



Bilaga 1-6

1 (1)

Behandling av depression med transkraniell magnetstimulering med H-spole (dTMS) – en uppdatering, rapport 318 (2020)

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Behandling av depression med transkraniell magnetstimulering med H-spole (dTMS) – en uppdatering, rapport 318 (2020)

Bilaga 2 Granskningsmall för kvalitetsbedömning

Bedömning av randomiserad studie (ITT)

UPPDATERAD 2019-04-26

Referens (författare, år): _____

Utfall: _____

Granskare: _____

Övergripande risk för systematisk snedvridning av resultaten (risk för bias)					
Låg <input type="checkbox"/>	Måttlig <input type="checkbox"/>		Hög <input type="checkbox"/>		
Om möjligt: Vilken är riktningen på bias för detta utfall?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>
Kommentarer:					

1. Randomisering

Risk för bias från randomiseringen bedöms som:		Låg <input type="checkbox"/>	Måttlig <input type="checkbox"/>	Hög <input type="checkbox"/>	
Motivering: se stödfrågorna nedan					
Bedömer du att..?	Ja	Troligen ja	Troligen nej	Nej	Information saknas
1.1 gruppindelningen var randomiserad med en lämplig metod?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1.2 blivande grupptillhörighet inte kunde förutses, den var okänd tills deltagarna delats in (concealed allocation sequence)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1.3 det fanns väsentliga obalanser vid baslinjen som tyder på att randomiseringen inte fungerat?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>

2. Avvikelser från planerade interventioner

Risk för bias från avvikelser från planerade interventioner bedöms som:		Låg <input type="checkbox"/>	Måttlig <input type="checkbox"/>	Hög <input type="checkbox"/>	
Motivering: se stödfrågorna nedan					
Bedömer du att..?	Ja	Troligen ja	Troligen nej	Nej	Information saknas
2.1 deltagarna kände till vilken intervention de tilldelats under studiens gång?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.2 behandlarna kände till vilka interventioner deltagarna tilldelats under studiens gång?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 2.3 om du svarat "Ja", "Troligen ja" eller "Information saknas" på 2.1. eller 2.2.					
2.3 <i>kännedom om studien och gruppindelningen kunde leda till avvikelser som var obalanserade mellan grupperna (t.ex. förändringar i övrig vård eller avvikelser från klinisk praxis)?</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 2.4 om du svarat "Ja" eller "Troligen ja" på 2.3.					
2.4 <i>avvikelseorna var obalanserade mellan grupperna, och detta påverkade utfallet?</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.5 flera av deltagarna analyserades i en annan grupp än den de randomiserades till, eller att deltagare exkluderades från analysen – och detta påverkade sannolikt utfallet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>

3. Bortfallet

Risk för bias från bortfall bedöms som:		Låg <input type="checkbox"/> Måttlig <input type="checkbox"/> Hög <input type="checkbox"/>			
Motivering: se stödfrågorna nedan					
Bedömer du att..?	Ja	Troligen ja	Troligen nej	Nej	Information saknas
3.1 resultat redovisades för alla eller nästan alla deltagare?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 3.2 om du svarat "Nej", "Troligen nej" eller "Information saknas" på 3.1.					
3.2 det finns evidens som stödjer att resultatet är robusta trots bortfallet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 3.3 om du svarat "Nej" eller "Troligen nej" på 3.2.					
3.3 bortfallet kan vara relaterat till utfallsmåttet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 3.4 om du svarat "Ja", "Troligen ja" eller "Information saknas" på 3.3.					
3.4 såväl bortfallet som orsaker till bortfallet var likartat mellan grupperna?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>

4. Mätning av utfallet

Risk för bias från mätning av utfallet bedöms som:		Låg <input type="checkbox"/> Måttlig <input type="checkbox"/> Hög <input type="checkbox"/>			
Motivering: se stödfrågorna nedan					
Bedömer du att..?	Ja	Troligen ja	Troligen nej	Nej	Information saknas
4.1 metoden för datainsamling var olämplig?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.2 datainsamlingen skilde sig åt mellan grupperna?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.3 de som mätte utfallet var medvetna om vilken intervention deltagarna fått?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Besvara 4.4 om du svarat "Ja", "Troligen ja" eller "Information saknas" på någon av frågorna ovan.					
4.4 bedömningen med stor sannolikhet påverkades av detta?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>

