

## Bilaga till rapport

Förstudie Implementering av nationella hälsoprogrammet för barn och unga (SBU 2024/898)

### Bilaga 2

Beskrivning av inkluderade systematiska översikter avseende implementering, studerade verksamhetsområden samt sakområden

**Tabell**

Författare, år referens	Sakområden	Implementerings-faktorer	Implementerings-strategier	Implementerings-utfall	Verksamhet
Arlinghaus, 2023 [18]	Levnadsvanor Fysisk hälsa			Ja	Förskola
Asada 2023 [8]	Levnadsvanor Fysisk hälsa	Ja		Ja	Förskola
Baffsky, 2023 [29]	Psykisk hälsa		Ja	Ja	Skola
Black, 2020 [35]	Barns utveckling	Ja			Förskola Primärvård/ barnhälsovård Övrig hälso- och sjukvård
Barnes, 2021 [14]	Levnadsvanor Fysisk hälsa		Ja		Skola
Caffrey, 2023 [40]	Övriga interventioner	Ja			Socialtjänst
Carducci, 2024 [7]	Levnadsvanor	Ja			Skola
Cho, 2022 [42]	Övriga interventioner		Ja		Övrig hälso- och sjukvård
Chrissini, 2022 [11]	Levnadsvanor Fysisk hälsa				Andra verksamheter
Curran, 2022 [32]	Psykisk hälsa SRHR Perinatal hälsa	Ja	Ja	Ja	Skola
D'Aprano, 2023 [36]	Barns utveckling	Ja			Socialtjänst Primärvård/ barnhälsovård Övrig hälso- och sjukvård
Felsher, 2024 [37]	Vaccinationer		Ja		Skola Övrig hälso- och sjukvård
Flodgren, 2024 [12]	Levnadsvanor Fysisk hälsa SRHR	Ja			Skola Socialtjänst Övrig hälso- och sjukvård
Forberger, 2022 [31]	Psykisk hälsa		Ja	Ja	Skola Andra verksamheter
Gallagher, 2023 [26]	Psykisk hälsa Övriga interventioner	Ja			Skola
Gelman, 2023 [10]	Levnadsvanor Perinatal hälsa	Ja	Ja		Andra verksamheter Förskola

Författare, år referens	Sakområden	Implementerings-faktorer	Implementerings-strategier	Implementerings-utfall	Verksamhet
					Övrig hälso- och sjukvård
Herlitz, 2020 [5]	Levnadsvanor Fysisk hälsa Psykisk hälsa Förebygga våld ANDTS	Ja			Skola
Higgins, 2023 [20]	Psykisk hälsa	Ja			Skola
Jeindl, 2023 [30]			Ja		Övrig hälso- och sjukvård
Kennedy, 2021 [19]	Fysisk hälsa			Ja	Skola
Lee, 2024 [13]	Levnadsvanor Fysisk hälsa ANDTS		Ja	Ja	Skola
McCarthy, 2021 [27]	Psykisk hälsa	Ja			Socialtjänst
McIsaac, 2022 [33]	Perinatal hälsa	Ja			Förskola
McLoughlin, 2021 [16]	Levnadsvanor Fysisk hälsa Psykisk hälsa ANDTS			Ja	Skola
O'Farrell, 2023 [21]	Psykisk hälsa	Ja			Skola
Pinto, 2024 [41]	Övriga interventioner	Ja		Ja	Andra verksamheter
Ray, 2020 [9]	Levnadsvanor	Ja			Primärvård/barnhälsovård
Richter, 2022 [22]	Psykisk hälsa	Ja			Skola
Ronto, 2020 [6]	Levnadsvanor	Ja			Skola
Roshan, 2024 [23]	Psykisk hälsa	Ja			Skola
Sadjadi, 2022 [24]	Psykisk hälsa Förebygga våld	Ja			Skola
Sanchez-Flack, 2020 [17]	Levnadsvanor			Ja	Förskola
Thomson, 2023 [28]	Psykisk hälsa	Ja			Andra verksamheter
Walsh, 2023 [34]	Perinatal hälsa	Ja			Primärvård/barnhälsovård
Wankasi, 2020 [25]	Psykisk hälsa	Ja			Skola
Wingen, 2022 [38]	Övriga interventioner	Ja			Skola
Wolfenden, 2020 [15]	Levnadsvanor Fysisk hälsa		Ja		Förskola

