

Insatser för beteendeförändring som syftar till
att främja hälsa hos äldre personer /
Interventions for Behaviour Change Aimed at
Promoting Health in Older Adults – an Evidence
Map, rapport 391 2025

Appendix 2 Excluded references

Excluded references

Reference	Main reason for exclusion
Abbate M, Gallardo-Alfaro L, Bibiloni MDM, Tur JA. Efficacy of dietary intervention or in combination with exercise on primary prevention of cardiovascular disease: A systematic review. <i>Nutr Metab Cardiovasc Dis.</i> 2020;30(7):1080-93. Available from: https://doi.org/10.1016/j.numecd.2020.02.020	Wrong populatiosn
Abbott R, Thompson Coon J, Bethel A, Rogers M, Whear R, Orr N, et al. PROTOCOL: Health and social care interventions in the 80 years old and over population: An evidence and gap map. <i>Campbell Syst Rev.</i> 2023;19(2):e1326. Available from: https://doi.org/10.1002/cl2.1326	Wrong intervention
Addison S, Shirima D, Aboagye-Mensah EB, Dunovan SG, Pascal EY, Lustberg MB, et al. Effects of tandem cognitive behavioral therapy and healthy lifestyle interventions on health-related outcomes in cancer survivors: a systematic review. <i>J Cancer Surviv.</i> 2022;16(5):1023-46. Available from: https://doi.org/10.1007/s11764-021-01094-8	Wrong population
Agbangla NF, Seba MP, Bunlon F. Snacktivity™, Giant Games and Immersive Virtual Reality Exercises: A Rapid Narrative Review of These New Physical Activity Practices among Older People Living in Nursing Homes and Long-Term Care Facilities. <i>Healthcare (Basel).</i> 2022;10(10):N.PAG-N.PAG. Available from: https://doi.org/10.3390/healthcare10101897	Wrong intervention
Ahmed S, Lazo Green K, McGarrigle L, Money A, Pendleton N, Todd C. Interventions Based on Behavior Change Techniques to Encourage Physical Activity or Decrease Sedentary Behavior in Community-Dwelling Adults Aged 50-70: Systematic Review With Intervention Component Analysis. <i>J Aging Phys Act.</i> 2024;32(4):554-77. Available from: https://doi.org/10.1123/japa.2023-0140	Wrong population
Ainsworth BE, Feng Z. Commentary on "Alexa, let's train now! A systematic review and classification approach to digital and home-based physical training interventions aiming to support healthy cognitive aging". <i>J Sport Health Sci.</i> 2024;13(5):672-3. Available from: https://doi.org/10.1016/j.jshs.2024.03.001	Not a systematic review
Alessy SA, Malkin JD, Finkelstein EA, AlAhmed R, Baattaiah BA, Evenson KR, et al. Effectiveness of Interventions Promoting Physical Activity and Reducing Sedentary Behavior in Community-Dwelling Older Adults: An Umbrella Review With Application to Saudi Arabia. <i>J Epidemiol Glob Health.</i> 2023;13(2):361-73. Available from: https://doi.org/10.1007/s44197-023-00111-6	Wrong population

Alghamdi MM, Burrows T, Barclay B, Baines S, Chojenta C. Culinary Nutrition Education Programs in Community-Dwelling Older Adults: A Scoping Review. <i>J Nutr Health Aging</i> . 2023;27(2):142-58. Available from: https://doi.org/10.1007/s12603-022-1876-7	Wrong population
Ali S, Kennedy M, Salma J. A Scoping Review on Community-Based Programs to Promote Physical Activity in Older Immigrants. <i>J Aging Phys Act</i> . 2023;31(1):144-54. Available from: https://doi.org/10.1123/japa.2021-0258	Wrong intervention
Allen LM, Nalley C, Devries AR, Fisher SR. Efficacy of Behavioral Interventions for Urinary Incontinence Among Women Residing in Nursing Homes: A Systematic Review. <i>J Wound Ostomy Continence Nurs</i> . 2023;50(1):57-65. Available from: https://doi.org/10.1097/WON.0000000000000933	Wrong intervention
Allowaydhah S, Weerasekara I, Walmsley S, Marquez J. Physical Exercise for Healthy Older Adults and Those with Frailty: What Exercise Is Best and Is There a Difference? A Systematic Review and Meta-Analyses. <i>Curr Gerontol Geriatr Res</i> . 2024;2024:5639004. Available from: https://doi.org/10.1155/2024/5639004	Other reasons
Alruwaili MM, Shaban M, Elsayed Ramadan OM. Digital Health Interventions for Promoting Healthy Aging: A Systematic Review of Adoption Patterns, Efficacy, and User Experience. <i>Sustainability</i> . 2023;15(23). Available from: https://doi.org/10.3390/su152316503	Other reasons
Alshammari L, O'Halloran P, McSorley O, Doherty J, Noble H. Health Education Programmes to Improve Foot Self-Care Knowledge and Behaviour among Older People with End-Stage Kidney Disease (ESKD) Receiving Haemodialysis (A Systematic Review). <i>Healthcare (Basel)</i> . 2022;10(6):20. Available from: https://doi.org/10.3390/healthcare10061143	Wrong population
Alves GS, Casali ME, Veras AB, Carrilho CG, Bruno Costa E, Rodrigues VM, et al. A Systematic Review of Home-Setting Psychoeducation Interventions for Behavioral Changes in Dementia: Some Lessons for the COVID-19 Pandemic and Post-Pandemic Assistance. <i>Front Psychiatry</i> . 2020;11:577871. Available from: https://doi.org/10.3389/fpsy.2020.577871	Wrong population
Alzar-Teruel M, Aibar-Almazan A, Hita-Contreras F, Carcelen-Fraile MDC, Martinez-Amat A, Jimenez-Garcia JD, et al. High-intensity interval training among middle-aged and older adults for body composition and muscle strength: A systematic review. <i>Front Public Health</i> . 2022;10:992706. Available from: https://doi.org/10.3389/fpubh.2022.992706	Wrong intervention
Amaya V, Chardon M, Klein H, Moulaert T, Vuillerme N. Correction: Amaya et al. What Do We Know about the Use of the Walk-Along Method to Identify the Perceived Neighborhood Environment Correlates of Walking Activity in Healthy Older Adults: Methodological Considerations Related to Data Collection—A Systematic Review. <i>Sustainability</i> 2022, 14, 11792. <i>Sustainability</i> . 2023;15(4). Available from: https://doi.org/10.3390/su15042970	Not a systematic review
Amberson T, Heagele T, Wyte-Lake T, Couig MP, Bell SA, Mammen MJ, et al. Social support, educational, and behavioral modification interventions	Wrong population

for improving household disaster preparedness in the general community-dwelling population: a systematic review and meta-analysis. <i>Front Public Health</i> . 2023;11:1257714. Available from: https://doi.org/10.3389/fpubh.2023.1257714	
Ambrens M, Tiedemann A, Delbaere K, Alley S, Vandelandotte C. The effect of eHealth-based falls prevention programmes on balance in people aged 65 years and over living in the community: protocol for a systematic review of randomised controlled trials. <i>BMJ Open</i> . 2020;10(1):e031200. Available from: https://doi.org/10.1136/bmjopen-2019-031200	Not a systematic review
Amorim RF, Pedreira LC, Martinez BP, Gomes NP, Sampaio RdS, Damasceno AGdJ. Intervenções para a promoção da funcionalidade da pessoa idosa na transição hospital-domicílio: revisão integrativa. <i>Revista Brasileira de Geriatria e Gerontologia</i> . 2024;27:e230227-e. Available from: https://doi.org/10.1590/1981-22562024027.230227.pt	Other reasons
An J, Su Z, Meng S. Effect of aerobic training versus resistance training for improving cardiorespiratory fitness and body composition in middle-aged to older adults: A systematic review and meta-analysis of randomized controlled trials. <i>Arch Gerontol Geriatr</i> . 2024;126:105530. Available from: https://doi.org/10.1016/j.archger.2024.105530	Wrong intervention
Apichat K, Pataporn B, Lisa C. Effectiveness of Self-management eHealth Intervention for Psychological Adjustment for Health-Related Quality of Life in Cancer Survivors: A Systematic Review. <i>Pacific Rim International Journal of Nursing Research</i> . 2023;27(2):351-67. Available from: https://doi.org/10.60099/prijnr.2023.262044	Wrong population
Ashikali EM, Ludwig C, Mastromauro L, Perivier S, Tholomier A, Ionita I, et al. Intrinsic Capacities, Functional Ability, Physiological Systems, and Caregiver Support: A Targeted Synthesis of Effective Interventions and International Recommendations for Older Adults. <i>Int J Environ Res Public Health</i> . 2023;20(5). Available from: https://doi.org/10.3390/ijerph20054382	Not a systematic review
Assyov Y, Nedeva I, Spassov B, Gerganova A, Velikov T, Kamenov Z, et al. Nutritional Management and Physical Activity in the Treatment of Sarcopenic Obesity: A Review of the Literature. <i>Nutrients</i> . 2024;16(15):2560. Available from: https://doi.org/10.3390/nu16152560	Not a systematic review
Astasio-Picado A, Cobos-Moreno P, Gomez-Martin B, Verdu-Garces L, Zabala-Banos MDC. Efficacy of Interventions Based on the Use of Information and Communication Technologies for the Promotion of Active Aging. <i>Int J Environ Res Public Health</i> . 2022;19(3). Available from: https://doi.org/10.3390/ijerph19031534	Other reasons
Azhar Hilmy SH, Nordin N, Yusof M, Soh TYT, Yusof N. Components in downstream health promotions to reduce sugar intake among adults: a systematic review. <i>Nutr J</i> . 2024;23(1):11. Available from: https://doi.org/10.1186/s12937-023-00884-3	Wrong population
Azim FT, Ariza-Vega P, Gardiner PA, Ashe MC. Indoor Built Environment and Older Adults' Activity: A Systematic Review. <i>Can J Aging</i> . 2023;42(2):241-58. Available from: https://doi.org/10.1017/S0714980822000241	Wrong intervention

Azim FT, Burton E, Ariza-Vega P, Asadian M, Bellwood P, Burns J, et al. Exploring behavior change techniques for reablement: A scoping review. <i>Braz J Phys Ther.</i> 2022;26(2):100401. Available from: https://doi.org/10.1016/j.bjpt.2022.100401	Not a systematic review
Badin L, Alibrán E, Pothier K, Bailly N. Effects of equine-assisted interventions on older adults' health: A systematic review. <i>Int J Nurs Sci.</i> 2022;9(4):542-52. Available from: https://doi.org/10.1016/j.ijnss.2022.09.008	Wrong intervention
Bailey RR, Neri AL, Serra MC. Evidence Surrounding Dietary Behavior Interventions in Community-Dwelling Stroke Survivors: A Scoping Review. <i>Am J Lifestyle Med.</i> 2024;18(1):21-34. Available from: https://doi.org/10.1177/15598276221138080	Wrong population
Bajraktari S, Sandlund M, Zingmark M. Health-promoting and preventive interventions for community-dwelling older people published from inception to 2019: a scoping review to guide decision making in a Swedish municipality context. <i>Arch Public Health.</i> 2020;78:97. Available from: https://doi.org/10.1186/s13690-020-00480-5	Other reasons
Bannigan K, Larkan NJ, Meurgue ERR, Sze JCH. Characteristics of Occupational Therapy Interventions to Promote Healthy Aging: Protocol for a Scoping Review. <i>JMIR Res Protoc.</i> 2024;13:e55198. Available from: https://doi.org/10.2196/55198	Wrong population
Baragash RS, Aldowah H, Ghazal S. Virtual and augmented reality applications to improve older adults' quality of life: A systematic mapping review and future directions. <i>Digit Health.</i> 2022;8:20552076221132099. Available from: https://doi.org/10.1177/20552076221132099	No relevant outcome
Barbeau VI, Madani L, Al Ameer A, Tanjong Ghogomu E, Beecher D, Conde M, et al. Research priority setting related to older adults: a scoping review to inform the Cochrane-Campbell Global Ageing Partnership work programme. <i>BMJ Open.</i> 2022;12(9):e063485. Available from: https://doi.org/10.1136/bmjopen-2022-063485	Wrong population
Barnett R, Clarke C, Sengupta R, Rouse PC. Protocol for a systematic literature review of smartphone apps to support the self-management of rheumatic and musculoskeletal diseases: development strategies, theoretical underpinnings and barriers to engagement. <i>Syst Rev.</i> 2023;12(1):129. Available from: https://doi.org/10.1186/s13643-023-02276-4	Not a systematic review
Baron KG, Duffecy J, Reutrakul S, Levenson JC, McFarland MM, Lee S, et al. Behavioral interventions to extend sleep duration: A systematic review and meta-analysis. <i>Sleep Med Rev.</i> 2021;60:101532. Available from: https://doi.org/10.1016/j.smrv.2021.101532	Wrong population
Barrett S, Begg S, Lawrence J, Barrett G, Nitschke J, O'Halloran P, et al. Behaviour change interventions to improve physical activity in adults: a systematic review of economic evaluations. <i>Int J Behav Nutr Phys Act.</i> 2024;21(1):73. Available from: https://doi.org/10.1186/s12966-024-01614-6	Wrong population

Bashirian S, Khoshravesh S, Ayubi E, Karimi-Shahanjarini A, Shirahmadi S, Solaymani PF. Correction: The impact of health education interventions on oral health promotion among older people: a systematic review. BMC Geriatr. 2023;23(1):805. Available from: https://doi.org/10.1186/s12877-023-04351-w	Not a systematic review
Bastardo R, Pavão J, Rocha NP, editors. User-Centred Usability Evaluation of Embodied Communication Agents to Support Older Adults: A Scoping Review. Lecture Notes in Networks and Systems; 2022 2022: Springer Science and Business Media Deutschland GmbH.	Not a systematic review
Begum S, Povey R, Ellis N, Gidlow C. A systematic review of recruitment strategies and behaviour change techniques in group-based diabetes prevention programmes focusing on uptake and retention. Diabetes Res Clin Pract. 2020;166:108273. Available from: https://doi.org/10.1016/j.diabres.2020.108273	Wrong population
Behrendt D, Schirmer M, Wendschuh V, Sumngern C. Integrating social support into interventions among the elderly in nursing homes: a scoping review protocol. BMJ Open. 2022;12(2):e055692. Available from: https://doi.org/10.1136/bmjopen-2021-055692	Wrong intervention
Bentham C, Eaves L. The Impact of Cognitive-Behavioral Interventions on Sleep Disturbance in Depressed and Anxious Community-dwelling Older Adults: A Systematic Review. Behav Sleep Med. 2022;20(4):477-99. Available from: https://doi.org/10.1080/15402002.2021.1933488	Wrong intervention
Bentlage E, Ammar A, How D, Ahmed M, Trabelsi K, Chtourou H, et al. Practical Recommendations for Maintaining Active Lifestyle during the COVID-19 Pandemic: A Systematic Literature Review. Int J Environ Res Public Health. 2020;17(17):28. Available from: https://doi.org/10.3390/ijerph17176265	Wrong population
Bergum H, Sandven I, Klemsdal TO. Long-term effects (> 24 months) of multiple lifestyle intervention on major cardiovascular risk factors among high-risk subjects: a meta-analysis. BMC Cardiovasc Disord. 2021;21(1):181. Available from: https://doi.org/10.1186/s12872-021-01989-5	Wrong population
Bernardo J, Apostolo J, Loureiro R, Santana E, Yaylagul NK, Dantas C, et al. eHealth Platforms to Promote Autonomous Life and Active Aging: A Scoping Review. Int J Environ Res Public Health. 2022;19(23):29. Available from: https://doi.org/10.3390/ijerph192315940	Wrong intervention
Bevilacqua R, Benadduci M, Barbarossa F, Amabili G, Di Donna V, Martella C, et al. Effectiveness of Technological Interventions for Older Adults With Parkinson Disease: Systematic Review. JMIR Serious Games. 2024;12:e53431. Available from: https://doi.org/10.2196/53431	Wrong intervention
Bevilacqua R, Soraci L, Stara V, Riccardi GR, Corsonello A, Pelliccioni G, et al. A systematic review of multidomain and lifestyle interventions to support the intrinsic capacity of the older population. Front Med (Lausanne). 2022;9:929261. Available from: https://doi.org/10.3389/fmed.2022.929261	Wrong intervention

Blakely KK, Baker NR. Loneliness in Community-Dwelling, Older Adults: An Integrative Review. The Journal for Nurse Practitioners. 2023;19(1). Available from: https://doi.org/10.1016/j.nurpra.2022.06.015	Wrong intervention
Blanks LN, Carrick ZT, McGuckian TB, Bennett JM. The efficacy of training to improve road safety in elderly pedestrians: A systematic review. Accid Anal Prev. 2024;207:107735. Available from: https://doi.org/10.1016/j.aap.2024.107735	Wrong intervention
Bleibel M, El Cheikh A, Sadier NS, Abou-Abbas L. The effect of music therapy on cognitive functions in patients with Alzheimer's disease: a systematic review of randomized controlled trials. Alzheimers Res Ther. 2023;15(1):65. Available from: https://doi.org/10.1186/s13195-023-01214-9	Wrong intervention
Bliss ES, Wong RH, Howe PR, Mills DE. Benefits of exercise training on cerebrovascular and cognitive function in ageing. J Cereb Blood Flow Metab. 2021;41(3):447-70. Available from: https://doi.org/10.1177/0271678X20957807	Wrong intervention
Blomstrand P, Tesan D, Nylander EM, Ramstrand N. Mind body exercise improves cognitive function more than aerobic- and resistance exercise in healthy adults aged 55 years and older - an umbrella review. Eur Rev Aging Phys Act. 2023;20(1):15. Available from: https://doi.org/10.1186/s11556-023-00325-4	Wrong intervention
Blotenberg B, Hejna U, Büscher A, Seeling S. Präventive Hausbesuche – ein Konzept für die Zukunft? Prävention und Gesundheitsförderung. 2020;15(3):226-35. Available from: https://doi.org/10.1007/s11553-019-00753-0	Other reasons
Bohn B, Strupeit S. Interventions to promote mobility and quality of life in nursing homes: A systematic review. Nurs Open. 2023;10(7):4172-84. Available from: https://doi.org/10.1002/nop2.1673	Wrong intervention
Bombak AE, Riediger ND, Bensley J, Ankomah S, Mudryj A. A systematic search and critical thematic, narrative review of lifestyle interventions for the prevention and management of diabetes. Critical Public Health. 2018;30(1):103-14. Available from: https://doi.org/10.1080/09581596.2018.1516033	Not a systematic review
Bong May Ing J, Singh DKA, Tan MP, Adam Bujang M, Tiong IK, Whitney J, et al. Group-based exercise interventions for community-dwelling older people in Southeast Asia: A systematic review. Australas J Ageing. 2023;42(4):624-37. Available from: https://doi.org/10.1111/ajag.13227	Wrong intervention
Bonnechere B, Langley C, Sahakian BJ. The use of commercial computerised cognitive games in older adults: a meta-analysis. Sci Rep. 2020;10(1):15276. Available from: https://doi.org/10.1038/s41598-020-72281-3	Other reasons
Bonner C, Batcup C, Cornell S, Fajardo MA, Hawkes AL, Trevena L, et al. Interventions Using Heart Age for Cardiovascular Disease Risk Communication: Systematic Review of Psychological, Behavioral, and Clinical Effects. JMIR Cardio. 2021;5(2):e31056. Available from: https://doi.org/10.2196/31056	Wrong population