5. Rapportering

Risk för bias från rapportering bedöms som:		Låg <input type="checkbox"/>	Måttlig <input type="checkbox"/>	Hög <input type="checkbox"/>		
Motivering: se stödfrågorna nedan						
Bedömer du att..?	Ja	Troligen ja	Troligen nej	Nej	Information saknas	
5.1 analyserna var genomförda enligt en plan som publicerats innan utfallsdata var tillgängliga?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
5.2 de rapporterade resultaten har valts ut från flera sätt att mäta utfallet (t.ex. olika skalor, tidpunkter)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
5.3 de rapporterade resultaten har valts ut från olika analyser av samma utfall?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>	

6. Jäv/intressekonflikter (kan rapporteras narrativt)

	Ja	Nej	Kommentar		
Deklarerar författarna att de saknar finansiella intressen som kan påverka utfallet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Deklarerar författarna att de saknar andra bindningar som kan påverka utfallet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Om möjligt: Vilken är riktningen på bias för utfallet?	Gynnar intervention <input type="checkbox"/>	Gynnar kontroll <input type="checkbox"/>	Mot noll <input type="checkbox"/>	Från noll <input type="checkbox"/>	Går ej att bedöma <input type="checkbox"/>



Bilaga 3

1 (9)

Behandling av depression med transkraniell magnetstimulering med H-spole (dTMS) – en uppdatering, rapport 318 (2020)

Bilaga 3 Tabell över inkluderade studier/
Appendix 3 Table of included studies

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
Levkovitz et al 2015 [1] Multinational RCT	<p>Setting 20 medical centres in USA, Canada, Germany and Israel</p> <p>Recruitment Advertisements and physician referrals</p> <p>Population Outpatients with MDD according to DSM-IV n=212</p> <p>Inclusion criteria Free from antidepressant medication following wash-out period (1–2 weeks) Had failed 1–4 treatments with antidepressant medication CGI-S ≥ 4 and HDRS-21 ≥ 20 Age 22–68 years</p>	<p>Intervention dTMS with H1-coil</p> <p>Dose Acute: 4 weeks with 5 sessions per week Maintenance: 12 weeks with 2 sessions per week</p> <p>2 sec pulse 18 Hz 120% of MT, followed by 20 sec pause x 55 at each session (=1980 pulses)</p> <p>Participants n=101 (ITT)</p> <p>Age^a 45.1\pm11.7 years</p> <p>Baseline HDRS-21 score^a 23,5\pm4,3</p> <p>Drop-outs 19 patients (19%) from baseline to week 5 58 patients (57%) from baseline to week 16</p>	<p>Control Sham dTMS</p> <p>Dose Same as for the intervention group</p> <p>Participants n=111 (ITT)</p> <p>Age^a 47.6\pm11.6 years</p> <p>Baseline HDRS-21 score^a 23,4\pm3,7</p> <p>Drop-outs 34 patients (31%) from baseline to week 5 83 patients (75%) from baseline to week 16</p>	<p><i>Analysed after 5 weeks of treatment</i></p> <p>Change in HDRS-21 from baseline^{b,c} I: -6.17 (-7.78 to -4.55) C: -3.94 (-5.58 to -2.29) p=0.058</p> <p>Response rate^{d,e} I: 34/101 (33.7%) C: 23/111 (20.7%) p=0.034</p> <p>Remission rate^{f,e} I: 28/101 (27.7%) C: 16/111 (14.4%) p=0.017</p> <p><i>Analysed after 16 weeks of treatment (maintenance)</i></p> <p>Change in HDRS-21 from baseline^{g,h} I: -8,04 (-9.91 to -6.16) C: -6.31 (-7.99 to -4.62) p=0.104</p> <p>Response rate^{i,e} I: 39/101 (38.6%)</p>	<p>Company sponsored study</p> <p>Risk of bias Moderate</p>

