, et al. Plasma estradiol levels and antidepressant effects of omega-3 fatty acids in pregnant women. <i>Brain Behav Immun</i> 2019;85:29-34.	2019	RCT-published	Antenatal depression	Omega-3 fatty acids	Supplements
Rouhi M, Rouhi N, Mohamadpour S, Tajrishi HP-R. Vitamin D reduces postpartum depression and fatigue among Iranian women. <i>Br J Midwifery</i> 2018;26:787-93.	2018	RCT-published	Postnatal depression	Vitamin D	Supplements
Hsu MC, Tung CY, Chen HE. Omega-3 polyunsaturated fatty acid supplementation in prevention and treatment of maternal depression: Putative mechanism and recommendation. <i>J Affect Disord</i> 2018;238:47-61.	2018	Systematic review-published	Both	Omega-3 polyunsaturated fatty acid supplementation	Supplements
University of Colorado Boulder, Kaiser Permanente, Emory University. Randomized Controlled Trial of the Alma Peer Mentoring Program for Pregnant Women Experiencing Depression. 2020; https://ClinicalTrials.gov/show/NCT02883686	Recruiting	RCT-protocol	Antenatal depression	Alma peer-mentoring	Support
Nct. Telephone Coaching Intervention for Postpartum Depression and Anxiety. https://clinicaltrials.gov/show/NCT04073043 2019.	Recruiting	RCT-protocol	Postnatal depression	Telephone Coaching	Support
University of Cape Town, National Institute of Mental Health. Task Sharing Counseling Intervention by Community Health Workers for Prenatal Depression in South Africa. 2016; https://ClinicalTrials.gov/show/NCT01977326	Completed	RCT-protocol	Antenatal depression	Basic counselling by lay-health workers	Support
Canadian Research Institute for Social Policy, Women's Health Research Unit, Social Support Research Program, University Health Network Toronto, Edmonton Mental	Completed	RCT-protocol	Postnatal depression	Home visits to promote maternal-child interaction and social support	Support

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
Health Services, Canadian Mental Health Association, et al. Effect of Home-Based Peer Support on Maternal-Infant Interaction and Postpartum Depression. 2009; https://ClinicalTrials.gov/show/NCT00298311					
Washington University School of Medicine, Nurses for Newborns Foundation. Systems of Care for New Moms: Integrating Depression Treatment. 2013; https://ClinicalTrials.gov/show/NCT01407783	Completed	RCT-protocol	Postnatal depression	Problem Solving Tools (PST)	Support
Sawyer A, Kaim A, Le H-N, McDonald D, Mittinty M, Lynch J, et al. The Effectiveness of an App-Based Nurse-Moderated Program for New Mothers with Depression and Parenting Problems (eMums Plus): Pragmatic Randomized Controlled Trial. <i>J Med Internet Res</i> 2019;21:N.PAG-N.PAG.	2019	RCT-published	Postnatal depression	App-Based Nurse-Moderated Program	Support
Nilni YI, Mehralizade A, Mayer L, Milanovic S. Treatment of depression, anxiety, and trauma-related disorders during the perinatal period: A systematic review. <i>Clin Psychol Rev</i> 2018;66:136-48.	2018	Systematic review-published	Antenatal depression	Any	Systematic review- several interventions
Lindensmith R. Interventions to Improve Maternal-Infant Relationships in Mothers with Postpartum Mood Disorders. <i>MCN Am J Matern Child Nurs</i> 2018;43:334-40.	2018	Systematic review-published	Postnatal depression	Any intervention	Systematic review- several interventions
Camacho EM, Shields GE. Cost-effectiveness of interventions for perinatal anxiety and/or depression: a systematic review. <i>BMJ open</i> 2018;8:e022022.	2018	Systematic review-published	Both	Costs effectiveness of any psychological, psychosocial and/or pharmacological intervention	Systematic review- several interventions
Gurung B, Jackson LJ, Monahan M, Butterworth R, Roberts TE. Identifying and assessing the benefits of interventions for postnatal depression: a systematic review of economic evaluations. <i>BMC Pregnancy Childbirth</i> 2018;18:179.	2018	Systematic review-published	Postnatal depression	Costs effectiveness of interventions to prevent or treat PND	Systematic review- several interventions
Alves S, Martins A, Fonseca A, Canavarró MC, Pereira M. Preventing and treating women's postpartum depression: A qualitative systematic review on partner-inclusive interventions. <i>J Child Fam Stud</i> 2018;27:1-25.	2018	Systematic review-published	Both	Non-biological interventions delivered during pregnancy or during the first 12 months postpartum with the primary	Systematic review- several interventions

Reference	Year of publication/ Status for ongoing trials	Study type	Population	Intervention	Intervention category
				aim to prevent or treat postpartum depression (PPD) or symptoms thereof up to 12 months after birth. The interventions targeted women (or both members of the couple) and included both partners in the intervention session	
Goodman SH, Cullum KA, Dimidjian S, River LM, Kim CY. Opening windows of opportunities: Evidence for interventions to prevent or treat depression in pregnant women being associated with changes in offspring's developmental trajectories of psychopathology risk. <i>Dev Psychopathol</i> 2018;30:1179-96.	2018	Systematic review-published	Antenatal depression	Prevention or treatment	Systematic review- several interventions
Nair U, Armfield NR, Chatfield MD, Edirippulige S. The effectiveness of telemedicine interventions to address maternal depression: A systematic review and meta-analysis. <i>J Telemed Telecare</i> 2018;24:639-50.	2018	Systematic review-published	Both	Telemedicine	Systematic review- several interventions
Lin PZ, Xue JM, Yang B, Li M, Cao FL. Effectiveness of self-help psychological interventions for treating and preventing postpartum depression: a meta-analysis. <i>Arch Womens Ment Health</i> 2018;21:491-503.	2018	Systematic review-published	Postnatal depression	Self-help interventions	Systematic review- several interventions