Boumans J, van de Mheen D, Crutzen R, Dupont H, Bovens R, Rozema A. Understanding How and Why Alcohol Interventions Prevent and Reduce Problematic Alcohol Consumption among Older Adults: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2022;19(6):08. Available from: https://doi.org/10.3390/ijerph19063188	Wrong population
Braley T, Eisenhauer C, Rowland SA. Interventions for Rural Caregiver Health: An Integrative Review. <i>Res Gerontol Nurs</i> . 2022;15(2):101-8. Available from: https://doi.org/10.3928/19404921-20220204-01	Wrong population
Brick R, Turner R, Bender C, Douglas M, Eilers R, Ferguson R, et al. Impact of non-pharmacological interventions on activity limitations and participation restrictions in older breast cancer survivors: A scoping review. <i>J Geriatr Oncol</i> . 2022;13(2):132-42. Available from: https://doi.org/10.1016/j.jgo.2021.09.010	Wrong intervention
Briggs R, Morris PG, Rees K. The effectiveness of group-based gardening interventions for improving wellbeing and reducing symptoms of mental ill-health in adults: a systematic review and meta-analysis. <i>J Ment Health</i> . 2023;32(4):787-804. Available from: https://doi.org/10.1080/09638237.2022.2118687	Wrong population
Brito CMSd, Figueiredo MdLF, Tyrrell MAR. Comportamentos promotores de saúde por cuidadores informais de idosos: revisão integrativa. <i>Acta Paulista de Enfermagem</i> . 2022;35(1):1-8. Available from: https://doi.org/10.37689/acta-ape/2022AR03783	Other reasons
Bruinsma E, van den Hoofdakker BJ, Groenman AP, Hoekstra PJ, de Kuijper GM, Klaver M, et al. Non-pharmacological interventions for challenging behaviours of adults with intellectual disabilities: A meta-analysis. <i>J Intellect Disabil Res</i> . 2020;64(8):561-78. Available from: https://doi.org/10.1111/jir.12736	Wrong population
Burrows T, Fenton S, Duncan M. Diet and sleep health: a scoping review of intervention studies in adults. <i>J Hum Nutr Diet</i> . 2020;33(3):308-29. Available from: https://doi.org/10.1111/jhn.12709	Wrong population
Buyl R, Beogo I, Fobelets M, Deletroz C, Van Landuyt P, Dequanter S, et al. e-Health interventions for healthy aging: a systematic review. <i>Syst Rev</i> . 2020;9(1):128. Available from: https://doi.org/10.1186/s13643-020-01385-8	Wrong population
Bøtchiær MV, Bugge EM, Larsen P. Oral health care interventions for older adults living in nursing homes: An umbrella review. <i>Aging and Health Research</i> . 2024;4(2). Available from: https://doi.org/10.1016/j.ahr.2024.100190	Wrong population
Camargo-Plazas P, Robertson M, Pare GC, Costa IG, Alvarado B, Ross-White A, et al. Diabetes self-management education for older adults in Western countries: a scoping review protocol. <i>JB I Evid Synth</i> . 2023;21(5):993-1000. Available from: https://doi.org/10.11124/JBI ES-22-00254	Not a systematic review
Campbell F, Whear R, Rogers M, Sutton A, Robinson-Carter E, Barlow J, et al. Non-familial intergenerational interventions and their impact on social and mental wellbeing of both younger and older people-A mapping review	Wrong population

and evidence and gap map. Campbell Syst Rev. 2023;19(1):e1306. Available from: https://doi.org/10.1002/cl2.1306	
Campos DM, Ferreira DL, Goncalves GH, Farche ACS, de Oliveira JC, Ansai JH. Effects of aquatic physical exercise on neuropsychological factors in older people: A systematic review. Arch Gerontol Geriatr. 2021;96:104435. Available from: https://doi.org/10.1016/j.archger.2021.104435	Wrong intervention
Caristia S, Campani D, Cannici C, Frontera E, Giarda G, Pisterzi S, et al. Physical exercise and fall prevention: A systematic review and meta-analysis of experimental studies included in Cochrane reviews. Geriatr Nurs. 2021;42(6):1275-86. Available from: https://doi.org/10.1016/j.gerinurse.2021.06.001	Wrong intervention
Carroll S, Kobayashi K, Cervantes MN, Freeman S, Saini M, Tracey S. Supporting Healthy Aging through the Scale-Up, Spread, and Sustainability of Assistive Technology Implementation: A Rapid Realist Review of Participatory Co-Design for Assistive Technology with Older Adults. Gerontol Geriatr Med. 2021;7:23337214211023269. Available from: https://doi.org/10.1177/23337214211023269	Not a systematic review
Carvalho M, Dunne P, Kwasnicka D, Byrne MISTDMPAP, McSharry J. Barriers and enablers to maintaining self-management behaviours after attending a self-management support intervention for type 2 diabetes: a systematic review and qualitative evidence synthesis. Health Psychol Rev. 2024;18(3):478-507. Available from: https://doi.org/10.1080/17437199.2023.2268731	Wrong population
Cassetti V, Leon Garcia M, Lopez-Villar S, Lopez Ruiz MV, Paredes-Carbonell JJ. Community engagement to promote health and reduce inequalities in Spain: a narrative systematic review. Int J Public Health. 2020;65(3):313-22. Available from: https://doi.org/10.1007/s00038-020-01344-z	Wrong population
Castellucci HI, Bravo G, Arezes PM, Lavalliere M. Are interventions effective at improving driving in older drivers?: A systematic review. BMC Geriatr. 2020;20(1):125. Available from: https://doi.org/10.1186/s12877-020-01512-z	No relevant outcome
Castro CB, Costa LM, Dias CB, Chen J, Hillebrandt H, Gardener SL, et al. Multi-Domain Interventions for Dementia Prevention - A Systematic Review. J Nutr Health Aging. 2023;27(12):1271-80. Available from: https://doi.org/10.1007/s12603-023-2046-2	Wrong intervention
Chagnon M, Levasseur M, Boissy P. Telehealth interventions in occupational therapy with older adults: Results from a scoping review targeting better health promotion. Aust Occup Ther J. 2024;71(1):190-208. Available from: https://doi.org/10.1111/1440-1630.12910	Wrong intervention
Chalfont G, Mateus C, Varey S, Milligan C. Self-Efficacy of Older People Using Technology to Self-Manage COPD, Hypertension, Heart Failure, or Dementia at Home: An Overview of Systematic Reviews. Gerontologist. 2021;61(6):e318-e34. Available from: https://doi.org/10.1093/geront/gnaa045	Wrong population
Chan CSW, Kan MMP, Wong AKC. Effects of Peer- or Professional-Led Support in Enhancing Adherence to Wearable Monitoring Devices Among	No relevant outcome

Community-Dwelling Older Adults: Systematic Review of Randomized Controlled Trials. J Med Internet Res. 2024;26:e53607. Available from: https://doi.org/10.2196/53607	
Chan JKY, Klainin-Yobas P, Chi Y, Gan JKE, Chow G, Wu XV. The effectiveness of e-interventions on fall, neuromuscular functions and quality of life in community-dwelling older adults: A systematic review and meta-analysis. Int J Nurs Stud. 2021;113:103784. Available from: https://doi.org/10.1016/j.ijnurstu.2020.103784	Other reasons
Chan P, Bhar S, Davison TE, Doyle C, Knight BG, Koder D, et al. Characteristics and effectiveness of cognitive behavioral therapy for older adults living in residential care: a systematic review. Aging Ment Health. 2021;25(2):187-205. Available from: https://doi.org/10.1080/13607863.2019.1686457	Wrong intervention
Chan WS, McCrae CS, Ng AS. Is Cognitive Behavioral Therapy for Insomnia Effective for Improving Sleep Duration in Individuals with Insomnia? A Meta-Analysis of Randomized Controlled Trials. Ann Behav Med. 2023;57(6):428-41. Available from: https://doi.org/10.1093/abm/kaac061	Wrong intervention
Chang H, Chen Y, Wang Z. Comparative efficacy of non-pharmacological interventions on sleep quality in old adults: A systematic review and network meta-analysis. J Clin Nurs. 2024;33(5):1948-57. Available from: https://doi.org/10.1111/jocn.17086	Wrong intervention
Chen C, Finne E, Kopp A, Jekauc D. What Intervention Techniques Are Effective in Changing Positive Affective Variables and Physical Activity? A Systematic Review and Meta-Analysis. Front Psychol. 2021;12:628993. Available from: https://doi.org/10.3389/fpsyg.2021.628993	Wrong population
Chen M, Peng X. The evolution and effects of mobile health (mHealth) intervention on weight management among healthy overweight/obese populations in China: a systematic review and meta-analysis. Journal of Public Health and Emergency. 2022;6:29-. Available from: https://doi.org/10.21037/jphe-22-54	Wrong population
Chen S, Niu M, Ngai CSB. What is the next step of ICT development? The changes of ICT use in promoting elderly healthcare access: A systematic literature review. Heliyon. 2024;10(3):e25197. Available from: https://doi.org/10.1016/j.heliyon.2024.e25197	Wrong intervention
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systematic review and meta-analysis from randomised trials. <i>Age Ageing</i> . 2023;52(1):08. Available from: https://doi.org/10.1093/ageing/afac333	
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Chirico A, Avellone M, Palombi T, Alivernini F, Alessandri G, Filosa L, et al. Exploring the Psychological Nexus of Virtual and Augmented Reality on Physical Activity in Older Adults: A Rapid Review. <i>Behav Sci (Basel)</i> . 2023;14(1):31. Available from: https://doi.org/10.3390/bs14010031	Wrong population
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Choi M, Kim H, Bae J. Does the combination of resistance training and a nutritional intervention have a synergic effect on muscle mass, strength, and physical function in older adults? A systematic review and meta-analysis. <i>BMC Geriatr</i> . 2021;21(1):639. Available from: https://doi.org/10.1186/s12877-021-02491-5	Wrong intervention
Choma EA, Treat-Jacobson DJ, Keller-Ross ML, Wolfson J, Martin L, McMahon SK. Using the RE-AIM framework to evaluate physical activity-based fall prevention interventions in older adults with chronic conditions: A systematic review. <i>Transl Behav Med</i> . 2023;13(1):42-52. Available from: https://doi.org/10.1093/tbm/ibac072	Wrong intervention
Chou R, Selph SS, Bougatsos C, Nix C, Ahmed A, Griffin J, et al. Screening, Referral, Behavioral Counseling, and Preventive Interventions for Oral Health in Adults: A Systematic Review for the US Preventive Services Task Force. <i>JAMA</i> . 2023;330(18):1780-90. Available from: https://doi.org/10.1001/jama.2023.20685	Wrong intervention
Chou R, Selph SS, Bougatsos C, Nix C, Ahmed A, Griffin J, et al. Screening, Referral, Behavioral Counseling, and Preventive Interventions for Oral Health in Adults: A Systematic Review for the U.S. Preventive Services Task Force [Internet]. Agency for Healthcare Research and Quality. 2023:11.	Wrong intervention
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Chow EKM, Seah B, Chan JJY, Wang W. Salutogenic-based interventions among community-dwelling older adults: a systematic review and meta-analysis. <i>Health Promot Int</i> . 2023;38(3):01. Available from: https://doi.org/10.1093/heapro/daac007	No relevant outcome

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Clemson L, Stark S, Pighills AC, Fairhall NJ, Lamb SE, Ali J, et al. Environmental interventions for preventing falls in older people living in the community. <i>Cochrane Database Syst Rev</i> . 2023;3(3):CD013258. Available from: https://doi.org/10.1002/14651858.CD013258.pub2	Wrong intervention
Climent-Sanz C, Valenzuela-Pascual F, Martinez-Navarro O, Blanco-Blanco J, Rubi-Carnacea F, Garcia-Martinez E, et al. Cognitive behavioral therapy for insomnia (CBT-i) in patients with fibromyalgia: a systematic review and meta-analysis. <i>Disabil Rehabil</i> . 2022;44(20):5770-83. Available from: https://doi.org/10.1080/09638288.2021.1954706	Wrong population
Co M, Moreno-Agostino D, Wu YT, Couch E, Posarac A, Wi T, et al. Non-pharmacological interventions for the prevention of sexually transmitted infections (STIs) in older adults: A systematic review. <i>PLoS One</i> . 2023;18(5):e0284324. Available from: https://doi.org/10.1371/journal.pone.0284324	Wrong population
Collazo-Castineira P, Sanchez-Izquierdo M, Reiter LJ, Bauer S, Cruz-Jentoft AJ, Schoufour JD, et al. Analysis of behavioral change techniques used in exercise and nutritional interventions targeting adults around retirement age with sarcopenic obesity in a systematic review. <i>Arch Gerontol Geriatr</i> . 2024;123:105437. Available from: https://doi.org/10.1016/j.archger.2024.105437	Wrong population
Community-Based Physical Activity and/or Nutrition Interventions to Promote Mobility in Older Adults: An Umbrella Review. <i>Annals of Family Medicine</i> . 2022;20:260-1.	Not a systematic review
Compan-Gabucio LM, Mancheno-Banon D, Torres-Collado L, Vioque J, Garcia-de-la-Hera M. Cognitive Behavioural Therapies for Weight-Loss in Adults: A Scoping Review Protocol. <i>Healthcare (Basel)</i> . 2023;11(18):06. Available from: https://doi.org/10.3390/healthcare11182473	Not a systematic review
Constantin N, Edward H, Ng H, Radisic A, Yule A, D'Asti A, et al. The use of co-design in developing physical activity interventions for older adults: a scoping review. <i>BMC Geriatr</i> . 2022;22(1):647. Available from: https://doi.org/10.1186/s12877-022-03345-4	Wrong intervention
Cooper KB, Lapierre S, Carrera Seoane M, Lindstrom K, Pritschmann R, Donahue M, et al. Behavior change techniques in digital physical activity interventions for breast cancer survivors: a systematic review. <i>Transl Behav Med</i> . 2023;13(4):268-80. Available from: https://doi.org/10.1093/tbm/ibac111	Wrong population

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Corgatelli C, Dodge E, Bernstein J, Kruk J, Aboul-Enein BH. A comparative review of nutrition education intervention duration and impact on reduction of prediabetes or Type 2 diabetes mellitus among adults aged 45 years or older. <i>Health Soc Care Community</i> . 2022;30(6):e3733-e45. Available from: https://doi.org/10.1111/hsc.14041	Wrong population
Corpas J, Gilbody S, McMillan D. Cognitive, behavioural or cognitive-behavioural self-help interventions for subclinical depression in older adults: A systematic review and meta-analysis. <i>J Affect Disord</i> . 2022;308:384-90. Available from: https://doi.org/10.1016/j.jad.2022.04.085	Wrong intervention
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Crocker TC, Lam N, Ensor J, Jordão M, Bajpai R, Bond M, et al. Community-based complex interventions to sustain independence in older people, stratified by frailty: a systematic review and network meta-analysis. United Kingdom: NIHR Health and Social Care Delivery Program; 2024. [updated 2024]. Available from: https://www.journalslibrary.nihr.ac.uk/hta/HNRP2514	Wrong intervention
Cruz AM, Monsalve L, Ladurner AM, Jaime LF, Wang D, Quiroga DA. Information and Communication Technologies for Managing Frailty: A Systematic Literature Review. <i>Aging Dis</i> . 2021;12(3):914-33. Available from: https://doi.org/10.14336/AD.2020.1114	Wrong intervention
Cruz-Cobo C, Santi-Cano MJ. Efficacy of Diabetes Education in Adults With Diabetes Mellitus Type 2 in Primary Care: A Systematic Review. <i>J Nurs Scholarsh</i> . 2020;52(2):155-63. Available from: https://doi.org/10.1111/jnu.12539	Wrong population
Cuadra G, Oliveira JS, Pinheiro MB, Tiedemann A, Sherrington C, Pivotto L, et al. Physical Activity Interventions for Adults Aged 60+ Years in Low- and Middle-Income Countries: A Scoping Review. <i>J Phys Act Health</i> . 2023;20(7):578-85. Available from: https://doi.org/10.1123/jpah.2022-0508	Other reasons
Currie CL, Larouche R, Voss ML, Higa EK, Spiwak R, Scott D, et al. The impact of eHealth group interventions on the mental, behavioral, and physical health of adults: a systematic review protocol. <i>Syst Rev</i> . 2020;9(1):217. Available from: https://doi.org/10.1186/s13643-020-01479-3	Wrong population
D'Amore C, Reid JC, Chan M, Fan S, Huang A, Louie J, et al. Smart technology vs. face-to-face physical activity interventions in older adults: a systematic review protocol. <i>JBIS Evid Synth</i> . 2021;19(10):2801-12. Available from: https://doi.org/10.11124/JBIES-21-00072	Other reasons

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Dagenais M, Parker O, Galway S, Gammage K. Online Exercise Programming Among Older Adults: A Scoping Review. <i>J Aging Phys Act.</i> 2023;31(2):289-302. Available from: https://doi.org/10.1123/japa.2021-0417	Wrong intervention
Darcy M, Parkinson J, Ball L, Norton L, Hobby J. Multicomponent approaches to promoting healthy behaviours in people with Type 2 diabetes: an integrative review. <i>Health Promot Int.</i> 2023;38(3):1-25. Available from: https://doi.org/10.1093/heapro/daac042	Wrong population
Davidow JB, Zide BS, Levin LL, Biddle KD, Urizar JC, Donovan NJ. A Scoping Review of Interventions for Spousal Bereavement in Older Adults. <i>Am J Geriatr Psychiatry.</i> 2022;30(3):404-18. Available from: https://doi.org/10.1016/j.jagp.2021.08.002	Wrong intervention
Davis AJ, Parker HM, Gallagher R. Gamified applications for secondary prevention in patients with high cardiovascular disease risk: A systematic review of effectiveness and acceptability. <i>J Clin Nurs.</i> 2021;30(19-20):3001-10. Available from: https://doi.org/10.1111/jocn.15808	Wrong population
Dawson R, Oliveira JS, Kwok WS, Bratland M, Rajendran IM, Srinivasan A, et al. Exercise Interventions Delivered Through Telehealth to Improve Physical Functioning for Older Adults with Frailty, Cognitive, or Mobility Disability: A Systematic Review and Meta-Analysis. <i>Telemed J E Health.</i> 2024;30(4):940-50. Available from: https://doi.org/10.1089/tmj.2023.0177	Wrong intervention
De Coninck L, Declercq A, Bouckaert L, Dopp C, Graff MJL, Aertgeerts B. Promoting meaningful activities by occupational therapy in elderly care in Belgium: the ProMOTe intervention. <i>BMC Geriatr.</i> 2024;24(1):275. Available from: https://doi.org/10.1186/s12877-024-04797-6	Not a systematic review
de Rondao CA, Mota MP, Esteves D. Physical activity interventions in older adults with a cognitive impairment: A critical review of reviews. <i>Aging Med (Milton).</i> 2023;6(3):290-306. Available from: https://doi.org/10.1002/agm2.12256	Wrong intervention
De Santis KK, Mergenthal L, Christianson L, Busskamp A, Vonstein C, Zeeb H. Digital Technologies for Health Promotion and Disease Prevention in Older People: Scoping Review. <i>J Med Internet Res.</i> 2023;25:e43542. Available from: https://doi.org/10.2196/43542	Not a systematic review
De Santis KK, Mergenthal L, Christianson L, Zeeb H. Digital Technologies for Health Promotion and Disease Prevention in Older People: Protocol for a Scoping Review. <i>JMIR Res Protoc.</i> 2022;11(7):e37729. Available from: https://doi.org/10.2196/37729	Not a systematic review
de Souza Ferreira E, de Aguiar Franco F, Dos Santos Lara MM, Levcovitz AA, Dias MA, Moreira TR, et al. The effectiveness of mobile application for monitoring diabetes mellitus and hypertension in the adult and elderly population: systematic review and meta-analysis. <i>BMC Health Serv Res.</i>	Wrong population

