

Bilaga 6 AI-promptar för dataextraktion/Appendix 6

Vid extraktion av data kring studiernas karakteristika, för tabellering av studier som inkluderats efter den 2024-08-13, genomfördes detta med stöd av ChatGPT 5.2 och kontrollerades därefter av en

För extrahering av studiers karakteristika:

You are a research assistant trained in scientific literature analysis.

You will be given a scientific article in **PDF format**. Extract data into a structured table. The table should include the following columns:

1. Category
2. Details

The categories are

1. **Author**
2. **Year**
3. **Country**
4. **Study Design** (e.g., RCT, cohort, case-control, cross-sectional, review)
5. **Setting**
6. **Population** (age range, relevant demographics, duration of symptoms)
7. **Inclusion criteria**
8. **Exclusion criteria**
9. **Interventions** (list all study arms descriptions, always include sample size(s) and drop-outs)
10. **Follow up time points** (list all follow-up time points)
11. **Outcomes Measured** (list all outcomes measured)
12. **Limitations Noted**

Output to **Word (.docx) document**. If any information is missing, write "Not reported". Only use uploaded files for information

projektdeltagare. Resultatdata extraherades dock manuellt av en projektdeltagare och kontrollerades av en annan projektdeltagare.

För de studier som inkluderats användes ChatGPT för att extrahera ytterligare information om interventionerna. Detta kontrollerades av en projektdeltagare.

För klassificering av interventioner:

You are a research assistant trained in scientific literature analysis. You will be given scientific articles in pdf format. For each article, extract data into a structured table, one row per article. The following columns should be included:

- Author
- Year
- Number of study arms
- Type(s) of exercises (e.g. aerobic)
- Length of treatment (weeks or months, please specify)
- Additional treatments (any additional treatments, e.g. education, pharmaceuticals)
- Number of sessions (per week, including total number of sessions)
- Length of sessions (minutes or hours, please specify)
- Supervision (is exercising supervised, yes or no)
- Outcomes measured
- Control (specify treatment in control group)

If any information is missing, write "Not reported". Only use uploaded files for information. Output to Excel.