ANDTS = Alkohol, narkotika, dopning, tobaks- och nikotinprodukter och spel om pengar; SRHR = sexuell och reproduktiv hälsa och rättigheter

## Referenser

5. Herlitz L, MacIntyre H, Osborn T, Bonell C. The sustainability of public health interventions in schools: a systematic review. *Implement Sci.* 2020;15(1):4. Available from: <https://doi.org/10.1186/s13012-019-0961-8>
6. Ronto R, Rathi N, Worsley A, Sanders T, Lonsdale C, Wolfenden L. Enablers and barriers to implementation of and compliance with school-based healthy food and beverage policies: a systematic literature review and meta-synthesis. *Public Health Nutr.* 2020;23(15):2840-55. Available from: <https://doi.org/10.1017/S1368980019004865>
7. Carducci B, Dominguez G, Kidd E, Oh C, Jain R, Khan A, et al. Promoting healthy school food environments and nutrition in Canada: a systematic review of interventions, policies, and programs. *Nutr Rev.* 2025;83(2):e356-e91. Available from: <https://doi.org/10.1093/nutrit/nuae030>
8. Asada Y, Lin S, Siegel L, Kong A. Facilitators and Barriers to Implementation and Sustainability of Nutrition and Physical Activity Interventions in Early Childcare Settings: a Systematic Review. *Prev Sci.* 2023;24(1):64-83. Available from: <https://doi.org/10.1007/s11121-022-01436-7>
9. Ray D, Sniehotta F, McColl E, Ells L. Barriers and facilitators to implementing practices for prevention of childhood obesity in primary care: A mixed methods systematic review. *Obes Rev.* 2022;23(4):e13417. Available from: <https://doi.org/10.1111/obr.13417>
10. Gelman R, Whelan J, Spiteri S, Duric D, Oakhill W, Cassar S, et al. Adoption, implementation, and sustainability of early childhood feeding, nutrition and active play interventions in real-world settings: a systematic review. *Int J Behav Nutr Phys Act.* 2023;20(1):32. Available from: <https://doi.org/10.1186/s12966-023-01433-1>
11. Chrissini MK, Panagiotakos DB. Public health interventions tackling childhood obesity at European level: A literature review. *Prev Med Rep.* 2022;30:102068. Available from: <https://doi.org/10.1016/j.pmedr.2022.102068>
12. Flodgren G, Helleve A, Selstø A, Fisman AS, Blanchard L, Rutter H, et al. Youth involvement in policy processes in public health, education, and social work—A scoping review. *Obesity Reviews.* 2024:e13874. Available from: <https://doi.org/10.1111/obr.13874>
13. Lee DC, O'Brien KM, McCrabb S, Wolfenden L, Tzelepis F, Barnes C, et al. Strategies for enhancing the implementation of school-based policies or practices targeting diet, physical activity, obesity, tobacco or alcohol use. *Cochrane Database Syst Rev.* 2024;12(12):CD011677. Available from: <https://doi.org/10.1002/14651858.CD011677.pub4>
14. Barnes C, McCrabb S, Stacey F, Nathan N, Yoong SL, Grady A, et al. Improving implementation of school-based healthy eating and physical activity policies, practices, and programs: a systematic review. *Transl Behav Med.* 2021;11(7):1365-410. Available from: <https://doi.org/10.1093/tbm/ibab037>
15. Wolfenden L, Barnes C, Jones J, Finch M, Wyse RJ, Kingsland M, et al. Strategies to improve the implementation of healthy eating, physical activity and obesity prevention policies, practices or programmes within childcare services. *Cochrane Database Syst Rev.* 2020;2(2):CD011779. Available from: <https://doi.org/10.1002/14651858.CD011779.pub3>
16. McLoughlin GM, Allen P, Walsh-Bailey C, Brownson RC. A systematic review of school health policy measurement tools: implementation determinants and outcomes. *Implement Sci Commun.* 2021;2(1):67. Available from: <https://doi.org/10.1186/s43058-021-00169-y>
17. Sanchez-Flack JC, Herman A, Buscemi J, Kong A, Bains A, Fitzgibbon ML. A systematic review of the implementation of obesity prevention interventions in early childcare and education settings using the RE-AIM framework. *Translational Behavioral Medicine.* 2020;10(5):1168-76. Available from: <https://doi.org/10.1093/tbm/ibz179>