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Declercq IJN, Leontjevas R, Verboon P, De Vriendt P, Gerritsen DL, van Hooren S. A bayesian network meta-analysis to explore modifying factors in randomized controlled trials: what works for whom to reduce depression in nursing home residents? BMC Geriatr. 2024;24(1):518. Available from: https://doi.org/10.1186/s12877-024-05117-8	Wrong intervention
Dehghan Ghahfarokhi A, Vosadi E, Barzegar H, Saatchian V. The Effect of Wearable and Smartphone Applications on Physical Activity, Quality of Life, and Cardiovascular Health Outcomes in Overweight/Obese Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Biol Res Nurs. 2022;24(4):503-18. Available from: https://doi.org/10.1177/10998004221099556	Wrong population
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Diener J, Rayling S, Bezold J, Krell-Roesch J, Woll A, Wunsch K. Effectiveness and Acceptability of e- and m-Health Interventions to Promote Physical Activity and Prevent Falls in Nursing Homes-A Systematic Review. Front Physiol. 2022;13:894397. Available from: https://doi.org/10.3389/fphys.2022.894397	Wrong intervention
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Diriba DC, Leung DYP, Suen LKP. The effects of diabetes self-management interventions on physiological outcomes in people living with diabetes in	Wrong population

Africa: A systematic review and meta-analysis. <i>Diabet Med.</i> 2021;38(5):e14501. Available from: https://doi.org/10.1111/dme.14501	
Dobrow L, Estrada I, Burkholder-Cooley N, Miklavcic J. Potential Effectiveness of Registered Dietitian Nutritionists in Healthy Behavior Interventions for Managing Type 2 Diabetes in Older Adults: A Systematic Review. <i>Front Nutr.</i> 2021;8:737410. Available from: https://doi.org/10.3389/fnut.2021.737410	Wrong population
Dong N, Wang X, Yang L. The short- and long-term effects of cognitive behavioral therapy on the glycemic control of diabetic patients: a systematic review and meta-analysis. <i>Biopsychosoc Med.</i> 2023;17(1):18. Available from: https://doi.org/10.1186/s13030-023-00274-5	Wrong population
Donnelly C, Leclair L, Hand C, Wener P, Letts L. Occupational therapy services in primary care: a scoping review. <i>Prim Health Care Res Dev.</i> 2023;24:e7. Available from: https://doi.org/10.1017/S1463423622000123	Wrong population
Dore B, Gaudreault A, Everard G, Ayena JC, Abboud A, Robitaille N, et al. Acceptability, Feasibility, and Effectiveness of Immersive Virtual Technologies to Promote Exercise in Older Adults: A Systematic Review and Meta-Analysis. <i>Sensors (Basel).</i> 2023;23(5):24. Available from: https://doi.org/10.3390/s23052506	Wrong intervention
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Ebert B, Streicher H, Notthoff N. Online exercise during the COVID-19 pandemic and factors promoting or hindering participation in adults: a scoping review. <i>International Journal of Sport and Exercise Psychology.</i> 2024;1-32. Available from: https://doi.org/10.1080/1612197x.2024.2314107	Wrong population
Ebner SA, Meikis L, Morat M, Held S, Morat T, Donath L. Effects of Movement-Based Mind-Body Interventions on Physical Fitness in Healthy Older Adults: A Meta-Analytical Review. <i>Gerontology.</i> 2021;67(2):125-43. Available from: https://doi.org/10.1159/000512675	Wrong intervention
Ebrahimi Z, Patel H, Wijk H, Ekman I, Olaya-Contreras P. A systematic review on implementation of person-centered care interventions for older people in out-of-hospital settings. <i>Geriatr Nurs.</i> 2021;42(1):213-24. Available from: https://doi.org/10.1016/j.gerinurse.2020.08.004	Wrong intervention
Eddy E, Heron P, McMillan D, Dawson S, Ekers D, Hickin N, et al. Cognitive or behavioural interventions (or both) to prevent or mitigate loneliness in adolescents, adults, and older adults. <i>Cochrane Database of Systematic Reviews.</i> 2020;2020(11). Available from: https://doi.org/10.1002/14651858.Cd013791	Not a systematic review
Edward H, Constantin N, Ng H, Radisic A, D'Asti A, Yule A, et al. The use of co-design in developing physical activity interventions for older adults: a scoping review protocol. <i>JB I Evid Synth.</i> 2022;20(2):696-707. Available from: https://doi.org/10.11124/JBIES-21-00061	Not a systematic review

Esfandiari E, Miller WC, Berardi A, King S, Ashe MC. Telehealth interventions for mobility after lower limb loss: A systematic review and meta-analysis of randomized controlled trials. <i>Prosthet Orthot Int</i> . 2022;46(2):108-20. Available from: https://doi.org/10.1097/PXR.000000000000075	Wrong population
Esmaeilzadeh S, Kumpulainen S, Pesola AJ. Strength-Cognitive Training: A Systemic Review in Adults and Older Adults, and Guidelines to Promote "Strength Exergaming" Innovations. <i>Front Psychol</i> . 2022;13:855703. Available from: https://doi.org/10.3389/fpsyg.2022.855703	Wrong intervention
Ester M, Eisele M, Wurz A, McDonough MH, McNeely M, Culos-Reed SN. Current Evidence and Directions for Future Research in eHealth Physical Activity Interventions for Adults Affected by Cancer: Systematic Review. <i>JMIR Cancer</i> . 2021;7(3):e28852. Available from: https://doi.org/10.2196/28852	Wrong population
Evenson KR, Scherer E, Cuthbertson CC, Peter-Marske KM, Madson GJ, Eckman S. Data of worldwide observational studies of adults with accelerometry-measured physical activity and sedentary behavior. <i>Data Brief</i> . 2023;47:109020. Available from: https://doi.org/10.1016/j.dib.2023.109020	Wrong population
Fakoya OA, McCorry NK, Donnelly M. Loneliness and social isolation interventions for older adults: a scoping review of reviews. <i>BMC Public Health</i> . 2020;20(1):129. Available from: https://doi.org/10.1186/s12889-020-8251-6	Wrong intervention
Fang Q, Ghanouni P, Anderson SE, Touchett H, Shirley R, Fang F, et al. Effects of Exergaming on Balance of Healthy Older Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Games Health J</i> . 2020;9(1):11-23. Available from: https://doi.org/10.1089/g4h.2019.0016	Wrong intervention
Farhat G, Mellor DD, Sattar N, Harvie M, Issa B, Rutter MK. Effectiveness of lifestyle interventions/culturally bespoke programmes in South Asian ethnic groups targeting weight loss for prevention and/or remission of type 2 diabetes: a systematic review and meta-analysis of intervention trials. <i>J Hum Nutr Diet</i> . 2024;37(2):550-63. Available from: https://doi.org/10.1111/jhn.13279	Wrong population
Farhat G. Culturally Tailored Dietary Interventions for Improving Glycaemic Control and Preventing Complications in South Asians with Type 2 Diabetes: Success and Future Implications. <i>Healthcare (Basel)</i> . 2023;11(8):1123. Available from: https://doi.org/10.3390/healthcare11081123	Wrong population
Feng C, Adebero T, DePaul VG, Vafaei A, Norman KE, Auais M. A Systematic Review and Meta-Analysis of Exercise Interventions and Use of Exercise Principles to Reduce Fear of Falling in Community-Dwelling Older Adults. <i>Phys Ther</i> . 2022;102(1). Available from: https://doi.org/10.1093/ptj/pzab236	Wrong intervention
Feng M, Li J, Zhao J, Pan X, Wang M, Han Q. Effect of blood flow restriction training on health promotion in middle-aged and elderly women: a systematic review and meta-analysis. <i>Front Physiol</i> . 2024;15:1392483. Available from: https://doi.org/10.3389/fphys.2024.1392483	Wrong population

Fernandez CE, Maturana CA, Coloma SI, Carrasco-Labra A, Giacaman RA. Teledentistry and mHealth for Promotion and Prevention of Oral Health: A Systematic Review and Meta-analysis. J Dent Res. 2021;100(9):914-27. Available from: https://doi.org/10.1177/00220345211003828	Wrong population
Ferreira-Gomes ML, da Silva-Fernandes C, Aguiar-de-Sousa MG, Braz-da-Silva RL, Manhiga-da-Costa-Silva IJ, Moreira-Barros L. [Mobile applications aimed at the elderly for self-management of care: scope reviewAplicaciones móviles dirigidas a personas mayores para la autogestión del cuidado: revisión de alcances]. Rev Cuid. 2023;14(1):e12. Available from: https://doi.org/10.15649/cuidarte.2594	Other reasons
Feter N, Ligeza TS, Bashir N, Shanmugam RJ, Montero Herrera B, Aldabbagh T, et al. Effects of reducing sedentary behaviour by increasing physical activity, on cognitive function, brain function and structure across the lifespan: a systematic review and meta-analysis. Br J Sports Med. 2024;58(21):1295-306. Available from: https://doi.org/10.1136/bjsports-2024-108444	Wrong intervention
Finnegan S, Bruce J, Seers K. What enables older people to continue with their falls prevention exercises? A qualitative systematic review. Physiotherapy. 2020;107:e38-e. Available from: https://doi.org/10.1016/j.physio.2020.03.316	Not a systematic review
FitzGerald J, Wells YD, Ellis JM. Psychosocial modification of general self-efficacy in older adults: A restricted review. Australas J Ageing. 2022;41(3):e210-e26. Available from: https://doi.org/10.1111/ajag.13052	Wrong intervention
Fleet A, Shalev D, Spaeth-Rublee B, Patterson T, Wardlow L, Simoun A, et al. Behavioral health integration in the Program of All-Inclusive Care for the Elderly (PACE): A scoping review. J Am Geriatr Soc. 2023;71(9):2956-65. Available from: https://doi.org/10.1111/jgs.18416	Wrong population
Foettinger L, Albrecht BM, Altgeld T, Gansefort D, Recke C, Stalling I, et al. The Role of Community-Based Men's Sheds in Health Promotion for Older Men: A Mixed-Methods Systematic Review. Am J Mens Health. 2022;16(2):15579883221084490. Available from: https://doi.org/10.1177/15579883221084490	Wrong population
Forbes CC, Swan F, Greenley SL, Lind M, Johnson MJ. Physical activity and nutrition interventions for older adults with cancer: a systematic review. J Cancer Surviv. 2020;14(5):689-711. Available from: https://doi.org/10.1007/s11764-020-00883-x	Wrong intervention
Franquez RT, de Souza IM, Bergamaschi CC. Interventions for depression and anxiety among people with diabetes mellitus: Review of systematic reviews. PLoS One. 2023;18(2):e0281376. Available from: https://doi.org/10.1371/journal.pone.0281376	Wrong population
Freund M, Carey M, Dilworth S, Waller A, Mansfield E, Rose A, et al. Effectiveness of information and communications technology interventions for stroke survivors and their support people: a systematic review. Disabil Rehabil. 2022;44(17):4563-78. Available from: https://doi.org/10.1080/09638288.2021.1913245	Wrong population

Fricke M, Morawietz C, Wunderlich A, Muehlbauer T, Jansen CP, Gramann K, et al. Successful wayfinding in age: A scoping review on spatial navigation training in healthy older adults. <i>Front Psychol.</i> 2022;13:867987. Available from: https://doi.org/10.3389/fpsyg.2022.867987	Wrong intervention
Frost R, Rait G, Wheatley A, Wilcock J, Robinson L, Harrison Denning K, et al. What works in managing complex conditions in older people in primary and community care? A state-of-the-art review. <i>Health Soc Care Community.</i> 2020;28(6):1915-27. Available from: https://doi.org/10.1111/hsc.13085	Wrong intervention
Gai QY, Lv H, Li YP, Fu QM, Li P. Education intervention for older adults with osteoporosis: a systematic review. <i>Osteoporos Int.</i> 2020;31(4):625-35. Available from: https://doi.org/10.1007/s00198-019-05166-5	Wrong population
Galassi F, Merizzi A, D'Amen B, Santini S. Creativity and art therapies to promote healthy aging: A scoping review. <i>Front Psychol.</i> 2022;13:906191. Available from: https://doi.org/10.3389/fpsyg.2022.906191	Wrong intervention
Garcia-Hermoso A, Ramirez-Velez R, Saez de Asteasu ML, Martinez-Velilla N, Zambom-Ferraresi F, Valenzuela PL, et al. Safety and Effectiveness of Long-Term Exercise Interventions in Older Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Sports Med.</i> 2020;50(6):1095-106. Available from: https://doi.org/10.1007/s40279-020-01259-y	Wrong intervention
Garcia-Llorente AM, Casimiro-Andujar AJ, Linhares DG, De Souza Vale RG, Marcos-Pardo PJ. Multidomain interventions for sarcopenia and cognitive flexibility in older adults for promoting healthy aging: a systematic review and meta-analysis of randomized controlled trials. <i>Aging Clin Exp Res.</i> 2024;36(1):47. Available from: https://doi.org/10.1007/s40520-024-02700-2	Wrong intervention
Gavrila Laic RA, Firouzi M, Claeys R, Bautmans I, Swinnen E, Beckwee D. A State-of-the-Art of Exoskeletons in Line with the WHO's Vision on Healthy Aging: From Rehabilitation of Intrinsic Capacities to Augmentation of Functional Abilities. <i>Sensors (Basel).</i> 2024;24(7):30. Available from: https://doi.org/10.3390/s24072230	Wrong intervention
Geidl W, Abu-Omar K, Weege M, Messing S, Pfeifer K. German recommendations for physical activity and physical activity promotion in adults with noncommunicable diseases. <i>Int J Behav Nutr Phys Act.</i> 2020;17(1):12. Available from: https://doi.org/10.1186/s12966-020-0919-x	Wrong population
Gilbody S, Littlewood L, McMillan D, Atha L, Bailey D, Bird K, et al. Mitigating the Psychological Impacts of COVID-19 Restrictions on Older People: The UK Behavioural Activation in Social Isolation (BASIL) COVID-19 Urgent Public Health (UPH) Trial and Living Systematic Review. <i>SSRN.</i> 2023. Available from: https://doi.org/10.2139/ssrn.4472093	Not a systematic review
Gill P, King K, Flego A. The use of e- & mHealth technology-based interventions to improve modifiable lifestyle risk factors amongst individuals with severe mental illness (SMI): a scoping review. <i>Australian Psychologist.</i> 2022;57(5):259-70. Available from: https://doi.org/10.1080/00050067.2022.2107889	Wrong population

Gkatzamanis V, Magriplis E, Panagiotakos D. The effect of physical activity interventions on cognitive function of older adults: A systematic review of clinical trials. <i>Psychiatriki</i> . 2022;33(4):291-300. Available from: https://doi.org/10.22365/jpsych.2022.060	Wrong intervention
Glynn L, Mc Cann M, Mc Cabe C. Smartphone applications supporting self-management programme for adults with Chronic Obstructive Pulmonary Disease: A Scoping Review. <i>PLOS Digit Health</i> . 2024;3(6):e0000532. Available from: https://doi.org/10.1371/journal.pdig.0000532	Wrong intervention
Goethals L, Barth N, Hupin D, Mulvey MS, Roche F, Gallopel-Morvan K, et al. Social marketing interventions to promote physical activity among 60 years and older: a systematic review of the literature. <i>BMC Public Health</i> . 2020;20(1):1312. Available from: https://doi.org/10.1186/s12889-020-09386-x	Wrong intervention
Gomez-Rossi J, Hertrampf K, Abraham J, Gassmann G, Meyer G, Schlattmann P, et al. Interventions to improve oral health of older people: A scoping review. <i>J Dent</i> . 2020;101:103451. Available from: https://doi.org/10.1016/j.jdent.2020.103451	Wrong intervention
Goodall G, Taraldsen K, Serrano JA. The use of technology in creating individualized, meaningful activities for people living with dementia: A systematic review. <i>Dementia (London)</i> . 2021;20(4):1442-69. Available from: https://doi.org/10.1177/1471301220928168	Wrong intervention
Goodall RJ, Ellauzi J, Tan MKH, Onida S, Davies AH, Shalhoub J. A Systematic Review of the Impact of Foot Care Education on Self Efficacy and Self Care in Patients With Diabetes. <i>Eur J Vasc Endovasc Surg</i> . 2020;60(2):282-92. Available from: https://doi.org/10.1016/j.ejvs.2020.03.053	Wrong population
Gough C, Baker N, Weber H, Lewis LK, Barr C, Maeder A, et al. Integrating community participation in the transition of older adults from hospital to home: a scoping review. <i>Disabil Rehabil</i> . 2022;44(17):4896-908. Available from: https://doi.org/10.1080/09638288.2021.1912197	Wrong intervention
Graham H, Prue-Owens K, Kirby J, Ramesh M. Systematic Review of Interventions Designed to Maintain or Increase Physical Activity Post-Cardiac Rehabilitation Phase II. <i>Rehabil Process Outcome</i> . 2020;9:1179572720941833. Available from: https://doi.org/10.1177/1179572720941833	Wrong population
Gray SM, McKay HA, Nettlefold L, Race D, Macdonald HM, Naylor PJ, et al. Physical activity is good for older adults-but is programme implementation being overlooked? A systematic review of intervention studies that reported frameworks or measures of implementation. <i>Br J Sports Med</i> . 2021;55(2):84-91. Available from: https://doi.org/10.1136/bjsports-2020-102465	No relevant outcome
Greco G, Poli L, Clemente FM, Francesco F, Cataldi S, Maugeri A. The Effectiveness of New Digital Technologies in Increasing Physical Activity Levels and Promoting Active and Healthy Ageing: A Narrative Review. <i>Health & Social Care in the Community</i> . 2023;2023:1-11. Available from: https://doi.org/10.1155/2023/2803620	Not a systematic review

Green ET, Cox NS, Arden CM, Warren CJ, Holland AE. What is the effect of a brief intervention to promote physical activity when delivered in a health care setting? A systematic review. <i>Health Promot J Austr.</i> 2023;34(4):809-24. Available from: https://doi.org/10.1002/hpja.697	Wrong population
Grillich L, Titscher V, Klingenstein P, Kostial E, Emprechtinger R, Klerings I, et al. The effectiveness of interventions to prevent loneliness and social isolation in the community-dwelling and old population: an overview of systematic reviews and meta-analysis. <i>Eur J Public Health.</i> 2023;33(2):235-41. Available from: https://doi.org/10.1093/eurpub/ckad006	Wrong intervention
Grogg KA, Giacobbi PR, Jr., Blair EK, Haggerty TS, Lilly CL, Winters CS, et al. Physical Activity Assessment and Promotion in Clinical Settings in the United States: A Scoping Review. <i>Am J Health Promot.</i> 2022;36(4):714-37. Available from: https://doi.org/10.1177/08901171211051840	Wrong population
Grover S, Sandhu P, Nijjar GS, Percival A, Chudyk AM, Liang J, et al. Older adults and social prescribing experience, outcomes, and processes: a meta-aggregation systematic review. <i>Public Health.</i> 2023;218:197-207. Available from: https://doi.org/10.1016/j.puhe.2023.02.016	Wrong population
Guo C, Deng M, Yu M. Interventions based on salutogenesis for older adults: An integrative review. <i>J Clin Nurs.</i> 2024;33(7):2456-75. Available from: https://doi.org/10.1111/jocn.17028	Wrong intervention
Haase KR, Sattar S, Hall S, McLean B, Wills A, Gray M, et al. Systematic review of self-management interventions for older adults with cancer. <i>Psychooncology.</i> 2021;30(7):989-1008. Available from: https://doi.org/10.1002/pon.5649	Wrong intervention
Hafdi M, Hoevenaars-Blom MP, Richard E. Multi-domain interventions for the prevention of dementia and cognitive decline. <i>Cochrane Database Syst Rev.</i> 2021;11(11):CD013572. Available from: https://doi.org/10.1002/14651858.CD013572.pub2	Wrong intervention
Hafeez H, Holsinger T. Meta-analysis Comparing Different Behavioral Treatments for Late-Life Anxiety. In: Tampi Rajesh R, Tampi Deena J, Young Juan J, Balasubramaniam M, Joshi P, editors. <i>Essential Reviews in Geriatric Psychiatry.</i> Cham: Springer Nature Switzerland AG; 2022. p. 63-6.	Other reasons
Hall P, Lawrence M, Blake C, Lennon O. Interventions for Behaviour Change and Self-Management of Risk in Stroke Secondary Prevention: An Overview of Reviews. <i>Cerebrovasc Dis.</i> 2024;53(1):1-13. Available from: https://doi.org/10.1159/000531138	Other reasons
Hallihan H, Srimoragot M, Ma J, Hanneke R, Lee S, Rospenda K, et al. Integrated behavioral interventions for adults with alcohol use disorder: A systematic review. <i>Drug Alcohol Depend.</i> 2024;263:111406. Available from: https://doi.org/10.1016/j.drugalcdep.2024.111406	Wrong population
Hamid S, Faith F, Jaafar Z, Abdul Ghani N, Yusop FD. Emerging Technology for Healthy Lifestyle of the Middle-Age and Elderly: A Scoping Review. <i>Iran J Public Health.</i> 2023;52(2):230-42. Available from: https://doi.org/10.18502/ijph.v52i2.11877	Not a systematic review