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
				C: 27/111 (24.3%) p=0.025 Remission rate ^{j,e} I: 28/101 (27.7%) C: 23/111 (20.7%) p=0.234	
Tavares et al 2017 [2] Brazil RCT	<p>Setting 1 hospital in Brazil</p> <p>Recruitment Advertisements, physician referrals and patients from academic mood disorder clinics</p> <p>Population Bipolar disorder type I or II in acute depressive episode according to DSM-IV n=50</p> <p>Inclusion criteria Free from antidepressant medication following wash-out period (4 weeks) Had failed ≥2 pharmacological treatments for BD At least moderate depression HDRS-17 >17</p>	<p>Intervention dTMS with H1-coil</p> <p>Dose Acute: 4 weeks with 5 sessions per week 2 sec pulse 18 Hz 120% of MT, followed by 20 sec pause x 55 at each session (=1980 pulses)</p> <p>Participants n=25 (ITT)</p> <p>Age^a 43.5±12 years</p> <p>Baseline HDRS-17 score^a 25.8±5.25</p> <p>Drop-outs 5 patients (20%)</p>	<p>Control Sham dTMS</p> <p>Dose Same as for the intervention group</p> <p>Participants n=25 (ITT)</p> <p>Age^a 41.2±8.9 years</p> <p>Baseline HDRS-17 score^a 25.32±3.76</p> <p>Drop-outs 2 patients (8%)</p>	<p><i>Analysed after 4 weeks of treatment</i></p> <p>Change in HDRS-17 from baseline^k I: -11.72 C: -6.36</p> <p>Response rate^l I: 12/25 (48%) C: 6/25 (24%) p=0.08</p> <p>Remission rate^m I: 7/25 (28%) C: 4/25 (16%) p=0.31</p> <p><i>Analysed 4 weeks after end of treatment (follow-up)</i></p> <p>Change in HDRS-17 from baseline</p>	<p>Company sponsored study</p> <p>Risk of bias Low</p>

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
	Age 18–65 years Follow-up 4 weeks after end of treatment			I: -9.32 C: -6.08 p=0.046 ⁿ Response rate^l I: 8/25 (32%) C: 6/25 (24%) p=0.63 Remission rate^m I: 6/25 (24%) C: 6/25 (24%) p=1	
Kaster et al 2018 [3] Canada RCT	Setting 1 hospital in Canada Recruitment Outpatients Population Outpatients with MDD according to DSM-IV 60–85 years old n=58 Inclusion criteria Stable dosages of psychotropic medications for ≥4 weeks	Intervention dTMS with H1-coil (initially H1L-helmet) Dose Acute: 4 weeks with 5 sessions per week Maintenance: For those with remission at 4 weeks, 2 weeks with 2 sessions per week 2 sec pulse 18 Hz 120% of MT, followed by 20 sec pause x 167 at each session (=6012 pulses) Participants n=30 (allocated) n=25 (ITT: H1-coil)	Control Sham dTMS Dose Same as for the intervention group Participants n=28 (allocated) n=27 (ITT: H1-coil)	<i>Analysed after 4 weeks of treatment</i> Change in HDRS-24 from baseline I: -11.12 C: -9.89 p=0.438 ^p Response rate^q I: 11/25 (44%) C: 5/27 (18.5%) p<0.05 Remission rate^r (primary) I: 10/25 (40%) C: 4/27 (14.8%)	Company sponsored study Intervention was changed during study Risk of bias Moderate

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
	Had failed ≥ 1 adequate or ≥ 2 inadequate antidepressant trials according to ATHF HDRS-24 ≥ 22 MMSE ^o ≥ 26	Age^a 65.0 \pm 5.5 years Baseline HDRS-24 score^a 25.8 \pm 4.0 Drop-outs 5 patients treated with H1L helmet (not included in ITT) 5 patients treated with H1-coil discontinued treatment	Age^a 65.4 \pm 5.5 years Baseline HDRS-24 score^a 27.6 \pm 4.1 Drop-outs 1 patient treated with sham H1L helmet (not included in ITT) 0 patients treated with sham H1 coil discontinued treatment	p<0.05	
Filipic et al 2019 [4] Croatia RCT	Setting 1 hospital in Croatia Recruitment Physician referrals Population MDD according to DSM-5 n=228 Inclusion criteria At least one prior disease episode Unchanged psychopharmacological treatment for 4 weeks Age: 20–70 years	Intervention dTMS with H1-coil (plus standard pharmacotherapy) Dose Acute: 4 weeks with 5 sessions per week 2 sec pulse 18 Hz 120% of MT, followed by 20 sec pause x 55 at each session (=1980 pulses) Participants n=72 (ITT)	Control rTMS with figure-8-coil (plus standard pharmacotherapy) or Only standard pharmacotherapy Dose (figure-8-coil) 4 weeks with 5 sessions per week 4 sec pulse 10 Hz 120% of MT, followed by 26 sec pause x 75 at each session Participants Figure-8-coil: n=75 (ITT) Standard therapy: n=81 (ITT)	<i>Analysed after 4 weeks of treatment</i> Change in HDRS-17 from baseline I: -10 C (Figure-8-coil): -7 C (Standard therapy): -3 I vs Figure-8-coil: p=0.05 ^t I vs Standard therapy: p<0.001 ^t Response rate^l I: 48/72 (66.7%) C (Figure-8-coil): 33/75 (44%) C (Standard therapy): 19/81 (23,5%) I vs Figure-8-coil: p=0.04 ^u	Post-hoc review indicated that all patients had failed at least two previous adequately given antidepressant treatments without response. Risk of bias Differentiated risk for bias depending on control group. Figure-8-coil Low risk of bias Standard therapy Risk for differences in unspecific effects due to differences in for example number of visits

