

## Bilaga 2. Bedömningar av risk för bias

Tabell 1 Inkluderade systematiska översikter med låg och måttlig risk för bias.

Referens	Risk för bias
Storebø OJ, Stoffers-Winterling JM, Völlm BA, Kongerslev MT, Mattivi JT, Jørgensen MS, et al. Psychological therapies for people with borderline personality disorder. Cochrane Database Syst Rev. 2020:Issue 5. Art. No.: CD012955. Available from: <a href="https://doi.org/10.1002/14651858.CD012955.pub2">https://doi.org/10.1002/14651858.CD012955.pub2</a> .	Låg risk för bias
Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Townsend E, et al. Interventions for self-harm in children and adolescents. Cochrane Database Syst Rev. 2015(12):Cd012013. Available from: <a href="https://doi.org/10.1002/14651858.Cd012013">https://doi.org/10.1002/14651858.Cd012013</a> .	Låg risk för bias
Jørgensen MS, Storebø OJ, Stoffers-Winterling JM, Faltinsen E, Todorovac A, Simonsen E. Psychological therapies for adolescents with borderline personality disorder (BPD) or BPD features-A systematic review of randomized clinical trials with meta-analysis and Trial Sequential Analysis. PLoS One. 2021;16(1):e0245331.	Låg risk för bias
Lee NK, Cameron J, Jenner L. A systematic review of interventions for co-occurring substance use and borderline personality disorders. Drug and alcohol review. 2015;34(6):663-72.	Måttlig risk för bias
Hurzeler T, Giannopoulos V, Uribe G, Louie E, Haber P, Morley KC. Psychosocial interventions for reducing suicidal behaviour and alcohol consumption in patients with alcohol problems: A systematic review of randomized controlled trials. Alcohol Alcohol. 2021;56(1):17-27.	Måttlig risk för bias
Duarte R, Lloyd A, Kotas E, Andronis L, White R. Are acceptance and mindfulness-based interventions 'value for money'? Evidence from a systematic literature review. Br J Clin Psychol. 2019;58(2):187-210.	Måttlig risk för bias
Brazier J, Tumor I, Holmes M, Ferriter M, Parry G, Dent-Brown K, et al. Psychological therapies including dialectical behaviour therapy for borderline personality disorder: A systematic review and preliminary economic evaluation. Health Technol Assess. 2006;10(35):1-61.	Låg risk för bias
Little H, Tickle A, das Nair R. Process and impact of dialectical behaviour therapy: A systematic review of perceptions of clients with a diagnosis of borderline personality disorder. Psychol Psychother. 2018;91(3):278-301.	Måttlig risk för bias

**Tabell 2. Översikter som exkluderats på grund av hög risk för bias**

Referens	Steg i granskningsmall* som inte är uppfyllt	Risk för bias
DeCou CR, Comtois KA, Landes SJ. Dialectical Behavior Therapy Is Effective for the Treatment of Suicidal Behavior: A Meta-Analysis. Behav Ther. 2019;50(1):60-72.	Steg 1	Hög risk för bias
D'Anci KE, Uhl S, Giradi G, Martin C. Treatments for the Prevention and Management of Suicide: A Systematic Review. Ann Intern Med. 2019;171(5):334-42.	Steg 1	Hög risk för bias
Quinn C, Renee i. Efficacy of dialectical behaviour therapy for adolescents. Aust J Psychol. 2009;61(3).	Steg 1	Hög risk för bias
Turner BJ, Austin SB, Chapman AL. Treating nonsuicidal self-injury: A systematic review of psychological and pharmacological interventions. Can J Psychiatry. 2014;59(11):576-85.	Steg 2	Hög risk för bias
Brausch AM, Girresch SK. A review of empirical treatment studies for adolescent nonsuicidal self-injury. J Cogn Psychother. 2012;26(1):3-18.	Steg 1	Hög risk för bias
Daigle MS, Pouliot L, Chagnon F, Greenfield B, Mishara B. Suicide attempts: Prevention of repetition. Can J Psychiatry. 2011;56(10):621-9.	Steg 2	Hög risk för bias
Davidson KM, Tran CF. Impact of treatment intensity on suicidal behavior and depression in borderline personality disorder: a critical review. J Pers Disord. 2014;28(2):181-97.	Steg 1	Hög risk för bias
Mungo A, Hein M, Hubain P, Loas G, Fontaine P. Impulsivity and its Therapeutic Management in Borderline Personality Disorder: a Systematic Review. Psychiatr Q. 2020;91(4):1333-62.	Steg 2	Hög risk för bias
Cristea IA, Gentili C, Cotet CD, Palomba D, Barbui C, Cuijpers P. Efficacy of psychotherapies for borderline personality disorder: A systematic review and meta-analysis. JAMA Psychiatry. 2017;74(4):319-28.	Steg 1	Hög risk för bias
Winicov N. A systematic review of behavioral health interventions for suicidal and self-harming individuals in prisons and jails. Heliyon. 2019;5(9):e02379.	Steg 1	Hög risk för bias
Dimidjian S, Arch JJ, Schneider RL, Desormeau P, Felder JN, Segal ZV. Considering Meta-Analysis, Meaning, and Metaphor: A Systematic Review and Critical Examination of "Third Wave" Cognitive	Steg 1	Hög risk för bias

and Behavioral Therapies. Behav Ther. 2016;47(6):886-905.		
Ramacciotti CE, Coli E, Marazziti D, Segura-García C, Brambilla F, Piccinni A, et al. Therapeutic options for binge eating disorder. Eat Weight Disord. 2013;18(1):3-9.	Steg 1	Hög risk för bias
Vidal-Estrada R, Bosch-Munso R, Nogueira-Morais M, Casas-Brugue M, Ramos-Quiroga JA. Psychological treatment of attention deficit hyperactivity disorder in adults: A systematic review. Actas Esp Psiquiatr. 2012;40(3):147-54.	Steg 1	Hög risk för bias
Valentine SE, Bankoff SM, Poulin RM, Reidler EB, Pantalone DW. The use of dialectical behavior therapy skills training as stand-alone treatment: A systematic review of the treatment outcome literature. J Clin Psychol. 2015;71(1):1-20.	Steg 1	Hög risk för bias
Winter D, Bradshaw S, Bunn F, Wellsted D. A systematic review of the literature on counselling and psychotherapy for the prevention of suicide: 1 Quantitative outcome and process studies. Couns Psychother Res. 2013;13(3):164-83.	Steg 2	Hög risk för bias
Bloom JM, Woodward EN, Susmaras T, Pantalone DW. Use of dialectical behavior therapy in inpatient treatment of borderline personality disorder: A systematic review. Psychiatr Serv. 2012;63(9):881-8.	Steg 1	Hög risk för bias
Timberlake LM, Beeber LS, Hubbard G. Nonsuicidal Self-Injury: Management on the Inpatient Psychiatric Unit[Formula: see text. J Am Psychiatr Nurses Assoc. 2020;26(1):10-26.	Steg 3	Hög risk för bias

\* Granskningsmall för att översiktligt bedöma risken för snedvridning/systematiska fel hos systematiska översikter, Bilaga 1.