Hanrahan C, Broderick J, O'Connor TM, McVeigh JG. Behaviour change and physical activity interventions for physical activity engagement in community dwelling adults with chronic obstructive pulmonary disease: protocol for a systematic review. HRB Open Res. 2021;4:110. Available from: https://doi.org/10.12688/hrbopenres.13399.2	Other reasons
Hardikar S, Dunston ER, Winn M, Winterton C, Rana A, LoCastro M, et al. A scoping review of diet and exercise interventions for older cancer survivors' physical function. J Geriatr Oncol. 2024;15(8):102050. Available from: https://doi.org/10.1016/j.jgo.2024.102050	Wrong intervention
Harrison SL, Dyer SM, Laver KE, Milte RK, Fleming R, Crotty M. Physical environmental designs in residential care to improve quality of life of older people. Cochrane Database Syst Rev. 2022;3(3):CD012892. Available from: https://doi.org/10.1002/14651858.CD012892.pub2	Wrong intervention
Henderson JT, Henninger M, Bean SI, Senger CA, Redmond N, O'Connor EA. Behavioral Counseling Interventions to Prevent Sexually Transmitted Infections: A Systematic Evidence Review for the U.S. Preventive Services Task Force.	Wrong population
Hendriks GJ, Janssen N, Robertson L, van Balkom AJ, van Zelst WH, Wolfe S, et al. Cognitive behavioural therapy and third-wave approaches for anxiety and related disorders in older people. Cochrane Database Syst Rev. 2024;7(7):CD007674. Available from: https://doi.org/10.1002/14651858.CD007674.pub3	Wrong intervention
Henriques HR, Pinto J, Faria J, Silva A. A SYSTEMATIC REVIEW OF CARDIOVASCULAR RISK MANAGEMENT INTERVENTIONS AMONG COMMUNITY-DWELLING PEOPLE WITH CHRONIC DISEASE. Millenium: Journal of Education, Technologies, and Health. 2021;2021(15):41-51. Available from: https://doi.org/10.29352/mill0215.22231	Wrong population
Hernandez SC, Overholser JC. A Systematic Review of Interventions for Hope/Hopelessness in Older Adults. Clin Gerontol. 2021;44(2):97-111. Available from: https://doi.org/10.1080/07317115.2019.1711281	Wrong intervention
Hernandez-Martinez J, Ramos-Espinoza F, Munoz-Vasquez C, Guzman-Munoz E, Herrera-Valenzuela T, Branco BHM, et al. Effects of active exergames on physical performance in older people: an overview of systematic reviews and meta-analysis. Front Public Health. 2024;12:1250299. Available from: https://doi.org/10.3389/fpubh.2024.1250299	Wrong intervention
Heród A, Szewczyk-Taranek B, Pawłowska B. Therapeutic horticulture as a potential tool of preventive geriatric medicine improving health, well-being and life quality – A systematic review. Folia Horticulturae. 2022;34(1):85-104. Available from: https://doi.org/10.2478/fhort-2022-0008	Wrong intervention
Hidayat R, Erika KA, Sjattar EL. Self-Care Management in Elderly with Hypertension in Developing Country: A Scoping Review. Pakistan Journal of Life and Social Sciences (PJLSS). 2024;22(2):699-722. Available from: https://doi.org/10.57239/pjlss-2024-22.2.0052	Other reasons
Hirvonen H, Johansson A. Lifestyle Redesign(®) with independent living older adults in countries other than the USA. Scand J Occup Ther.	Not a systematic review

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Ho LYW, Ng SSM. Non-pharmacological interventions for fatigue in older adults: a systematic review and meta-analysis. <i>Age Ageing</i> . 2020;49(3):341-51. Available from: https://doi.org/10.1093/ageing/afaa019	Wrong intervention
Hodkinson A, Kontopantelis E, Zghebi SS, Grigoroglou C, McMillan B, Marwijk HV, et al. Association Between Patient Factors and the Effectiveness of Wearable Trackers at Increasing the Number of Steps per Day Among Adults With Cardiometabolic Conditions: Meta-analysis of Individual Patient Data From Randomized Controlled Trials. <i>J Med Internet Res</i> . 2022;24(8):e36337. Available from: https://doi.org/10.2196/36337	Wrong population
Hognon L, Heraud N, Varray A, Torre K. Complex systems approaches to the adaptability of human functions and behavior in health, aging, and chronic diseases: protocol for a meta-narrative review. <i>Syst Rev</i> . 2023;12(1):122. Available from: https://doi.org/10.1186/s13643-023-02268-4	Not a systematic review
Hohberg V, Fuchs R, Gerber M, Kunzler D, Paganini S, Faude O. Blended Care Interventions to Promote Physical Activity: A Systematic Review of Randomized Controlled Trials. <i>Sports Med Open</i> . 2022;8(1):100. Available from: https://doi.org/10.1186/s40798-022-00489-w	Wrong population
Hong A, Welch-Stockton J, Kim JY, Canham SL, Greer V, Sorweid M. Age-Friendly Community Interventions for Health and Social Outcomes: A Scoping Review. <i>Int J Environ Res Public Health</i> . 2023;20(3):31. Available from: https://doi.org/10.3390/ijerph20032554	Not a systematic review
Htun HL, Teshale AB, Cumpston MS, Demos L, Ryan J, Owen A, et al. Effectiveness of social prescribing for chronic disease prevention in adults: a systematic review and meta-analysis of randomised controlled trials. <i>J Epidemiol Community Health</i> . 2023;77(4):265-76. Available from: https://doi.org/10.1136/jech-2022-220247	Wrong population
Huang A, Wang E, Sanger S, Papaioannou A, Rodrigues IB. Comparison of national and international sedentary behaviour and physical activity guidelines for older adults: A systematic review and quality appraisal with AGREE II. <i>PLoS One</i> . 2023;18(11):e0294784. Available from: https://doi.org/10.1371/journal.pone.0294784	Other reasons
Huang K, Li S, He R, Zhong T, Yang H, Chen L, et al. Efficacy of cognitive behavioral therapy for insomnia (CBT-I) in older adults with insomnia: A systematic review and meta-analysis. <i>Australas Psychiatry</i> . 2022;30(5):592-7. Available from: https://doi.org/10.1177/10398562221118516	Wrong intervention
Huang Y, Hu J, Xie T, Jiang Z, Ding W, Mao B, et al. Effects of home-based chronic wound care training for patients and caregivers: A systematic review. <i>Int Wound J</i> . 2023;20(9):3802-20. Available from: https://doi.org/10.1111/iwj.14219	Wrong intervention
Huffman MK, Reed JB, Carpenter T, Amireault S. Maintenance motives for physical activity among older adults: a protocol for a systematic review and meta-analysis. <i>BMJ Open</i> . 2020;10(2):e032605. Available from: https://doi.org/10.1136/bmjopen-2019-032605	Not a systematic review

Hung CH, Kao YS. Learning More About the Effects of Gamification on Physical Activity. Comment on "Evaluating the Effectiveness of Gamification on Physical Activity: Systematic Review and Meta-analysis of Randomized Controlled Trials". J Med Internet Res. 2022;24(5):e36396. Available from: https://doi.org/10.2196/36396	Not a systematic review
Hwang M, Jiang Y. Personalization in digital health interventions for older adults with cancer: A scoping review. J Geriatr Oncol. 2023;14(8):101652. Available from: https://doi.org/10.1016/j.jgo.2023.101652	Wrong intervention
Ibeneme SC, Mah J, Omeje C, Fortwengel G, Nwosu AO, Irem FO, et al. Effectiveness of pedometer-based walking programmes in improving some modifiable risk factors of stroke among community-dwelling older adults: a systematic review, theoretical synthesis and meta-analysis. BMC Geriatr. 2024;24(1):516. Available from: https://doi.org/10.1186/s12877-024-05069-z	Wrong intervention
Ibeneme SC, Ndukwu SC, Myezwa H, Irem FO, Ezenwankwo FE, Ajidahun AT, et al. Effectiveness of mobile text reminder in improving adherence to medication, physical exercise, and quality of life in patients living with HIV: a systematic review. BMC Infect Dis. 2021;21(1):859. Available from: https://doi.org/10.1186/s12879-021-06563-0	Wrong population
Ilali M, Le Berre M, Vedel I, Khanassov V. Telemedicine in the primary care of older adults: a systematic mixed studies review. BMC Prim Care. 2023;24(1):152. Available from: https://doi.org/10.1186/s12875-023-02085-7	Wrong intervention
Irazoki E, Contreras-Somoza LM, Toribio-Guzman JM, Jenaro-Rio C, van der Roest H, Franco-Martin MA. Technologies for Cognitive Training and Cognitive Rehabilitation for People With Mild Cognitive Impairment and Dementia. A Systematic Review. Front Psychol. 2020;11:648. Available from: https://doi.org/10.3389/fpsyg.2020.00648	Wrong intervention
Iribarren SJ, Akande TO, Kamp KJ, Barry D, Kader YG, Suelzer E. Effectiveness of Mobile Apps to Promote Health and Manage Disease: Systematic Review and Meta-analysis of Randomized Controlled Trials. JMIR Mhealth Uhealth. 2021;9(1):e21563. Available from: https://doi.org/10.2196/21563	Wrong population
Irvin L, Madden LA, Marshall P, Vince RV. Digital Health Solutions for Weight Loss and Obesity: A Narrative Review. Nutrients. 2023;15(8):1858. Available from: https://doi.org/10.3390/nu15081858	Wrong population
Islam MM, Poly TN, Walther BA, Jack Li YC. Use of Mobile Phone App Interventions to Promote Weight Loss: Meta-Analysis. JMIR Mhealth Uhealth. 2020;8(7):e17039. Available from: https://doi.org/10.2196/17039	Wrong population
It Is Never Too Late: A Systematic Review of Lifestyle Interventions for Cognitive Preservation in the Oldest-Old. Internal Medicine Alert. 2024;46(12):1-8.	Not a systematic review
Iwasaki I, Ishikawa Y, Aoyagi S, Yamashita Y, Yamashita K, Hasui M, et al. Behavior Change Techniques for Influencing the Physical Activity of Community-dwelling Elderly in Japan: Systematic Review. Rigakuryoho	Other reasons

Kagaku. 2024;39(2):66-71. Available from: https://doi.org/10.1589/rika.39.66	
Jager M, Zangger G, Bricca A, Dideriksen M, Smith SM, Midtgaard J, et al. Mapping interventional components and behavior change techniques used to promote self-management in people with multimorbidity: a scoping review. <i>Health Psychol Rev.</i> 2024;18(1):165-88. Available from: https://doi.org/10.1080/17437199.2023.2182813	Not a systematic review
James CE, Muller DM, Muller CAH, Van De Looij Y, Altenmuller E, Kliegel M, et al. Randomized controlled trials of non-pharmacological interventions for healthy seniors: Effects on cognitive decline, brain plasticity and activities of daily living-A 23-year scoping review. <i>Heliyon.</i> 2024;10(9):e26674. Available from: https://doi.org/10.1016/j.heliyon.2024.e26674	Not a systematic review
Janhunen M, Karner V, Katajapuu N, Niiranen O, Immonen J, Karvanen J, et al. Effectiveness of Exergame Intervention on Walking in Older Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Phys Ther.</i> 2021;101(9):01. Available from: https://doi.org/10.1093/ptj/pzab152	Wrong intervention
Jayedi A, Soltani S, Emadi A, Najafi A, Zargar MS. Efficacy of lifestyle weight loss interventions on regression to normoglycemia and progression to type 2 diabetes in individuals with prediabetes: a systematic review and pairwise and dose-response meta-analyses. <i>Am J Clin Nutr.</i> 2024;120(5):1043-52. Available from: https://doi.org/10.1016/j.ajcnut.2024.08.031	Wrong population
Jeon HO, Chae MO, Kim A. Effects of medication adherence interventions for older adults with chronic illnesses: a systematic review and meta-analysis. <i>Osong Public Health Res Perspect.</i> 2022;13(5):328-40. Available from: https://doi.org/10.24171/j.phrp.2022.0168	Wrong intervention
Jimenez-Zazo F, Romero-Blanco C, Castro-Lemus N, Dorado-Suarez A, Aznar S. Transtheoretical Model for Physical Activity in Older Adults: Systematic Review. <i>Int J Environ Res Public Health.</i> 2020;17(24):11. Available from: https://doi.org/10.3390/ijerph17249262	Wrong population
Johnstone G, Dickins M, Lowthian J, Renehan E, Enticott J, Mortimer D, et al. Interventions to improve the health and wellbeing of older people living alone: a mixed-methods systematic review of effectiveness and accessibility. <i>Ageing and Society.</i> 2020;41(7):1587-636. Available from: https://doi.org/10.1017/s0144686x19001818	Wrong intervention
Jones C, Qi M, Xie Z, Moyle W, Weeks B, Li P. Baduanjin Exercise for Adults Aged 65 Years and Older: A Systematic Review and Meta-Analysis of Randomized Controlled Studies. <i>J Appl Gerontol.</i> 2022;41(4):1244-56. Available from: https://doi.org/10.1177/07334648211059324	Wrong intervention
Jordan C, Lawlor B, Loughrey D. A systematic review of music interventions for the cognitive and behavioural symptoms of mild cognitive impairment (non-dementia). <i>J Psychiatr Res.</i> 2022;151:382-90. Available from: https://doi.org/10.1016/j.jpsychires.2022.04.028	Wrong intervention

Juckett LA, Lee K, Bunker AC, Brostow DP. Implementing Nutrition Education Programs in Congregate Dining Service Settings: A Scoping Review. <i>Gerontologist</i> . 2022;62(2):e82-e96. Available from: https://doi.org/10.1093/geront/gnaa109	Other reasons
Jueng R-N, Lin C-Y, Huang Y-H. Systematic Review on the Positive Mental Health Impact of Older Adults Participation in Horticultural Activities in Long Term Care Facilities. <i>Horticulturae</i> . 2023;9(10). Available from: https://doi.org/10.3390/horticulturae9101076	Wrong intervention
Kamali ME, Angelini L, Caon M, Carrino F, Rocke C, Guye S, et al. Virtual Coaches for Older Adults' Wellbeing: A Systematic Review. <i>IEEE Access</i> . 2020;8:101884-902. Available from: https://doi.org/10.1109/access.2020.2996404	Wrong population
Kariuki JK, Imes CC, Engberg SJ, Scott PW, Klem ML, Cortes YI. Impact of lifestyle-based interventions on absolute cardiovascular disease risk: a systematic review and meta-analysis. <i>JBIM Evid Synth</i> . 2024;22(1):4-65. Available from: https://doi.org/10.11124/JBIES-22-00356	Wrong population
Karkauskiene E, Tully MA, Dudoniene V, Gine-Garriga M, Escriba-Salvans A, Font-Jutgla C, et al. Effectiveness of Interventions for Reducing Sedentary Behaviour in Older Adults Living in Long-Term Care Facilities: A Protocol for a Systematic Review. <i>Healthcare (Basel)</i> . 2023;11(14):08. Available from: https://doi.org/10.3390/healthcare11141976	Not a systematic review
Karlsson S, Ridbäck A, Brobeck E, Norell Pejner M. Health Promotion Practices in Nursing for Elderly Persons in Municipal Home Care: An Integrative Literature Review. <i>Home Health Care Management & Practice</i> . 2019;32(1):53-61. Available from: https://doi.org/10.1177/1084822319863308	Wrong intervention
Kasa AS, Drury P, Traynor V, Lee SC, Chang HR. The effectiveness of nurse-led interventions to manage frailty in community-dwelling older people: a systematic review. <i>Syst Rev</i> . 2023;12(1):182. Available from: https://doi.org/10.1186/s13643-023-02335-w	Wrong intervention
Kaveh MH, Faradonbeh MR, Kaveh S. Telehealth impact on biomedical, psychosocial, and behavioural outcomes in patients with diabetes older than 50 years: A systematic synthesis without meta-analysis. <i>J Telemed Telecare</i> . 2024;30(2):285-304. Available from: https://doi.org/10.1177/1357633X211052222	Wrong intervention
Kazemi DM, Troutman-Jordan M, Whitfield JE, Pappa EV. Effectiveness of eHealth Technology-Based Interventions in Reducing Substance Misuse Among Older Adults: A Systematic Review. <i>J Gerontol Nurs</i> . 2021;47(10):23-9. Available from: https://doi.org/10.3928/00989134-20210908-04	Wrong population
Kehrer AL, Barkocy B, Downs B, Rice S, Chen SW, Stark S. Interventions to promote independent participation among community-dwelling middle-aged adults with long-term physical disabilities: a systematic review. <i>Disabil Rehabil</i> . 2022;44(25):7739-50. Available from: https://doi.org/10.1080/09638288.2021.1998668	Wrong population

Khoo S, Mohbin N, Ansari P, Al-Kitani M, Muller AM. mHealth Interventions to Address Physical Activity and Sedentary Behavior in Cancer Survivors: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2021;18(11):28. Available from: https://doi.org/10.3390/ijerph18115798	Wrong population
Khoong EC, Olazo K, Rivadeneira NA, Thatipelli S, Barr-Walker J, Fontil V, et al. Mobile health strategies for blood pressure self-management in urban populations with digital barriers: systematic review and meta-analyses. <i>NPJ Digit Med</i> . 2021;4(1):114. Available from: https://doi.org/10.1038/s41746-021-00486-5	Wrong population
Kim I, An H, Yun S, Park HY. Effectiveness of community-based interventions for older adults living alone: a systematic review and meta-analysis. <i>Epidemiol Health</i> . 2024;46:e2024013. Available from: https://doi.org/10.4178/epih.e2024013	Wrong intervention
Kim K-A, Ahn J-A. Effectiveness of Immersive Virtual Reality Simulation Programs Using Head-Mounted Displays in Promoting Physical Activity in Older Adults: A Systematic Review. <i>Clinical Simulation in Nursing</i> . 2024;94:N.PAG-N.PAG. Available from: https://doi.org/10.1016/j.ecns.2024.101593	Wrong intervention
Knowles R, Kemp E, Miller M, Davison K, Koczwara B. Physical activity interventions in older people with cancer: A review of systematic reviews. <i>Eur J Cancer Care (Engl)</i> . 2022;31(5):e13637. Available from: https://doi.org/10.1111/ecc.13637	Wrong intervention
Kokenge MC, Ruppar TM. Factors Influencing Antihypertensive Medication Adherence Among Historically Underrepresented Adults: A Meta-analysis. <i>J Cardiovasc Nurs</i> . 2024;39(5):499-506. Available from: https://doi.org/10.1097/JCN.0000000000001077	Wrong intervention
Koren Y, Leveille S, You T. Tai Chi Interventions Promoting Social Support and Interaction Among Older Adults: A Systematic Review. <i>Res Gerontol Nurs</i> . 2021;14(3):126-37. Available from: https://doi.org/10.3928/19404921-20210325-02	Wrong intervention
Kruisbrink M, Crutzen R, Kempen G, Delbaere K, Ambergen T, Cheung KL, et al. Disentangling interventions to reduce fear of falling in community-dwelling older people: a systematic review and meta-analysis of intervention components. <i>Disabil Rehabil</i> . 2022;44(21):6247-57. Available from: https://doi.org/10.1080/09638288.2021.1969452	Other reasons
Kruisbrink M, Crutzen R, Kempen G, Delbaere K, Ambergen T, Cheung KL, et al. Disentangling interventions to reduce fear of falling in community-dwelling older people: a systematic review and meta-analysis of intervention components. <i>Disabil Rehabil</i> . 2022;44(21):6247-57. Available from: https://doi.org/10.1080/09638288.2021.1969452	Wrong intervention
Kruisbrink M, Delbaere K, Kempen G, Crutzen R, Ambergen T, Cheung KL, et al. Intervention Characteristics Associated With a Reduction in Fear of Falling Among Community-Dwelling Older People: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Gerontologist</i> . 2021;61(6):e269-e82. Available from: https://doi.org/10.1093/geront/gnaa021	Wrong intervention