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
		Age^s 50 (44–60) years Baseline HDRS-17 score^a 17±5.4 Drop-outs 7 patients (9.7%)	Age^s Figure-8-coil: 51 (42–59) years Standard therapy: 53 (48–61) years Baseline HDRS-17 score^a Figure-8-coil: 17±5.4 Standard therapy: 18±6.2 Drop-outs Figure-8-coil: 3 (4%) Standard therapy: 9 (11.1%)	I vs Standard therapy: p<0.001 ^u Remission rate^m I: 43/72 (59.7%) C (Figure-8-coil): 32/75 (42.7%) C (Standard therapy): 9/81 (11.1%) I vs Figure-8-coil: p=0.17 ^u I vs Standard therapy: p<0.001 ^u	High risk of bias
Matsuda et al 2020 [5] Japan RCT	Setting 1 hospital in Japan Recruitment Not described Population MDD (37.5%) or bipolar disorder (62.5%) type I or II, in acute depressive episode according to DSM-5 Office workers on administrative leave for treatment-resistant depression n=40 Inclusion criteria	Intervention dTMS with H1-coil Dose Acute: 4 weeks with 5 sessions per week. For those without remission at 4 weeks, 2 more weeks with 5 sessions per week. 2 sec pulse 18 Hz 120% of MT, followed by 20 sec pause x 55 at each session (=1980 pulses) Participants n=20 (ITT) Age^a 43.4±5.5 years	Control Sham dTMS Dose Same as for the intervention group Participants n=20 (ITT) Age^a 45.2±7.0 years	<i>Analysed after 4 weeks of treatment</i> Change in HDRS-21 from baseline^v I: -4.45 (-7.95 to -0.96) C: -0.22 (-3.74 to 3.30) p=0,091 ^s Response rate^d I: 2/20 (10%) C: 3/20 (15%) p=0.633 Remission rate^w I: 2/20 (10%) C: 3/20 (15%) p=0.633	Primary analysis was done after 6 weeks although treatment given after 4 weeks varied depending on response to treatment. Results after 4 weeks are regarded as the most reliable and are reported here. Risk of bias Moderate

Author Year Reference Country Study design	Setting Recruitment Population Inclusion criteria Follow up	Intervention Participants Drop-outs	Control Participants Drop-outs	Outcomes	Comments Risk of bias
	Unchanged medication for at least 4 weeks Treatment-resistant Moderate to severe depression, HDRS-21 ≥ 20 Age 25–75 years	Baseline HDRS-21 score^a 19.4 \pm 8.2 Depression characteristics Unipolar depression: 40% Bipolar depression: 60% Drop-outs 2 patients (10%)	Baseline HDRS-21 score^a 20.5 \pm 4.1 Depression characteristics Unipolar depression: 30% Bipolar depression: 65% Not specified: 5% Drop-outs 0 patients (0%)		

ATHF = Antidepressant Treatment History Form; **C** = Control; **CGI-S** = Clinical Global Impression – Severity scale; **DSM** = Diagnostic and Statistical Manual of Mental Disorders; **dTMS** = deep Transcranial Magnetic Stimulation; **HDRS** = Hamilton Depression Rating Scale; **I** = Intervention; **ITT** = Intention to treat; **MDD** = Major depressive disorder; **MT** = Motor Threshold; **MMSE** = Mini Mental Status Exam; **p** = p-value; **RCT** = Randomised controlled trial; **rTMS** = repetitive Transcranial Magnetic Stimulation; **vs** = versus

^amean \pm SD

^bslope of change from baseline to week 5 from a repeated measures analysis of covariance

^cThe authors excluded patients from the ITT analysis that did not have a post baseline measurement. In this analysis n=92 for the intervention group and n=101 for the control group (personal communication by e-mail with Abraham Zangen at Ben Gurion University in Israel on 18th of August 2020).

