

Bilaga 2 Sammanställning av risk för bias i de inkluderade studierna/Appendix 2 Risk of bias in the included studies

Studier med hög risk för bias, rörande alla typer av behandlingsmetoder (inklusive fysisk träning), listas i en mer omfattande kartläggningsrapport från SBU kring behandling och rehabilitering av personer med postcovid [1]

Tabell 1 Sammanställning av 22 st primärstudier rörande fysisk träning vid postcovid, med låg eller måttlig risk för bias [2-23] , visualiserat med verktyget Robvis [24].

Study	Risk of bias						Overall
	D1	D2	D3	D4	D5	D6	
Bai 2024	+	-	+	-	+	+	-
Berenguel Senen 2024	-	-	-	+	-	+	-
Berry 2025	+	-	-	-	+	+	-
Besnier 2025	-	-	+	-	-	+	-
Calvo-Paniagua 2024	+	-	+	-	+	+	-
Capin 2022	+	-	-	+	+	+	-
Daynes 2025	-	-	-	-	+	+	-
Elgayar 2025	+	-	+	+	-	+	-
Elhamrawy 2023	+	+	+	+	+	+	+
Gaudreau-Majeau 2024	+	-	-	-	+	+	-
Ibrahim 2023	+	+	+	+	+	+	+
Jimeno-Almazan 2022	-	+	+	-	+	+	-
Kaddoussi 2024	-	-	+	+	-	+	-
Kerling 2024	+	-	-	+	+	+	-
Kogel 2023	+	-	+	-	+	+	-
Li 2022	+	-	-	-	-	+	-
Longobardi 2023	+	-	-	-	+	+	-
McGregor 2024	+	-	+	-	+	+	-
Rasmussen 2023	+	-	+	+	+	+	-
Romanet 2023	+	+	+	-	+	-	-
Sharma 2024	-	-	+	-	-	+	-
Volckaerts 2025	+	-	-	-	+	+	-

D1: Bias arising from the randomization process
D2: Bias due to deviations from intended interventions
D3: Bias due to missing outcome data
D4: Bias in measurement of the outcome
D5: Bias in selection of the reported result
D6: Conflict of interests

Judgement
- Moderate Risk of Bias
+ Low Risk of Bias

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