Kruse C, Fohn J, Wilson N, Nunez Patlan E, Zipp S, Mileski M. Utilization Barriers and Medical Outcomes Commensurate With the Use of Telehealth Among Older Adults: Systematic Review. JMIR Med Inform. 2020;8(8):e20359. Available from: https://doi.org/10.2196/20359	Wrong intervention
Kruse CS, Mileski M, Heinemann K, Huynh H, Leafblad A, Moreno E. Analyzing the Effectiveness of mHealth to Manage Diabetes Mellitus Among Adults Over 50: A Systematic Literature Review. J Multidiscip Healthc. 2023;16:101-17. Available from: https://doi.org/10.2147/JMDH.S392693	Wrong intervention
Kruse CS, Pacheco GJ, Rosenthal N, Kopp CJ, Omorotionmwan O, Cruz JE. Leveraging mHealth for the Treatment and Management of PLHIV. Risk Manag Healthc Policy. 2023;16:677-97. Available from: https://doi.org/10.2147/RMHP.S403946	Wrong population
Kunutsor SK, Lehoczki A, Laukkanen JA. The untapped potential of cold water therapy as part of a lifestyle intervention for promoting healthy aging. Geroscience. 2025;47(1):387-407. Available from: https://doi.org/10.1007/s11357-024-01295-w	Wrong intervention
Kuru Alici N, Arikan Donmez A. A systematic review of the effect of laughter yoga on physical function and psychosocial outcomes in older adults. Complement Ther Clin Pract. 2020;41:101252. Available from: https://doi.org/10.1016/j.ctcp.2020.101252	Wrong intervention
Kwan RYC, Salihu D, Lee PH, Tse M, Cheung DSK, Roopsawang I, et al. The effect of e-health interventions promoting physical activity in older people: a systematic review and meta-analysis. Eur Rev Aging Phys Act. 2020;17:7. Available from: https://doi.org/10.1186/s11556-020-00239-5	Wrong population
Laflamme L, Vaez M, Lundin K, Sengoelge M. Prevention of suicidal behavior in older people: A systematic review of reviews. PLoS One. 2022;17(1):e0262889. Available from: https://doi.org/10.1371/journal.pone.0262889	Wrong intervention
Lai A, Morgan A, Richardson J, Griffith LE, Kuspinar A, Smith-Turchyn J. Pre-Clinical Mobility Limitation (PCML) Outcomes in Rehabilitation Interventions for Middle-Aged and Older Adults: A Scoping Review. Can J Aging. 2023;1-12. Available from: https://doi.org/10.1017/S0714980823000685	Wrong intervention
Lampit A, Gavelin HM, Sabates J, Launder NH, Hallock H, Finke C, et al. Computerized cognitive training in cognitively healthy older adults: A systematic review and network meta-analysis. MedRxiv. 2020.	Wrong intervention
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Lavoie A, Dube V. Web-Based Interventions to Promote Healthy Lifestyles for Older Adults: Protocol for a Scoping Review. JMIR Res Protoc. 2021;10(1):e23207. Available from: https://doi.org/10.2196/23207	Not a systematic review

Layton N, Harper K, Hill K. Digital Capabilities of Older People and Uptake of Online Healthy Ageing Interventions: An Australian Study. <i>Stud Health Technol Inform</i> . 2023;306:359-63. Available from: https://doi.org/10.3233/SHTI230644	Wrong intervention
Le LK, Esturas AC, Mihalopoulos C, Chiotelis O, Bucholz J, Chatterton ML, et al. Cost-effectiveness evidence of mental health prevention and promotion interventions: A systematic review of economic evaluations. <i>PLoS Med</i> . 2021;18(5):e1003606. Available from: https://doi.org/10.1371/journal.pmed.1003606	Wrong population
Leaviss J, Davis S, Ren S, Hamilton J, Scope A, Booth A, et al. Behavioural modification interventions for medically unexplained symptoms in primary care: systematic reviews and economic evaluation. <i>Health Technol Assess</i> . 2020;24(46):1-490. Available from: https://doi.org/10.3310/hta24460	Wrong population
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Lee S, Hwang M, Kim G, Park YH. Chronic disease self-management interventions using digital health technologies for community-dwelling older adults: A systematic review. <i>Gerontechnology</i> . 2022;21(s):1-. Available from: https://doi.org/10.4017/gt.2022.21.s.620.pp4	Not a systematic review
Lee S, Yu S. Effectiveness of Information and Communication Technology (ICT) Interventions in Elderly's Sleep Disturbances: A Systematic Review and Meta-Analysis. <i>Sensors (Basel)</i> . 2021;21(18):08. Available from: https://doi.org/10.3390/s21186003	Wrong intervention
Lette M, Ambugo EA, Hagen TP, Nijpels G, Baan CA, de Bruin SR. Addressing safety risks in integrated care programs for older people living at home: a scoping review. <i>BMC Geriatr</i> . 2020;20(1):81. Available from: https://doi.org/10.1186/s12877-020-1482-7	Wrong intervention
Letton ME, Tran TB, Flower S, Wewege MA, Wang AY, Sandler CX, et al. Digital Physical Activity and Exercise Interventions for People Living with Chronic Kidney Disease: A Systematic Review of Health Outcomes and Feasibility. <i>J Med Syst</i> . 2024;48(1):63. Available from: https://doi.org/10.1007/s10916-024-02081-z	Wrong population
Li G, Li X, Chen L. Effects of virtual reality-based interventions on the physical and mental health of older residents in long-term care facilities: A systematic review. <i>Int J Nurs Stud</i> . 2022;136:104378. Available from: https://doi.org/10.1016/j.ijnurstu.2022.104378	Wrong intervention
Li H, Zhang R, Lee YC, Kraut RE, Mohr DC. Systematic review and meta-analysis of AI-based conversational agents for promoting mental health and well-being. <i>NPJ Digit Med</i> . 2023;6(1):236. Available from: https://doi.org/10.1038/s41746-023-00979-5	Wrong population
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Liao X, Shen J, Li M. Effects of multi-domain intervention on intrinsic capacity in older adults: A systematic review of randomized controlled trials (RCTs). Exp Gerontol. 2023;174:112112. Available from: https://doi.org/10.1016/j.exger.2023.112112	Wrong intervention
Lim KJ, McGuckian TB, Cole MH, Duckworth J, Wilson PH. User experience of mixed reality applications for healthy ageing: A systematic review. Cyberpsychology: Journal of Psychosocial Research on Cyberspace. 2023;17(4). Available from: https://doi.org/10.5817/cp2023-4-5	Wrong intervention
Lim SER, Cox NJ, Roberts HC. 90 The Effectiveness of Volunteer-Led Physical Activity Interventions in Improving Health Outcomes for Community-Dwelling Older People: A Systematic Review. Age and Ageing. 2020;49(Supplement_1):i30-i2. Available from: https://doi.org/10.1093/ageing/afz194.01	Not a systematic review
Lim SER, Cox NJ, Tan QY, Ibrahim K, Roberts HC. Volunteer-led physical activity interventions to improve health outcomes for community-dwelling older people: a systematic review. Aging Clin Exp Res. 2021;33(4):843-53. Available from: https://doi.org/10.1007/s40520-020-01556-6	Wrong intervention
Lima A, Moreira MT, Ferreira MS, Parola V, Mendes DT, Nóbrega MdP, et al. Efficacy of the Use of Wii Games in the Physical and Functional Training of the Elderly: Protocol of a Systematic Review. BioMedInformatics. 2023;3(1):73-81. Available from: https://doi.org/10.3390/biomedinformatics3010005	Not a systematic review
Lima A, Moreira MT, Ferreira MS, Parola V, Sampaio F, Nóbrega MdP, et al. Efficacy of the Use of Exergames in Promoting the Mental Health of the Elderly: Protocol of a Systematic Review. Journal of Ageing and Longevity. 2023;3(3):191-202. Available from: https://doi.org/10.3390/jal3030015	Not a systematic review
Lin H, Wan M, Ye Y, Zheng G. Effects of Baduanjin exercise on the physical function of middle-aged and elderly people: a systematic review and meta-analysis of randomized controlled trials. BMC Complement Med Ther. 2023;23(1):38. Available from: https://doi.org/10.1186/s12906-023-03866-4	Wrong intervention
Lin H, Xu D, Yang M, Ma X, Yan N, Chen H, et al. Behaviour change techniques that constitute effective planning interventions to improve physical activity and diet behaviour for people with chronic conditions: a	Wrong population

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Lin P, Morris PG, Ma J, Williams JM. A Systematic Review of Horticultural Therapy's Influence on Chinese Older Adults' Psychosocial Wellbeing. Gerontol Geriatr Med. 2022;8:23337214221093891. Available from: https://doi.org/10.1177/23337214221093891	Wrong intervention
Lindner-Rabl S, Wagner V, Matijevic A, Herzog C, Lampl C, Traub J, et al. Clinical Interventions to Improve Nutritional Care in Older Adults and Patients in Primary Healthcare - A Scoping Review of Current Practices of Health Care Practitioners. Clin Interv Aging. 2022;17:1-13. Available from: https://doi.org/10.2147/CIA.S343307	Wrong intervention
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Liu C, Su M, Jiao Y, Ji Y, Zhu S. Effects of Dance Interventions on Cognition, Psycho-Behavioral Symptoms, Motor Functions, and Quality of Life in Older Adult Patients With Mild Cognitive Impairment: A Meta-Analysis and Systematic Review. Front Aging Neurosci. 2021;13:706609. Available from: https://doi.org/10.3389/fnagi.2021.706609	Wrong intervention
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Liu JY, Kor PP, Chan CP, Kwan RY, Cheung DS. Corrigendum to 'The Effectiveness of a Wearable Activity Tracker (WAT)-based Intervention to improve Physical Activity Levels in Sedentary Older Adults: A Systematic Review and Meta-analysis' [Archives of Gerontology and Geriatrics, Volume 91, November-December 2020, 104211]. Arch Gerontol Geriatr. 2021;95:104420. Available from: https://doi.org/10.1016/j.archger.2021.104420	Not a systematic review
Liu JY, Kor PP, Chan CP, Kwan RY, Cheung DS. The effectiveness of a wearable activity tracker (WAT)-based intervention to improve physical activity levels in sedentary older adults: A systematic review and meta-analysis. Arch Gerontol Geriatr. 2020;91:104211. Available from: https://doi.org/10.1016/j.archger.2020.104211	Wrong population
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Liu X, Shen PL, Tsai YS. Dance intervention effects on physical function in healthy older adults: a systematic review and meta-analysis. <i>Aging Clin Exp Res.</i> 2021;33(2):253-63. Available from: https://doi.org/10.1007/s40520-019-01440-y	Wrong intervention
Liu X, Xu X, Cheung DST, Chau PH, Ho MH, Takemura N, et al. The effects of exercise with or without dietary advice on muscle mass, muscle strength, and physical functioning among older cancer survivors: a meta-analysis of randomized controlled trials. <i>J Cancer Surviv.</i> 2024;18(5):1548-56. Available from: https://doi.org/10.1007/s11764-023-01396-z	Wrong intervention
LoBuono DL, Milovich M, Jr. A Scoping Review of Nutrition Health for Older Adults: Does Technology Help? <i>Nutrients.</i> 2023;15(20):4402. Available from: https://doi.org/10.3390/nu15204402	Wrong intervention
Longhini J, Marzaro C, Barger S, Palese A, Dell'Isola A, Turolla A, et al. Wearable Devices to Improve Physical Activity and Reduce Sedentary Behaviour: An Umbrella Review. <i>Sports Med Open.</i> 2024;10(1):9. Available from: https://doi.org/10.1186/s40798-024-00678-9	Wrong population
López-Nava IH, Rodríguez MD, García-Vázquez JP, Perez-Sanpablo AI, Quiñones-Urióstegui I, Meneses-Peñaloza A, et al. Current state and trends of the research in exergames for the elderly and their impact on health outcomes: a scoping review. <i>Journal of Ambient Intelligence and Humanized Computing.</i> 2022;14(8):10977-1009. Available from: https://doi.org/10.1007/s12652-022-04364-0	Wrong intervention
Low JHM, Toh DWK, Ng MTT, Fam J, Kua EH, Kim JE. A Systematic Review and Meta-Analysis of the Impact of Different Intensity of Dietary Counselling on Cardiometabolic Health in Middle-Aged and Older Adults. <i>Nutrients.</i> 2021;13(9):25. Available from: https://doi.org/10.3390/nu13092936	Wrong population
Lu Z, Wang W, Yan W, Kew CL, Seo JH, Ory M. The Application of Fully Immersive Virtual Reality on Reminiscence Interventions for Older Adults: Scoping Review. <i>JMIR Serious Games.</i> 2023;11:e45539. Available from: https://doi.org/10.2196/45539	Not a systematic review
Lucas Molitor W, Naber A, Duncan K, Wall J, Wookey H, Steineke T. Health Prevention Interventions for Adults in the Community: A Scoping Review of Intervention Characteristics. <i>Occup Ther Health Care.</i> 2024;38(2):385-99. Available from: https://doi.org/10.1080/07380577.2023.2212288	Wrong population
Ma T, Kim J, Godinho MA, de Leeuw E, Clapham K, Kobel C, et al. A Systematic Review with Framework Synthesis of the Ways That Urban Environments Influence Opportunities for Healthy and Sustainable Mobility in Older Age. <i>Int J Environ Res Public Health.</i> 2022;19(20):11. Available from: https://doi.org/10.3390/ijerph192013014	Wrong intervention
Maafs-Rodriguez A, Folta SC. Effectiveness of Theory-Based Physical Activity and Nutrition Interventions in Aging Latino Adults: A Scoping	Wrong intervention

Review. <i>Nutrients</i> . 2023;15(12):18. Available from: https://doi.org/10.3390/nu15122792	
Machado JM, Santos KMd, Bueno JCA, Oliveira CMd, Fernandes S, Nascimento IBd. Prática do exercício físico no comprometimento cognitivo e intercorrências neuromusculares na atenção ao idoso: uma revisão sistemática. <i>Medicina (Ribeirão Preto)</i> . 2023;56(4). Available from: https://doi.org/10.11606/issn.2176-7262.rmrp.2023.212061	Wrong intervention
Mackenzie L, Beavis AM, Tan ACW, Clemson L. Systematic Review and Meta-Analysis of Intervention Studies with General Practitioner Involvement Focused on Falls Prevention for Community-Dwelling Older People. <i>J Aging Health</i> . 2020;32(10):1562-78. Available from: https://doi.org/10.1177/0898264320945168	Wrong intervention
Mahrer-Imhof R, Ostergaard B, Brodsgaard A, Konradsen H, Svavarsdottir EK, Dieperink KB, et al. Healthcare practices and interventions in Europe towards families of older patients with cardiovascular disease: A scoping review. <i>Scand J Caring Sci</i> . 2022;36(2):320-45. Available from: https://doi.org/10.1111/scs.13045	Wrong population
Mareschal J, Genton L, Collet TH, Graf C. Nutritional Intervention to Prevent the Functional Decline in Community-Dwelling Older Adults: A Systematic Review. <i>Nutrients</i> . 2020;12(9):2820. Available from: https://doi.org/10.3390/nu12092820	Wrong intervention
Markert C, Sasangohar F, Mortazavi BJ, Fields S. The Use of Telehealth Technology to Support Health Coaching for Older Adults: Literature Review. <i>JMIR Hum Factors</i> . 2021;8(1):e23796. Available from: https://doi.org/10.2196/23796	Wrong population
Martenstyn J, King M, Rutherford C. Impact of weight loss interventions on patient-reported outcomes in overweight and obese adults with type 2 diabetes: a systematic review. <i>J Behav Med</i> . 2020;43(6):873-91. Available from: https://doi.org/10.1007/s10865-020-00140-7	Wrong intervention
Matayong S, Jetwanna KW, Choksuchat C, Choosawang S, Trakulmaykee N, Limsuwan S, et al. IoT-based systems and applications for elderly healthcare: a systematic review. <i>Universal Access in the Information Society</i> . 2023;24(1):99-125. Available from: https://doi.org/10.1007/s10209-023-01055-1	No relevant outcome
Maula A, Kai J, Woolley AK, Weng S, Dhalwani N, Griffiths FE, et al. Educational weight loss interventions in obese and overweight adults with type 2 diabetes: a systematic review and meta-analysis of randomized controlled trials. <i>Diabet Med</i> . 2020;37(4):623-35. Available from: https://doi.org/10.1111/dme.14193	Wrong population
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McGarrigle L, Boulton E, Todd C. Map the apps: a rapid review of digital approaches to support the engagement of older adults in strength and balance exercises. BMC Geriatr. 2020;20(1):483. Available from: https://doi.org/10.1186/s12877-020-01880-6	Not a systematic review
McLaren DM, Evans J, Baylan S, Smith S, Gardani M. The effectiveness of the behavioural components of cognitive behavioural therapy for insomnia in older adults: A systematic review. J Sleep Res. 2023;32(4):e13843. Available from: https://doi.org/10.1111/jsr.13843	Wrong intervention
Medeiros CSP, Farias LBA, Santana M, Pacheco TBF, Dantas RR, Cavalcanti F. A systematic review of exergame usability as home-based balance training tool for older adults usability of exergames as home-based balance training. PLoS One. 2024;19(8):e0306816. Available from: https://doi.org/10.1371/journal.pone.0306816	Wrong intervention
Mehrotra S, Pundir P, Shetty RS. Healthy ageing and occupational therapy in South Asian countries: a scoping review protocol. BMJ Open. 2021;11(5):e044657. Available from: https://doi.org/10.1136/bmjopen-2020-044657	Other reasons
Mehta K, Hoadley A, Ray LA, Kiluk BD, Carroll KM, Magill M. Cognitive-Behavioral Interventions Targeting Alcohol or Other Drug Use and Co-Occurring Mental Health Disorders: A Meta-Analysis. Alcohol Alcohol. 2021;56(5):535-44. Available from: https://doi.org/10.1093/alcac/agab016	Wrong population
Mellor R, Saunders-Dow E, Mayr HL. Scope of Use and Effectiveness of Dietary Interventions for Improving Health-Related Outcomes in Veterans: A Systematic Review. Nutrients. 2022;14(10):17. Available from: https://doi.org/10.3390/nu14102094	Wrong population
Mena D, Pardo F, editors. Gamification as a Function of the Support to the Treatment of Depression - Meta-Analysis. 2023 9th International Conference on Innovation and Trends in Engineering, CONIITI 2023 - Proceedings; 2023 2023: Institute of Electrical and Electronics Engineers Inc.	Not a systematic review
Meynet S, Beaudoin M, Smedig A. [Promoting the mental health of elderly people with physical disabilities: a systematic review of available home and facility-based interventions]. Rech Soins Infirm. 2023;151(4):18-29. Available from: https://doi.org/10.3917/rsi.151.0018	Other reasons
Middleton L, Vucea-Tirabassi V, Liu G, Bethell J, Cooke H, Keller H, et al. Understanding the impact related to lifestyle interventions for people with dementia: A systematic review protocol. PLoS One. 2024;19(9):e0310690. Available from: https://doi.org/10.1371/journal.pone.0310690	Not a systematic review
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Miller VJ, Roark EM, Fields NL, Cronley C. Experiences with Technology Amongst an International Sample of Older Adults: Results from a Qualitative Interpretive Meta-Synthesis. <i>The British Journal of Social Work</i> . 2021;51(4):1332-53. Available from: https://doi.org/10.1093/bjsw/bcab040	Other reasons
Mo Y, Chen L, Zhou Y, Bone A, Maddocks M, Evans CJ. Sarcopenia interventions in long-term care facilities targeting sedentary behaviour and physical inactivity: A systematic review. <i>J Cachexia Sarcopenia Muscle</i> . 2024;15(6):2208-33. Available from: https://doi.org/10.1002/jcsm.13576	Wrong intervention
Mogueo A, Oga-Omenka C, Hatem M, Kuete Defo B. Effectiveness of interventions based on patient empowerment in the control of type 2 diabetes in sub-Saharan Africa: A review of randomized controlled trials. <i>Endocrinol Diabetes Metab</i> . 2021;4(1):e00174. Available from: https://doi.org/10.1002/edm2.174	Wrong population
Mohanty K, Gandhi S, Krishna Prasad M, John AP, Bhaskarapillai B, Malo P, et al. Effectiveness of lifestyle intervention on prevention/management of antipsychotic-induced weight gain among persons with severe mental illness: A systematic review and meta-analysis. <i>J Health Psychol</i> . 2024;29(7):690-706. Available from: https://doi.org/10.1177/13591053241227384	Wrong population
Montayre J, Foster J, Zhao IY, Kong A, Leung AYM, Molassiotis A, et al. Age-friendly interventions in rural and remote areas: A scoping review. <i>Australas J Ageing</i> . 2022;41(4):490-500. Available from: https://doi.org/10.1111/ajag.13101	Wrong intervention
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Moreno A, Acevedo K, Sun H. Technologies to age in place in community-dwelling older adults and family caregivers: A systematic review. <i>Gerontechnology</i> . 2022;21(s):1-. Available from: https://doi.org/10.4017/gt.2022.21.s.507.oppl	Not a systematic review
Morita PP, Sahu KS, Oetomo A. Health Monitoring Using Smart Home Technologies: Scoping Review. <i>JMIR Mhealth Uhealth</i> . 2023;11:e37347. Available from: https://doi.org/10.2196/37347	Wrong population