18. Arlinghaus KR, Schroeder M, Gold A, Goodman LP, Wagner G, Pass M, et al. Outcomes From Healthy Eating and Physical Activity Recognition Programs in Early Child Care and Education: A Scoping Review. *Am J Health Promot.* 2023;37(1):132-45. Available from: <https://doi.org/10.1177/08901171221116064>
19. Kennedy SG, Sanders T, Estabrooks PA, Smith JJ, Lonsdale C, Foster C, et al. Implementation at-scale of school-based physical activity interventions: A systematic review utilizing the RE-AIM framework. *Obes Rev.* 2021;22(7):e13184. Available from: <https://doi.org/10.1111/obr.13184>
20. Higgins E, Booker R. What are the main factors that are thought to impact upon the implementation of a whole school approach to student mental health and wellbeing in schools? A systematic review. *International Journal of Wellbeing.* 2023;13(2):77-94. Available from: <https://doi.org/10.5502/ijw.v13i2.2833>
21. O'Farrell P, Wilson C, Shiel G. Teachers' perceptions of the barriers to assessment of mental health in schools with implications for educational policy: A systematic review. *Br J Educ Psychol.* 2023;93(1):262-82. Available from: <https://doi.org/10.1111/bjep.12553>
22. Richter A, Sjunnestrand M, Romare Strandh M, Hasson H. Implementing School-Based Mental Health Services: A Scoping Review of the Literature Summarizing the Factors That Affect Implementation. *Int J Environ Res Public Health.* 2022;19(6). Available from: <https://doi.org/10.3390/ijerph19063489>
23. Roshan R, Hamid S, Kumar R, Hamdani U, Naqvi S, Zill EH, et al. Utilizing the CFIR framework for mapping the facilitators and barriers of implementing teachers led school mental health programs - a scoping review. *Soc Psychiatry Psychiatr Epidemiol.* 2025;60(3):535-48. Available from: <https://doi.org/10.1007/s00127-024-02762-7>
24. Sadjadi M, Blanchard L, Brulle R, Bonell C. Barriers and facilitators to the implementation of Health-Promoting School programmes targeting bullying and violence: a systematic review. *Health Educ Res.* 2022;36(5):581-99. Available from: <https://doi.org/10.1093/her/cyab029>
25. Wankasi HI, Sehularo LA, Rakhdru MA. Dissemination and implementation of a policy on school health in public schools: A systematic review. *Curationis.* 2020;43(1):e1-e10. Available from: <https://doi.org/10.4102/curationis.v43i1.2110>
26. Gallagher AL, Murphy R, Eochaidh CN, Fitzgerald J, Murphy CA, Law J. Implementation Science in School-Based, Universal-Level Intervention Research: A Scoping Review. *Lang Speech Hear Serv Sch.* 2023;54(4):1173-94. Available from: [https://doi.org/10.1044/2023\\_LSHSS-22-00181](https://doi.org/10.1044/2023_LSHSS-22-00181)
27. McCarthy S, Griffiths LJ. How Do Leaders Enable and Support the Implementation of Evidence-based Programs and Evidence-informed Practice in Child Welfare? A Systematic Literature Review. *Human Service Organizations: Management, Leadership & Governance.* 2021;45(5):410-30. Available from: <https://doi.org/10.1080/23303131.2021.1929626>
28. Thomson A, Harris E, Peters-Corbett A, Koppel K, Creswell C. Barriers and facilitators of community-based implementation of evidence-based interventions in the UK, for children and young people's mental health promotion, prevention and treatment: rapid scoping review. *BJPsych Open.* 2023;9(4):e132. Available from: <https://doi.org/10.1192/bjo.2023.531>
29. Baffsky R, Ivers R, Cullen P, Wang J, McGillivray L, Torok M. Strategies for Enhancing the Implementation of Universal Mental Health Prevention Programs in Schools: A Systematic Review. *Prev Sci.* 2023;24(2):337-52. Available from: <https://doi.org/10.1007/s11121-022-01434-9>
30. Jeindl R, Hofer V, Bachmann C, Zechmeister-Koss I. Optimising child and adolescent mental health care - a scoping review of international best-practice strategies and service models. *Child Adolesc Psychiatry Ment Health.* 2023;17(1):135. Available from: <https://doi.org/10.1186/s13034-023-00683-y>

