Summary and Conclusions

Post mortem imaging could supplement or even replace autopsies. Provided that the imaging methods used are reliable, this could improve information on the cause of death and feedback to health and medical services. In Sweden the number of clinical autopsies has been declining for decades. Post mortem imaging is easier to carry out and this raises the question of whether these techniques should be applied more frequently than at present.

In this report, post mortem imaging is evaluated not only as an alternative to clinical autopsy, but also as a complement to clinical and medico-legal autopsy (Figure 1).

Conclusions

Based on currently available evidence, it is not possible to determine the reliability of post mortem imaging as a complement or alternative to autopsy. Individual studies suggest that post mortem imaging could be useful for determining organ weights, for example, but further studies are required for confirmation.

Further studies are required to determine the benefits of post mortem imaging in clinical and forensic autopsies. These studies should meet the following requirements: greater conformity of study design, improved study quality and larger, preferably multicenter studies.

The greatest need for research in this field pertains to conditions in which there is a risk that autopsy could fail to detect important findings, and where it is considered difficult to extrapolate knowledge and experience from studies on living individuals.
Current practice
Post mortem imaging in clinical autopsies is unusual in Sweden and is limited to certain hospitals, primarily in cases of perinatal and neonatal deaths.

Post mortem imaging has been used for more than 100 years in forensic pathology as a complement to autopsy, primarily in trauma cases, to locate gas, fractures, and bullets. Post mortem imaging can also be used to reconstruct and interpret a sequence of events and to illustrate this in a legal process. Post mortem imaging is currently used in about 2% of all medico-legal autopsies in Sweden.

Ethical aspects
Post mortem imaging is a non-invasive procedure, and thus unlikely to be objectionable to relatives of the deceased. The reliability of post mortem imaging has not been scientifically confirmed, which is important in many contexts. Should post mortem imaging methods prove to be sufficiently reliable, this could improve information on the cause of death for relatives, feedback to the health and medical services and legal certainty. Low reliability could have the opposite effect. Hence, it is important for decision makers to be aware that the reliability of the methods has yet to be established.

Financial aspects
Whether post mortem imaging can replace or complement autopsy is at present undetermined, hence no meaningful cost-benefit analysis can be undertaken.

In Sweden, the cost in 2014 of a post mortem CT scan ranged from SEK 3700 to 9400. The cost of a medico-legal autopsy was estimated at SEK 26 900, while the cost of a clinical autopsy ranged from SEK 5100 to 12 500.