^ddefined as a reduction of at least 50% in HDRS-21 compared to baseline

^eData reported here is based on the ITT population as it was defined in the paper (i.e. all subjects who received at least one treatment session). The data reported in the paper does not correspond to the ITT population as defined in the paper, as patients that did not have a post baseline measurement (i.e. dropped out in the first week) were excluded (personal communication by e-mail with Abraham Zangen at Ben Gurion University in Israel on 18th of August 2020).

^fdefined as HDRS-21 <10

^gslope of change from baseline to last observed value (LOV) from a repeated measures analysis of covariance

^hThe authors excluded patients from the ITT analysis that did not have a post baseline measurement. In this analysis n=96 for the intervention group and n=104 for the control group (personal communication by e-mail with Abraham Zangen at Ben Gurion University in Israel on 18th of August 2020).

ⁱdefined as a reduction of at least 50% in HDRS-21 at the last observed value (LOV) compared to baseline

^jdefined as HDRS-21 <10 at the last observed value (LOV)

^kNo p-value was reported for the difference in change in HDRS score from baseline to week 4 between treatment groups

^ldefined as a reduction of at least 50% in HDRS-17 compared to baseline

^mdefined as HDRS-17 \leq 7

ⁿThe p-value is derived from a mixed effects linear regression for difference in change in HDRS-21 score from baseline to week 8 between treatment groups (time x group interaction)

^oMini Mental Status Exam

^pThe p-value is derived from a mixed effects model for difference in change in HDRS-21 score from baseline to week 4 between treatment groups (time x group interaction).

^qdefined as a reduction of at least 50% in HDRS-24 compared to baseline on 2 consecutive weeks

^rdefined as both HDRS-24 \leq 10 and \geq 60% reduction from baseline on 2 consecutive weeks

^smedian (interquartile range)

^tThe p-value is derived from an analysis of covariance model for difference in change in HDRS-21 score from baseline to week 4 between treatment groups.

^uThe p-value is derived from a multivariate binary logistic regression that controlled for possible confounders.

^vThe authors excluded patients from the ITT analysis that dropped out from the treatment due to side effects. In the analysis n=18 in the intervention group and n=20 in the control group (personal communication by e-mail with Yuki Matsuda at Jikei University School of Medicine in Japan on 3rd of June 2020).

^wdefined as HDRS-21 \leq 9

References

1. Levkovitz Y, Isserles M, Padberg F, Lisanby SH, Bystritsky A, Xia G, et al. Efficacy and safety of deep transcranial magnetic stimulation for major depression: a prospective multicenter randomized controlled trial. *World Psychiatry* 2015;14:64-73.
2. Tavares DF, Myczkowski ML, Alberto RL, Valiengo L, Rios RM, Gordon P, et al. Treatment of Bipolar Depression with Deep TMS: Results from a Double-Blind, Randomized, Parallel Group, Sham-Controlled Clinical Trial. *Neuropsychopharmacology* 2017;42:2593-601.
3. Kaster TS, Daskalakis ZJ, Noda Y, Knyahnytska Y, Downar J, Rajji TK, et al. Efficacy, tolerability, and cognitive effects of deep transcranial magnetic stimulation for late-life depression: a prospective randomized controlled trial. *Neuropsychopharmacology* 2018;43:2231-8.
4. Filipčić I, Šimunović Filipčić I, Milovac Ž, Sučić S, Gajšak T, Ivezić E, et al. Efficacy of repetitive transcranial magnetic stimulation using a figure-8-coil or an H1-Coil in treatment of major depressive disorder; A randomized clinical trial. *J Psychiatr Res* 2019;114:113-9.
5. Matsuda Y, Kito S, Igarashi Y, Shigeta M. Efficacy and Safety of Deep Transcranial Magnetic Stimulation in Office Workers with Treatment-Resistant Depression: A Randomized, Double-Blind, Sham-Controlled Trial. *Neuropsychobiology* 2020;79:208-13.