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Neil-Sztramko S, Coletta G, Teggart K, Ganann R, Kuspinar A, Fitzpatrick-Lewis D, et al. Community-based physical activity and/or nutrition interventions to promote mobility in older adults: An umbrella review. Ann Fam Med. 2022;20(20 Suppl 1):01. Available from: https://doi.org/10.1370/afm.20.s1.2937	Not a systematic review
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Nguyen P, Le LK, Nguyen D, Gao L, Dunstan DW, Moodie M. The effectiveness of sedentary behaviour interventions on sitting time and screen time in children and adults: an umbrella review of systematic reviews. <i>Int J Behav Nutr Phys Act</i> . 2020;17(1):117. Available from: https://doi.org/10.1186/s12966-020-01009-3	Wrong population
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Nicholson K, Makovski TT, Nagyova I, van den Akker M, Stranges S. Strategies to improve health status among adults with multimorbidity: A scoping review. <i>Maturitas</i> . 2023;167:24-31. Available from: https://doi.org/10.1016/j.maturitas.2022.09.004	Wrong population
Nick JM, Petersen AB, Roberts LR. Effect of telemonitoring on self-care behaviors among community-dwelling adults with heart failure: a quantitative systematic review protocol. <i>JBISIR-D-18-00016</i> . Available from: https://doi.org/10.11124/JBISIR-D-18-00016	Other reasons
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Noone C, McSharry J, Smalle M, Burns A, Dwan K, Devane D, et al. Video calls for reducing social isolation and loneliness in older people: a rapid review. <i>Cochrane Database Syst Rev</i> . 2020;5(5):CD013632. Available from: https://doi.org/10.1002/14651858.CD013632	Wrong intervention
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Ojo EO, Thiamwong L. Effects of Nurse-Led Fall Prevention Programs for Older Adults: A Systematic Review. <i>Pac Rim Int J Nurs Res Thail</i> . 2022;26(3):417-31.	Wrong intervention
Okoli CTC, Abufarsakh B, Otachi JK. Quit and win contests in community-dwelling mental and behavioral health populations: A systematic review and pilot feasibility findings. <i>Public Health Nurs</i> . 2021;38(3):517-27. Available from: https://doi.org/10.1111/phn.12865	Wrong population
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Onprasonk S, Trinnowoottipong K, Buntrai S. Health literacy program among the elderly with hypertension: a systematic review. <i>Journal of Public Health and Development</i> . 2024;22(3):321-36. Available from: https://doi.org/10.55131/jphd/2024/220325	Wrong population
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Ortiz-Mallasen V, Claramonte-Gual E, Gonzalez-Chorda VM, Llagostera-Reverter I, Valero-Chillon MJ, Cervera-Gasch A. Can Virtual Reality Help Improve Motor and Cognitive Function in Active Aging in Older Adults? A Scoping Review. <i>Healthcare (Basel)</i> . 2024;12(3):356. Available from: https://doi.org/10.3390/healthcare12030356	Other reasons
Otaka E, Oguchi K, Kondo I, Otaka Y. Effectiveness of Self-Monitoring Approach Using Fitness Trackers to Improve Walking Ability in Rehabilitation Settings: A Systematic Review. <i>Front Rehabil Sci</i> . 2021;2:752727. Available from: https://doi.org/10.3389/fresc.2021.752727	Wrong population
Otmanowski JA, Chase JD. Practical implications for providing physical activity counseling for the older adult: An integrative review. <i>J Am Assoc Nurse Pract</i> . 2020;32(7):511-9. Available from: https://doi.org/10.1097/JXX.0000000000000483	Not a systematic review
Owusu-Addo E, Ofori-Asenso R, Batchelor F, Mahtani K, Brijnath B. Effective implementation approaches for healthy ageing interventions for older	Wrong intervention

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Pang B, Moullin JC, Thompson C, Thogersen-Ntoumani C, Stamatakis E, McVeigh JA. Barriers and Facilitators to Participation in Vigorous Lifestyle Physical Activity in Adults Aged 55-75 Years: A Scoping Review. J Aging Phys Act. 2024;32(3):446-59. Available from: https://doi.org/10.1123/japa.2022-0405	Wrong intervention
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Patil U, Braun KL. Interventions for loneliness in older adults: a systematic review of reviews. Front Public Health. 2024;12:1427605. Available from: https://doi.org/10.3389/fpubh.2024.1427605	Wrong population
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Pelletier C, Cornish K, Amyot T, Pousette A, Fox G, Snadden D, et al. Physical activity promotion in rural health care settings: A rapid realist review. <i>Prev Med Rep.</i> 2022;29:101905. Available from: https://doi.org/10.1016/j.pmedr.2022.101905	Not a systematic review
Peng R, Chang J, Du Y, Zhang C, Li X, Guo Y, et al. Older adults' perceptions and experiences of engaging in web- and mobile-based physical activity interventions: A systematic review and qualitative meta-synthesis. <i>Geriatr Nurs.</i> 2024;59:630-8. Available from: https://doi.org/10.1016/j.gerinurse.2024.08.025	No relevant outcome
Peng Y, Liu Y, Guo Z, Zhang Y, Sha L, Wang X, et al. Doll therapy for improving behavior, psychology and cognition among older nursing home residents with dementia: A systematic review and meta-analysis. <i>Geriatr Nurs.</i> 2024;55:119-29. Available from: https://doi.org/10.1016/j.gerinurse.2023.10.025	Wrong intervention
Percival A, Newton C, Mulligan K, Petrella RJ, Ashe MC. Systematic review of social prescribing and older adults: where to from here? <i>Fam Med Community Health.</i> 2022;10(Suppl 1). Available from: https://doi.org/10.1136/fmch-2022-001829	Wrong intervention
Pereira MJ, Mendes R, Mendes RS, Martins F, Gomes R, Gama J, et al. Benefits of Pilates in the Elderly Population: A Systematic Review and Meta-Analysis. <i>Eur J Investig Health Psychol Educ.</i> 2022;12(3):236-68. Available from: https://doi.org/10.3390/ejihpe12030018	Wrong intervention
Pérez-Ortiz A, Ortega-Luyando M, Mancilla-Díaz JM, González-Celis Rangel ALM, Amaya-Hernández A, Becerra-Gálvez AL. Terapia Cognitivo-Conductual sobre la adherencia terapéutica y conducta alimentaria en personas adultas mayores: una revisión sistemática/ Cognitive-Behavioral Therapy on therapeutic adherence and eating behavior in elderly: a systematic review. <i>Revista Mexicana de Trastornos Alimentarios/Mexican Journal of Eating Disorders.</i> 2022;11(2):193-205. Available from: https://doi.org/10.22201/fesi.20071523e.2021.2.734	Other reasons
Peters R, Ee N, Ward SA, Kenning G, Radford K, Goldwater M, et al. Intergenerational Programmes bringing together community dwelling non-familial older adults and children: A Systematic Review. <i>Arch Gerontol Geriatr.</i> 2021;94:104356. Available from: https://doi.org/10.1016/j.archger.2021.104356	Wrong population
Petrusevski C, Choo S, Wilson M, MacDermid J, Richardson J. Interventions to address sedentary behaviour for older adults: a scoping review. <i>Disabil Rehabil.</i> 2021;43(21):3090-101. Available from: https://doi.org/10.1080/09638288.2020.1725156	Not a systematic review
Peyroteo M, Ferreira IA, Elvas LB, Ferreira JC, Lapao LV. Remote Monitoring Systems for Patients With Chronic Diseases in Primary Health Care:	Wrong intervention

Systematic Review. JMIR Mhealth Uhealth. 2021;9(12):e28285. Available from: https://doi.org/10.2196/28285	
Piculell E, Skar L, Sanmartin Berglund J, Anderberg P, Bohman D. A concept analysis of health communication in a home environment: Perspectives of older persons and their informal caregivers. Scand J Caring Sci. 2021;35(3):1006-24. Available from: https://doi.org/10.1111/scs.12928	Not a systematic review
Pinheiro MB, Oliveira J, Bauman A, Fairhall N, Kwok W, Sherrington C. Evidence on physical activity and osteoporosis prevention for people aged 65+ years: a systematic review to inform the WHO guidelines on physical activity and sedentary behaviour. Int J Behav Nutr Phys Act. 2020;17(1):150. Available from: https://doi.org/10.1186/s12966-020-01040-4	Wrong intervention
Pinheiro MB, Oliveira JS, Baldwin JN, Hassett L, Costa N, Gilchrist H, et al. Impact of physical activity programs and services for older adults: a rapid review. Int J Behav Nutr Phys Act. 2022;19(1):87. Available from: https://doi.org/10.1186/s12966-022-01318-9	Wrong population
Podolski OS, Whitfield T, Schaaf L, Cornaro C, Kobe T, Koch S, et al. The Impact of Dance Movement Interventions on Psychological Health in Older Adults without Dementia: A Systematic Review and Meta-Analysis. Brain Sci. 2023;13(7):22. Available from: https://doi.org/10.3390/brainsci13070981	Wrong intervention
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Poon ET, Wongpipit W, Ho RS, Wong SH. Interval training versus moderate-intensity continuous training for cardiorespiratory fitness improvements in middle-aged and older adults: a systematic review and meta-analysis. J Sports Sci. 2021;39(17):1996-2005. Available from: https://doi.org/10.1080/02640414.2021.1912453	Wrong population
Poon ET-C, Wongpipit W, Ho RS-T, Wong SHS. Interval Training For Cardiorespiratory Fitness In Middle-aged And Older Adults: A Systematic Review And Meta-analysis. Medicine & Science in Sports & Exercise. 2021;53(8S):237-. Available from: https://doi.org/10.1249/01.mss.0000761800.08748.ad	Not a systematic review
Poudel P, Paudel G, Acharya R, George A, Borgnakke WS, Rawal LB. Oral health and healthy ageing: a scoping review. BMC Geriatr. 2024;24(1):33. Available from: https://doi.org/10.1186/s12877-023-04613-7	Wrong intervention
Poulsen W, Christensen K, Dalgard C. Dietary patterns and survival to 100 + years: an empty systematic review of cohort and case-control studies. Arch Public Health. 2022;80(1):161. Available from: https://doi.org/10.1186/s13690-022-00914-2	Wrong intervention
Purcell C, Dibben G, Hilton Boon M, Matthews L, Palmer VJ, Thomson M, et al. Social network interventions to support cardiac rehabilitation and secondary prevention in the management of people with heart disease.	Wrong population

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Qiu Z, Huang EYZ, Li Y, Xiao Y, Fu Y, Du J, et al. Beneficial effects of time-restricted fasting on cardiovascular disease risk factors: a meta-analysis. BMC Cardiovasc Disord. 2024;24(1):210. Available from: https://doi.org/10.1186/s12872-024-03863-6	Wrong population
Quasdorf T, Manietta C, Rommerskirch-Manietta M, Braunwarth JI, Rossmann C, Roes M. Implementation of interventions to maintain and promote the functional mobility of nursing home residents - a scoping review. BMC Geriatr. 2023;23(1):600. Available from: https://doi.org/10.1186/s12877-023-04213-5	Wrong intervention
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Ramos K, Shepherd-Banigan M, McDermott C, McConnell ES, Raman SR, Chen D, et al. Health Care Team Interventions to Reduce Distress Behaviors in Older Adults: A Systematic Review. Clin Gerontol. 2024;47(5):730-45. Available from: https://doi.org/10.1080/07317115.2024.2372424	Wrong intervention
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Rao RV, Subramaniam KG, Gregory J, Bredesen AL, Coward C, Okada S, et al. Rationale for a Multi-Factorial Approach for the Reversal of Cognitive Decline in Alzheimer's Disease and MCI: A Review. Int J Mol Sci. 2023;24(2):14. Available from: https://doi.org/10.3390/ijms24021659	Not a systematic review
Rasmussen B, Maribo T, Skovsby Toft B. The content and characteristics of face-to-face interventions to encourage patients' enrollment in cardiac rehabilitation; a scoping review. Disabil Rehabil. 2024;46(13):2734-46. Available from: https://doi.org/10.1080/09638288.2023.2236014	Wrong population
Rasmussen B, Wynter K, Rawson HA, Skouteris H, Ivory N, Brumby SA. Self-management of diabetes and associated comorbidities in rural and remote communities: a scoping review. Aust J Prim Health. 2021;27(4):243-54. Available from: https://doi.org/10.1071/PY20110	Wrong population
Reid N, Young A, Shafiee Hanjani L, Hubbard RE, Gordon EH. Sex-specific interventions to prevent and manage frailty. Maturitas. 2022;164:23-30. Available from: https://doi.org/10.1016/j.maturitas.2022.05.012	Wrong intervention
Ren L, Yan J, Zhu Z, Du M. Personalization Characteristics and Evaluation of Gamified Exercise for Middle-Aged and Older People: A Scoping Review. J Aging Phys Act. 2024;32(2):287-99. Available from: https://doi.org/10.1123/japa.2022-0224	Wrong population
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Rittiwong T. Health promoting interventions in older adults 2023. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psyh&AN=2023-38658-188&site=ehost-live	Other reasons
Rivera Miranda P, Trujillo Altamirano C, Yáñez Yáñez R, Mc Ardle Draguicevic N, Quintana Peña P, Parra Rizo MA. Entrenamiento de fuerza para prevención de caídas en personas mayores: Una revisión sistemática. Salud Uninorte. 2024;40(1):216-38. Available from: https://doi.org/10.14482/sun.40.01.650.452	Other reasons
Robert C, Erdt M, Lee J, Cao Y, Naharudin NB, Theng YL. Effectiveness of eHealth Nutritional Interventions for Middle-Aged and Older Adults: Systematic Review and Meta-analysis. J Med Internet Res. 2021;23(5):e15649. Available from: https://doi.org/10.2196/15649	Wrong population
Rocha P, Baixinho CL, Marques A, Henriques A. Safety-Promoting Interventions for the Older Person with Hip Fracture on Returning Home: A Protocol for a Systematic Review. J Pers Med. 2022;12(5):19. Available from: https://doi.org/10.3390/jpm12050654	Not a systematic review
Rocha P, Baixinho CL, Marques A, Henriques MA. Safety-promoting interventions for the older person with hip fracture on returning home: A systematic review. Int J Orthop Trauma Nurs. 2024;52:101063. Available from: https://doi.org/10.1016/j.ijotn.2023.101063	Wrong intervention
Rocha R, Fernandes SM, Santos IM. The Importance of Technology in the Combined Interventions of Cognitive Stimulation and Physical Activity in Cognitive Function in the Elderly: A Systematic Review. Healthcare (Basel). 2023;11(17):2375. Available from: https://doi.org/10.3390/healthcare11172375	Wrong intervention
Rodrigues S, Silva JMD, Oliveira MCC, Santana CMF, Carvalho KM, Barbosa B. Physical exercise as a non-pharmacological strategy for reducing behavioral and psychological symptoms in elderly with mild cognitive impairment and dementia: a systematic review of randomized clinical trials. Arq Neuropsiquiatr. 2021;79(12):1129-37. Available from: https://doi.org/10.1590/0004-282X-ANP-2020-0539	Wrong intervention
Rodríguez Rivas Á, Rodríguez-Martín B. Efectividad de las intervenciones multicomponente para la promoción de la actividad física en personas mayores: una revisión sistemática. Gerokomos. 2020;31(3):149-57. Available from: https://doi.org/10.4321/s1134-928x2020000300006	Other reasons
Rodríguez-Monforte M, Fernandez-Jane C, Martin-Arribas A, Costa-Tutusa L, Sitja-Rabert M, Ramirez-Garcia I, et al. Interventions across the Retirement Transition for Improving Well-Being: A Scoping Review. Int J Environ Res Public Health. 2020;17(12):17. Available from: https://doi.org/10.3390/ijerph17124341	Wrong population
Rogers F, Metzler-Baddeley C. The effects of musical instrument training on fluid intelligence and executive functions in healthy older adults: A systematic review and meta-analysis. Brain Cogn. 2024;175:106137. Available from: https://doi.org/10.1016/j.bandc.2024.106137	Wrong intervention