31. Forberger S, Reisch LA, Meshkovska B, Lobczowska K, Scheller DA, Wendt J, et al. What we know about the actual implementation process of public physical activity policies: results from a scoping review. *Eur J Public Health*. 2022;32(Suppl 4):iv59-iv65. Available from: <https://doi.org/10.1093/eurpub/ckac089>
32. Curran JA, Gallant AJ, Wong H, Shin HD, Urquhart R, Kontak J, et al. Knowledge translation strategies for policy and action focused on sexual, reproductive, maternal, newborn, child and adolescent health and well-being: a rapid scoping review. *BMJ Open*. 2022;12(1):e053919. Available from: <https://doi.org/10.1136/bmjopen-2021-053919>
33. McIsaac JD, MacQuarrie M, Barich R, Morris S, Turner JC, Rossiter MD. Responsive Feeding Environments in Childcare Settings: A Scoping Review of the Factors Influencing Implementation and Sustainability. *Int J Environ Res Public Health*. 2022;19(19). Available from: <https://doi.org/10.3390/ijerph191911870>
34. Walsh A, Pieterse P, Mishra N, Chirwa E, Chikalipo M, Msowoya C, et al. Improving breastfeeding support through the implementation of the Baby-Friendly Hospital and Community Initiatives: a scoping review. *Int Breastfeed J*. 2023;18(1):22. Available from: <https://doi.org/10.1186/s13006-023-00556-2>
35. Black M, Barnes A, Baxter S, Beynon C, Clowes M, Dallat M, et al. Learning across the UK: a review of public health systems and policy approaches to early child development since political devolution. *J Public Health (Oxf)*. 2020;42(2):224-38. Available from: <https://doi.org/10.1093/pubmed/fdz012>
36. D'Aprano A, Carmody S, Manahan E, Savaglio M, Galvin E, Skouteris H. A rapid review of implementation frameworks underpinning Aboriginal and Torres Strait Islander children's health and social care programs. *Aust N Z J Public Health*. 2023;47(3):100063. Available from: <https://doi.org/10.1016/j.anzph.2023.100063>
37. Felsher M, Shumet M, Velicu C, Chen Y-T, Nowicka K, Marzec M, et al. A systematic literature review of human papillomavirus vaccination strategies in delivery systems within national and regional immunization programs. *Human Vaccines & Immunotherapeutics*. 2024;20(1):2319426. Available from: <https://doi.org/10.1080/21645515.2024.2319426>
38. Wingen S, Jeck J, Schroeder DC, Wingen-Heimann SM, Drost R, Bottiger BW. Facilitators and barriers for the implementation of resuscitation training programmes for schoolchildren: A systematic review. *Eur J Anaesthesiol*. 2022;39(8):711-9. Available from: <https://doi.org/10.1097/EJA.00000000000001643>
40. Caffrey L, Browne F. The challenge of implementation in complex, adaptive child welfare systems: A realist synthesis of signs of safety. *Children and Youth Services Review*. 2023;150. Available from: <https://doi.org/10.1016/j.chillyouth.2023.106992>
41. Pinto R, Canario C, Leijten P, Rodrigo MJ, Cruz O. Implementation of Parenting Programs in Real-World Community Settings: A Scoping Review. *Clin Child Fam Psychol Rev*. 2024;27(1):74-90. Available from: <https://doi.org/10.1007/s10567-023-00465-0>
42. Cho E, Tugendrajch SK, McMillen JC, Proctor EK, Hawley KM. Implementation of Evidence-Based Practices within Treatment-As-Usual and Evidence-Based Practice Initiatives. *Administration and Policy in Mental Health and Mental Health Services Research*. 2022;49(5):757-84. Available from: <https://doi.org/10.1007/s10488-022-01197-z>