Bilaga 4

1 (5)

Behandling av depression med transkraniell magnetstimulering med H-spole (dTMS) – en uppdatering, rapport 318 (2020)

Bilaga 4 Risk för biasbedömning av inkluderade studier/
Appendix 4 Risk of bias chart

Effect directly after end of treatment

Author Year Reference	Comparison	Randomisation	Deviation from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported results	Overall bias	Comments
Levkovitz et al 2015 [1]	dTMS compared to sham	Low	Low	Low	Low	Moderate	Moderate	Time point for effect measure changed from 4 weeks to 5 weeks in the protocol in clinicaltrials.gov close to publication of the study. Recruitment partly through advertisement. Brainsway involved in study
Tavares et al 2017 [2]	dTMS compared to sham	Low	Low	Low	Low	Low	Low	Recruitment partly through advertisement. Brainsway involved in study
Kaster et al 2018 [3]	dTMS compared to sham	Moderate	Low	Low	Low	Moderate	Moderate	Protocol changed during the study both regarding type of intervention (H1L helmet versus H1 coil) and the primary efficacy measure (different definition of remission in clinicaltrials.gov compared to the publication). Small study that was stopped prematurely with some differences at the baseline that can have affected the result in advantage of the intervention. Brainsway involved in study
Filipčić et al 2019 [4]	dTMS compared to	Low	Low	Low	Low	Low	Low	Only the rater of the results was blinded. The patients and the clinician delivering the treatment

Author Year Reference	Comparison	Randomisation	Deviation from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported results	Overall bias	Comments
	rTMS with figure-8-coil							were unblinded, but this is not thought to bias the results.
Filipčić et al 2019 [4]	dTMS compared to pharmaceutical treatment	Low	High	Low	Low	Low	High	Risk for unspecific differences in effect in the control group that only met clinicians at baseline and at 4 weeks compared to the intervention group that met clinicians 5 days a week for 4 weeks
Matsuda et al 2020 [5]	dTMS compared to sham	Low	Low	Moderate	Low	Moderate	Moderate	Excluded patients that dropped-out during the study from the analysis. No protocol found. Risk that the result after 6 weeks is chosen due to a significant result at that time point not seen at other time points.

Effect of maintenance treatment

Author Year Reference	Comparison	Randomisation	Deviation from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported results	Overall bias	Comments
Levkovitz et al 2015 [1]	Maintenance treatment with dTMS compared to sham	Low	Low	High	Low	Moderate	High	Large proportion of the patients dropped out until end of maintenance treatment (57–75%)
Rapinesi et al 2015 [6]	Maintenance treatment with dTMS compared to no	High	High	-	-	-	High	Not clearly reported how randomisation was done. Study unblinded for patients and therapists.

Author Year Reference	Comparison	Randomisation	Deviation from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported results	Overall bias	Comments
	maintenance treatment							

References

1. Levkovitz Y, Isserles M, Padberg F, Lisanby SH, Bystritsky A, Xia G, et al. Efficacy and safety of deep transcranial magnetic stimulation for major depression: a prospective multicenter randomized controlled trial. *World Psychiatry* 2015;14:64-73.
2. Tavares DF, Myczkowski ML, Alberto RL, Valiengo L, Rios RM, Gordon P, et al. Treatment of Bipolar Depression with Deep TMS: Results from a Double-Blind, Randomized, Parallel Group, Sham-Controlled Clinical Trial. *Neuropsychopharmacology* 2017;42:2593-601.
3. Kaster TS, Daskalakis ZJ, Noda Y, Knyahnytska Y, Downar J, Rajji TK, et al. Efficacy, tolerability, and cognitive effects of deep transcranial magnetic stimulation for late-life depression: a prospective randomized controlled trial. *Neuropsychopharmacology* 2018;43:2231-8.
4. Filipčić I, Šimunović Filipčić I, Milovac Ž, Sučić S, Gajšak T, Ivezić E, et al. Efficacy of repetitive transcranial magnetic stimulation using a figure-8-coil or an H1-Coil in treatment of major depressive disorder; A randomized clinical trial. *J Psychiatr Res* 2019;114:113-9.
5. Matsuda Y, Kito S, Igarashi Y, Shigeta M. Efficacy and Safety of Deep Transcranial Magnetic Stimulation in Office Workers with Treatment-Resistant Depression: A Randomized, Double-Blind, Sham-Controlled Trial. *Neuropsychobiology* 2020;79:208-13.
6. Rapinesi C, Bersani FS, Kotzalidis GD, Imperatori C, Del Casale A, Di Pietro S, et al. Maintenance Deep Transcranial Magnetic Stimulation Sessions are Associated with Reduced Depressive Relapses in Patients with Unipolar or Bipolar Depression. *Front Neurol* 2015;6:16.