Romanidou M, Apergi K, Tsiptsios D, Abdelkhalek H, Tsamakis K, Constantinidis TC, et al. Adherence to the Mediterranean Diet and Healthy Aging: A Narrative Review over the Last Decade. <i>Maedica (Bucur)</i> . 2020;15(4):521-8. Available from: https://doi.org/10.26574/maedica.2020.15.4.521	Wrong intervention
Rommerskirch-Manietta M, Braunwarth JJ, Quasdorf T, Manietta C, Rodrigues-Recchia D, Reuther S, et al. Organizational Capacity Building in Nursing Facilities to Promote Resident Mobility: A Systematic Review. <i>J Am Med Dir Assoc</i> . 2021;22(12):2408-24 e12. Available from: https://doi.org/10.1016/j.jamda.2021.09.017	Wrong intervention
Rookes TA, Nimmons D, Frost R, Armstrong M, Davies L, Ross J, et al. Effectiveness of complex behaviour change interventions tested in randomised controlled trials for people with multiple long-term conditions (M-LTCs): systematic review with meta-analysis. <i>BMJ Open</i> . 2024;14(6):e081104. Available from: https://doi.org/10.1136/bmjopen-2023-081104	Wrong population
Rosa D, Peverelli M, Poliani A, Villa G, Manara DF. Exploring Hypertension Patient Engagement Using mHealth. A Scoping Review. <i>High Blood Press Cardiovasc Prev</i> . 2024;31(4):341-57. Available from: https://doi.org/10.1007/s40292-024-00656-y	Wrong population
Rotta K, Raaymakers A, Poling A. Using Positive Reinforcement to Increase the Physical Activity of Individuals with Developmental Disabilities: A Review. <i>Journal of Developmental and Physical Disabilities</i> . 2022;35(4):551-75. Available from: https://doi.org/10.1007/s10882-022-09873-6	Wrong population
Ruiz Nunez MDR, da Luz Raulino M, Goulart Castro R, Schaefer Ferreira de Mello AL. Dental plaque control strategies for the elderly population: A scoping review. <i>Int J Dent Hyg</i> . 2022;20(1):167-81. Available from: https://doi.org/10.1111/idh.12497	Wrong intervention
Rush KL, Singh S, Seaton CL, Burton L, Li E, Jones C, et al. Telehealth Use for Enhancing the Health of Rural Older Adults: A Systematic Mixed Studies Review. <i>Gerontologist</i> . 2022;62(10):e564-e77. Available from: https://doi.org/10.1093/geront/gnab141	Wrong population
Rybenská K, Knapová L, Janiš K, Kühnová J, Cimler R, Elavsky S. SMART technologies in older adult care: a scoping review and guide for caregivers. <i>Journal of Enabling Technologies</i> . 2024;18(4):200-22. Available from: https://doi.org/10.1108/jet-05-2023-0016	Wrong intervention
Ryom K, Simonsen CB, Eshoj S, Nielsen G, Troelsen J, Maindal HT. Tackling physical inactivity in Scandinavia: a narrative review of reviews supplemented by expert interviews. <i>Scand J Public Health</i> . 2023;51(1):125-36. Available from: https://doi.org/10.1177/14034948211042956	Wrong population
Saeidzadeh S, Gilbertson-White S, Babaieasl F, DeBerg J, Seaman AT. An Integrative Review of Self-Management Interventions for Treatment Sequelae in Adult Survivors. <i>Oncol Nurs Forum</i> . 2021;48(1):94-111. Available from: https://doi.org/10.1188/21.ONF.94-111	Wrong population

Sahay A, Willis E, Yu S. Pressure injury education for older adults and carers living in community settings: A scoping review. <i>Int Wound J</i> . 2024;21(5):e14894. Available from: https://doi.org/10.1111/iwj.14894	Wrong intervention
Sanchez-Gonzalez D, Rojo-Perez F, Rodriguez-Rodriguez V, Fernandez-Mayoralas G. Environmental and Psychosocial Interventions in Age-Friendly Communities and Active Ageing: A Systematic Review. <i>Int J Environ Res Public Health</i> . 2020;17(22):10. Available from: https://doi.org/10.3390/ijerph17228305	Not a systematic review
Santos E, Canhestro A, Rosario J, Fonseca CJV, Pinho LMG, Arco H. Efficacy of Health Promotion Interventions Aimed to Improve Health Gains in Middle-Aged Adults-A Systematic Review. <i>Geriatrics (Basel)</i> . 2023;8(3):30. Available from: https://doi.org/10.3390/geriatrics8030050	Wrong population
Santos FH, Zurek J, Janicki MP. Efficacy of Healthy Aging Interventions for Adults With Intellectual and Developmental Disabilities: A Systematic Review. <i>Gerontologist</i> . 2022;62(4):e235-e52. Available from: https://doi.org/10.1093/geront/gnaa192	Wrong population
Sari CWM, Khoeriyah VN, Lukman M. Factors Related to The Utilization of Integration Health Program (Posbindu) Among Older Adults in Indonesia: A Scoping Review. <i>Clin Interv Aging</i> . 2024;19:1361-70. Available from: https://doi.org/10.2147/CIA.S462621	Wrong population
Sari YM, Hill KD, Lee DA, Burton E. Effectiveness of exercise programmes in improving physical function and reducing behavioural symptoms of community living older adults with dementia living in Asia, and impact on their informal carers: A systematic review and meta-analysis. <i>Hong Kong Physiother J</i> . 2023;43(1):3-17. Available from: https://doi.org/10.1142/S101370252350004X	Wrong intervention
Sarmiento H, Manuel Clemente F, Marques A, Milanovic Z, David Harper L, Figueiredo A. Recreational football is medicine against non-communicable diseases: A systematic review. <i>Scand J Med Sci Sports</i> . 2020;30(4):618-37. Available from: https://doi.org/10.1111/sms.13611	Wrong population
Schafer SK, von Boros L, Schaubruch LM, Kunzler AM, Lindner S, Koehler F, et al. Digital interventions to promote psychological resilience: a systematic review and meta-analysis. <i>NPJ Digit Med</i> . 2024;7(1):30. Available from: https://doi.org/10.1038/s41746-024-01017-8	Wrong population
Scheling L, Jokisch MR, Doh M, Wahl HW. 30 years of technology acceptance model: A systematic review for ICT use in old age. <i>Gerontechnology</i> . 2020;19(s):1-. Available from: https://doi.org/10.4017/gt.2020.19.s.69880.2	Not a systematic review
Schepens Niemiec SL, Carino B, Chatfield AJ, Quan K. mHealth-Supported Interventions With Potential to Address Sedentary Behavior in Older Adults: A Scoping Review. <i>J Aging Phys Act</i> . 2022;30(6):1085-100. Available from: https://doi.org/10.1123/japa.2021-0338	Wrong intervention
Schorr EN, Gepner AD, Dolansky MA, Forman DE, Park LG, Petersen KS, et al. Harnessing Mobile Health Technology for Secondary Cardiovascular Disease Prevention in Older Adults: A Scientific Statement From the American Heart Association. <i>Circ Cardiovasc Qual Outcomes</i> .	No relevant comparison

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Schulberg SD, Ferry AV, Jin K, Marshall L, Neubeck L, Strachan FE, et al. Cardiovascular risk communication strategies in primary prevention. A systematic review with narrative synthesis. J Adv Nurs. 2022;78(10):3116-40. Available from: https://doi.org/10.1111/jan.15327	Wrong population
Seijas V, Maritz R, Fernandes P, Bernard RM, Lugo LH, Bickenbach J, et al. Rehabilitation delivery models to foster healthy ageing-a scoping review. Front Rehabil Sci. 2024;5:1307536. Available from: https://doi.org/10.3389/fresc.2024.1307536	Wrong intervention
Seo HJ, Kim SY, Sheen SS, Cha Y. e-Health Interventions for Community-Dwelling Type 2 Diabetes: A Scoping Review. Telemed J E Health. 2021;27(3):276-85. Available from: https://doi.org/10.1089/tmj.2019.0263	Wrong population
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Sezgin E, Militello LK, Huang Y, Lin S. A scoping review of patient-facing, behavioral health interventions with voice assistant technology targeting self-management and healthy lifestyle behaviors. Transl Behav Med. 2020;10(3):606-28. Available from: https://doi.org/10.1093/tbm/ibz141	Not a systematic review
Sheng C, Yang K, Wang X, Li H, Li T, Lin L, et al. Advances in Non-Pharmacological Interventions for Subjective Cognitive Decline: A Systematic Review and Meta-Analysis. J Alzheimers Dis. 2020;77(2):903-20. Available from: https://doi.org/10.3233/JAD-191295	Wrong population
Sheppard A, Broughton MC. Promoting wellbeing and health through active participation in music and dance: a systematic review. Int J Qual Stud Health Well-being. 2020;15(1):1732526. Available from: https://doi.org/10.1080/17482631.2020.1732526	Wrong intervention
Sherrington C, Fairhall N, Kwok W, Wallbank G, Tiedemann A, Michaleff ZA, et al. Evidence on physical activity and falls prevention for people aged 65+ years: systematic review to inform the WHO guidelines on physical activity and sedentary behaviour. Int J Behav Nutr Phys Act. 2020;17(1):144. Available from: https://doi.org/10.1186/s12966-020-01041-3	Wrong intervention
Sheth S, Cogle CR. Home Modifications for Older Adults: A Systematic Review. J Appl Gerontol. 2023;42(5):1151-64. Available from: https://doi.org/10.1177/07334648231151669	Wrong intervention
Shi B, Li G, Wu S, Ge H, Zhang X, Chen S, et al. Assessing the Effectiveness of eHealth Interventions to Manage Multiple Lifestyle Risk Behaviors Among	Wrong population

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Sithichoksakulchai S, Chen M-C, Chen K-M. Walking Promotes Physical Fitness of Community-Dwelling Older Adults. Topics in Geriatric Rehabilitation. 2022;38(2):101-9. Available from: https://doi.org/10.1097/tgr.0000000000000351	Wrong intervention
Smith SM, Wallace E, Clyne B, Boland F, Fortin M. Interventions for improving outcomes in patients with multimorbidity in primary care and community setting: a systematic review. Syst Rev. 2021;10(1):271. Available from: https://doi.org/10.1186/s13643-021-01817-z	Wrong intervention
Smith SM, Wallace E, O'Dowd T, Fortin M. Interventions for improving outcomes in patients with multimorbidity in primary care and community settings. Cochrane Database Syst Rev. 2021;1(1):CD006560. Available from: https://doi.org/10.1002/14651858.CD006560.pub4	Wrong intervention
Soares S, Hoffmeister LV, Fernandes MF, Henriques A, Costa A. The Use of Digital Technologies in the Promotion of Health Literacy and Empowerment of Informal Caregivers: Scoping Review. JMIR Aging. 2024;7:e54913. Available from: https://doi.org/10.2196/54913	Wrong population
Soares VN, Yoshida HM, Magna TS, Sampaio RAC, Fernandes PT. Comparison of exergames versus conventional exercises on the cognitive skills of older adults: a systematic review with meta-analysis. Arch Gerontol Geriatr. 2021;97:104485. Available from: https://doi.org/10.1016/j.archger.2021.104485	Wrong intervention
Soh SL, Lane J, Lim AY, Mujtaba MS, Tan CW. Interventions and measurement instruments used for falls efficacy in community-dwelling older adults: A systematic review. J Frailty Sarcopenia Falls. 2022;7(3):151-64. Available from: https://doi.org/10.22540/JFSF-07-151	Wrong intervention
Solis-Navarro L, Masot O, Torres-Castro R, Otto-Yanez M, Fernandez-Jane C, Sola-Madurell M, et al. Effects on Sleep Quality of Physical Exercise Programs in Older Adults: A Systematic Review and Meta-Analysis. Clocks Sleep. 2023;5(2):152-66. Available from: https://doi.org/10.3390/clockssleep5020014	Wrong intervention

Sooktho S, Songserm N, Woradet S, Suksatan W. A Meta-Analysis of the Effects of Dance Programs on Physical Performance: Appropriate Health Promotion for Healthy Older Adults. <i>Ann Geriatr Med Res.</i> 2022;26(3):196-207. Available from: https://doi.org/10.4235/agmr.22.0066	Wrong intervention
Soto-Bagaria L, Eis S, Perez LM, Villa-Garcia L, de Sola-Morales O, Carrion C, et al. Mobile applications to prescribe physical exercise in frail older adults: review of the available tools in app stores. <i>Age Ageing.</i> 2023;52(12):1-9. Available from: https://doi.org/10.1093/ageing/afad227	Wrong population
Souza APd, Rezende KTA, Marin MJS, Tonhom SFdR, Damaceno DG. Mental health promotion and protection actions aimed at the elderly in the context of primary health care: an integrative review. <i>Ciência & Saúde Coletiva.</i> 2022;27(5):1741-52. Available from: https://doi.org/10.1590/1413-81232022275.23112021en	Other reasons
Souza EM, Silva DPP, Barros AS. Popular education, health promotion and active aging: an integrative literature review. <i>Cien Saude Colet.</i> 2021;26(4):1355-68. Available from: https://doi.org/10.1590/1413-81232021264.09642019	Other reasons
Sremanakova J, Sowerbutts AM, Todd C, Cooke R, Burden S. Systematic Review of Behaviour Change Theories Implementation in Dietary Interventions for People Who Have Survived Cancer. <i>Nutrients.</i> 2021;13(2):13. Available from: https://doi.org/10.3390/nu13020612	Wrong population
St Fleur RG, St George SM, Leite R, Kobayashi M, Agosto Y, Jake-Schoffman DE. Use of Fitbit Devices in Physical Activity Intervention Studies Across the Life Course: Narrative Review. <i>JMIR Mhealth Uhealth.</i> 2021;9(5):e23411. Available from: https://doi.org/10.2196/23411	No relevant outcome
Stahl ST, Kincman J, Karp JF, Anne Gebara M. Psychosocial interventions to improve adherence in depressed and anxious older adults prescribed antidepressant pharmacotherapy: a scoping review. <i>Ther Adv Psychopharmacol.</i> 2023;13:20451253231212322. Available from: https://doi.org/10.1177/20451253231212322	Not a systematic review
Su JJ, Liu JYW, Cheung DSK, Wang S, Christensen M, Kor PPK, et al. Long-term effects of e-Health secondary prevention on cardiovascular health: a systematic review and meta-analysis. <i>Eur J Cardiovasc Nurs.</i> 2023;22(6):562-74. Available from: https://doi.org/10.1093/eurjcn/zvac116	Wrong population
Su JJ, Yu DSF, Paguio JT. Effect of eHealth cardiac rehabilitation on health outcomes of coronary heart disease patients: A systematic review and meta-analysis. <i>J Adv Nurs.</i> 2020;76(3):754-72. Available from: https://doi.org/10.1111/jan.14272	Wrong population
Subias-Perie J, Navarrete-Villanueva D, Gomez-Cabello A, Vicente-Rodriguez G, Casajus JA. Health economic evaluation of exercise interventions in people over 60 years old: A systematic review. <i>Exp Gerontol.</i> 2022;161:111713. Available from: https://doi.org/10.1016/j.exger.2022.111713	Wrong intervention
Sulz S, van Elten HJ, Askari M, Weggelaar-Jansen AM, Huijsman R. eHealth Applications to Support Independent Living of Older Persons: Scoping Review of Costs and Benefits Identified in Economic Evaluations. <i>J Med</i>	Wrong intervention

Internet Res. 2021;23(3):e24363. Available from: https://doi.org/10.2196/24363	
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Szerencses D, Zrubka Z, editors. Mobile health applications used for health behaviour change in metabolic syndrome: Protocol for a scoping review. INES 2024 - 28th IEEE International Conference on Intelligent Engineering Systems 2024, Proceedings; 2024 2024: Institute of Electrical and Electronics Engineers Inc.	Not a systematic review
Tam HL, Leung LYL, Wong EML, Cheung K, Chan ASW. Integration of text messaging interventions into hypertension management among older adults: A systematic review and meta-analysis. <i>Worldviews Evid Based Nurs.</i> 2022;19(1):16-27. Available from: https://doi.org/10.1111/wvn.12549	Wrong population
Tan BY, Thach T, Munro YL, Skou ST, Thumboo J, Car J, et al. Complex Lifestyle and Psychological Intervention in Knee Osteoarthritis: Scoping Review of Randomized Controlled Trials. <i>Int J Environ Res Public Health.</i> 2021;18(23):03. Available from: https://doi.org/10.3390/ijerph182312757	Wrong population
Tan HS, A A, Ahmad, I M, Feisul. HYPERTENSION PREVENTION AND CONTROL IN MALAYSIA: A REVIEW. <i>International Journal of Public Health & Clinical Sciences (IJPHCS).</i> 2020;7(4):19-31.	Other reasons
Tao D, Awan-Scully R, Ash GI, Cole A, Zhong P, Gao Y, et al. The role of technology-based dance intervention for enhancing wellness: A systematic scoping review and meta-synthesis. <i>Ageing Res Rev.</i> 2024;100:102462. Available from: https://doi.org/10.1016/j.arr.2024.102462	Wrong intervention
Taylor J, Walsh S, Kwok W, Pinheiro MB, de Oliveira JS, Hassett L, et al. A scoping review of physical activity interventions for older adults. <i>Int J Behav Nutr Phys Act.</i> 2021;18(1):82. Available from: https://doi.org/10.1186/s12966-021-01140-9	Other reasons
Tcymbal A, Abu-Omar K, Hartung V, Busskamp A, Comito C, Rossmann C, et al. Interventions simultaneously promoting social participation and physical activity in community living older adults: A systematic review. <i>Front Public Health.</i> 2022;10:1048496. Available from: https://doi.org/10.3389/fpubh.2022.1048496	Wrong intervention
Teggart K, Phillips S, Ganann R, Moore C, Sihota D, Neil-Sztramko S, et al. Group-based nutrition interventions for community-dwelling older adults: a systematic review to inform community co-design. <i>Ann Fam Med.</i> 2022;20(20 Suppl 1):01. Available from: https://doi.org/10.1370/afm.20.s1.2875	Not a systematic review
Teo V, Weinman J, Yap KZ. Systematic Review Examining the Behavior Change Techniques in Medication Adherence Intervention Studies Among People With Type 2 Diabetes. <i>Ann Behav Med.</i> 2024;58(4):229-41. Available from: https://doi.org/10.1093/abm/kaae001	Wrong population