Bilaga 5 Exkluderade studier/Excluded studies

Studies excluded due to relevance/Studier som bedömts som inte relevanta

Study/Studie	Reason for exclusion/ Exklusionsorsak
Filipčić I, Šimunović Filipčić I, Sučić S, Milovac Ž, Gereš N, Matic K, et al. A pilot investigation of accelerated deep transcranial magnetic stimulation protocols in treatment-resistant depression. Eur Arch Psychiatry Clin Neurosci 2020.	Study design – not a real RCT as treatment groups were analysed at different time points after baseline
Isserles M, Rosenberg O, Dannon P, Levkovitz Y, Kotler M, Deutsch F, et al. Cognitive-emotional reactivation during deep transcranial magnetic stimulation over the prefrontal cortex of depressive patients affects antidepressant outcome. J Affect Disord 2011;128:235-42.	Control - not relevant control group
Kaur J, Mania I. Deep transcranial magnetic stimulation (dTMS) for treatment of major depressive disorder (MDD) status post-surgical removal of medulloblastoma: A case report of safety. Brain Stimul 2019;12:1061-2.	Study design – Case report of side effects in one patient

Studies with high risk of bias/Studier med hög risk för bias

Study/Studie	Reason for exclusion/ Exklusionsorsak
Rapinesi C, Bersani FS, Kotzalidis GD, Imperatori C, Del Casale A, Di Pietro S, et al. Maintenance Deep Transcranial Magnetic Stimulation Sessions are Associated with Reduced Depressive Relapses in Patients with Unipolar or Bipolar Depression. Front Neurol 2015;6:16.	High risk of bias - Not clearly reported how randomization was done. Study unblinded for patients and therapists



Bilaga 6

1 (4)

Behandling av depression med transkraniell magnetstimulering med H-spole (dTMS) – en uppdatering, rapport 318 (2020)

Bilaga 6 Biverkningar vid dTMS

Mindre allvarliga biverkningar

Biverkning	Behandling	Levkovitz et al [1] 2015	Levkovitz et al [2] 2013 FDA-rapport	Tavares et al [3] 2017*	Kaster et al [4] 2018	Filipic et al [5] 2019
Smärta på stimuleringsstället/ Skalpsmärta	dTMS sham rTMS	5/101 (5 %) 0/111 (0 %) ^a	27/111 (24,3 %) 1/122 (0,8 %) ^b	5/25 (20 %) 0/25 (0 %) ^e	4/25 (16 %) 0/27 (0 %) ^f	5/69 (7,2 %) – 0/74 (0 %)
Obehag på stimuleringsstället/ Brännande känsla	dTMS sham rTMS	3/101 (3 %) 2/111 (1,8 %)	21/111 (18,9 %) 5/122 (4,1 %) ^c	2/25 (8 %) 2/25 (8 %)		3/69 (4,3 %) – 1/74 (1,4 %)
Huvudvärk	dTMS sham rTMS	27/101 (26,7 %) 21/111 (18,9 %)	51/111 (45,9 %) 44/122 (36,1 %)	9/25 (36 %) 10/25 (40 %)	14/25 (56 %) 10/27 (37 %)	20/69 (29 %) 3/80 (3,8 %) [§] 15/74 (20,3 %)
Muskelryckningar	dTMS sham rTMS	2/101 (2 %) 0/111 (0 %)	7/111 (6,3 %) 2/122 (1,6 %)			8/69 (11,6 %) 0/80 (0 %) [§] 0/74 (0 %)
Käksmärta	dTMS sham rTMS		11/111 (9,9 %) 1/122 (0,8 %) ^d			8/69 (11,6 %) 0/80 (0 %) [§] 0/74 (0 %)
Sömnlöshet	dTMS sham rTMS	2/101 (2 %) 4/111 (3,6 %)	8/111 (7,2 %) 9/122 (7,4 %)			5/69 (7,2 %) 4/80 (5 %) [§] 5/74 (6,8 %)
Ångest	dTMS sham rTMS	– 2/111 (1,8%)	6/111 (5,4 %) 9/122 (7,4 %)		0/25 (0 %) 1/27 (3,7 %)	0/69 (0 %) 2/80 (2,5 %) [§] 1/74 (1,4 %)
Tandsmärta	dTMS sham		3/111 (2,7 %) 2/122 (1,6 %)		0/25 (0 %) 1/27 (3,7 %)	
Illamående	dTMS sham rTMS				1/25 (4 %) 1/27 (3,7 %)	0/69 (0 %) 1/80 (1,3 %) [§] 0/74 (0 %)
Ögonsmärta	dTMS sham		2/111 (1,8 %) 4/122 (3,3 %)			
Ryggsmärta	dTMS sham	2/101 (2 %) 3/111 (2,7 %)				

Biverkning	Behandling	Levkovitz et al [1] 2015	Levkovitz et al [2] 2013 FDA-rapport	Tavares et al [3] 2017*	Kaster et al [4] 2018	Filipic et al [5] 2019
Nacksmärta	dTMS sham			6/25 (24 %) 8/25 (32 %)		
Klagomål på hörsel	dTMS sham			5/25 (20 %) 2/25 (8 %)		
Koncentrationssvårigheter	dTMS sham			6/25 (24 %) 5/25 (20 %)		
Infektion i övre luftvägarna	dTMS sham		9/111 (8,1 %) 7/122 (5,7 %)			
Allergi	dTMS sham		6/111 (5,4 %) 3/122 (2,5 %)			
Nasofaryngit	dTMS sham				1/25 (4 %) 0/27 (0 %)	
Bihåleinflammation	dTMS sham				1/25 (4 %) 0/27 (0 %)	
Aftös stomatit (sår i munnen)	dTMS sham				1/25 (4 %) 0/27 (0 %)	
Hornhinneerosion	dTMS sham				1/25 (4 %) 0/27 (0 %)	
Hudinflammation	dTMS sham				1/25 (4 %) 0/27 (0 %)	
Yrsel	dTMS sham rTMS					4/69 (5,8 %) 1/80 (1,3 %) [§] 2/74 (2,7 %)
Trötthet (fatigue)	dTMS sham rTMS					0/69 (0 %) 2/80 (2,5 %) [§] 0/74 (0 %)

dTMS = deep Transcranial Magnetic Stimulation; **sham** = behandling med överksam spole; **rTMS** = repetitive Transcranial Magnetic Stimulation med figur-8-spole

^a p=0,02

^b p<0,0001

^c p=0,0003

^d p=0,0017

^e p=0,05

^f p<0,05

* I gruppen som får behandling med överksam spole ingår 25 individer i studien, men då procent individer med biverkningar beräknas i studien utgår man från 24. Eftersom det saknas förklaring till detta utgår vi från att det skulle ha varit 25 i denna grupp.

[§] Deltagarna fick ingen behandling med överksam spole utan enbart läkemedelsbehandling i denna studie. Biverkningar för dessa individer har därför inte inkluderats i vår sammanställning över biverkningar med behandling med överksam spole.

Referenser

1. Levkovitz Y, Isserles M, Padberg F, Lisanby SH, Bystritsky A, Xia G, et al. Efficacy and safety of deep transcranial magnetic stimulation for major depression: a prospective multicenter randomized controlled trial. *World Psychiatry* 2015;14:64-73.
2. U.S. Food and Drug Administration (FDA). 510(K) SUMMARY Brainsway Deep TMS System; 2013. [cited 2020 Sep 10]. Available from: http://www.accessdata.fda.gov/cdrh_docs/pdf12/k122288.pdf.
3. Tavares DF, Myczkowski ML, Alberto RL, Valiengo L, Rios RM, Gordon P, et al. Treatment of Bipolar Depression with Deep TMS: Results from a Double-Blind, Randomized, Parallel Group, Sham-Controlled Clinical Trial. *Neuropsychopharmacology* 2017;42:2593-601.
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