Terkelsen AS, Wester CT, Gulis G, Jespersen J, Andersen PT. Co-Creation and Co-Production of Health Promoting Activities Addressing Older People- A Scoping Review. <i>Int J Environ Res Public Health</i> . 2022;19(20):11. Available from: https://doi.org/10.3390/ijerph192013043	Wrong intervention
Thalen M, Volkers KM, van Oorsouw W, Embregts P. Psychosocial interventions for older people with intellectual disabilities and the role of support staff: A systematic review. <i>J Appl Res Intellect Disabil</i> . 2022;35(2):312-37. Available from: https://doi.org/10.1111/jar.12953	Wrong intervention
Thomas TH, Sivakumar V, Babichenko D, Grieve VLB, Klem ML. Mapping Behavioral Health Serious Game Interventions for Adults With Chronic Illness: Scoping Review. <i>JMIR Serious Games</i> . 2020;8(3):e18687. Available from: https://doi.org/10.2196/18687	Wrong population
Tighe SA, Ball K, Kensing F, Kayser L, Rawstorn JC, Maddison R. Toward a Digital Platform for the Self-Management of Noncommunicable Disease: Systematic Review of Platform-Like Interventions. <i>J Med Internet Res</i> . 2020;22(10):e16774. Available from: https://doi.org/10.2196/16774	Wrong population
Toles M, Li Z, Bankole AO, Conklin JL, Vu T, Womack J. Characteristics of health care interventions in affordable senior housing: A scoping review. <i>Geriatr Nurs</i> . 2023;53:122-9. Available from: https://doi.org/10.1016/j.gerinurse.2023.07.009	Wrong intervention
Tomlinson J, Marques I, Silcock J, Fylan B, Dyson J. Supporting medicines management for older people at care transitions - a theory-based analysis of a systematic review of 24 interventions. <i>BMC Health Serv Res</i> . 2021;21(1):890. Available from: https://doi.org/10.1186/s12913-021-06890-7	Wrong intervention
Torbahn G, Schoene D, Schwingshackl L, Rucker G, Knuttel H, Kemmler W, et al. Effective SLOPE: Effects of Lifestyle interventions in Older PEople with obesity: a systematic review and network meta-analysis protocol. <i>BMJ Open</i> . 2020;10(10):e038330. Available from: https://doi.org/10.1136/bmjopen-2020-038330	Not a systematic review
Tran D, Predescu I, Shih B, Cassidy-Eagle E, Dunn L. The Full Spectrum of Behavioral Activation in Older Adults: A Scoping Review. <i>The American Journal of Geriatric Psychiatry</i> . 2022;30(4):S103-S4. Available from: https://doi.org/10.1016/j.jagp.2022.01.238	Not a systematic review
Trumpf R, Schulte LE, Schroeder H, Larsen RT, Haussermann P, Zijlstra W, et al. Physical activity monitoring-based interventions in geriatric patients: a scoping review on intervention components and clinical applicability. <i>Eur Rev Aging Phys Act</i> . 2023;20(1):10. Available from: https://doi.org/10.1186/s11556-023-00320-9	No relevant outcome
Tsai YI, Beh J, Ganderton C, Pranata A. Digital interventions for healthy ageing and cognitive health in older adults: a systematic review of mixed method studies and meta-analysis. <i>BMC Geriatr</i> . 2024;24(1):217. Available from: https://doi.org/10.1186/s12877-023-04617-3	Wrong intervention
Tsang A, Lynes D, McKenzie H, Spencer S, Kelly C. Self-management programmes for adult patients with bronchiectasis: a systematic review	Not a systematic review

and realist synthesis. Disabil Rehabil. 2022;44(23):6939-48. Available from: https://doi.org/10.1080/09638288.2021.1978563	
Turnbull S, Cabral C, Hay A, Lucas PJ. Health Equity in the Effectiveness of Web-Based Health Interventions for the Self-Care of People With Chronic Health Conditions: Systematic Review. J Med Internet Res. 2020;22(6):e17849. Available from: https://doi.org/10.2196/17849	Wrong intervention
Tyndall I, Hartland T, Banerjee M, Giacomelli V, Ball I, Churchill S, et al. Tailoring Sexual Health Interventions for Middle-Aged and Older Adults, Including Vulnerable Populations: A Scoping Review. Int J Sex Health. 2022;34(4):593-613. Available from: https://doi.org/10.1080/19317611.2022.2089313	Not a systematic review
Uphoff E, Ekers D, Robertson L, Dawson S, Sanger E, South E, et al. Behavioural activation therapy for depression in adults. Cochrane Database Syst Rev. 2020;7(7):CD013305. Available from: https://doi.org/10.1002/14651858.CD013305.pub2	Wrong intervention
van der Velde-van Buuringen M, Hendriks-van der Sar R, Verbeek H, Achterberg WP, Caljouw MAA. The effect of garden use on quality of life and behavioral and psychological symptoms of dementia in people living with dementia in nursing homes: a systematic review. Front Psychiatry. 2023;14:1044271. Available from: https://doi.org/10.3389/fpsyt.2023.1044271	Wrong intervention
Van Helm S, Krops LA, Dekker R, Vrieling AH. Effectiveness of (Active) Lifestyle Interventions in People With a Lower Limb Amputation: A Systematic Review. Arch Rehabil Res Clin Transl. 2022;4(4):100207. Available from: https://doi.org/10.1016/j.arrct.2022.100207	Wrong population
van Soest AP, Beers S, van de Rest O, de Groot LC. The Mediterranean-Dietary Approaches to Stop Hypertension Intervention for Neurodegenerative Delay (MIND) Diet for the Aging Brain: A Systematic Review. Adv Nutr. 2024;15(3):100184. Available from: https://doi.org/10.1016/j.advnut.2024.100184	Wrong intervention
Vanderlinden J, Boen F, van Uffelen JGZ. Effects of physical activity programs on sleep outcomes in older adults: a systematic review. Int J Behav Nutr Phys Act. 2020;17(1):11. Available from: https://doi.org/10.1186/s12966-020-0913-3	Wrong intervention
Vandervelde S, Vlaeyen E, de Casterle BD, Flamaing J, Valy S, Meurrens J, et al. Strategies to implement multifactorial falls prevention interventions in community-dwelling older persons: a systematic review. Implement Sci. 2023;18(1):4. Available from: https://doi.org/10.1186/s13012-022-01257-w	No relevant outcome
Vasquez BA, Betriana F, Nemenzo E, Inabangan AK, Tanioka R, Garcia L, et al. Effects of Healthcare Technologies on the Promotion of Physical Activities in Older Persons: A Systematic Review. Inform Health Soc Care. 2023;48(2):196-210. Available from: https://doi.org/10.1080/17538157.2022.2086874	Wrong intervention
Vaux-Bjerke A, John DH, Piercy KL. Systematic Review Protocol to Evaluate the Evidence Informing the Physical Activity Guidelines for Americans	Not a systematic review

Midcourse Report: Implementation Strategies for Older Adults. J Healthy Eat Act Living. 2023;3(1):36-45.	
Vazquez-de Sebastian J, Ciudin A, Castellano-Tejedor C. Analysis of Effectiveness and Psychological Techniques Implemented in mHealth Solutions for Middle-Aged and Elderly Adults with Type 2 Diabetes: A Narrative Review of the Literature. J Clin Med. 2021;10(12). Available from: https://doi.org/10.3390/jcm10122701	Wrong population
Vear NK, Goodman W, Rose GL, McCarthy AL. Impact of exercise and/or dietary interventions, and their behaviour change techniques, on quality of life in middle-aged and older women following treatment for cancer: A systematic review. Maturitas. 2023;175:107783. Available from: https://doi.org/10.1016/j.maturitas.2023.05.007	Wrong population
Verreault P, Turcotte V, Ouellet MC, Robichaud LA, Hudon C. Efficacy of cognitive-behavioural therapy interventions on reducing burden for caregivers of older adults with a neurocognitive disorder: a systematic review and meta-analysis. Cogn Behav Ther. 2021;50(1):19-46. Available from: https://doi.org/10.1080/16506073.2020.1819867	Wrong population
Viggars RJ, Finney A, Panayiotou B. Educational programmes for frail older people, their families, carers and healthcare professionals : A systematic review. Wien Klin Wochenschr. 2022;134(5-6):227-36. Available from: https://doi.org/10.1007/s00508-021-01900-4	Wrong intervention
Viola E, Martorana M, Airoidi C, Meini C, Ceriotti D, De Vito M, et al. The role of music in promoting health and wellbeing: a systematic review and meta-analysis. Eur J Public Health. 2023;33(4):738-45. Available from: https://doi.org/10.1093/eurpub/ckad063	Wrong intervention
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Visconti C, Neiterman E. Shifting to Primary Prevention for an Aging Population: A Scoping Review of Health Promotion Initiatives for Community-Dwelling Older Adults in Canada. Cureus. 2021;13(8):e17109. Available from: https://doi.org/10.7759/cureus.17109	Wrong population
Voskuil CC, Andrushko JW, Huddleston BS, Farthing JP, Carr JC. Exercise prescription and strategies to promote the cross-education of strength: a scoping review. Appl Physiol Nutr Metab. 2023;48(8):569-82. Available from: https://doi.org/10.1139/apnm-2023-0041	Wrong population
Walden A. Immersive virtual reality interventions for older adults: A series of meta-analyses 2023. Available from: https://search.ebscohost.com/login.aspx?direct=true&db=psyh&AN=2023-85470-198&site=ehost-live	Not a systematic review
Wang C, Wu M, Yang YJ, Liao J. Effect and quality of couple-based interventions of middle-aged and older adults with type 2 diabetes mellitus: a scoping review. Fam Pract. 2022;39(1):183-9. Available from: https://doi.org/10.1093/fampra/cmab093	Wrong population

Wang G, Chang F, Gu Z, Kasraian D, van Wesemael PJV. Co-designing community-level integral interventions for active ageing: a systematic review from the lens of community-based participatory research. BMC Public Health. 2024;24(1):649. Available from: https://doi.org/10.1186/s12889-024-18195-5	Wrong intervention
Wang K, Ghafurian M, Chumachenko D, Cao S, Butt ZA, Salim S, et al. Application of artificial intelligence in active assisted living for aging population in real-world setting with commercial devices - A scoping review. Comput Biol Med. 2024;173:108340. Available from: https://doi.org/10.1016/j.compbimed.2024.108340	Wrong intervention
Wang X, Song C. The impact of gratitude interventions on patients with cardiovascular disease: a systematic review. Front Psychol. 2023;14:1243598. Available from: https://doi.org/10.3389/fpsyg.2023.1243598	Wrong population
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Watson PK, Eitvpart AC, Davis GM, Arora M, Middleton JW, De Oliveira CQ. Effects of behaviour change interventions on physical activity in people with spinal cord injury: A systematic review and meta-analysis. Psychol Sport Exerc. 2023;67:102408. Available from: https://doi.org/10.1016/j.psychsport.2023.102408	Wrong population
Weber M, Schnorr T, Morat M, Morat T, Donath L. Effects of Mind-Body Interventions Involving Meditative Movements on Quality of Life, Depressive Symptoms, Fear of Falling and Sleep Quality in Older Adults: A Systematic Review with Meta-Analysis. Int J Environ Res Public Health. 2020;17(18):1-22. Available from: https://doi.org/10.3390/ijerph17186556	Wrong intervention
Webster KE, Zhou W, Gallagher NA, Smith EML, Gothe NP, Ploutz-Snyder R, et al. Device-measured sedentary behavior in oldest old adults: A systematic review and meta-analysis. Prev Med Rep. 2021;23:101405. Available from: https://doi.org/10.1016/j.pmedr.2021.101405	Other reasons
Wegener EK, Kayser L. Smart health technologies used to support physical activity and nutritional intake in fall prevention among older adults: A scoping review. Exp Gerontol. 2023;181:112282. Available from: https://doi.org/10.1016/j.exger.2023.112282	Not a systematic review
Weidmann AE, Sonnleitner-Heglmeier A, Dartsch DC. Effect of patient education videos on modifying medication-related health behaviours: A	Wrong population

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Whear R, Campbell F, Rogers M, Sutton A, Robinson-Carter E, Sharpe R, et al. PROTOCOL: What is the effect of intergenerational activities on the wellbeing and mental health of older people? Campbell Syst Rev. 2023;19(2):e1325. Available from: https://doi.org/10.1002/cl2.1325	Not a systematic review
Whitty E, Mansour H, Aguirre E, Palomo M, Charlesworth G, Ramjee S, et al. Efficacy of lifestyle and psychosocial interventions in reducing cognitive decline in older people: Systematic review. Ageing Res Rev. 2020;62:101113. Available from: https://doi.org/10.1016/j.arr.2020.101113	Wrong intervention
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Wu CY, Rodakowski JL, Terhorst L, Karp JF, Fields B, Skidmore ER. A Scoping Review of Nonpharmacological Interventions to Reduce Disability in Older Adults. Gerontologist. 2020;60(1):e52-e65. Available from: https://doi.org/10.1093/geront/gnz026	Wrong intervention
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Ximenes MAM, Brandão MGSA, Araújo TMd, Galindo Neto NM, Barros LM, Caetano JÁ. Effectiveness of Educational Interventions for Fall Prevention: A Systematic Review. <i>Texto & Contexto - Enfermagem.</i> 2021;30. Available from: https://doi.org/10.1590/1980-265x-tce-2020-0558	Wrong population
Xiong J, Ye M, Wang L, Zheng G. Effects of physical exercise on executive function in cognitively healthy older adults: A systematic review and meta-analysis of randomized controlled trials: Physical exercise for executive function. <i>Int J Nurs Stud.</i> 2021;114:103810. Available from: https://doi.org/10.1016/j.ijnurstu.2020.103810	Wrong intervention
Xu D, Cardell E, Broadley SA, Sun J. Efficacy of Face-to-Face Delivered Cognitive Behavioral Therapy in Improving Health Status of Patients With Insomnia: A Meta-Analysis. <i>Front Psychiatry.</i> 2021;12:798453. Available from: https://doi.org/10.3389/fpsy.2021.798453	Wrong population
Xu L, Shi H, Shen M, Ni Y, Zhang X, Pang Y, et al. The Effects of mHealth-Based Gamification Interventions on Participation in Physical Activity: Systematic Review. <i>JMIR Mhealth Uhealth.</i> 2022;10(2):e27794. Available from: https://doi.org/10.2196/27794	Wrong population
Xu W, Liang HN, Baghaei N, Wu Berberich B, Yue Y. Health Benefits of Digital Videogames for the Aging Population: A Systematic Review. <i>Games Health J.</i> 2020;9(6):389-404. Available from: https://doi.org/10.1089/g4h.2019.0130	Wrong intervention
Xu XY, Kwan RYC, Leung AYM. Behavioural activation for family dementia caregivers: A systematic review and meta-analysis. <i>Geriatr Nurs.</i> 2020;41(5):544-52. Available from: https://doi.org/10.1016/j.gerinurse.2020.02.003	Wrong intervention
Yáñez CA, Mabel Mancera E, Suárez C. Entrenamiento de fuerza isoinercial en adultos mayores: una revisión sistemática. <i>Apunts Educación Física y Deportes.</i> 2022(147):36-44. Available from: https://doi.org/10.5672/apunts.2014-0983.es.(2022/1).147.04	Wrong intervention
Yang FC, Desai AB, Esfahani P, Sokolovskaya TV, Bartlett DJ. Effectiveness of Tai Chi for Health Promotion of Older Adults: A Scoping Review of Meta-Analyses. <i>Am J Lifestyle Med.</i> 2022;16(6):700-16. Available from: https://doi.org/10.1177/15598276211001291	Wrong intervention
Yang Y, Gao Y, An R, Wan Q. Barriers and facilitators to exercise adherence in community-dwelling older adults: A mixed-methods systematic review using the COM-B model and Theoretical Domains Framework. <i>Int J Nurs Stud.</i> 2024;157:104808. Available from: https://doi.org/10.1016/j.ijnurstu.2024.104808	No relevant outcome
Yang Y, van Schooten KS, McKay HA, Sims-Gould J, Hoang RA, Robinovitch SN. Recreational Therapy to Promote Mobility in Long-Term Care: A	Wrong intervention

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Yeo NL, Elliott LR, Bethel A, White MP, Dean SG, Garside R. Indoor Nature Interventions for Health and Wellbeing of Older Adults in Residential Settings: A Systematic Review. Gerontologist. 2020;60(3):e184-e99. Available from: https://doi.org/10.1093/geront/gnz019	Wrong intervention
Ying G, Perez-Lao A, Marsiske M, Levy SA, Smith GE. Multimodal cognitive and behavioral interventions for patients with MCI: a systematic review and meta-analysis on cognition and mood. Front Aging Neurosci. 2024;16:1390699. Available from: https://doi.org/10.3389/fnagi.2024.1390699	Wrong intervention
Yoshikawa H, Uzawa H, Ishida T, Asakawa T, Kubo J. Effects of interventions on life-space mobility for community-dwelling older adults: A systematic review and meta-analysis. Geriatr Gerontol Int. 2023;23(11):842-8. Available from: https://doi.org/10.1111/ggi.14694	Wrong intervention
Yu DS, Li PW, Lin RS, Kee F, Chiu A, Wu W. Effects of non-pharmacological interventions on loneliness among community-dwelling older adults: A systematic review, network meta-analysis, and meta-regression. Int J Nurs Stud. 2023;144:104524. Available from: https://doi.org/10.1016/j.ijnurstu.2023.104524	Wrong intervention
Zager Kocjan G, Špes T, Svetina M, Plohl N, Smrke U, Mlakar I, et al. Assistive digital technology to promote quality of life and independent living for older adults through improved self-regulation: a scoping review. Behaviour & Information Technology. 2022;42(16):2832-51. Available from: https://doi.org/10.1080/0144929x.2022.2149423	Wrong intervention
Zarkadi Athanasia E, Galanis P. Oral Health Promoting Programs at a Community Level: A Systematic Review. International Journal of Caring Sciences. 2021;14(1):441-60.	Wrong population
Zarrin A, Tourchian N, Heckman GA. Chronic Disease Self-Management Among Iranian Older Adults: A Scoping Review. J Appl Gerontol. 2020;39(8):922-30. Available from: https://doi.org/10.1177/0733464819832198	Other reasons

Zaslavsky O, Roopsawang I, Chen AT. Promoting Behavioral Change in Mobile Health Interventions for Older Adults: A Scoping Review. <i>Res Gerontol Nurs</i> . 2020;13(2):102-16. Available from: https://doi.org/10.3928/19404921-20191031-01	Not a systematic review
Zelege SN, Bochicchio M, editors. In-Home Wellbeing Monitoring Technologies for Frail and Pre-frail People: A Scoping Review. <i>Lecture Notes in Bioengineering</i> ; 2024 2024: Springer Science and Business Media Deutschland GmbH.	Other reasons
Zeng L, Perry L, Xu X. Self-care behaviours and related cultural factors among Chinese immigrants with cardiovascular disease in western countries: an integrative review. <i>J Clin Nurs</i> . 2023;32(9-10):1599-614. Available from: https://doi.org/10.1111/jocn.16120	Not a systematic review
Zhang X, Li X, Yang D, Meng M, Hao Y. Intervention strategies for reducing sedentary behavior among older adults: a scoping review. <i>Chinese Journal of Nursing</i> . 2024;59(8):1012-20. Available from: https://doi.org/10.3761/j.issn.0254-1769.2024.08.017	Other reasons
Zhao IY, Montayre J, Leung AYM, Foster J, Kong A, Neville S, et al. Interventions addressing functional abilities of older people in rural and remote areas: a scoping review of available evidence based on WHO functional ability domains. <i>BMC Geriatr</i> . 2022;22(1):827. Available from: https://doi.org/10.1186/s12877-022-03460-2	Wrong intervention
Zhao YC, Zhao M, Song S. Online Health Information Seeking Behaviors Among Older Adults: Systematic Scoping Review. <i>J Med Internet Res</i> . 2022;24(2):e34790. Available from: https://doi.org/10.2196/34790	Wrong intervention
Zheng S, Edney SM, Goh CH, Tai BC, Mair JL, Castro O, et al. Effectiveness of holistic mobile health interventions on diet, and physical, and mental health outcomes: a systematic review and meta-analysis. <i>EClinicalMedicine</i> . 2023;66:102309. Available from: https://doi.org/10.1016/j.eclinm.2023.102309	Wrong population
Zheng S, Edney SM, Mair JL, Kowatsch T, Castro O, Salamanca-Sanabria A, et al. Holistic mHealth interventions for the promotion of healthy ageing: protocol for a systematic review. <i>BMJ Open</i> . 2023;13(5):e066662. Available from: https://doi.org/10.1136/bmjopen-2022-066662	Not a systematic review
Zhou X, Siegel KR, Ng BP, Jawanda S, Proia KK, Zhang X, et al. Cost-effectiveness of Diabetes Prevention Interventions Targeting High-risk Individuals and Whole Populations: A Systematic Review. <i>Diabetes Care</i> . 2020;43(7):1593-616. Available from: https://doi.org/10.2337/dci20-0018	Wrong intervention
Zhu D, Al Mahmud A, Liu W. Examining behaviour change techniques (BCTs) in technology-based interventions for enhancing social participation in people with mild cognitive impairment (MCI) or dementia: a scoping review protocol. <i>BMJ Open</i> . 2024;14(2):e078188. Available from: https://doi.org/10.1136/bmjopen-2023-078188	Other reasons
Zou C, Amos-Richards D, Jagannathan R, Kulshreshtha A. Effect of home-based lifestyle interventions on cognition in older adults with mild	Wrong intervention

cognitive impairment: a systematic review. BMC Geriatr. 2024;24(1):200. Available from: https://doi.org/10.1186/s12877-024-04798-5	
Zulke AE, Riedel-Heller SG, Wittmann F, Pabst A, Rohr S, Lupp M. Gender-Specific Design and Effectiveness of Non-Pharmacological Interventions against Cognitive Decline - Systematic Review and Meta-Analysis of Randomized Controlled Trials. J Prev Alzheimers Dis. 2023;10(1):69-82. Available from: https://doi.org/10.14283/jpad.2022.80	Wrong intervention